

The background features two large, flowing, wavy lines. One line is a vibrant yellow, starting from the left and curving upwards and then downwards. The other line is a bright blue, starting from the top right and curving downwards and then upwards. These lines intersect and flow around the central text.

HOME ALONE

Research Pitch

Preface:

Soho is defined as one of the top 10 unhealthiest places to live in Britain. Research indicated however that local residents held a high sense of satisfaction with their living conditions, especially those who live by themselves. This principally was because of the close proximity too amenities in the area.

What was further observed was that there has been an increase in the amount of people living alone. So much so that in the community courtyard of St James Residence Soho there were less community activities, fewer sharing of accommodation and not as many complaints of feeling alone as one might imagine when considering that trend in national statistics. This spoke to a change in lifestyles regarding relationships and some people preferring to be in what is now referred to as LAT unions (Living Apart Together).

By observing the living stories of LAT unions in St James’s Residence, the model explores the narrative of those stories and tries to find the potential for contributing to contemporary living form in Soho.

Content:

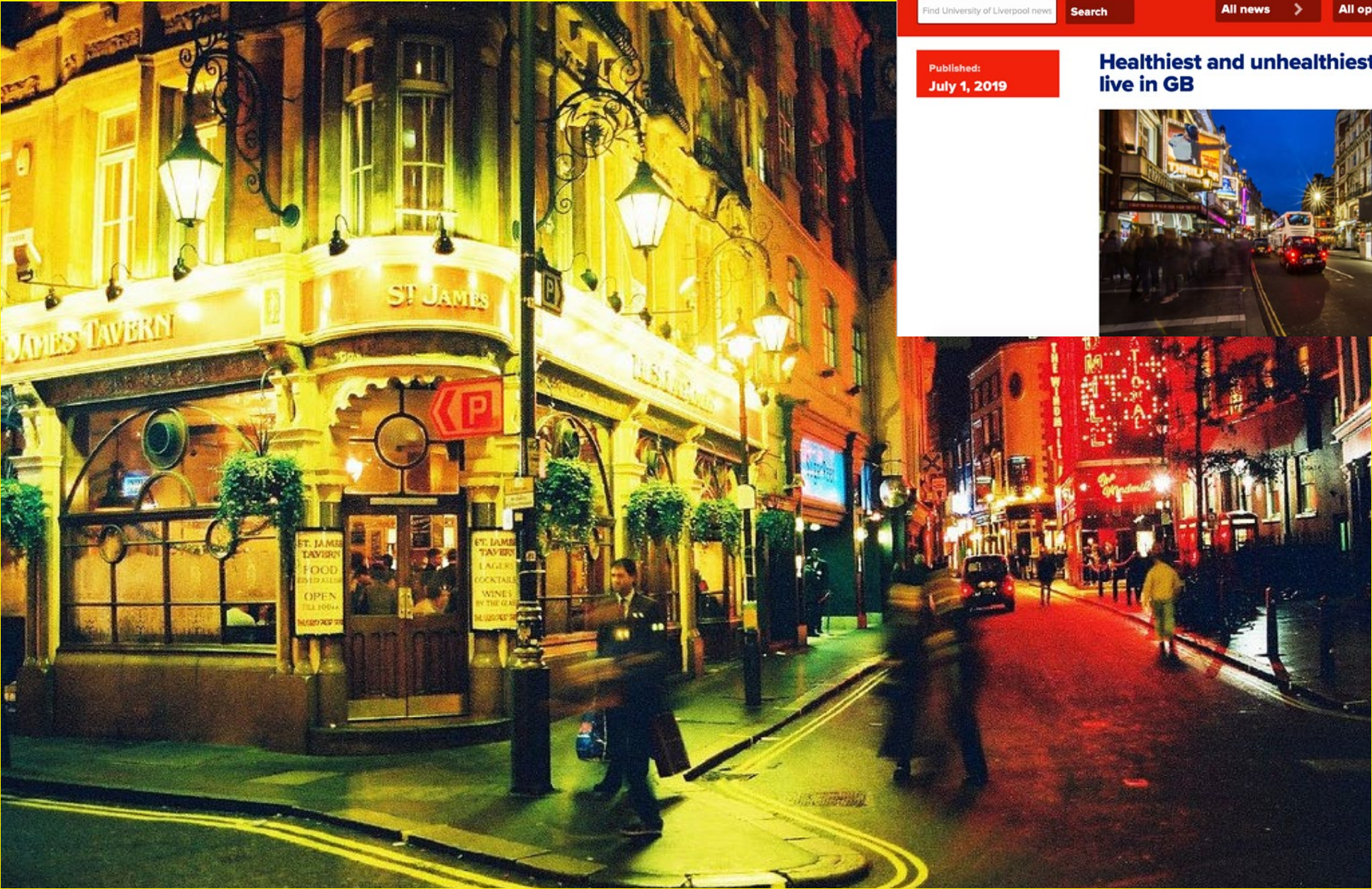
Part1 Research story


Part2 Design question

Part3 Artefact




Chapter 1

***Soho: one of the Top 10
unhealthy place to live in UK***







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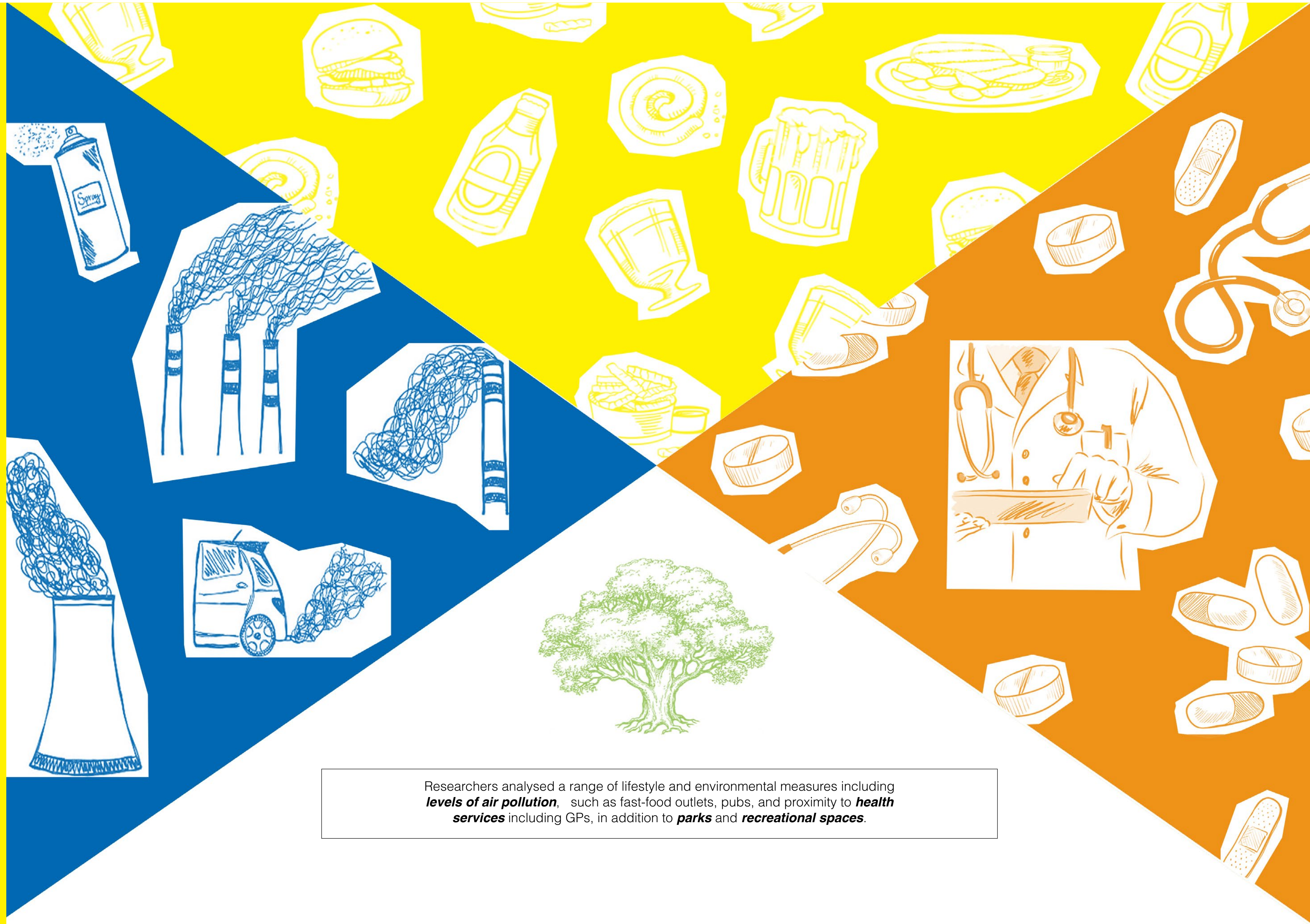
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Published:
July 1, 2019

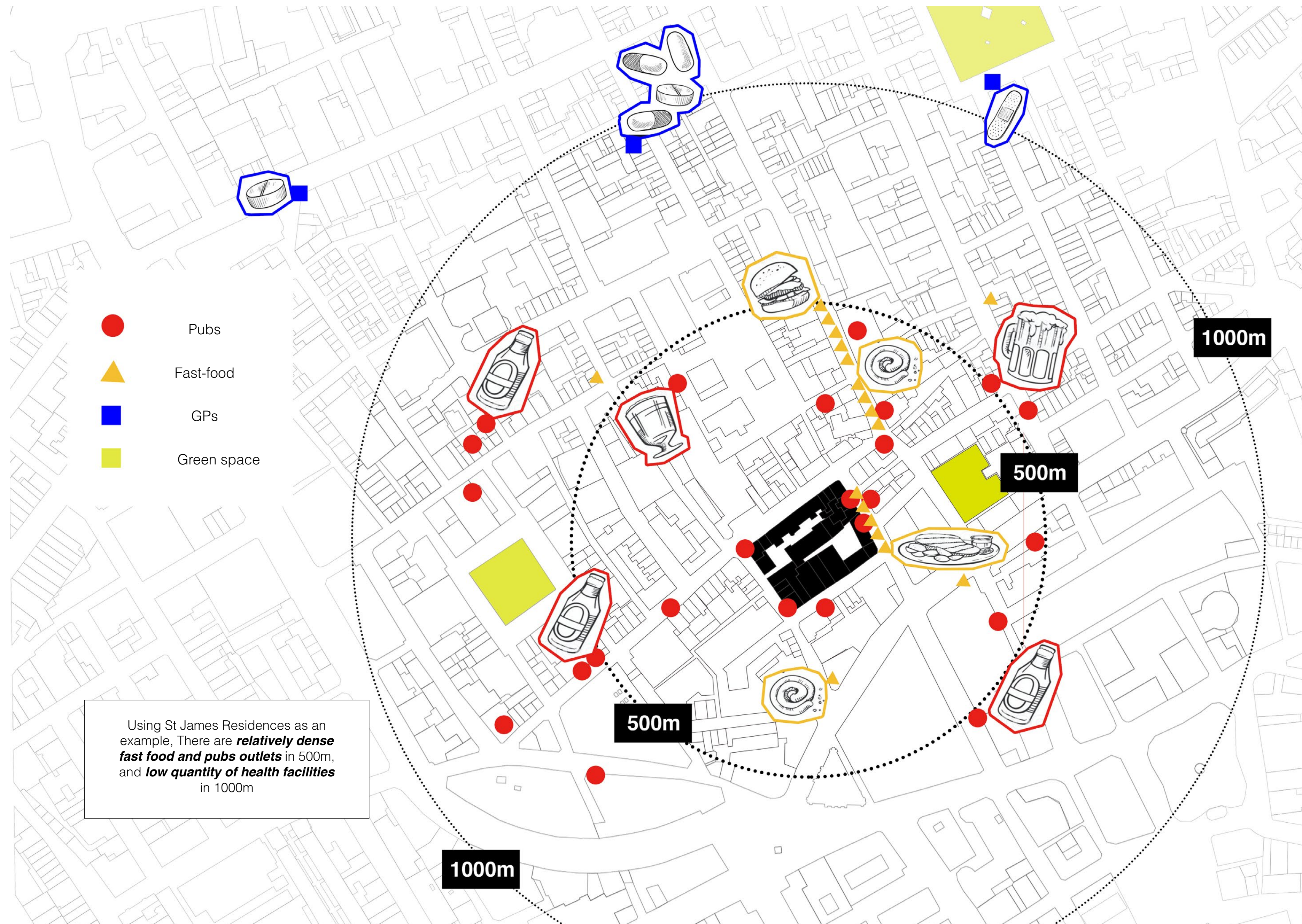
Healthiest and unhealthiest places to live in GB



According to the Liverpool university's research in July this year, they defined Soho as the one of the **top 10 unhealthy place** to live in this country

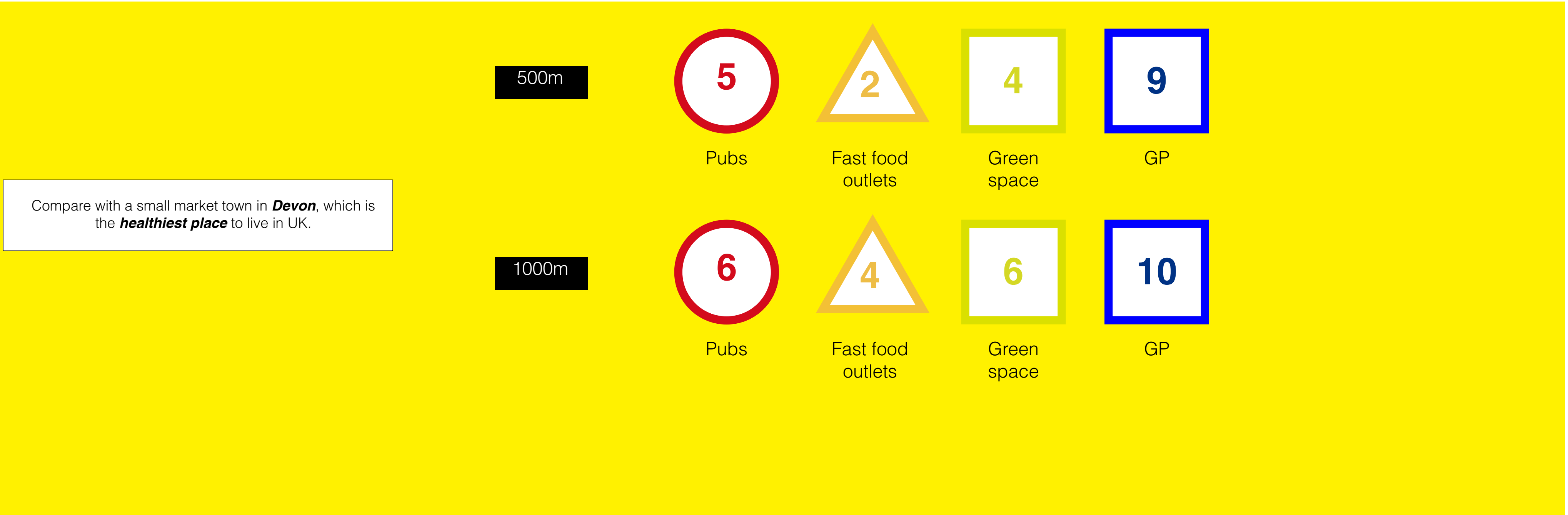


Researchers analysed a range of lifestyle and environmental measures including **levels of air pollution**, such as fast-food outlets, pubs, and proximity to **health services** including GPs, in addition to **parks** and **recreational spaces**.





There are more than **30** fast food outlets and pubs, but **ONLY 1** health services in 1 KM.



Compare with a small market town in **Devon**, which is the **healthiest place** to live in UK.

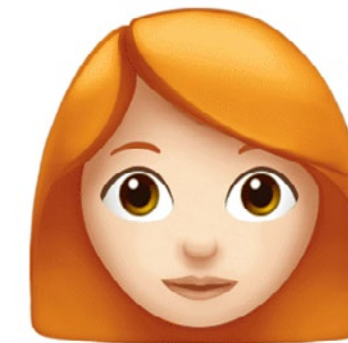
Chapter 2

Residents have a contrasting point of view



Resident 1

This is a ***really good place to live*** for old people, because if they want to go to the theatre or art gallery or to buy some food, It is just in 5 mins. if they can still walk so well, they can still do so many different things. they can be having a conversation with somebody ***within a minute.***

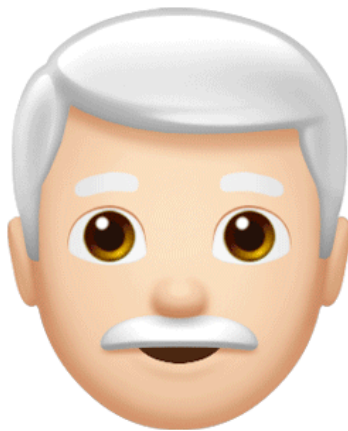


Resident 2

I like to live here because ***I love walking,***
I walked to Tate Britain this morning and walked through st James park in 40 mins, there's no point to get a bus for that.

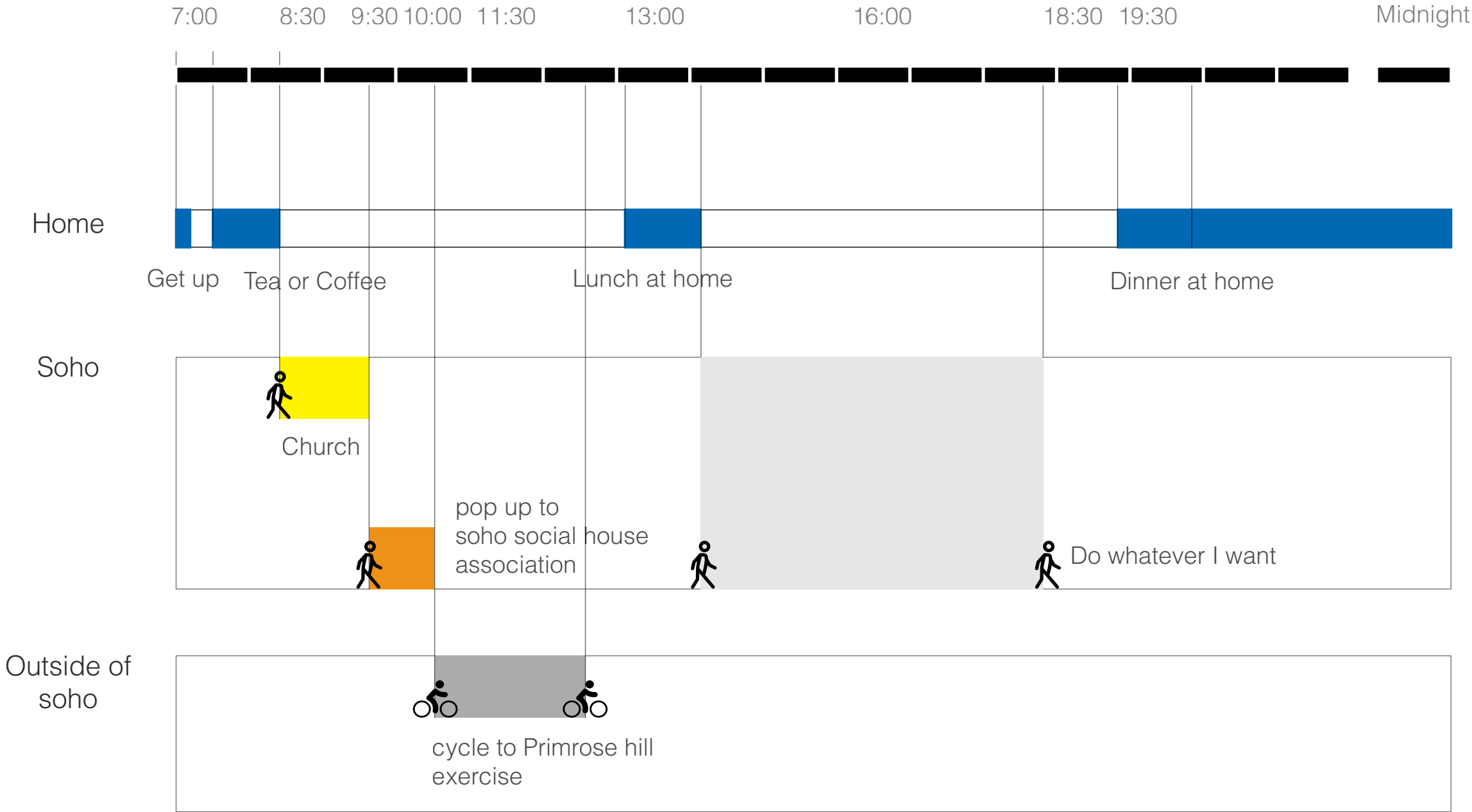
It seems true that soho is an unhealthy place to live, but when I talked to the local residents, they had a ***contrasting view*** with the report

Resident 3
Kenneth White

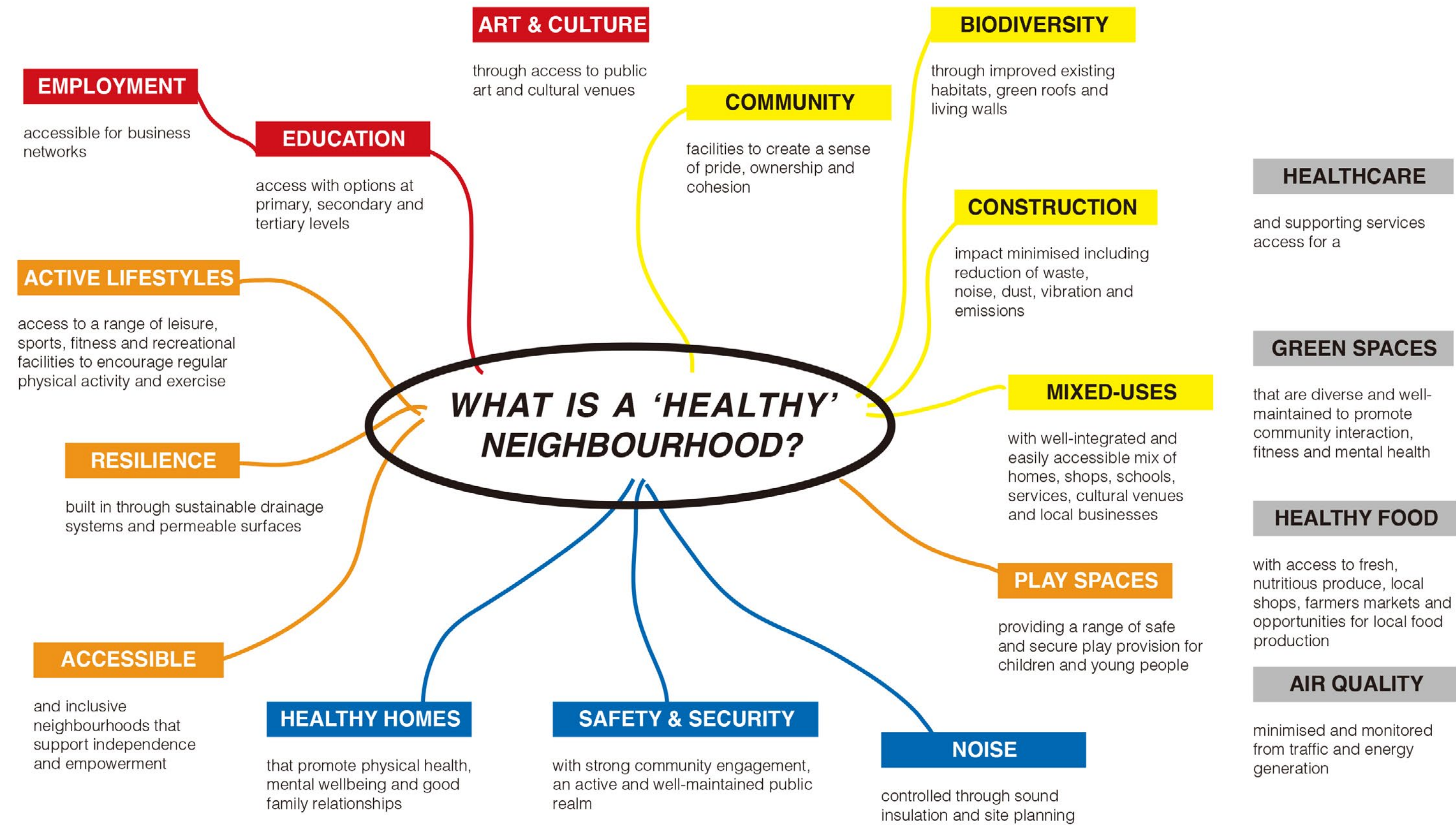


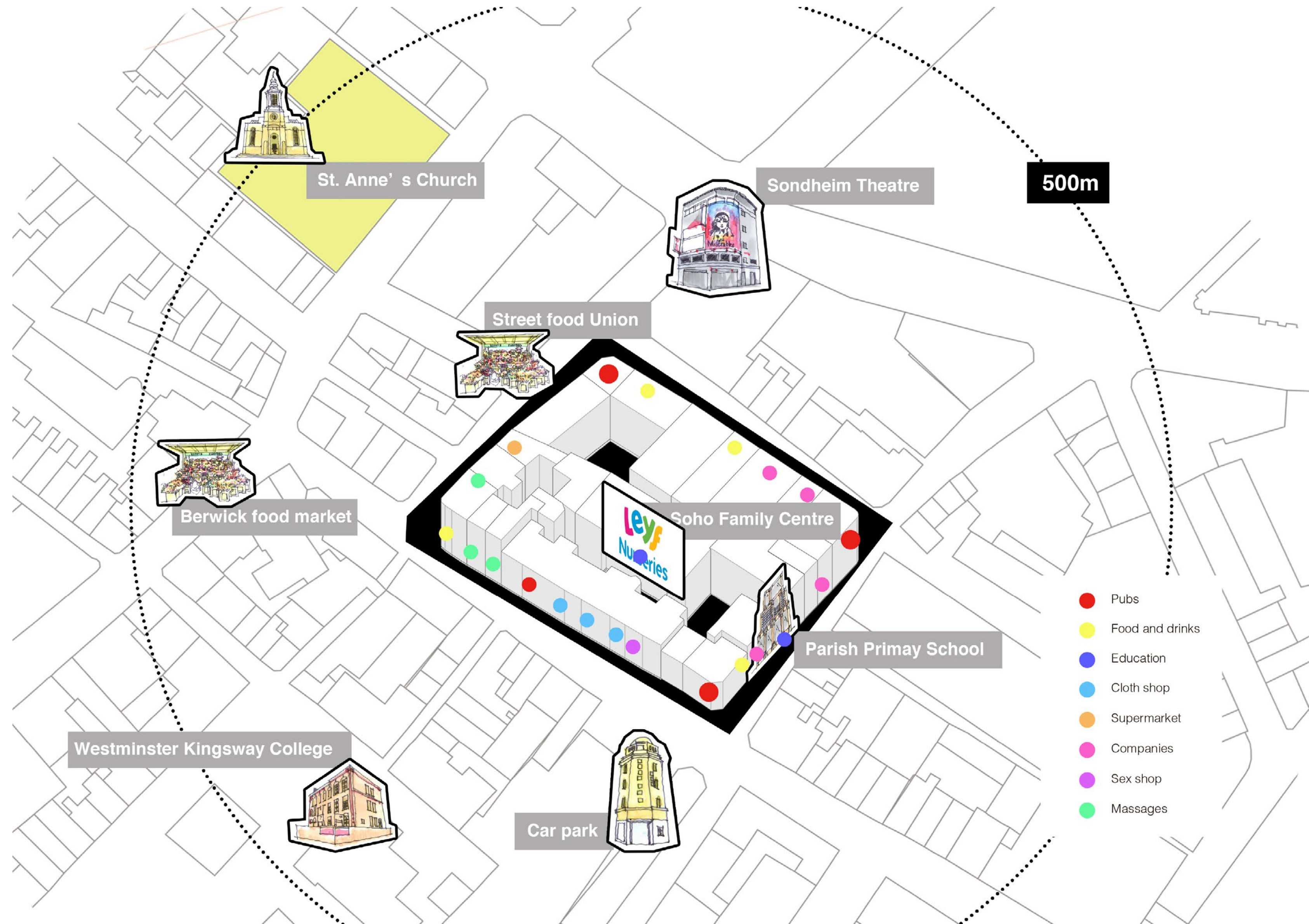
70 years old
Retired
Police man

live in Soho
more than 25 years



According to the Mr.White 's daily routine, he spend most of time in Soho area, and hardly use public transport, he likes living in Soho because of ***the amunities to facilities.***





There are

4

Pubs

1

Supermarket

5

Food and drinks

4

Companies

2

Education

1

Sex shop

3

Cloth shops

4

Massages

In the same bolck

By using the same measure of access to local facilities, Soho could be described as a ***sustainable and healthy neighborhood for living.***

Chapter 3

Who lives in St James residences?

St James Residences is mostly social housing run by Soho social house association, and there are **44%** residents here are living alone.



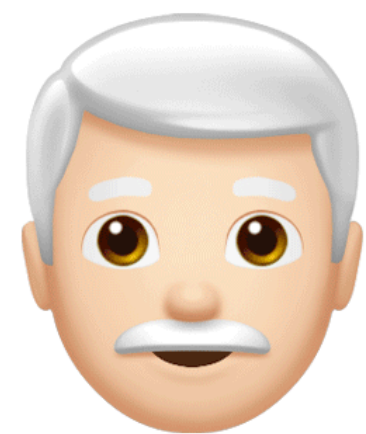
- Single
- Married with children
- Married without children
- Others

Residents used to organize **parties** in the courtyard in 2000, and decorate the **christmas tree** together during the festival.

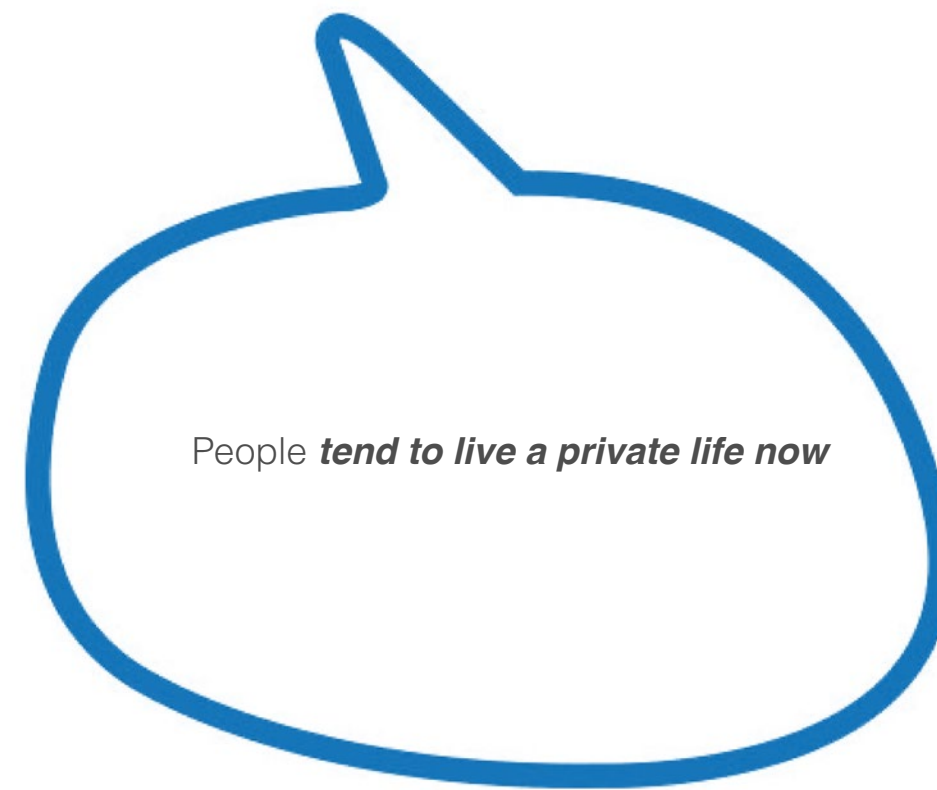


But these ***events*** no longer take place.





Resident 3
Kenneth White



People *tend to live a private life now*

Chapter 4

***The number of single-person households
in the UK is rising***

The number of those living on their own increased by **15%** between 1999 to 2019

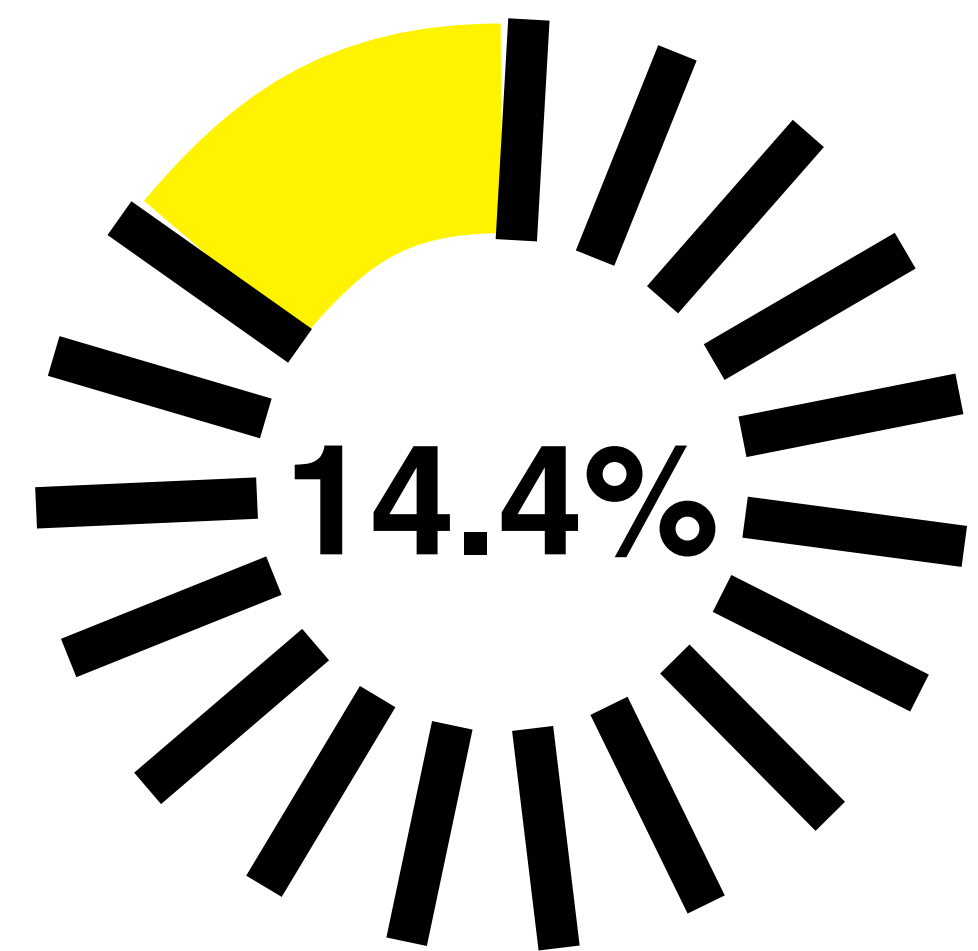
In 2019, there were **8.2m** people living alone



The number of people living alone has ***increased by a fifth over the last 20 years***, from 6.8 million in 1999 to 8.2 million in 2019, a statistically significant increase.

Resource from Office for national statistics

One-person households are the fastest growing demographic in the world. By the prediction of Office for National Statistics, there will be **14.4%** of people in UK live as one-person household.



By 2039, the number of one-person households is projected to rise to 10.7 million, and The UK population is projected to continue growing, reaching over 74 million by 2039

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Health

People living alone 'are more depressed'

23 March 2012

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People of working age who live alone increase their risk of depression by up to 80% compared with people living in families, says a Finnish study.

It says the main factors are poor housing conditions for women and a lack of social support for men, who are both equally affected.

The study tracked the use of anti-depressants in 3,500 Finnish people.

A mental health charity said people who lived alone must be given outlets to talk about their problems.

Despite the worldwide prevalence, living alone isn't really understood as a right way to stay. Some surveys show that living alone ***'are more depressed'***



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I want to be alone: the rise and rise of solo living

The number of people living alone has skyrocketed. What is driving the phenomenon? And solo dwellers Colm Tóibín, Alex Zane, Carmen Calli and others reflect on life as a singleton



It is an increasingly common condition that people choose to live alone as a way of chosing a better lifestyle.



Chapter 5

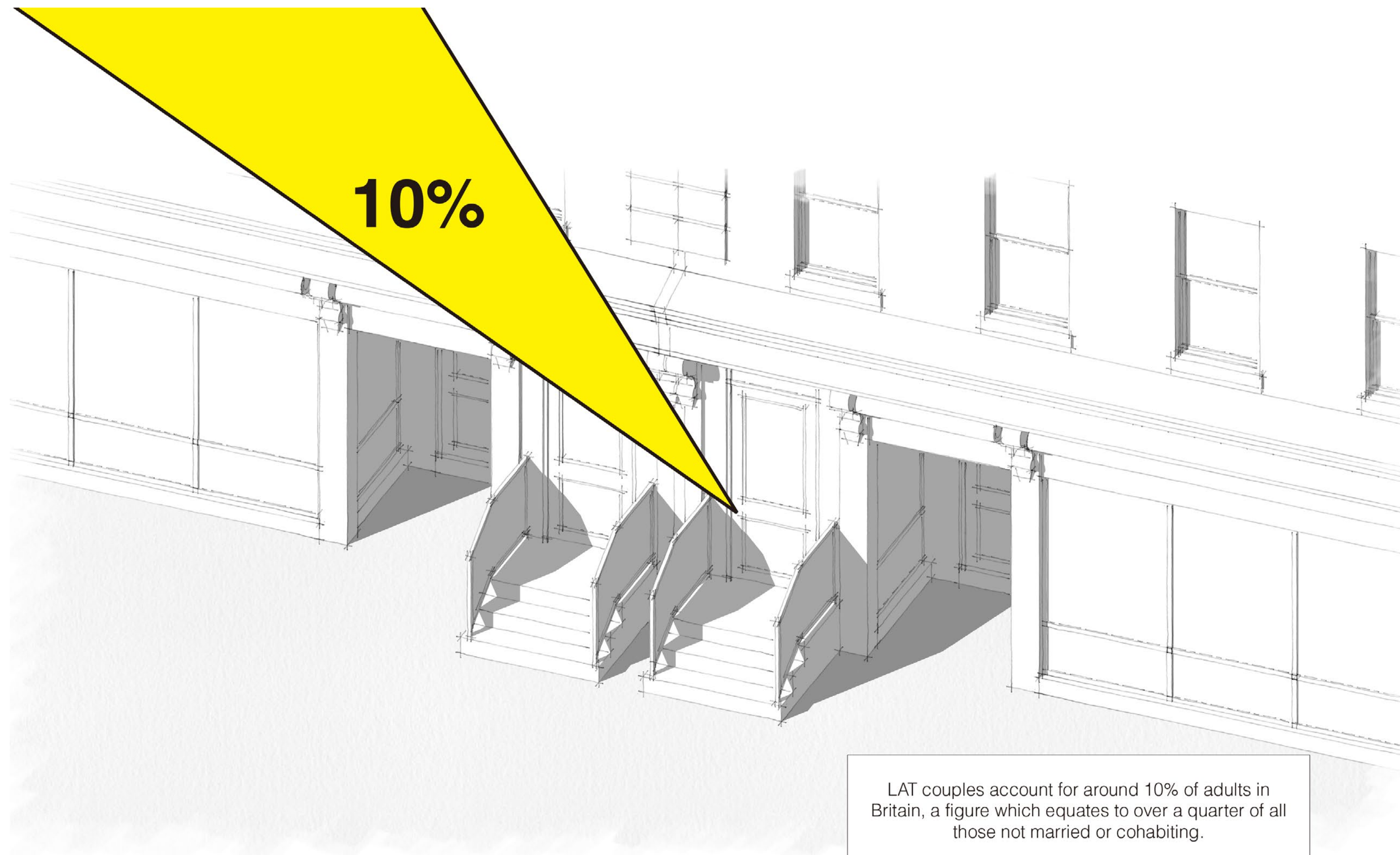
Living alone but still in a relationship



LAT

Living Apart Together

Living Apart Together (abbreviation: LAT) is a term to describe couples who have an intimate relationship but live at separate addresses.



Gillian Anderson has spoken about the benefits of not living with her partner, The Crown creator Peter Morgan, saying cohabiting would “be the end” of their relationship.

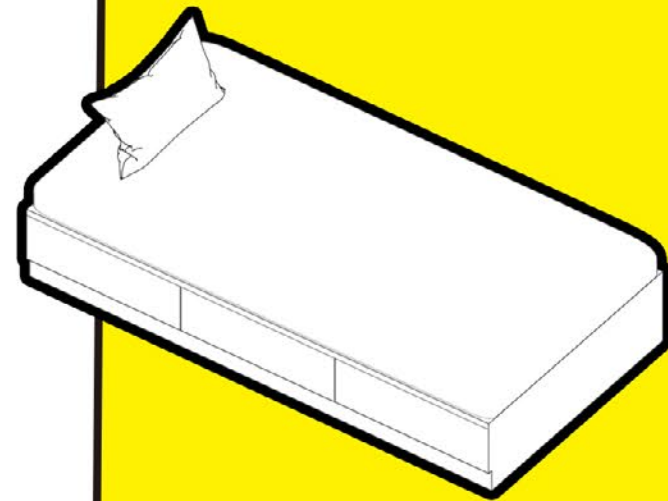


Gillian Anderson and Peter Morgan

One of the benefits is that people can now see “a pair of trousers left lying on the floor at partner’s house and step over them and not feel it is my job to do something about it”

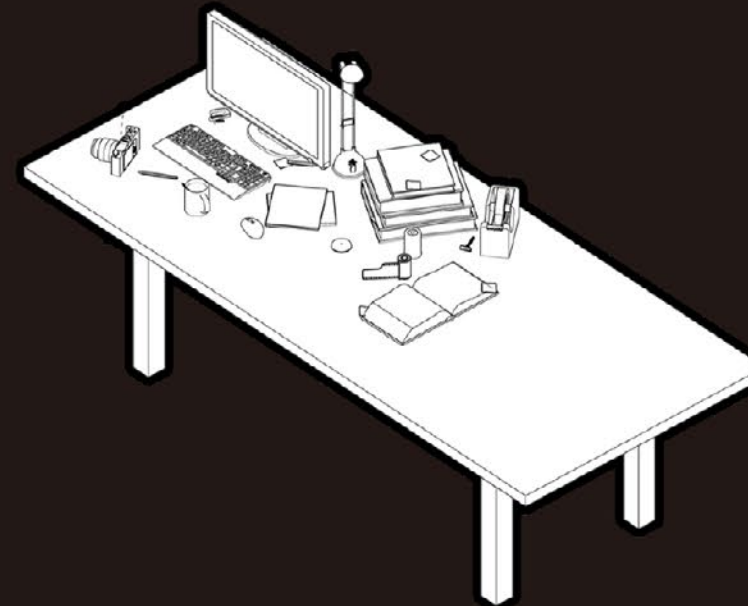
ADVANTAGES

Can sleep in peace, without someone snoring or kicking



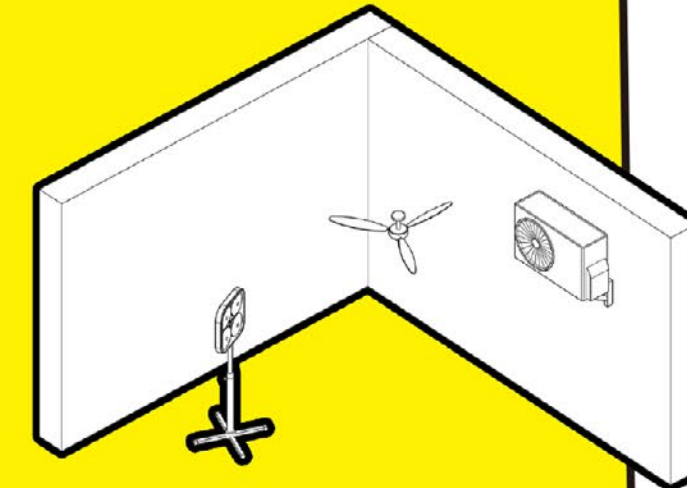
<https://www.utne.com/community/thearchitectureofintimacy>

Give space to work and hobbies



<https://www.glamour.com/story/living-apart-together-couples>

Seperate corners to cool off when having a fight



<https://melmagazine.com/en-us/story/living-apart-together-lat-couples-gwyneth-paltrow>

achieve greater equity in the division of household work



<https://www.theguardian.com/culture/2020/jan/12/gillian-anderson-not-living-together-works-well-lat>

appreciate eath other's quirks more



<https://melmagazine.com/en-us/story/living-apart-together-lat-couples-gwyneth-paltrow>

Make time together special



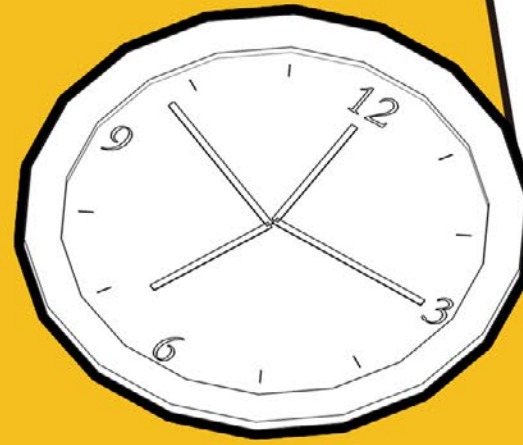
<https://www.glamour.com/story/living-apart-together-couples>

**Commitment
issue**



<https://melmagazine.com/en-us/story/living-apart-together-lat-couples-gwyneth-paltrow>

**there's no
consistency**



<https://melmagazine.com/en-us/story/living-apart-together-lat-couples-gwyneth-paltrow>

**Requires some
serious self-
awareness**



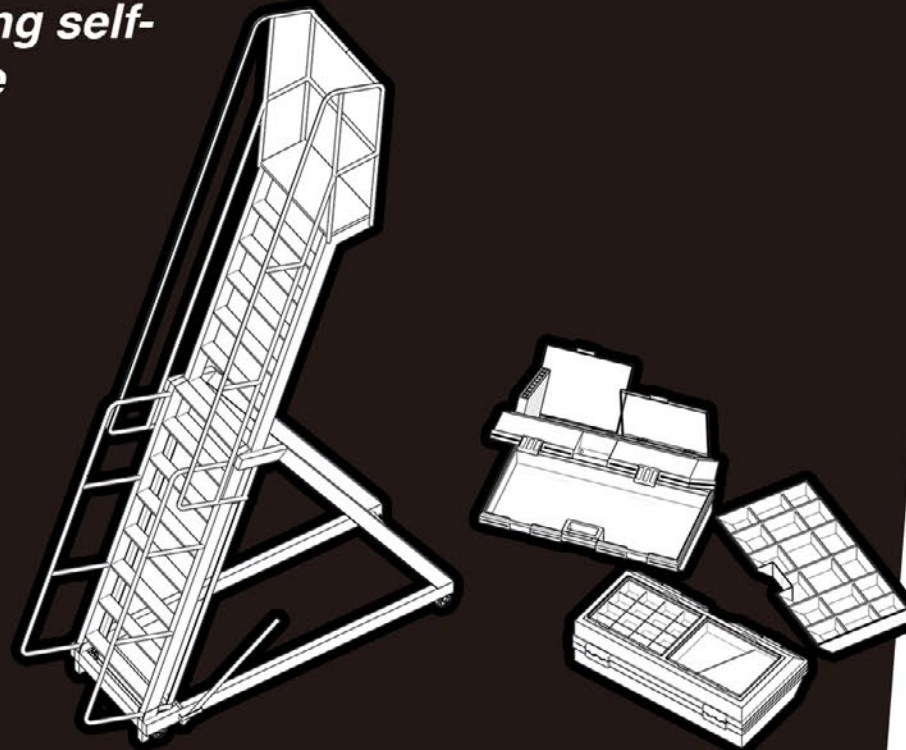
<https://www.glamour.com/story/living-apart-together-couples>

**Only have the
bare essentials
at each other's
house**



<https://www.utne.com/community/thearchitectureofintimacy>

**Nurturing self-
reliance**



<https://www.theguardian.com/lifeandstyle/shortcuts/2020/jan/07/couples-living-apart-together-secret-to-happy-relationship>

**Expectations
about personal
care**



Practices and perceptions of living apart together, Simon Duncan, Miranda Phillips, Julia Carter, Sasha Rosehill & Mariya Stoilova

CHALLENGES

Page 1Chapter 1

Chapter 1

Soho: one of the Top 10 unhealthy places to live in UK

Page 2Chapter 1

According to the Londoners' survey in 2015, the area has the highest number of health problems in the city.

Page 3Chapter 1

Researchers analysed a range of design and environmental measures including levels of air pollution, light for the night, noise, and proximity to health services including GP, in addition to public and recreational spaces.

Page 4Chapter 1

Using St James' Residences as an example, the research shows that the area has a high level of health problems in the city, in addition to public and recreational spaces.

Page 5Chapter 1

Compare the level of health problems in Soho with the level of health problems in the city.

Page 6Chapter 2

Chapter 2

Residents have a contrasting point of view

Page 7Chapter 2

It seems that that area is an unhealthy place to live, but what I think is that the residents, they have a contrasting view on the matter.

Page 8Chapter 2

According to the St James' survey, the area has a high level of health problems in the city, in addition to public and recreational spaces.

Page 9Chapter 2

WHAT IS A 'HEALTHY' NEIGHBOURHOOD?

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Who lives in St James' residences?

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The number of single-person households in the UK is rising

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Chapter 5

Living alone but still in a relationship

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Page 25&26Chapter 5

With LAT relationships set to become an established trend & couples increasingly likely to live in separate homes, how might Soho provide new services for the demands & opportunities of this new style of relationship?

Artefact:

Soho is defined as one of the top 10 unhealthiest places to live in Britain. Research indicated however that local residents held a high sense of satisfaction with their living conditions, especially those who live by themselves. This principally was because of the close proximity too amenities in the area.

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Artefact

Narrative Artefact Model Photograph

Living stories of LAT unions in St James’s Residence



HOME ALONE