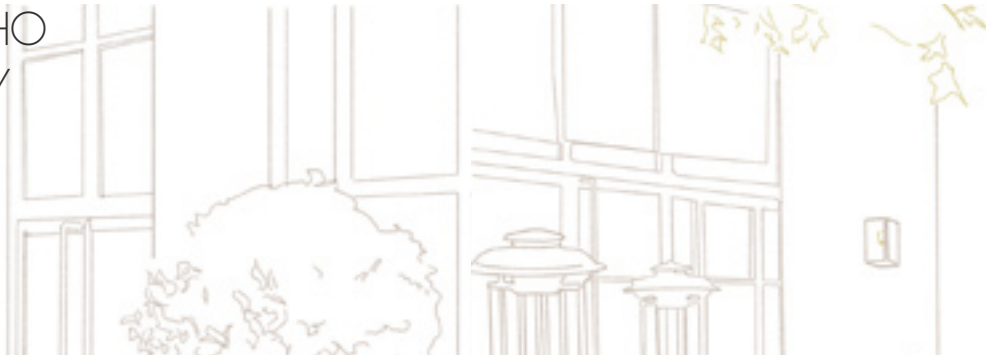


STORIES OF SOHO
RESEARCH DIARY

Yuntong LIU



Week one 28/10/19 - 03/11/19

Tutorial day

Trying to find a simple way will eventually become painful

BUT Looking for a way that excites you.

Regarding briefing, I feel the excitement of learning and growing while feeling the challenge.

The design projects that were previously in contact with are lack of social thinking. Exploring the stories behind them and communicating with others is a challenging beginning for me.

Week one 28/10/19 - 03/11/19



Soho journey from Starbucks

Manette St: the narrow entrance of the unique area in London's heart: SOHO. From 2 pm, two and a half hours of walking tours through history to modern neighborhoods. The story here is still in its original position. However many stories can be hidden and need to be found in these staggered integrated streets.

SOHO JOURNEY







01. Manette St

- a. The end of the strange road, the public notice posted on the streetlight in front of the construction ground.
- b. Because the construction here has become more narrow. Even it is difficult to be discovered, there are still many people who enter into SOHO from here.
- c. Everywhere graffiti and commercial Ads are like the second skin of the city.



02. Greek St

- a. Gay Hussar Since 1953, several generations of politician artist writers have gathered in the area, and in 2018 they were permanently closed due to economic and rent reasons. (Rising rents are not friendly to real historical and cultural businesses)
- b. House of St Barnabas: From 1862, run as a charity to help homelessness. From 1951 to 2006 functioned as a hostel for women. Now as the not-for-profit members' club, providing a place to connect, discuss, create and exchange ideas.
- c. The original name of the organization: "House of Charity" directly on the building.



03. SOHO Square

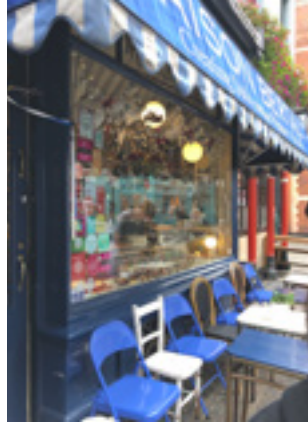
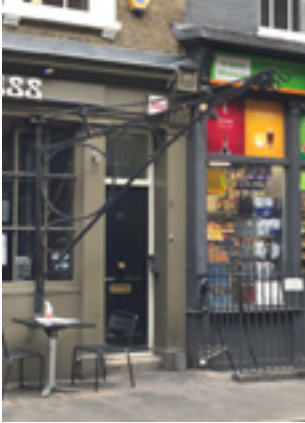
- a. Mary Seacole: British-Jamaican nurse, set up the "British Hotel" for sick and convalescent officers during the Crimean War. In 2004 she was voted the greatest black Briton.
- b. Many motorcycles scooters and bicycles parking around the Soho Gardens. (0 bus stop in Soho area)



04. SOHO Gardens

- a. The Hut: Originally, beneath it was an electricity substation for the Charing Cross Electricity Company. During the second world war, the space under the hut used as a bomb shelter. In 2015, reports surfaced that Westminster Council was attempting to sell the space underneath. It's said the council wants a restaurant to move in.
- b. A Memorial bench in Soho square
- c. No dogs





05. Greek St

- a. Founded in 1998 and working with master blacksmiths in Japan. Probably the only shop where legally sold knives in Soho.
- b. Pizza Express: What's that for?
- c. Maison Bertaux: Founded in 1871 by a French communist from Paris. It is the oldest patisserie shop in London.



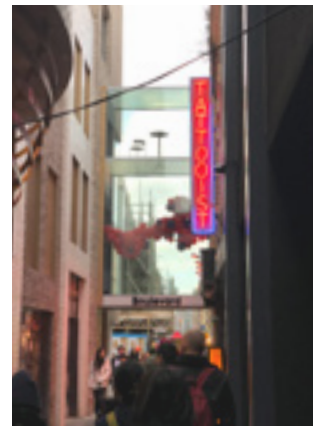
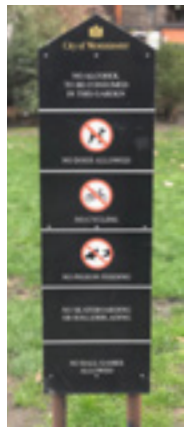
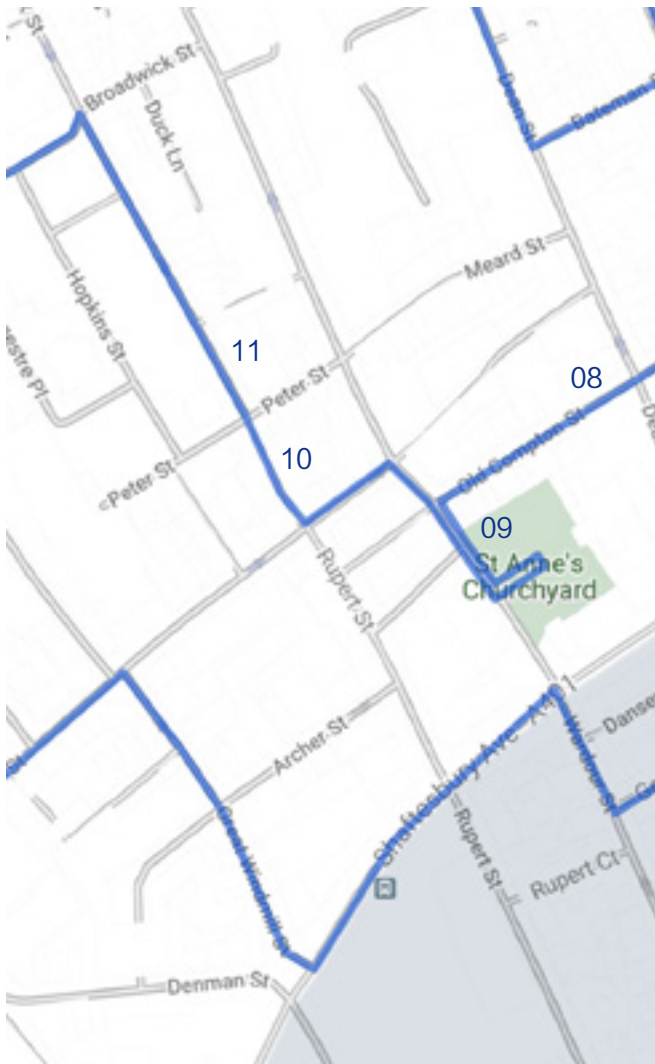
06. Frith St

- a. The Bar Italia was started in 1949 by Lou and Caterina Polledri, it soon became a big part of the Italian community. It was a place where people could catch up, also a place where people who had lost family members during the recent War, could find out what had happened.
- b. Ronnie Scott opened in 1959 the door to a small basement club in London's west end where local musicians could jam. Today, in its new home in buzzing Soho, Ronnie Scott's is one of the world's most famous jazz clubs



07. SOHO Square

- a. 06/2019. The iconic 20th Century Fox building in Soho Square, which was built in 1936, planning to be demolished. However, this application is challenged by the Soho Society, a community organization that aims to preserve the Soho locale.
- b. McCartney Productions Ltd.
The framework of Paul's business empire. There is a recording studio in the cellar recorded for Beatles.
- c. British Board of Film Classification:
The headquarters of the British Board of Film Classification. The independent non-governmental body was established by the film industry in 1912.



* Admin, W. (2019). The Bombing of the Admiral Duncan - 20th Anniversary of the Terror Attack - QX Magazine. [online] QX Magazine. Available at: <https://www.qxmagazine.com/2019/04/admiral-duncan-20/> [Accessed 4 Nov. 2019].

* SODA. (2019). WALKER'S COURT - SODA. [online] Available at: <https://sodastudio.co.uk/projects/walkers-court/> [Accessed 4 Nov. 2019].



08. Admiral Duncan

Admiral Duncan: is a public house in Old Compton Street, Soho In central London, it is well known as one of Soho's oldest gay pubs. On the evening of 30 April 1999, Admiral Duncan was the scene of a nail bomb explosion that killed three people and wounded around 70, some of whom lost eyes or limbs.



09. St Anne's Churchyard

It's the only green space serving the dense urban area of lower Soho. Now is used extensively by The Soho School who has raised beds within the garden where the local school children learn about and practice growing vegetables. Apart from the school children who regularly use the churchyard the other main group is Soho Green which is made up of residents living in the area. Only the frontage side remained.



10. Walker's Court

Redevelopment of Walker's Court

The 50,000 sqft scheme will feature a purpose-built theatre, boutique shops, nightclubs, and bars, plus residential apartments and offices for Soho Estates.

Pedestrian street in the Soho district of the City of Westminster, London. From around the early 1700s and escaped modernization in the late nineteenth century so that it retains its original narrow layout. From the late 1950s, the street became associated with Soho's sex trade. The Raymond Revuebar opened in 1958 and closed in 2004. There are now plans to redevelop the street.



11. Berwick Street Market

There's been a market here since the eighteenth century, though in recent years it's been gentrified along with the rest of this neighborhood, which was once London's red-light district. A few traditional fruit and veg sellers remain, but most of the stalls offer trendy street food.

Traditionally fruit and veg and the birthplace of pineapple and nylon, now fighting for its independence in the face of development and gentrification.



* Carnaby.co.uk. (2019). History. [online] Available at: <https://www.carnaby.co.uk/history/> [Accessed 4 Nov. 2019].



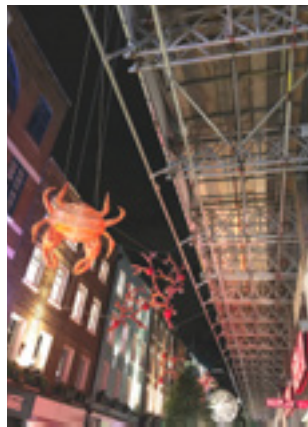
12. John Snow Pub

The pub is named as a local doctor, who was the first to find evidence that cholera spreads through tainted water. John Snow started mapping incidences of the disease in Soho and noticed clusters around the Broad Street water pump. Snow disabled the pump and the local epidemic stopped. The discovery eventually saved millions of lives.

CARNABY

CARNABY
STREET W1

CITY OF WESTMINSTER



13. Carnaby St

Iconic heritage. From being the birthplace of Swinging London in the 1960's, the home of Mods, Skinheads, Punks and New Romantics to the street style tribes of today.

2012 Collaborates with The Rolling Stones to celebrate their 50th Anniversary.

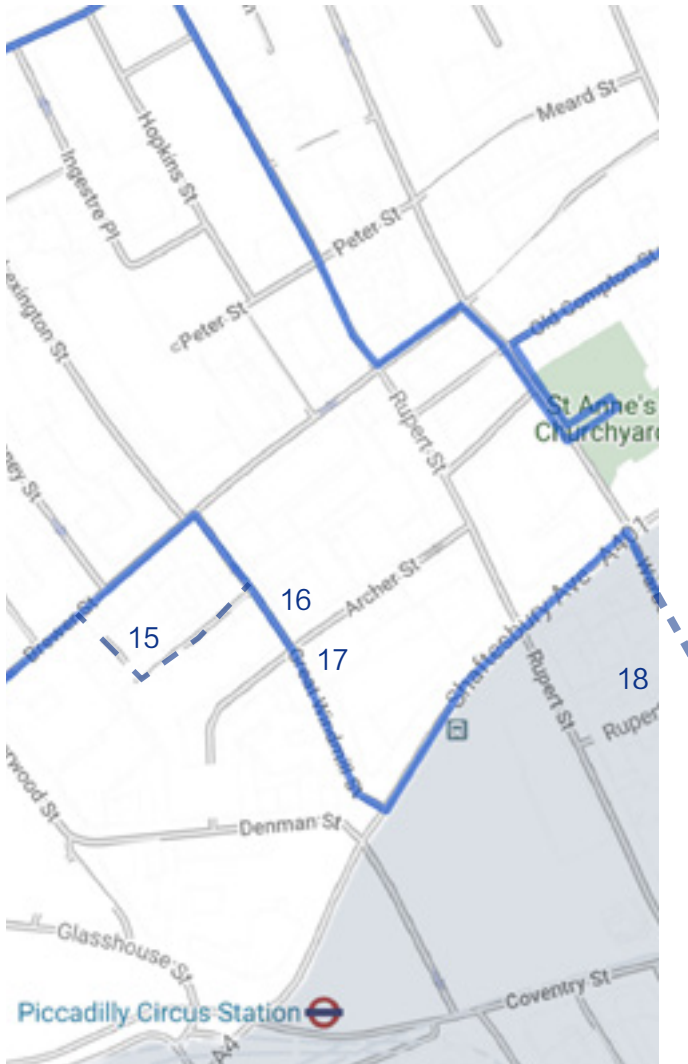
Today: Carnaby Echoes, a walking tour app



14. Golden square

<https://www.british-history.ac.uk/survey-london/vols31-2/pt2/pp138-145>

Gelding Close was presumably so-called through its use as pasture for geldings, while the name Golden Square, which was in use before the end of the seventeenth century, was evidently a refined corruption.



* En.wikipedia.org. (2019). Windmill Theatre. [online] Available at: https://en.wikipedia.org/wiki/Windmill_Theatre [Accessed 4 Nov. 2019].



15. Farrier's Passage

Smith's Court. Lovely shops and a peaceful atmosphere. Right off of Brewer Street or from a narrow alleyway off of Great Windmill Street, in Smiths Court, a renovated well-hidden courtyard that once housed farriers and horsemen.



16. Parish Primary School



17. The Windmill

The theatre's famous motto "We Never Closed" (often humorously modified to "We Never Clothed") was a reference to the fact that the theatre remained open, apart from the compulsory closure that affected all theatres for 12 days (4-16 September) in 1939. Performances continued throughout the Second World War even at the height of the Blitz. The showgirls, cast members, and crew moved into the safety of the theatre's two underground floors during some of the worst air attacks, from 7 September 1940 to 11 May 1941.



18. Chinatown

The present Chinatown, which is off Shaftesbury Avenue did not start to be established until the 1970s. In 2005, the property developer Rosewheel proposed a plan to redevelop the eastern part of Chinatown. The plan was opposed by many of the existing retailers in Chinatown, as they believe that the redevelopment would drive out the traditional Chinese retail stores from the area and change the ethnic characteristic of Chinatown.

Week one 28/10/19 - 03/11/19

Conversations *main questions only

Barber Barber Soho 7pm 30/10/2019

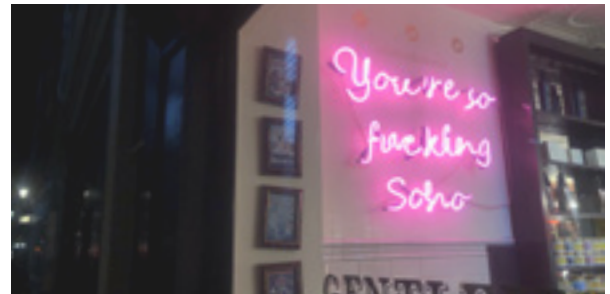
Showcase slogan: you are so fucking soho.

-What's that mean?

-It means what it looks like. Lol

-It's special to use Soho as an adjective, why?

-You know Soho is Soho



-Why you put this slogan in front of the street, you know it's really special and strong, attracts many people.

-It was on that wall (inside next to the stairs case), Not very easy to be seen by passager. Later, when we were renovating the store, we felt that it can be great to put it at the frontage. This sentence actually used to be longer. It was "Darling, you are so fucking Soho." When it was on that wall, kind of gentle, you know, then we changed it to a single phrase without darling.

BAR ITALIA 3pm 02/11/19

with Rossano

- Do you enjoy this area - Soho?

- No, I work here!

- Why? What you don't like about Soho?

- I work here. too busy here.

- Too many things going on here?

- Yes, too busy, too many things going on here now.



- how long have you been here?

- 44 years.

-Wow, that has been a long time! Do you feel here changed? More commercial? or?

- Not commercial, it has always been commercial, but here is not like before, there are not so many Italians, and now more people who like visitors.

- Indeed, like Chinatown

- Yes

- Do you live in this area?

- No, I Can't, I live in portabello

- Take underground?

- I don't like the subway, you know. I take the bus and walk here every day.

Week one 28/10/19 - 03/11/19

Conversations *main questions only

Never fade factory 4pm 02/11/19

with Miko (work here) who does illustration and musical performance



- Do you enjoy here - Soho
 - Yes, enjoy the area only because here he can do what he wants to do.

 - What you don't enjoy
 - Pub! I don't like people drink and drink and spend money like this.

 - Too commercial?
 - Kind of, just don't like people spend money like this and noisy out there. This is not like before. Soho.

 - I have talked to an Italian. He also said that here is not like it used to be. No more those Italians like before.
 - Ahaha Yes, there was still the mafia based in this area.

 - ?! really?
 - Yes! Lol, so at that time this place was not so safe

 - I don't feel like it is safe now.
 - Ahaha yes it is another story

 - I lost my wallet here last month, so... You know my current mood
 - Yes, you should be careful, you know that someone said that London may be more dangerous than New York because of the knife.

 - Knife? A poster of prohibiting the sale of knives is posted at the entrance of that store.
 - That's another story again

 - Do you live in this area?
 - No, my area is even more boring than here

 - By bus?
 - No, I walk here every day for 25 min.
- The brand Never fade has an interesting Slogan, you should know: make Soho great again. This store has not yet officially opened. You should come over and see some activities when you open the business.

Week one 28/10/19 - 03/11/19

Conversations *main questions only

The second shelf 02/11/19

with Allison (owner) All of the books sell here are written by women.

- I found it special here, it was so noisy outside that it was quite like another world.

- Ah, haha, there are very few people in this courtyard, and we are also new to open less than a year. There were some shops in this place but all failed later, and then re-opened new stores now. It seems that only the cafe shop on the other side is here for a long time. The other ones are newly opened after restarting here.

- Do you like Soho?

- I am also not in London for a long time. I am here to work. I will enter this very quiet area and will not stay outside for a long time. Sometimes it is outside lunch.

But Soho is different from before. I was here once, many years ago when I was a teenager. It was about seventeen or eighteen years ago. At that time Soho was very very punk, like edge. everybody here is like...

Rina Tairo Jewellery 02/11/19

with Roscoe

Here it turns out to be horse stable

I am not satisfied with Soho, but I feel that it is very suitable for the development of the creative art industry.

Failure:

with St Anne's Church and Massage store

Week one 28/10/19 - 03/11/19

Photos of The second shelf



Week one 28/10/19 - 03/11/19

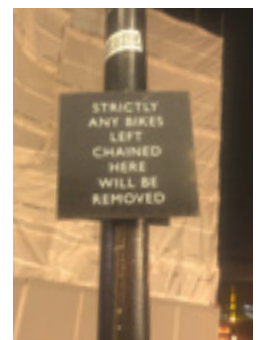
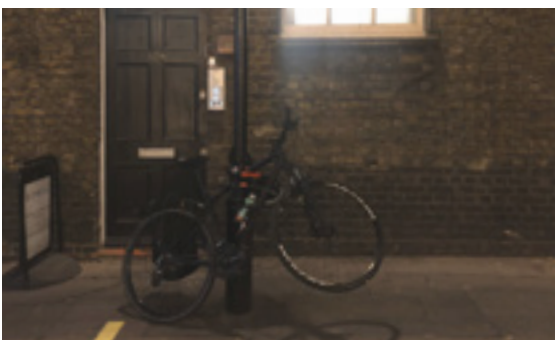
Observations

ABOUT AREA

- . Changing from east to west in Soho (pattern of occupation)
- . Does Soho become more commercial than before? Is that a problem to the locals
- . Soho's Skin: street art and commercial Ad. covering scaffolding and unused wall
- . Quiet space in Soho (end of roads, gaps, and Farrier's Passage)

ABOUT BEHAVIOUR

- . Recycle system of Soho
 - . Soho without public transport (special bicycles parking)
 - . Drinking in Soho (cafe and pubs)
 - . Where to smoke seat sleep eat (frontage space) Here it turns out to be horse stable
- I am not satisfied with Soho, but I feel that it is very suitable for the development of the creative art industry.



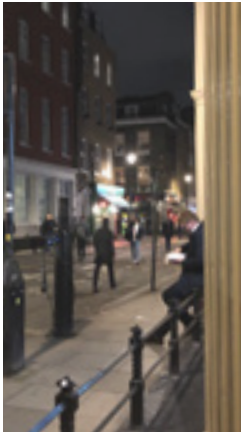
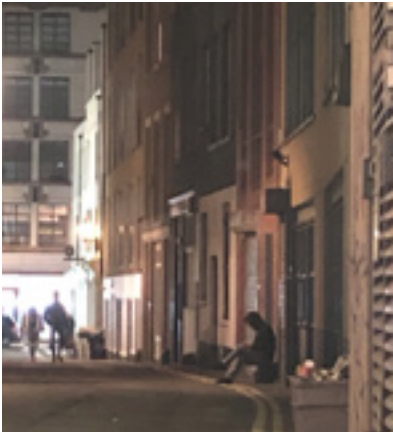
Week one 28/10/19 - 03/11/19

Observations



Westminster: bags off streets areas 'BOS'

Streets have lots of pedestrians or narrow pavements, so we want to keep rubbish and recycling bags off the street for as long as possible. <https://www.westminster.gov.uk/how-we-collect-your-rubbish-and-recycling>



Week two 04/11/19 - 03/11/19

Tutorial day 04/11

Further study:

- . 24 hours of occupying street space
 - when: difference in 24 hours
 - who: what kind of person
 - where: the place they occupying
 - what: what action they did
 - why: for what reason
- . Select which street
- . Movements of homeless people
- . Talk with church and organization
- . Drawings and record action
- . Mark in map

Reflection:

- Print out (diary and other materials need to be present)
- Be organized before tutorial (efficient discussion)
- Record reflection in dairy each time
- Uni is where you learn, be more curious and intelligence.
- Drawings and acadymic study will be helpful

Summary:

- . Keep in mind who design for? Why people need it.
- . Be closer to the final artifact each week. (Process)
- . 5 points:
 - Details, mass, citation, culture, subculture, identity
- . Knowing the identity and personality of the group members.
- . Engage with a real person real situation
- . Action research
 - (find out things with expectation and self-experience)

Week two 04/11/19 - 03/11/19

24hrs Journey



24HRS Occupation



- Working 12
- Drinking 04
- Talking 02
- Others 02
- Eating 00
- Coffee 00
- Smoking 00
- Homelessness 06
- Phone 00
- Rain 00

*one point = one persone

From 1 to 4am, there were 24 people on streets, 50% people are workers. 2 group activities, all happened at 1am.



- Working 24
- Talking 06
- Smoking 06
- Homelessness 04
- Phone 03
- Others 03
- Coffee 02
- Eating 00
- Drinking 00
- Rain 00

*one point = one persone

From 5 to 8am, there were 48 people on streets, 50% people are workers. 0 group activities.



Smoking	■	30
Phone	■	20
Working	■	16
Talking	■	13
Coffee	■	08
Others	■	06
Drinking	■	01
Homelessness	■	00
Eating	■	00
Rain	■	00

*one point = one persone

From 9 to 12am, 94 people on streets, 31.2% people were smoking most of them working in this area. 4 group activities.



Talking	■	26
Smoking	■	25
Phone	■	22
Working	■	09
Eating	■	06
Drinking	■	03
Others	■	03
Coffee	■	00
Homelessness	■	00
Rain	■	00

*one point = one persone

From 13 to 16, 69 people on street, 37.6% people were talking in group on the streets. 6 group activities.



Drinking	87
Rain	40
Talking	36
Eating	29
Phone	22
Smoking	22
Working	12
Others	10
Homelessness	00
Coffee	00

*one point = one persone

From 17 to 20, 258 people on street, the peak time in 24hours, 31.3% people were drinking in group. 19 group activities.



Talking	■	66
Drinking	■	56
Smoking	■	32
Working	■	13
Phone	■	13
Others	■	09
Rain	■	05
Homelessness	■	04
Eating	■	01
Coffee	■	00

*one point = one persone

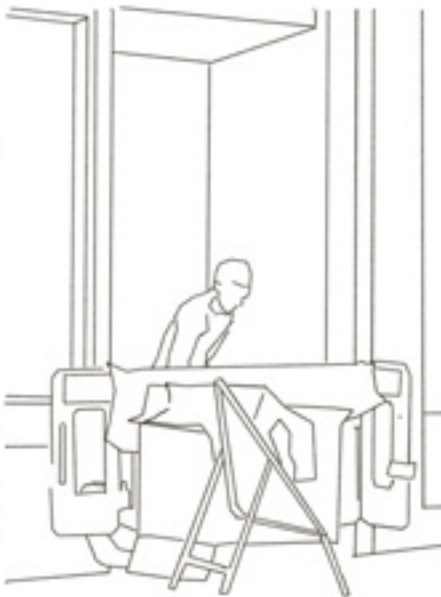
From 21 to 00, 199 people on street, 28.1% people were drinking in group. 17 group activities.

Week two 04/11/19 - 03/11/19

24hrs Journey



01:00
Hug / Kiss
Lighting



03:00
Changing
Roadblock: Screen
Threshold: Bed



10:00
Working: Measuring
Curbstone: tripod

Week two 04/11/19 - 03/11/19

24hrs Journey



10:00
Caffee
Window sill: seat



12:00
Eating
Threshold



13:00
Eating
Window Sill: Table/seat



17:00
Preparing
Threshold



18:00
Rest
Window Sill: Shelter



19:00
Shelter from rain
Canopy awning

Week two 04/11/19 - 03/11/19

24hrs Journey



22:00
Reading
Lighting



20:00
Drinking & Talking
Timber panel on the wall



23:00
Eating
Lighting
Window Sill: Table



Waste: Cigarette
Wall: Bin



Waste: Beer bottle
Window Sill: Table / Bin

Week three 11/11/19 - 17/11/19

Tutorial day 11/11

Further study:

- . Narrative Drawing
 - eg. plan, section, describe private open, etc. dimension, materials...
- . Find out the life of low-end workers' life, observe their behaviors
 - talk? community? stories? issues? May derive specific key questions from this.
- . Find specific key questions about the project meaning
- . 3 precedent related to your work
- . The initial idea of artifact (insert elements on-street - test)
Sketches?

Reflection:

- . Drawings and diagrammes need to be understandable without an oral explanation.
 - Think about narrativity
- . Show what did I find out, about my thinking identity and standing point.
- . Precedent project research before developing my projects.
- . Ask myself why I'm doing this.
- . Ask back! Catch the point interests you in the conversation and what I didn't get
- . Creativity is not only about design projects.
 - How to put things together? how to run a practice or?
- . MA is about thinking
- . Way of presentation. eg Give expectation --- present --- Summary. (direct 3 steps)

Summary:

- . Goldfinger House
 - detailed, proportion, materials, life trace...
- . Thinking standing point, meaning, for who, inter meaning

Week three 11/11/19 - 17/11/19

Precedents: Evolution Ground Alfortville - NP2F

" The playground becomes a truly architectural space, integrated in the urban structure and open to the city's other practices."
--NP2F

The principle governing the ZAC is to reinstate the Chantereine district in the urban dynamics of the southern area of Alfortville: underscore the relation to the river Seine, reorganize the relation to the city. It also aims at renewing of the housing offer and at an urban level, reconfigure the complete area, integrating new outdoor spaces.

The playground is placed in a patchwork, small public spaces dotting the new territory of the ZAC, thus creating areas of "urban gentleness".

The importance given to detail (ground, morphology, folds and boundaries) allows us to offer to the young people of the ZAC, beyond a simple football ground, a "configured" space, space of **encounters and exchanges**.

Precisely, the ground, part coated, part concrete, is thought as a soft surface, enfolding, backing the perimeter of the sports ground, or receiving the handicapped ramp, inserted as a slight urban hollow.





Week three 11/11/19 - 17/11/19

Precedents: Risorgimento square - ma0 studio

A series of benches in the plaza that could be rotated around.

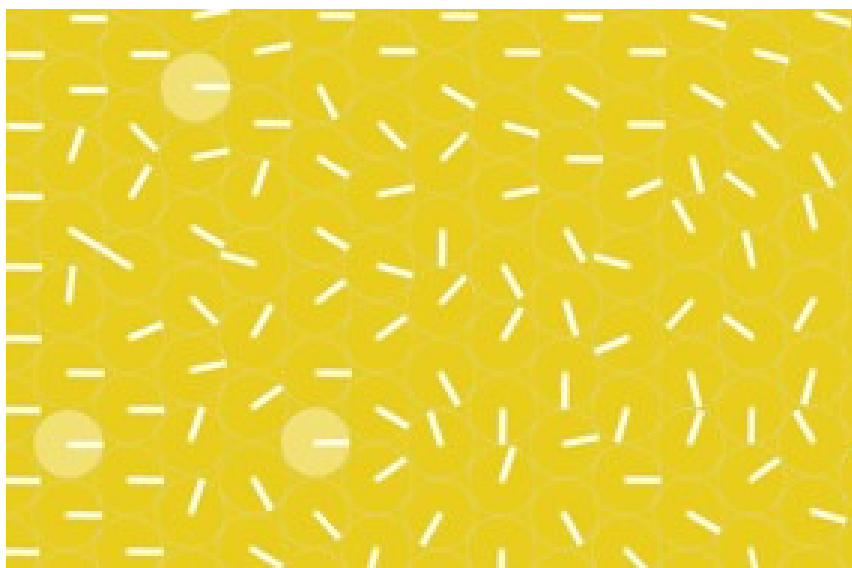
You can choose where to sit and how to face the sun, how to become distant or close to someone else in the square.

The willing to modify and customize

The possibility of participating at something collective

The possibility of interacting with people





Week three 11/11/19 - 17/11/19

Tutorial day 14/11

Initial questions

- . "Private corner" in Public space for workers fresh air
- . Night shift worker (Who are they in soho? What's their life)
- . Loneliness? (group activity)

Conversation with Bob

- . Working for Construction Campony, standing side of street, for guiding lorries and traffic info.
- . Get up at 4am (his wife 3 am) go bed at 8:30 pm
- . Living in East End
- . Loving this job, because meeting different people.
" London is a city a lot of people are single and a lot of people are lonely, work and go back and go to work next time again. I'm very lucky i got lovely wife and love my job."

Week three 11/11/19 - 17/11/19

Tutorial day 14/11

Further study:

- . Night shift workers' stories (Unique in Soho)
 - Who are those night workers? what do they do?
 - What're their lifestyles? Problems?
 - (eg. How's their break times? sleep deprivation? Diet? Daily routing story?)
 - Employers' responsibility? What company work at night?
- . Useful precedents (eg. Stairway cinema)
 - Key: corner (architecture), Sleep? night workers, social quality.
- . 3 Sketches of narrative artifacts
- . Diary printed out
- . Questions

Reflection:

- . Communicating Diagramme.
- . Prioritize the main task (for Artefact).
- . ASk specific directly related to my interests.
- . find direct useful material, for research.
- . Try to prove the assumption, find research/ article to support it.
- . What if the assumption or research I made doesn't relate back to reality?
 - Look at Proj. Design Management, it's fine to design for one client.
 - It's a learning experience that gets to knowing in one person and design particularly for him/her. it's a caring and humanity underneath.

Others:

- . place - stories - myself (3 in 1)
- . Sense of places.
- . Using examples comparing (eg. other places condition)
- . Ask me what is my curiosity?
- . A film can be a good way to record and represent.

Week three 11/11/19 - 17/11/19

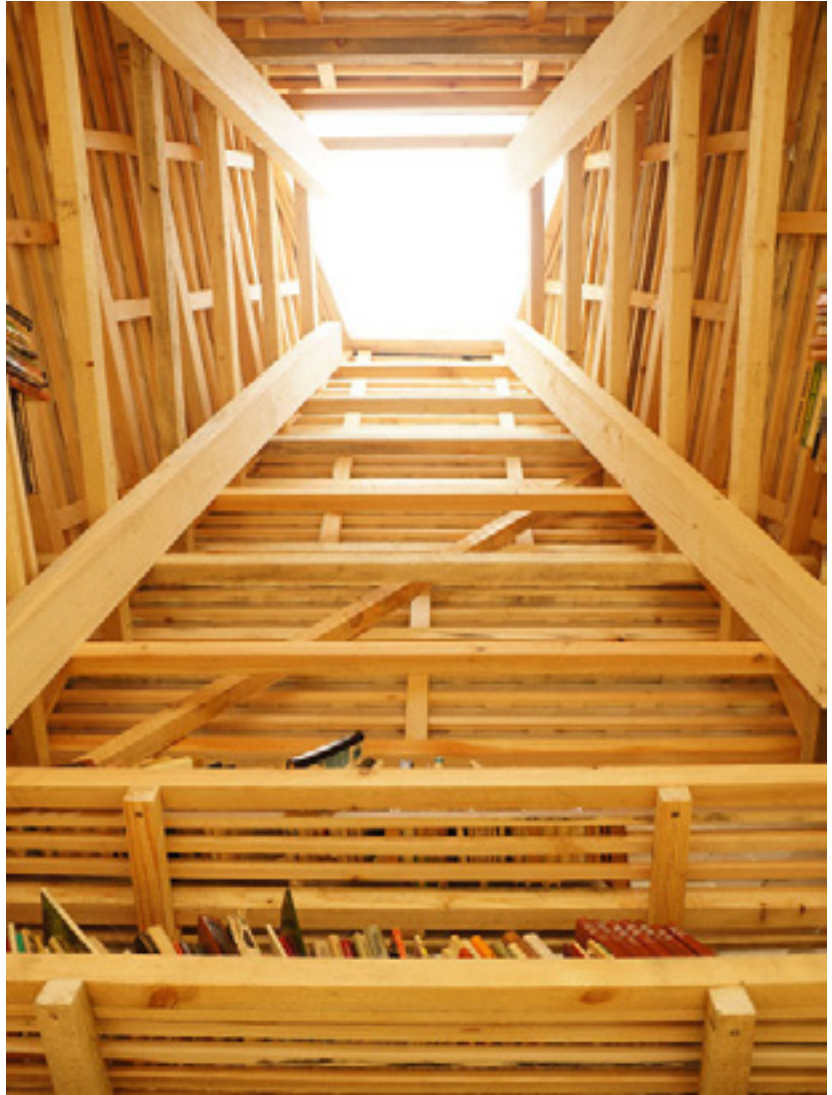
Precedents: Street corner: Story Tower - RTU International Architecture Summer School

This timber structure clad in recycled food packaging houses a temporary library and book exchange and was designed and built by architecture students in Cēsis, Latvia (+ slideshow). Summer school students and tutors from Riga Technical University (RTU) modelled the Story Tower on a giant wooden lamp, creating a sheltered destination for people to duck inside and find something to read. Shelves are integrated within the tapered walls and are filled with books on the lowest levels, placing them at easy-reaching height for visitors. The frame and floor were made from locally-sourced soft timber, while recycled Tetra Pak juice cartons were folded, cut and mounted to create the waterproof roof shingles. Students attached a total of 2250 shingles to pre-fabricated panels, then carried them to the site along with the wooden frames.

Now complete, the book exchange is stocked with unwanted books from a local library that is currently undergoing a refurbishment.

"We sought to use the locally established concept of a free book exchange to create a dialogue between diverse groups and individuals of the town," said the design team. "[It is] a place where books can be deposited before making a journey, exchanged after finishing a journey or simply borrowed while waiting for a bus." The structure is semi-permanent and will stay in the town square until the main library re-opens in 18 months time.





Week three 11/11/19 - 17/11/19

Precedents: Street corner: NOOK . Place for nothing - FAHR 021.3

The site of intervention is an old train station deactivated for more than a decade in the city of Taitung. This space played an important role in the growth of the region, leaving an empty space when it was abandoned. Inserted in the local government effort to reactivate this area of the city, the idea is to transform the station into a cultural space, flexible and for all.

In the studio we believe that this type of voids concentrate the opportunity to generate new uses and, given the sense of appropriation of the citizens, we think that it made sense to design a free space without function available for different ways of being. A space for nothing is actually a place where everything can happen, that promotes reflection and a new beginning, a space of freedom, uncoded, individual and collective. The form is the result of an intention of simplicity translated into a huge translucent white cube of 8 x 8 x 8m, where a lower vertex rises in the air and marks the moment of incursion to the interior. It was here that through a light gesture and with movement we wanted to dismantle the weight and scale of the form, as if we wanted to see what is under the cloth.

The interior is a room in the exterior, four walls that stand and leads the look at the sky. It is an unfinished place, an extension of the park's space and the garden that precedes it. Is where you can be alone or in a group, an exhibition or a concert of music, a session of meditation or playing surrounded by water or light, a space for everyone and everyone. A provocation to the spontaneity and appropriation of the public space.





Week three 11/11/19 - 17/11/19

Precedents: Street corner: Stairway Cinema - OH.NO.SUMO

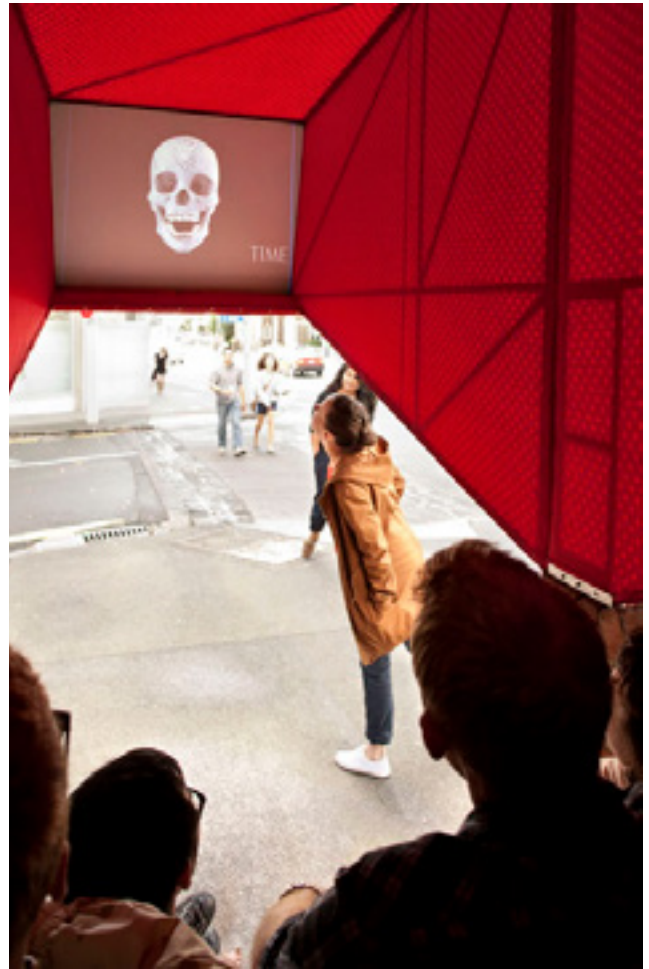
Architectural collective OH.NO.SUMO have tucked a miniature cinema into the steps of a building on a busy street in Auckland, New Zealand. The cinema in response to the lack of social interaction happening at the bus stops and laundrettes on the corner.

Locals are invited to take a seat on the steps and watch a short film together rather than retreat into their mobile phones. The cinema's timber frame is covered with three layers of fabric that provide a waterproof exterior, a dappled light effect and a soft interior.

Cushions are scattered on the steps to provide seating and the films are projected onto the screen at the cantilevered end of the structure.

The short films on show are continuously collected from recommendations shared through social media.





Week three 11/11/19 - 17/11/19

Precedents: Elements: Corridor Society furniture - Seray Ozdemir

Royal College of Art graduate Seray Ozdemir has created a collection of furniture for corridors, aimed at millennials who live in homes without communal living rooms.

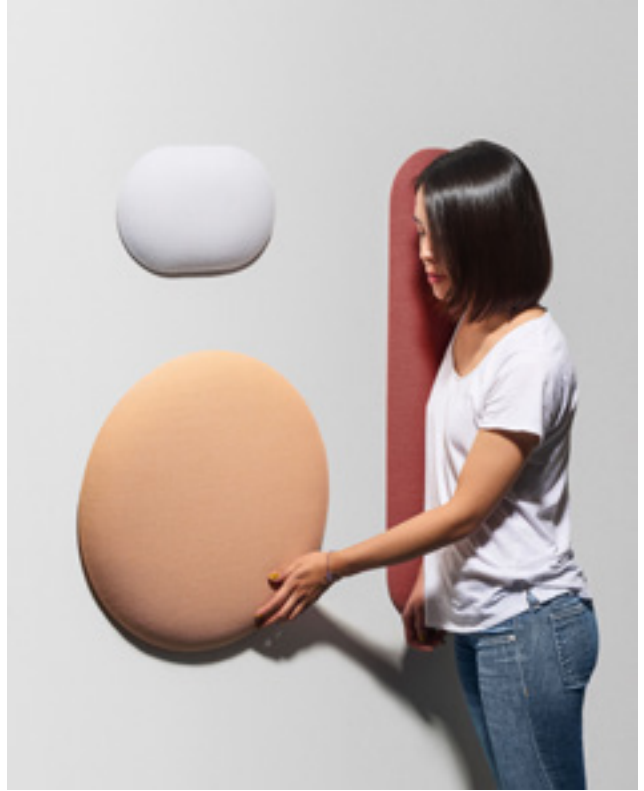
Called Corridor Society, the collection features four pieces: a seat that wraps around corner, a combined seat and coat rack, a stackable shelving unit and a set of wall-mounted cushions.

Ozdemir - a Turkish designer currently based in London - claims these items can be used to transform the "archaic" corridors of shared properties into functional social spaces.

She came up with the design after her research revealed that approximately half of shared flats in London do not have living rooms, as these spaces are usually rented out as extra bedrooms.

Her aim is to create new places for social interaction in this type of home.





Week three 11/11/19 - 17/11/19

Precedents: Elements: Stefanie Schissler features a bobbly surface - Kulle daybed

This daybed by young designer Stefanie Schissler is intentionally lumpy to encourage users to snuggle into it. The Kulle daybed by Stefanie Schissler has an undulating surface caused by the different sized pieces of upholstery foam concealed beneath its stretchy boiled-wool surface. The German designer wanted to create a piece of furniture for relaxation that invites the user to lay down through its appearance. "The look is something new, which is arising curiosity in people," Schissler told Dezeen. "It is designed to arise the urge to touch and feel it." The small cubes of leftover foam used have different densities and heights so the squashiness varies across the surface. "Every bobble feels different," Schissler explained. "You can feel them but in a very gentle and pleasant way. A lot of people describe it as a massage for the body." She added that the piece is not really meant for sitting on but as a landscape for relaxation. "The bobbles at the back are slightly higher so that you can lean your head on them to read a book, but in general the daybed is a piece that is not made to sit on, but to really lie in it, feel it and simply relax."



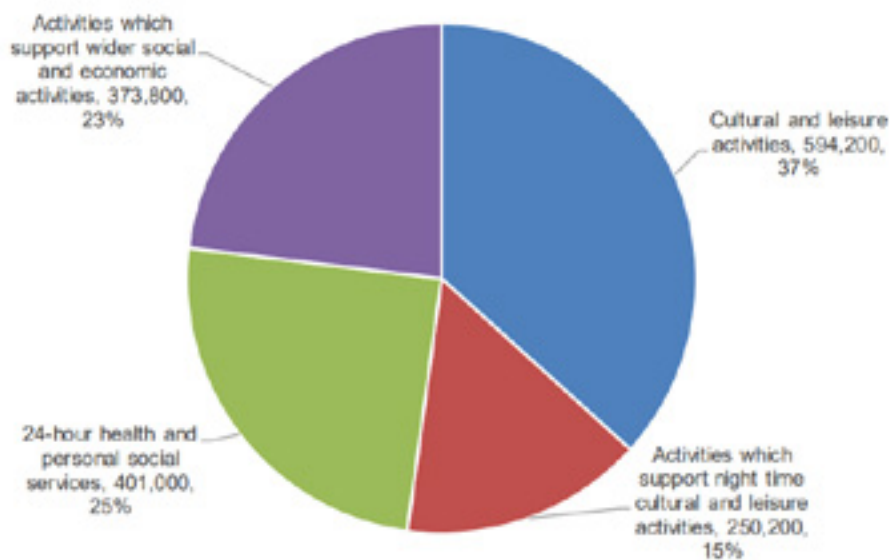


Week three 11/11/19 - 17/11/19

Useful Info. - About Night shift workers*

Who are they? What do they do?

Figure 5.1: Employee jobs in night time industries in London, 2017



From diagramme it can be seen that Culture and leisure activities department occupies most of the night time industries in London.

What do they do?

From SIC and SOC categories included in the definition of the night time category

Night time cultural and leisure activities

Industries Include:

- hotels / similar accommodation
- restaurant / mobile food service
- event catering / other food service
- beverage serving activities
- private security activities
- creative, arts entertainment activities
- libraries, archives, museums and culture
- gambling and betting activities
- sports activities
- amusement and recreation activities

Occupations Include:

- managers, proprietors in hospitality & leisure services
- artistic, literary and media occupations
- sports and fitness occupations
- food preparation and hospitality trades
- elementary security occupation
- other elementary services occupations (eg. catering assistants, waiters, bar staff)

*London.gov.uk. (2018). London at night: An evidence base for a 24-hour city.

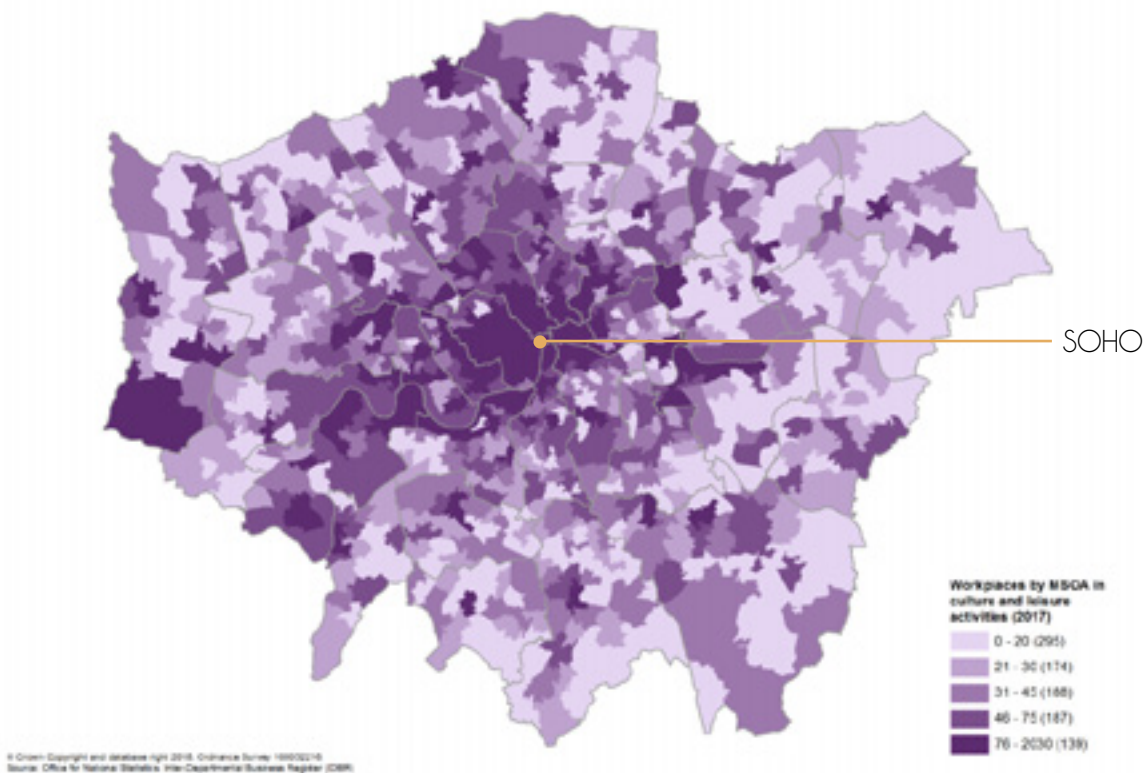
Available at: <https://www.london.gov.uk/sites/default/files/london-at-night-full-final.pdf> [Accessed 15 Nov. 2019].

The report brings together a range of research and data on London at night. It reveals activities between 6pm and 6am.

Map 5.2: London's workplaces which support night time Cultural & leisure activities, by MSOA, 2017



Map 5.1: London's Cultural and leisure activities workplaces, by MSOA, 2017



Week three 11/11/19 - 17/11/19

Their Stories: conversations with night shift workers

During weekends night I had some conversations with different night workers.

All of them are from outside not local people, some of them can't speak English very well it was hard to get understand each other when we talk. Even some people understand my question, they seem to keep saying " My English is not good." Most of them were very busy even in the quiet night. For example, I talked with food supply transport workers for supermarkets Restaurants or Pubs.

They said because the road will be closed for lorries from 7 am, so they only have a few hours to transport many goods.

Many night shift workers I've interviewed have no problems rest in the daytime, they're always tired enough to get asleep very soon.

But some of them also have to take care of their family members during the daytime, so not easy to have good sleep.

What follows are two conversations with two night shift workers I recorded in detail.

17/11/19 00:05 - Hotel

Mateo- What time do you work?

- 7 to 7, 7 pm to 7 am. 12 clock.

- 12 hours?

- Shift yes.

- Is that a problem sleeping during day-time but work night-time?

- Uh...But I'm used to

- So... you're working here for a long time?

- Uh...no. I'm here for three years. I'm doing night work for almost two years. Back that time used to do night shift alternatively, by 8 hours, 12 hours or even 24 hours. So I'm somehow used to, sleeping very well in the day-time.

I just need to have THE time to sleep. Cause usually have too much voice, so is the noisy wake me up.

- Yes, right. So does it (night shift) influence your time with your family or friends?

- Night shift? Yes. Because you're now old than you need to sleep in your daytime. And then they go to school and when they come back from school, you wake up and get ready to go to work again. So, it's like, let's say it like a block-white, their schedule goes around block-white, mine goes anti-block-white, the other way around. So, we are not simply meet at all. Maybe on my day off, but I don't have much, in my case.

- It's like one or two days off a week?

- A month. Maybe four, sometimes. That is my job, but maybe I'm just a particular case, I might be excepted. Maybe some other people are not working like this.

- I'm not sure, but as I know that might be a general problem...

- Probably, but this is my duty to do. My wife doesn't work, my kids also don't work, so yes, I'm doing this.

- So, do you also need to take care of your children during day time when you have rest?

- Not really. Just every morning I have to go to with my wife, take them to school. And then I come back to have a shower and go to bed. And then again, after hours sleeping, not very long, and come back here. You know, night work thing is not easy and sleep time it doses effect, for you not to be angry not to be nervous, you need to work more. It's not easy, you see in Soho, some people don't have manners some people less education, some people get drunk.

- Especially in Soho.

- Yes in this area it can be really difficult.

- So you always need to pay full attention during work time.

- Yes

- Do you live far from here?

- Yes, a little bit, I live in zone 7.

- How long it takes to come here?

- In my case, because there is a fast link and I work at night, in the morning I can take the train Bakerloo to Waterloo Station and then another train. Because it's fast to Zone 7, it takes about 50 minutes.

- Do you feel tired before going home?
- Yes of cause. extremely tired.
- I understand, cause I'm doing research these days during night-time in Soho, I, myself can feel so exhausted after staying late.
- Yeah, sometimes you can't help and sleep on the train no matter what's on the train and...

- Do you think it will be better to have a nap after work? before going home to have a rest?
- We have an hour break, either you can sleep or have a chill, but it doesn't make a difference. because when you only sleep for one hour, it's not enough, it's a short time. Only one hour and you get up again and you take time to go a long way to home, you know what I mean. It's like some people in the morning they don't wake up without coffee or something else. So 100% 1 hour 2 hours it's not going to work. Maybe young people are not like this but with the time, it goes more... a short sleep you don't wake to alive.

- What if you can change sth or improve sth, anything, what do you think can be helpful for you.
- Will... here the food is really bad, what they serve to us, to staff, is not good. It's not the same quality as they treat for guests. Ham Yard is very famous for its food, but... What I do after work it's like forget about the food and go to sleep. And when we rest is not like the restroom, it's usually in the canteen, some tables, and chairs, no bed. If you want to have a rest? You help yourself.

- Would you mind if I ask your contact information?
- That' s not a problem, let me write down for you... you take care don't stay too late here.



Week three 11/11/19 - 17/11/19

16/11/19 06:35 - Hotel

Back of the house - Female - aged about 25-35

- Good morning, I'm a student at the Royal College of Art. I'm doing research, do you have time for a very few questions?

- Uh... Sorry, I don't have time... I'm busy with my work...sorry...

- No no no, no need to apologize, I understand...just, if you don't mind we can have a little chat while you working. (She was sweeping fallen leaves).

- Ahaha, about what?

- About your work? And... Do you have a good time for sleeping?

- Oh! No! Ahaha, I work during the night, I don't have properly sleeping, you know what I mean because I work during the night.

- May ask what time exactly you work? Cause I'm researching night shift workers.

- My shift is between 11 pm to 7 am.

- So it's about now?

- Yes but I need to work... if you want to talk to you can... but you must wait, I don't know...

- ok ok, I understand, if I can come back around 7?

- Yes you can try... but I don't know, It's a lot of work... you know.

- Yes, of course, I understand you are very busy with your work... and do you have weekends for a break?

- Yes yes, we have the weekend, but uh... it's not enough... it's not enough especially when you have kids and families.

- I see... I can imagine even the daytime which should be your rest time you will be busy...

- Ah, yes, daytime yes. If you have kids, you should take care of them, and take them to school, it's a little bit different, you know, have kids or don't have kids. If you don't have kids you can take 7 or 8 hours of sleep or take your own time. If you have kids, especially small kids, you can't take these hours. Only a few hours maybe 4 or 5 hours every day. But if you want money or... you live here, because London is a very expensive city. Uh... but you uh you need to do ... uh, how to say in English, questionnaires?

- I can explain because I'm a design student and I'm still researching for my project for now so, I don't know what exactly I'm going to do now, but I want to know your story, so...

- Ok, I understand, but it's different from your job and my job, my job is not uh... professional...I think, it's only a job.

- No, no, it's not a job that everyone can do, it's not, I mean you need to manage your time, to have the ability to manage time is not an easy thing.

- Yes, I understand. But when you have kids it's a little bit... you have a lot of things to think, it's a little bit hard. You have to think a lot of things to manage the things, like, to here here here and here at the same time, it's a little bit hard. But...ok... are you have more? because it's a lot, if ... you know.

- Yes yes ok, I will come back at seven, see you later then. Thank you very much, nice to talk to you

(Didn't find her again, when I came back again.)



Week three 11/11/19 - 17/11/19

Their Stories: Articles

The Graveyard Shift: We Talked to a Night Server About Her Fear of Missing Out*



Elle Ferik works as a server at a busy, club-like restaurant in New York City that is frequented by celebrities and was named by Instagram as one of the most Instagrammed restaurants in the United States. Ferik works long hours and double shifts, sometimes staying there hours after the restaurant closes at 1 AM. She told Motherboard about the struggles of waitressing after dark, when she finds time to sleep, and how she can't wait to leave the job behind.

- MOTHERBOARD: How long have you been waitressing?

- Ferik: Seven years, one year at this restaurant.

- What does a typical work week look like for you?

- My work week starts Thursday and goes to Tuesday. I usually work from 3:30 PM to 1 or 2 AM but sometimes I get out at 3 AM.

- How does this job affect your sleep?

- In every way possible, because I have to be there late and sometimes have to work in the morning at 11 AM, and I will be so tired that I have to take a nap, then I'll be up late and have to work the next day at 3:30, and I could sleep until then, so it makes me nocturnal.

- Do you have trouble sleeping? Do you have a routine before you go to sleep?

- No, not really, I just pass out. It's really hard on your body. I take Xanax or smoke weed if I have trouble sleeping but I usually don't.

People that I date see me as a booty call because I can only hang out at weird hours.

- Has having weird hours affected your social life?

- Kind of, because normal people have different hours from me. I feel like I'd have a boyfriend if I didn't get off so late, but people that I date see me as a booty call because I can only hang out at weird hours.

Also my friends go out on the weekends but my weekend is technically Tuesday night, so that is my only day to have a night out and I have to try to get friends to come out with me then.

- Do you think it's affected your dating life the most?

- Yeah because most people I want to be with have normal jobs from 9-5 and there would be no time for me. It also makes me look like I'm immature or not successful because I'm not doing what I actually want to do and people don't take me seriously.

- When you aren't working do you have to readjust to normal hours?
- Yeah, and it takes me awhile and it is kind of depressing too because you have to force yourself not to do some things and you miss out on a lot. Like when I visit my family I have to sleep for a whole day to catch up and I miss a lot. Or I force myself to stay awake and I feel terrible.

- Have you noticed different clientele at your work at night compared to day shifts?
- During the day it's a lot of business people and during the night it's a lot of tacky, trashy people who go there for the picture and they don't want to spend money even though it's a very pricy restaurant. They try to get things for free.

- What's the weirdest thing you've seen happen on a night shift?
- I've seen two tables of people get in a giant fist fight. Once a couple started having sex in a booth before we closed.

- What would you say the biggest way your job affects your life?
- For me I have to have consistency to feel normal and the worst part of this job is that it's so inconsistent, and every day is so different, and it's frustrating and it makes it so that I can't do what I actually want to do.

- What do you actually want to do? Are you hoping to leave the restaurant industry someday?
- Yes, very soon. I want to be a writer and producer with my own production company. But for now, it's good money.

Week three 11/11/19 - 17/11/19

Nightshift: the dangers of working around the clock



Robert lives with his girlfriend of 10 years and an attention-seeking black cat in their small flat. The 31-year-old from Nantes, France, likes reading science fiction and discussing world affairs on Reddit, the online chat room. In fact, the internet is where Robert gets most of his conversation these days. Because Robert's life is back to front.

At 4pm, while I'm at my desk daydreaming about dinner or seeing friends that evening, Robert is waking up. He starts his shift as a factory security guard at 7pm and is on duty for 12 hours, alone apart from a few truckers picking up orders. He patrols the dark and deserted site, looking for intruders; twice he's dealt with fires.

After he's driven home, Robert snacks and then spends a few hours reading. And by the time I'm wide awake and working, Robert is struggling to get to sleep at 10am. "Now I get to see the light a little," he says. "In the winter, not so much."

...

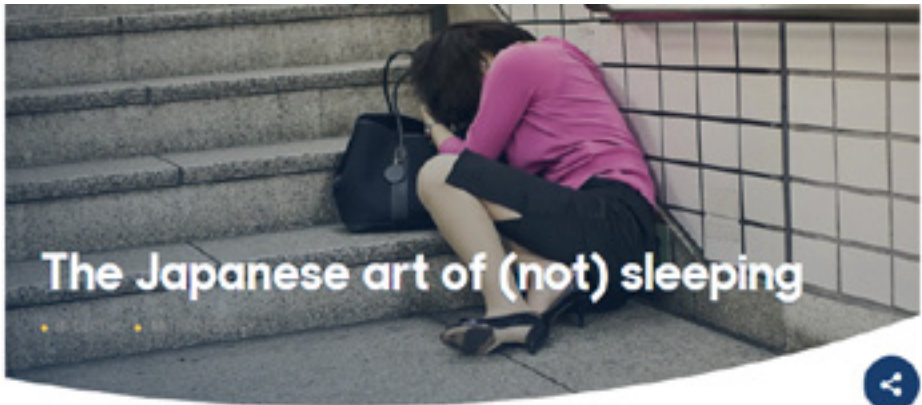
Shift work's disruptive impact on our circadian rhythms — the biological clocks in our cells — has been linked to increased infection and cancer risk and higher risk of heart disease and diabetes. It can also put pressure on relationships and lead to social isolation.


Although he can only work a 35-hour week under French law, Robert's shift pattern, which includes working every other weekend, is antisocial. "I basically lost all my friends. I can't even see them on weekends, as I work one in two, the other one being spent with my girlfriend. Sure, there are vacations, and sometimes I could make an exception and visit [friends] but, over time, I kept seeing them less and less.

...

Week three 11/11/19 - 17/11/19

Other articles



 By Brigitte Steger / Images by Adrian Storey
6th May 2016 **The Japanese don't sleep. They don't nap. They do 'inemuri'. Dr Brigitte Steger explains.**

Storey, B. (2016). The Japanese art of (not) sleeping. [online] Bbc.com.
Available at: <https://bbc.com/future/article/20160506-the-japanese-art-of-not-sleeping>

When The Food Isn't All Right On The Night Shift

December 29, 2011 9:57 AM ET

NANCY SHUTE



Rachel Zavala, a registered nurse, sets up the shift board for the night shift at the Cleveland Clinic.
-Chuck Cole/The Plain Dealer/Landov

SHUTE, N. (2011). NPR Choice page. [online] Npr.org.
Available at: <https://www.npr.org/sections/thesalt/2011/12/28/144382118/when-the-food-isnt-all-right-on-the-night-shift>

Week Four 18/11/19 - 24/11/19

Tutorial day 18/11

From articles

- . Sleep-Deprived: possible carcinogen (reduce melatonin)
- . "Basically lost all my friends". "People don't take me seriously."
- . Eating pattern: fast food, vending-machine (Type 2 diabetes)
- . In Japan: "Enemuri" sleep in public or during work
- . it's so inconsistent, every day is so different, and it's frustrating."

From first hand research (conversation)

- . Having kids or influenced by noises
 - . Different time table with all family or friends
 - . "Food for us is not the same quality they serve to guests"
 - . Sleeping commuting in trains(after work especially)
- Others:
- . Paying full attention for hours
 - . Not appropriate restroom, sleep canteen tables chairs
 - . Emotional influence: not easy, Don't be angry and anxiety especially in the Soho.
 - . No time for one's own.

Advice for night shift

- . Keep hydrated during your shift by drinking water regularly
- . Go for a short walk, and read a book or listen to music before going to sleep, as a wind down before going to bed
- . Stick to a regular sleep-wake schedule as much as you can.
- . Use good blackout blinds and eye shades to darken the room as much as possible
- . Wear dark, wraparound sunglasses and a hat to shield yourself from sunlight.
- . Don't eat or watch TV in your bedroom
- . If it's noisy, either from outside or the household, use earplugs and white noise to mask the background noise
- . Eat dinner according to time of day (7 pm), not in the middle of a shift.
- . Eat a mix of protein, whole grains, and low-fat dairy to keep energy levels up.
- . Have a light meal or snack before going to bed, and avoid fatty or spicy foods which are difficult to digest
- . Avoid caffeine or energy drinks a few hours before the end of your shift, as these stay in your system and can prevent you from getting to sleep

What can I do for them as designer?

- . Reveal the problem/ reality: telling their stories with artifact
- . Solve problem to a certain extend?
 - A design for one person's need?
 - What is the specialty for Soho?

Week Four 18/11/19 - 24/11/19

Tutorial day 18/11

Further study:

. Specific Question

Be clear: Nightworker which character? what's the detail story? Which problem?

Make choice: eg. For one character? For sleep deprivation? For emotional change?

For After hours which used down with most people?

Analyse how precedents define the research questions.

. Artifact

Define the objects inside:

Emotional funny and reveal their real detailed life stories.

Reflection:

. Online research and sketches in the Stories section in the Dairy.

. Presentation: Directly clearly important points and what i learned and felt from it.

. Time to choose come is ok to give up.

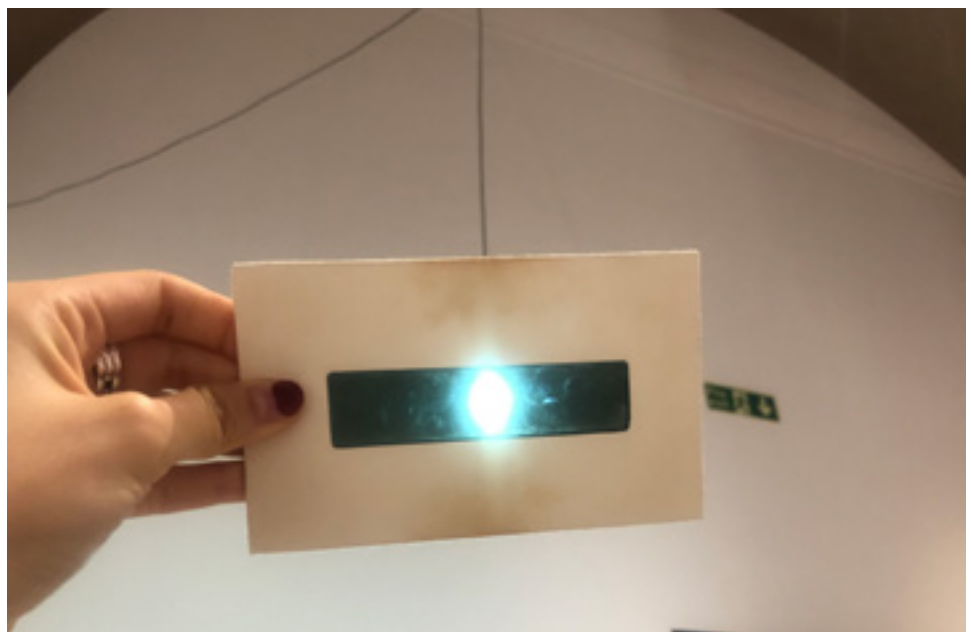
Week Four 18/11/19 - 24/11/19

Precedents: Sleep

24/7: A WAKE-UP CALL FOR OUR NON-STOP WORLD

An essential exhibition for today, exploring the non-stop nature of modern life. Many of us feel we're working more intensively, juggling too many things, blurring our public and private lives, pushing the limits of our natural rhythms of sleep and waking.





Week Four 18/11/19 - 24/11/19

Precedents: Sleep

"Napping equipment" - Jisue Park

Described by Park as a set of "napping equipment", it features the Doughnut Jumper, Inflatable Scarf and Pillow Hat. "Happy Napping started from riding on London's public transport and observing the behaviours of the sleepy commuters and tourists," she said. "This half-joke, half-serious group of napping equipment is key for those tiring journeys home, preventing awkward neck positions and general discomfort. Tired Londoners - you're welcome."

The Doughnut Jumper has two circular shapes on the chest. These plush sections make it easier for couples to nap on each other, giving them a soft place to rest their head. The Inflatable Scarf can be lifted over the head and inflated when needed, while the the Pillow Hat - described by Park as a "new archetype of the common beanie" - is surrounded by a squishy layer to give wearers a padded layer when leaning their heads against a window or seat.



Week Four 18/11/19 - 24/11/19

Precedents: Sleep

Tram stop - Kevin McCloughlin

Insomnia is one thing. Sleep deprivation is quite another. And when the days of sleep deprivation pile on top of each other, and anxiety mounts, it produces a very surreal hallucinatory state. I underwent roughly a week's worth of it once, and my sense of time and space collapsed, as did my ability to even process the garden variety reality we all take for granted. Filmmaker Kevin McCloughlin, who regularly bends time and space in his videos, is now exploring this subject in a series of experimental self-initiated works he is calling Cathemeral.

The first entry, Tram Stop, features an anxiety-producing oscillations between day and night time, as seen from the back of a tram in Poznan, Poland. As he explains, the work creates a visualization of the restlessness and confusion brought on by anxiety and sleep deprivation.



Week Four 18/11/19 - 24/11/19

Questions

- . Having kids or influenced by noises (sleep deprive)
- . Different time table with all family members
- . "Food for us is not the same quality they serve to guests"
- . Sleeping commuting in trains(after work especially)
- . Not appropriate restroom, sleep canteen tables chairs.
- . Emotional influence: "It's not easy, for you not to be angry and nervous."
- . No time for one's own.



- . Space for having rest
clam down
being along

How to design a real resting space night shift workers.



How to design a space for night shift workers having real rest after their work without disturb.



How to design a space for night shift workers where can doing nothing in the morning time of the Soho.



- Who are those night shifter? (Securities?)
- What is "doing nothing"? (no work, no disturb, no concern in mind)
- What are the conditions for "doing nothing"?
- Is there any exting place designed for doing nothing?
- What happen in the morning time (off-hour after of night-shifters) in the Soho? (Pop-up?)
- When is off-hour after for night-shifters, what they real do? (choose character?)

Week Four 18/11/19 - 24/11/19

Inspiration

How to do nothing - Jenny Odell

"In the most basic sense, that's because I largely wrote this talk in the rose garden. But it's also because as I wrote it, I realized that the garden encompassed everything that I'm going to talk to you about, which is the practice of doing nothing, but also the architecture of nothing, the importance of public space, and an ethics of care and maintenance. And: birds.

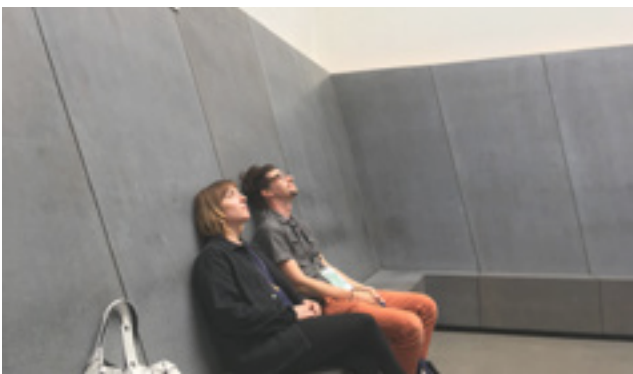
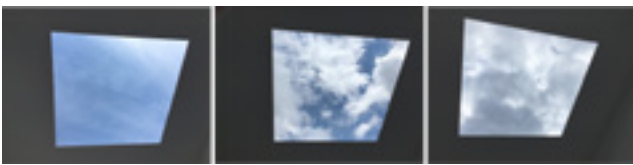
...

*What I would do there is nothing. I'd just sit there. And although I felt a bit guilty about how incongruous it seemed — beautiful garden versus terrifying world — it really did feel necessary, like a survival tactic. I found this necessity of doing nothing so perfectly articulated in a passage from Gilles Deleuze in *Negotiations*:*

... we're riddled with pointless talk, insane quantities of words and images. Stupidity's never blind or mute. So it's not a problem of getting people to express themselves but of providing little gaps of solitude and silence in which they might eventually find something to say. Repressive forces don't stop people expressing themselves but rather force them to express themselves; what a relief to have nothing to say, the right to say nothing, because only then is there a chance of framing the rare, and ever rarer, thing that might be worth saying."

What Did she do?

1. making nothing: "I painstakingly removed the ground from photomerged screen shots of infrastructural sites on Google Earth, pretty much solely so that people could consider them more carefully, or at all." (repetition)
2. the architecture of nothing



labyrinths in Lindisfarne, Scotland (photo Lesley Wilson)

Odell, J. (2017). how to do nothing. [online] Medium.

Available at: https://medium.com/@the_jennitaur/how-to-do-nothing-57e100f59bbb

Week Four 18/11/19 - 24/11/19

Precedents: Artifact: Unfitbits - Tega Brain and Surya Mattu

Unfitbits - Tega Brain and Surya Mattu

From Unfitbits Website:

Does your lifestyle prevent you from qualifying for insurance discounts?

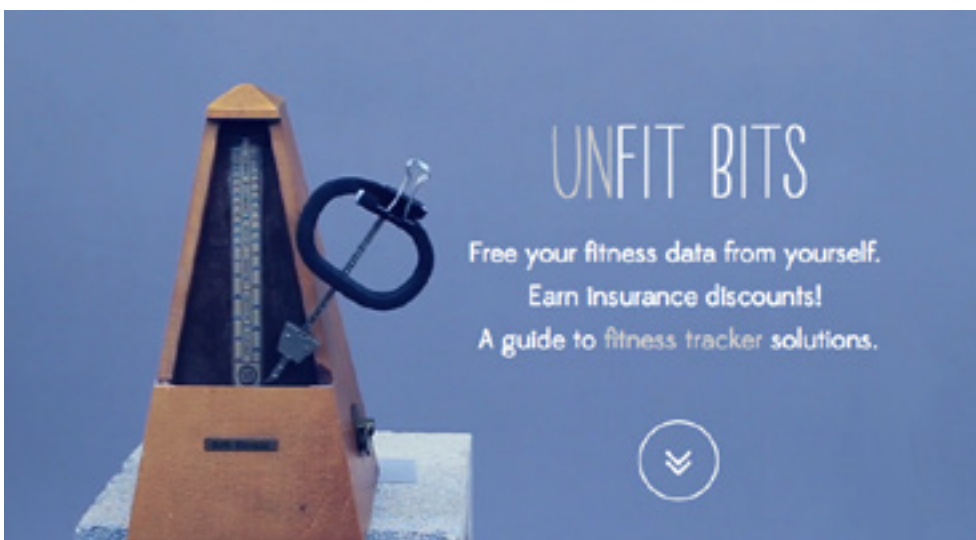
Do you lack sufficient time for exercise or have limited access to sports facilities?

Maybe you just want to keep your personal data private without having to pay higher insurance premiums for the privilege?

Unfit Bits provides solutions. At Unfit Bits, we are investigating DIY fitness spoofing techniques to allow you to create walking datasets without actually having to share your personal data. These techniques help produce personal data to qualify you for insurance rewards even if you can't afford a high exercise lifestyle.

Our team of experts are undertaking an in-depth Fitbit Audit to better understand how the Fitbit and other trackers interpret data. With these simple techniques using everyday devices from your home, we show you how to spoof your walking data so that you too can qualify for the best discounts. Our new range of desktop fitness devices are also available on this site.

Free your fitness. Free yourself. Earn Rewards.



Week Four 18/11/19 - 24/11/19

Precedents: Artifact: Object for Lonely Men / Accessories for Lonely Men- Noam Toran

Design for Personalities and emotion in Anxious Times
Visualize loneliness by montage two stories.



No service system for them.



No-man needed service? . Vending-Maching?



No in Soho
No appropriate stuff for night shift worker



They "vend" Sleeping night, get money from 24/7 economic system.



Night shift problems:
food
sleep
connection
...



speical vending machine for night.



Sleep Diprivated derive another point for comercial profit: quality bed, deep sleep spray...



24/7 consumerism derive night shift jobs

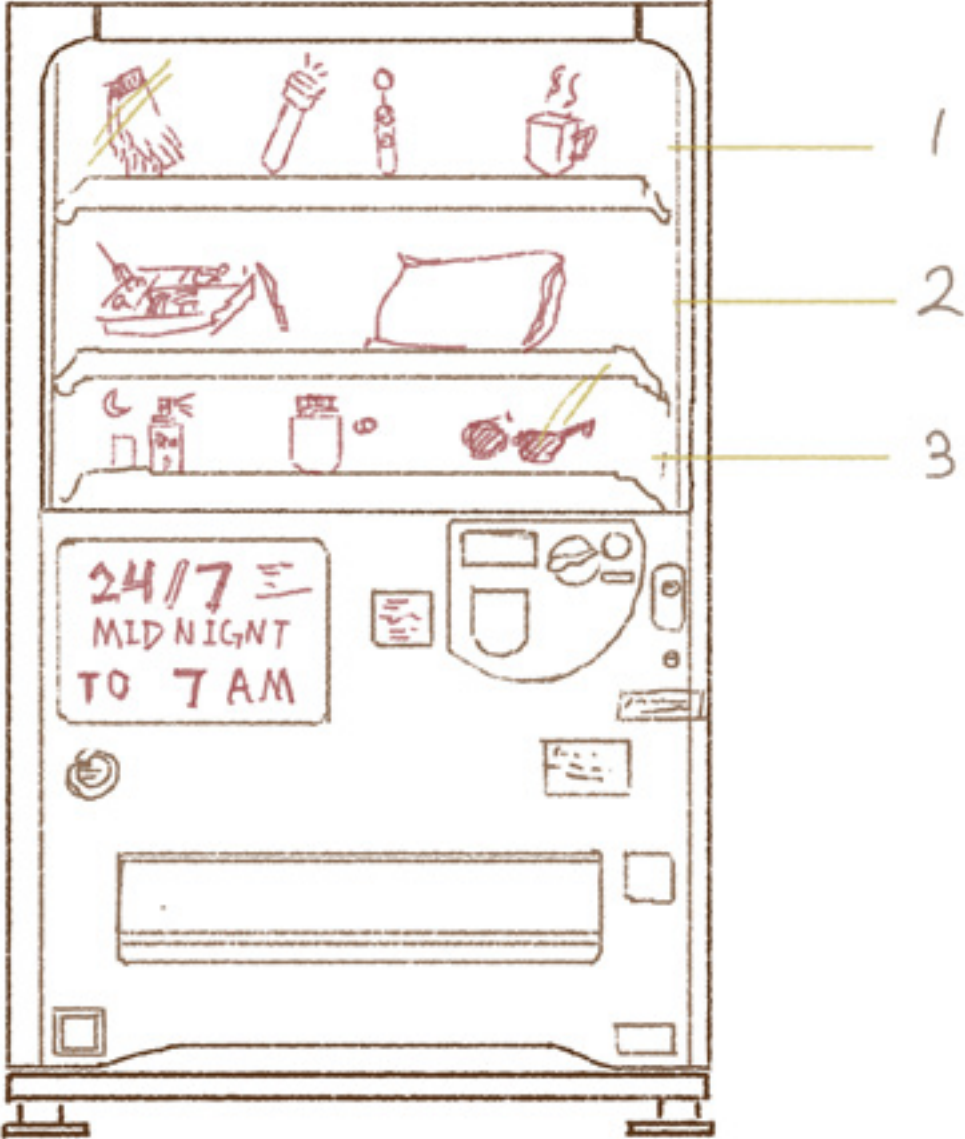


Symbol of 24/7



Week Four 18/11/19 - 24/11/19

Artifact Ideas: Night-time Vending Machine



Week Four 18/11/19 - 24/11/19

Artifact Ideas: Night-time Vending Machine

Combination two elements creating ridiculousness?



Two elements revealing nightshifter stories:
Time and used objects during night work



Week Four 18/11/19 - 24/11/19

Artifact Ideas: Sleep elements



Week Five 25/11/19 - 01/12/19

Tutorial day 25/11

Further study:

- . Slide presentation
- . thinking about artifact that can conclude every aspect

Reflection:

- . Using full time for presentation
- . alla about communication
- . clear thoughtful and easy

1



① From *Jorney* com
DOES *Jorney* SULTO EVER STOP?



From 9 to 12am, 94 people on streets, 31.2% people were smoking most of them working in this area, 4 group activities.

*one point = one persone

00	Blue	Rain
00	Red	Eating
00	Black	Homelessness
01	Purple	Drinking
06	Brown	Others
08	Dark Grey	Coffee
13	Green	Talking

② 24 hrs staying:
Find Answer it doesn't stop!

3

3

Night time workers

What they real deal. Along 24 hrs.



23:00
Eating
Lighting
Window Sill: Table



Waste: Cigarette
Wall: Bin



Waste: Beer
Window Sill: Table

MARIS
Girl Robot.
THE BOUNCER
STORE BOARD (GOOD LOOK)

cafeterias /
What's the real Breaktime
Room.
Research.

Highlight
right
staff members.

~~... 27% ... 100%~~
Soto / London / UK
world /

of alternative
existing design
or real life.
Breaktime
Rest example in public space

QUESTION

Week Six 02/12/19 - 09/12/19

Review day, 05/12

REFLECTION:

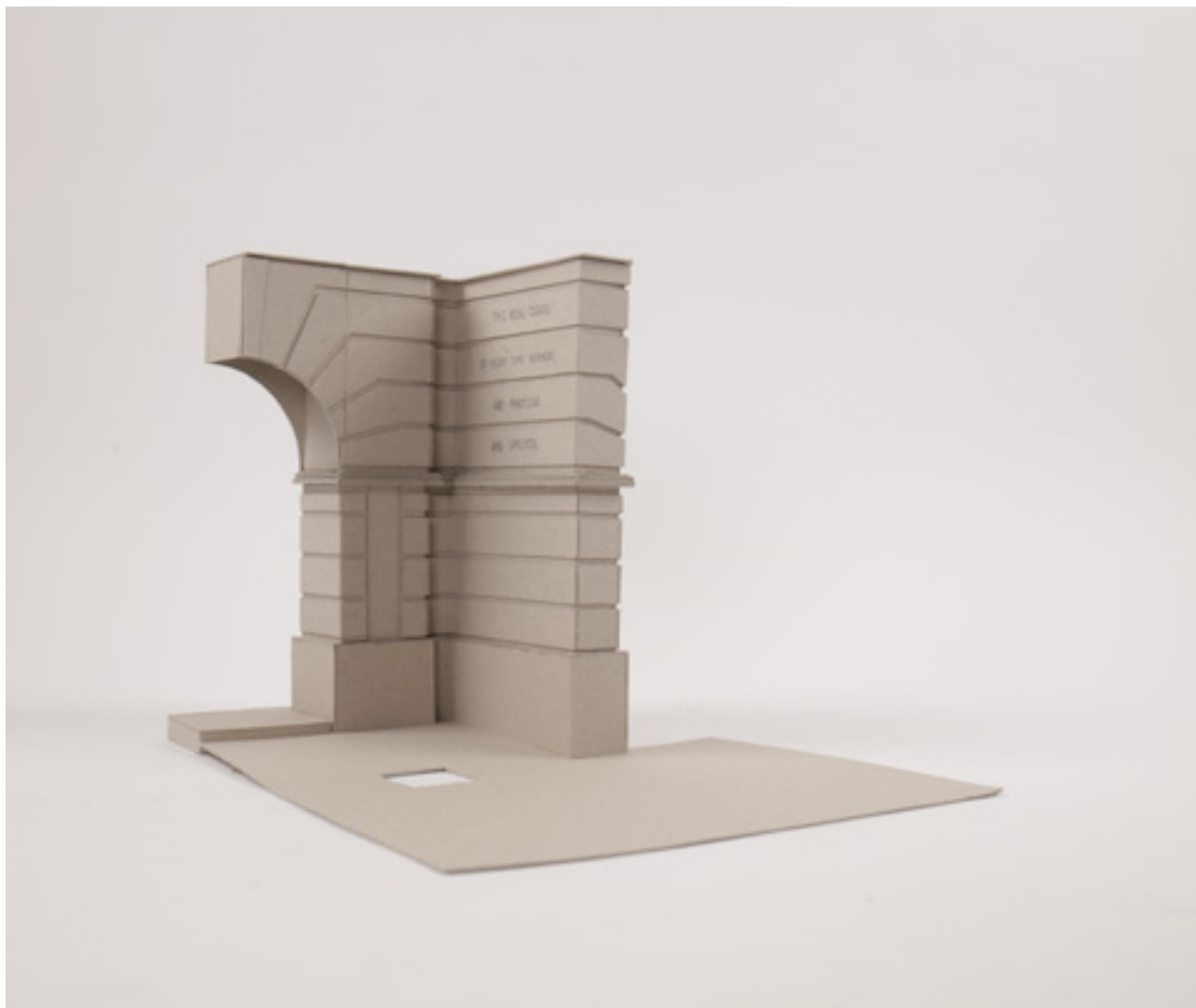
- . Anytime before going to a conclusion, re-ask yourself, be curious.

FEEDBACK FORM GUESTS:

- . Choose a specific occupation of night workers
(eg. cabman's shelter, get know about this precedent, how's that working?)
- . Their needs, potentially, can not be a physical space (menu for the night in Soho)
- . A deeper understanding of a specific occupation's 24 hrs daily life.
- . The scenario is too specific or not specific enough.
- . Other directions?
eg. in Rough Night research book shows an example: the different journeys between daytime workers and night-time workers. Get to understand the pressure and 'confliction'.
- . What's the scope of the project? (want to reveal to question to assessment?)
- . Need to question: What you are provoking in that you noticed? (proposition)
- . Need to an award of the big issues (bit suffering lifestyle)
- . How is the Canmans' shelter working? What's the strategy?
- . May become more realistic strategies for a different occupation.
eg. one realized to test others in a manual
- . Very necessary to test, might fail but all questions come out of this.
- . The tone of the project is important,
eg. choosing The young foundation as the client kind of having the tone that you are going to improve a lot.
Or raising awareness tone? An extreme answer to provoking (eg. South Korea hotel)
- . Artifact: provocative ask questions (not the actual design)

Week Six 02/12/19 - 09/12/19

Study day, 08/12, 1:20 Sketch model photo



Site model

Week Six 02/12/19 - 09/12/19

Study day, 08/12, 1:20 Sketch model photo



Site model with sketch model of the first artifact idea

Week Six 02/12/19 - 09/12/19

Study day, 08/12, Material tests



Artifact material test for the Wip show

Week Six 02/12/19 - 09/12/19

Study day, 08/12, Material tests



Artifact material test for the Wip show

Week Seven 09/12/19 - 13/12/19

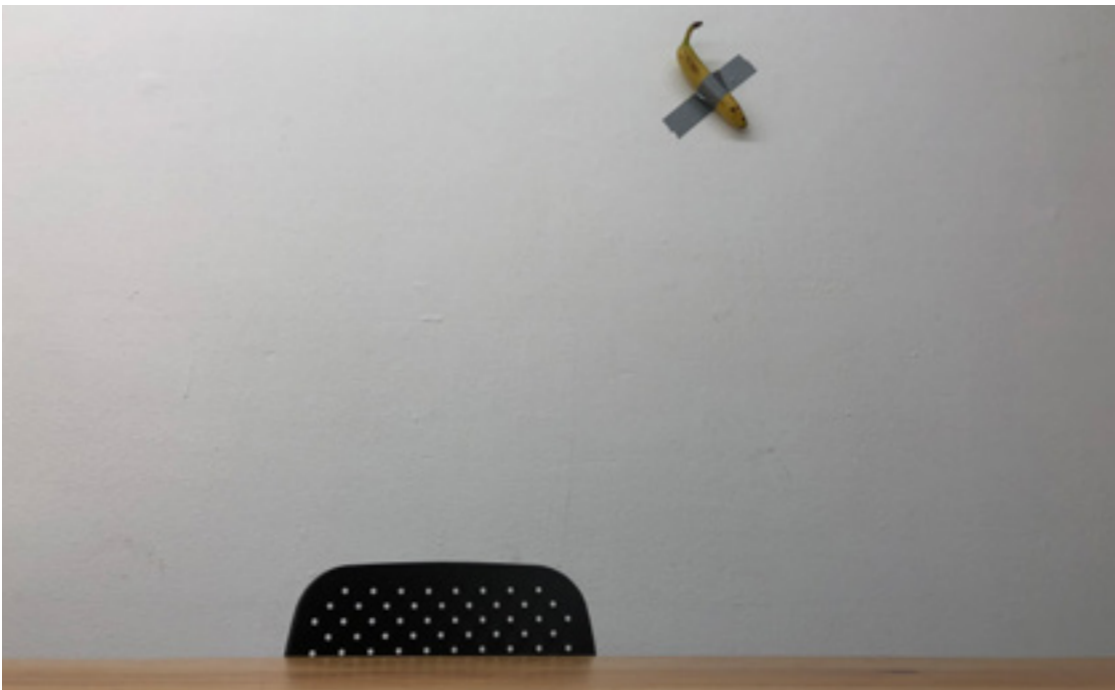
Tutorial day, 09/12

REFLECTION:

- . " Reflection is about what I've learned."

ACTION:

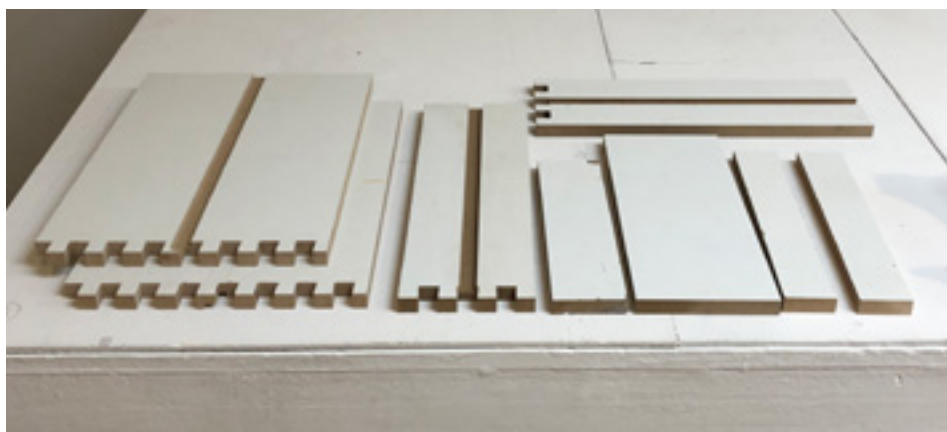
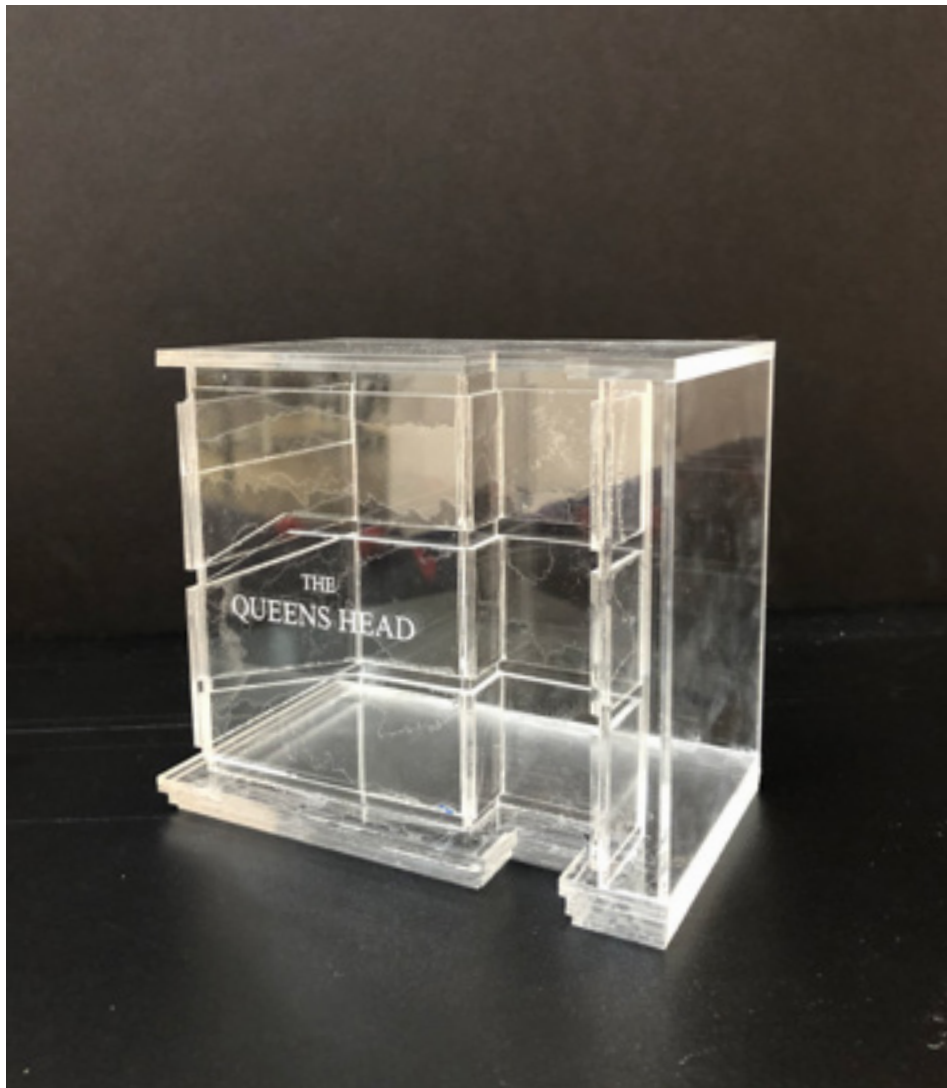
- . Rethink about how to use new diary.
- . Study Cabman's' shelters in detail.
- . Find useful precedents about hyper commercialism (Artworks)
- . Sketch about Artworks
- . Find client
- . Precedents for "magazine" or manual



Tutorial space

Week Seven 09/12/19 - 13/12/19

Study day, 10/12, 1:10 Testing model for casting mould



Week Seven 09/12/19 - 13/12/19

Study day, 11/12, Precedents: Cabman's shelters

In the nineteenth century, London's cab drivers were legally required to stay with their horse and carriage while at a cabstand, come rain or shine. As a result, it was difficult for them to get hot meals or shelter, apart from finding a nearby public house and getting someone to guard their cab (for a price).

In an attempt to lower the cabdriver's temptation to drink on the job, the social reformer, the 7th Earl of Shaftesbury and a group of fellow philanthropists, took it upon themselves to set up the Cabmen's Shelter Fund. Between 1875 and 1914, the Fund built about 60 shelters in London. Because the shelters stood on a public highway, the police stipulated that they had to be no larger than a horse and cart.

These shelters managed to cater to about a dozen men at a time. Offering drivers a dry (in every sense of the word) place to rest and eat, these basic canteens each had a working kitchen, seats and tables, and a selection of books and newspapers - most of which were donated by the publishers or other benefactors. Gambling, drinking, and swearing was strictly forbidden.

To this day the shelters operate in much the same way as when they were established. The remaining shelters still provide cabbies with a place to rest and purchase a hot meal cooked by the shelter manager. Entrance to the inside of the shelter is reserved strictly to black cab license holders, however, non-license holders can often be served from outside at the hatch.

Open from 7 - 13



The 'Green shelter' next to the Palace gate

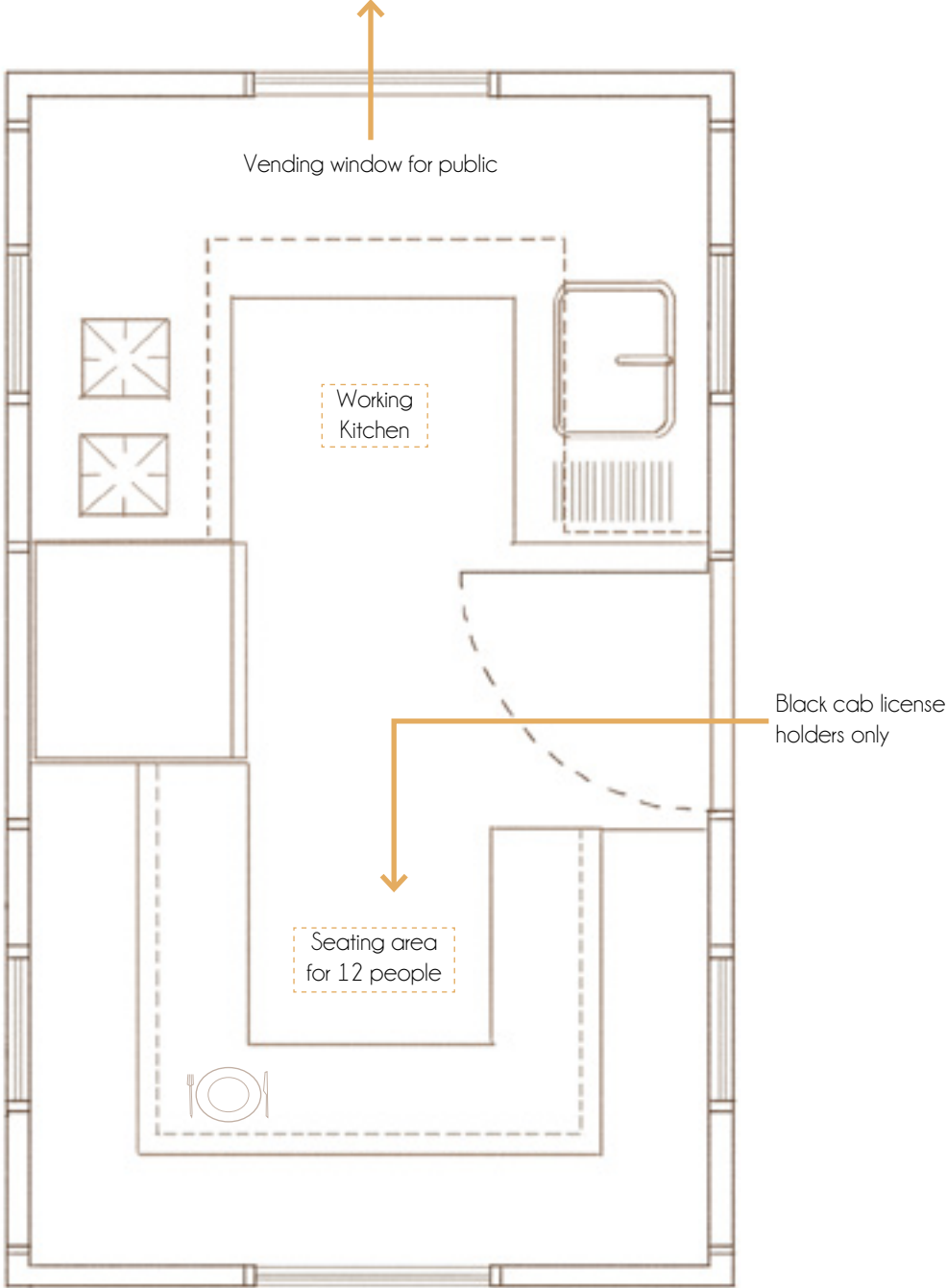
Week Seven 09/12/19 - 13/12/19

Study day, 11/12, Precedents: Cabman's shelters



Week Seven 09/12/19 - 13/12/19

Study day, 11/12, Precedents: Cabman's shelters



"No larger than a horse and cart"
Cabman's shelter near by the Palace Gate

Week Seven 09/12/19 - 13/12/19

Study day, 11/12, Precedents: Artworks about commercialization

Andy Warhol famously appropriated familiar images from consumer culture and mass media, among them celebrity and tabloid news photographs, comic strips, and, in this work, the widely consumed canned soup made by the Campbell's Soup Company.

Though Campbell's Soup Cans resembles the mass-produced, printed advertisements by which Warhol was inspired, its canvases are hand-painted, and the fleur de lys pattern ringing each can's bottom edge is hand-stamped. Warhol mimicked the repetition and uniformity of advertising by carefully reproducing the same image across each canvas. He varied only the label on the front of each can, distinguishing them by their variety. Warhol said of Campbell's soup, "I used to drink it. I used to have the same lunch every day, for 20 years, I guess, the same thing over and over again."



Campbell's Soup Cans 1961/1962 - Andy Warhol

Week Seven 09/12/19 - 13/12/19

Study day, 11/12, Precedents: Artworks about commercialization

Entitled "Hassan Sharif Studio (Supermarket)", the installation in the central pavilion of the Giardini reproduces the display of hypermarkets. Yet there are no ordinary products on the shelves, but very unusual and surprising ones, even though they are made with extremely ordinary materials.

The products showcased at the Venice Biennale represent thirty years of creation: the oldest work is dated around 1986, but the pieces are not displayed chronologically or divided in materials, all the types of accumulations and aggregates are indeed grouped with no special category classifying them. Recontextualized and applied to other countries, Sharif's works recreate our collective exercises in consumption and the way we often buy a lot of products we don't need and we systematically throw them out.

The pieces could also be used as a metaphor about modern art and biennale events that quite often turn into big supermarkets in which we see a lot of products that couldn't be possibly classified as art but that come with a hefty price tag. Apart from being intriguing ways to turn the ordinary into something extraordinarily unordinary, Sharif's works represent an ironic form of resistance to a system based on consumption and consumerism.



Hassan Sharif Studio (Supermarket) 1990 / 2016 - Hassan Sharif

Week Seven 09/12/19 - 13/12/19

Study day, 11/12, Precedents: Artworks about modern lifestyle

'I can't understand why most people believe in medicine and don't believe in art, without questioning either.'
--- Damien Hirst, 1997



The Void, 2000 - Damien Hirst

Week Seven 09/12/19 - 13/12/19

Study day, 11/12, Precedents: Artworks about modern lifestyle

Fast Food Aid is a laboratory-like shop that serves vitamin supplements to junk food lovers. Billed as the "world's first supplement shop for fast foods", Fast Food Aid was designed by creative director Ikkyu and Junya Sato of design studio Kaibutsu. It offers tablets to replace the missing nutrients from foods such as hamburgers, pizza and ramen. The pills are free, all customers have to do is trade in the receipt from their latest fast-food purchase, and each supply comes with professional advice about the health issues associated with these foods.

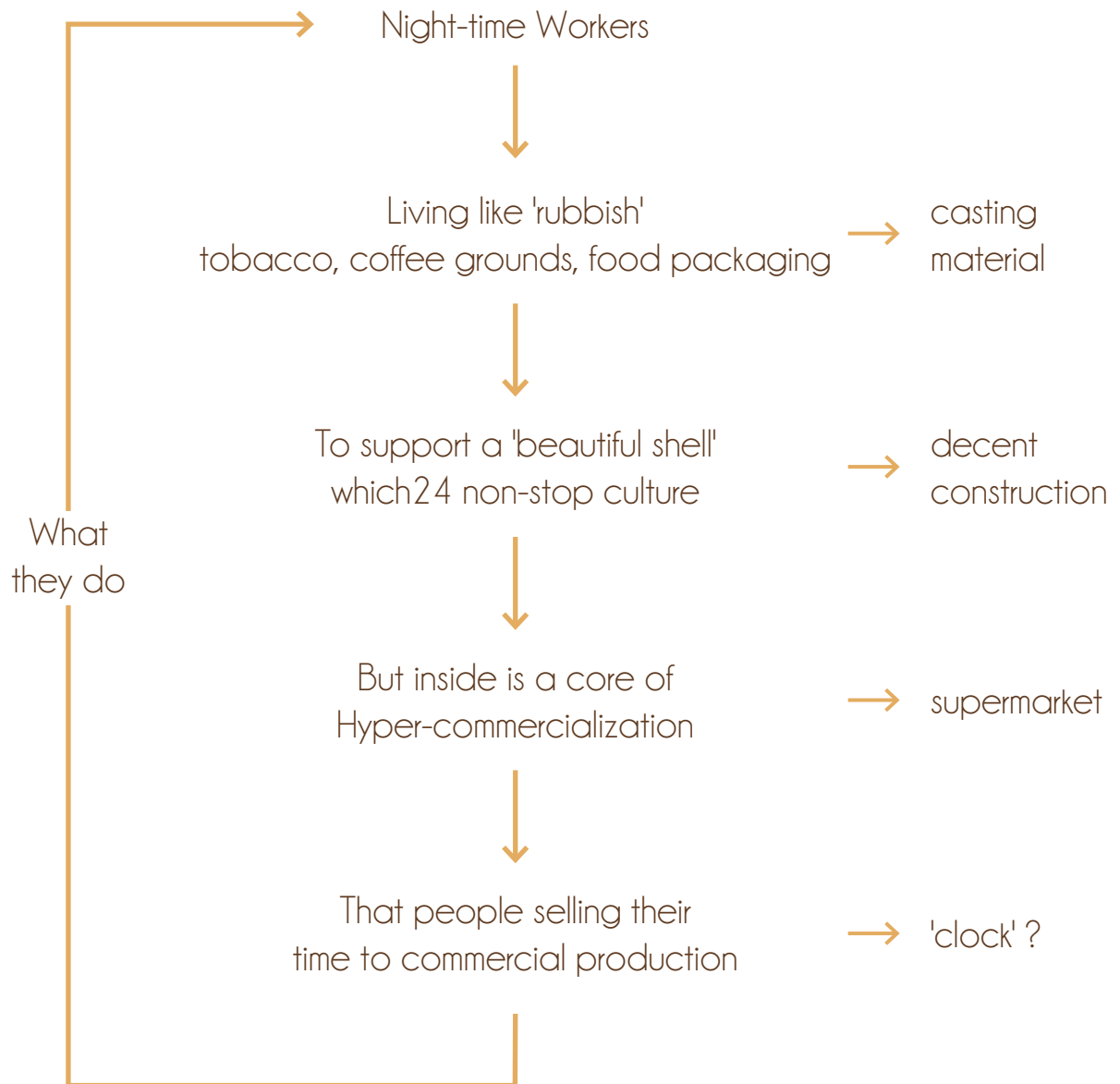
But the shop is not all it seems – the designers created it on behalf of Dohtonbori, a restaurant that sells organic, healthy fast food. Its aim is to educate people and discourage them from choosing non-nutritional meals.



Fast Food Aid 2016 - Ikkyu and Junya Sato

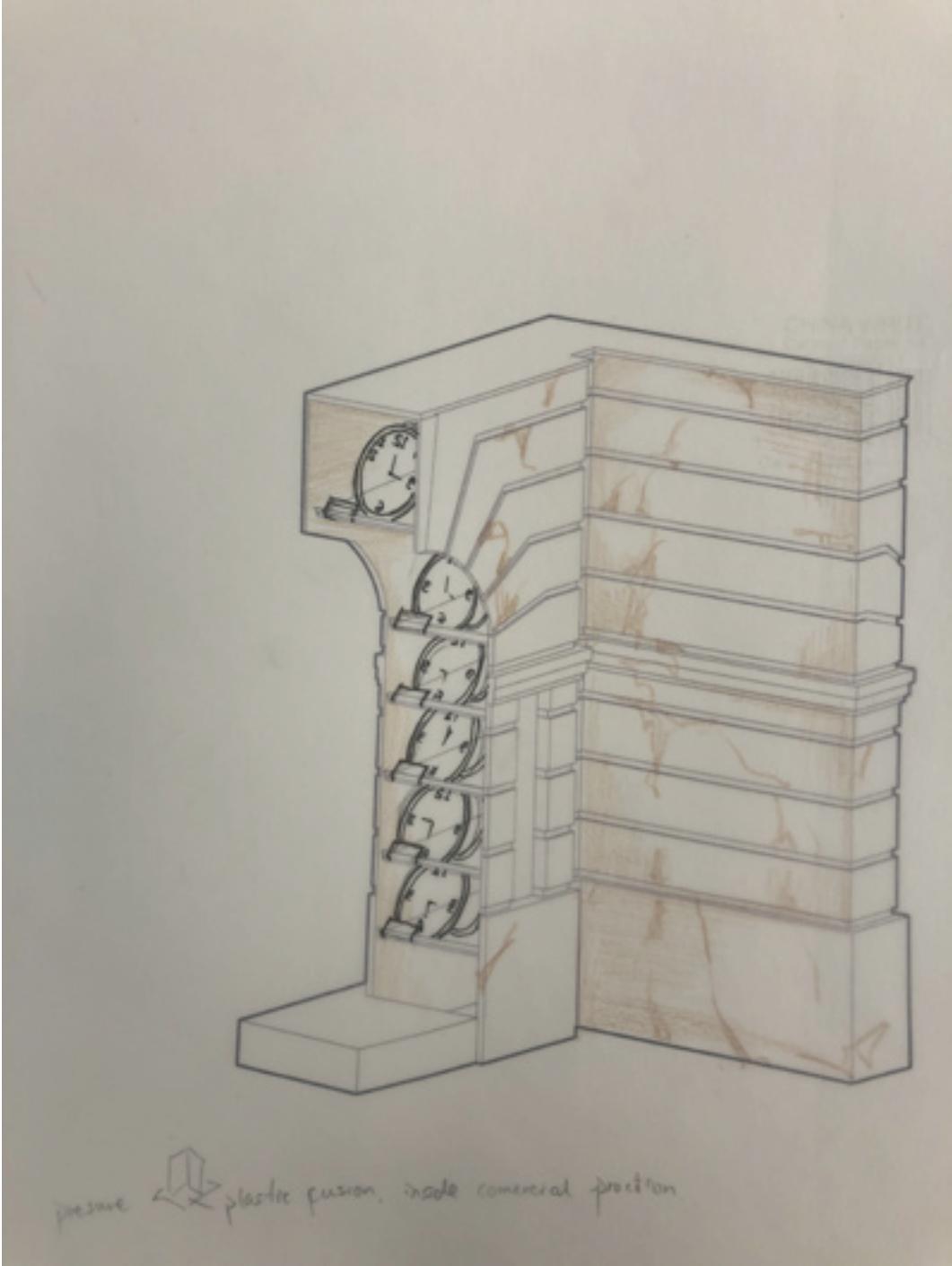
Week Seven 09/12/19 - 13/12/19

Study day, 12/12, Idea of Artifact



Week Seven 09/12/19 - 13/12/19

Study day, 12/12, Idea of Artifact



Week Seven 09/12/19 - 15/12/19

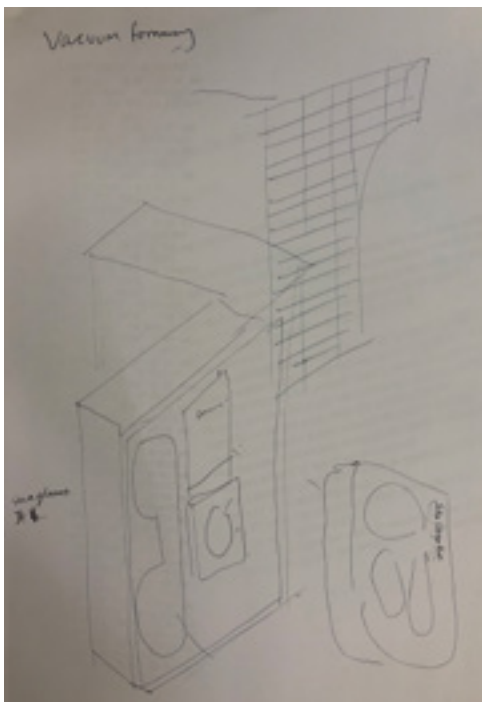
Tutorial day 13/12

REFLECTION:

- . Don't forget to record and reflect on old ideas.

ACTION:

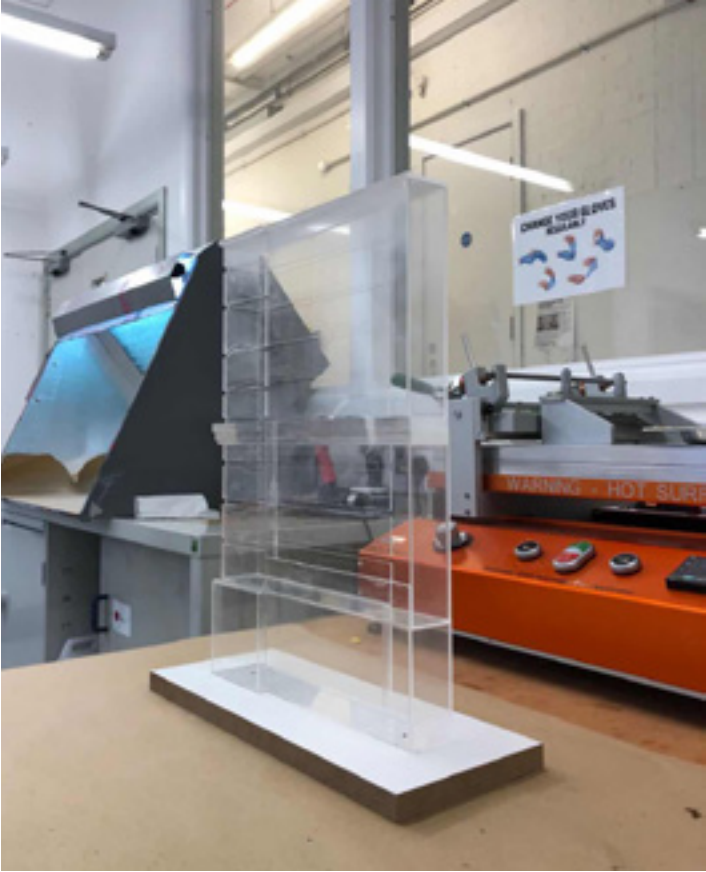
- . Start making artifact. (sleep kits, casting mold)
- . Improve project question.
- . Find clients.
- . Start "magazine".



Discussing Artifaction with tutors

Christmas holiday, 02/12/19 - 09/12/19

Making days, 02/12 - 09/12, Working process of artifact



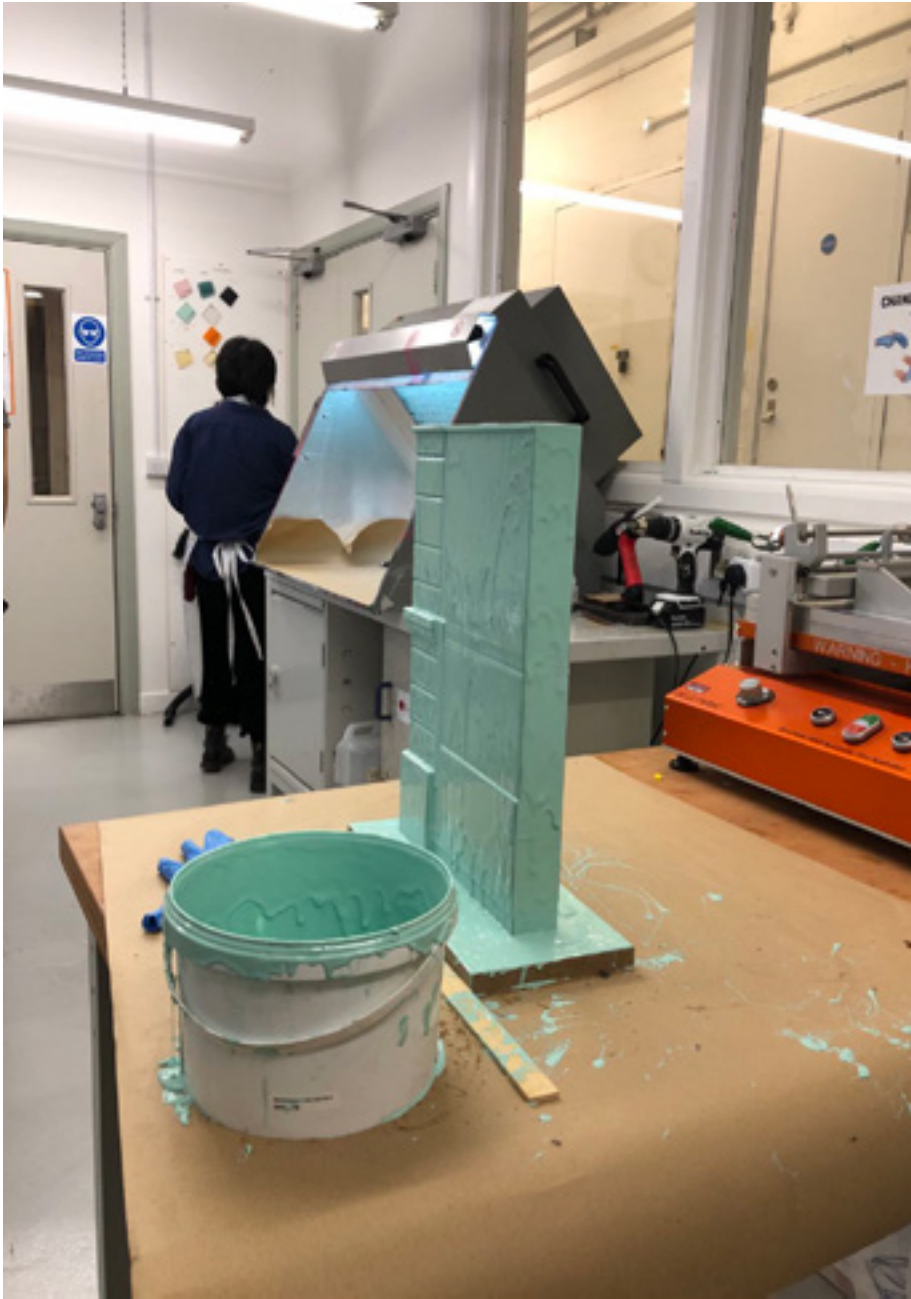
Making the male mold



Making female mold in progress

Christmas holiday, 02/12/19 - 09/12/19

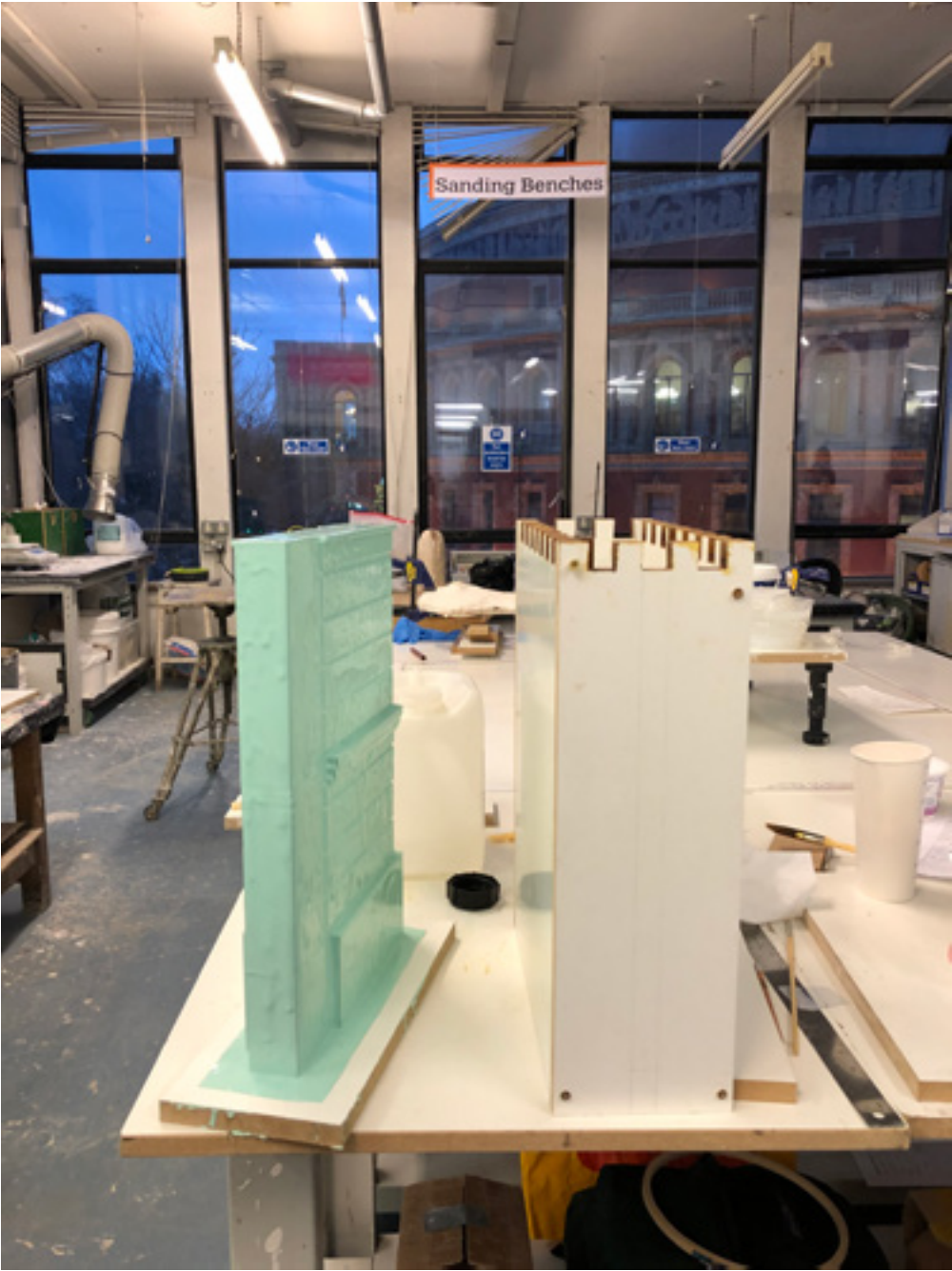
Making days, 02/12 - 09/12, Working process of artifact



The first silicon layer of the female mold

Christmas holiday, 02/12/19 - 09/12/19

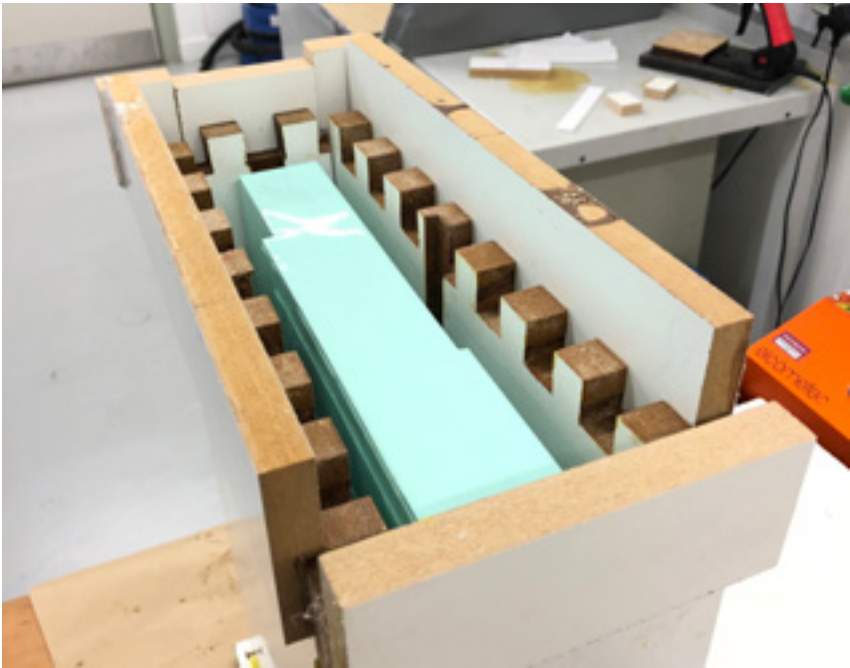
Making days, 02/12 - 09/12, Working process of artifact



Making the jacket for the female mold

Christmas holiday, 02/12/19 - 09/12/19

Making days, 02/12 - 09/12, Working process of artifact



Preparing the jacket so as to pour the second layer of Silicon in the Jacket

Christmas holiday, 02/12/19 - 09/12/19

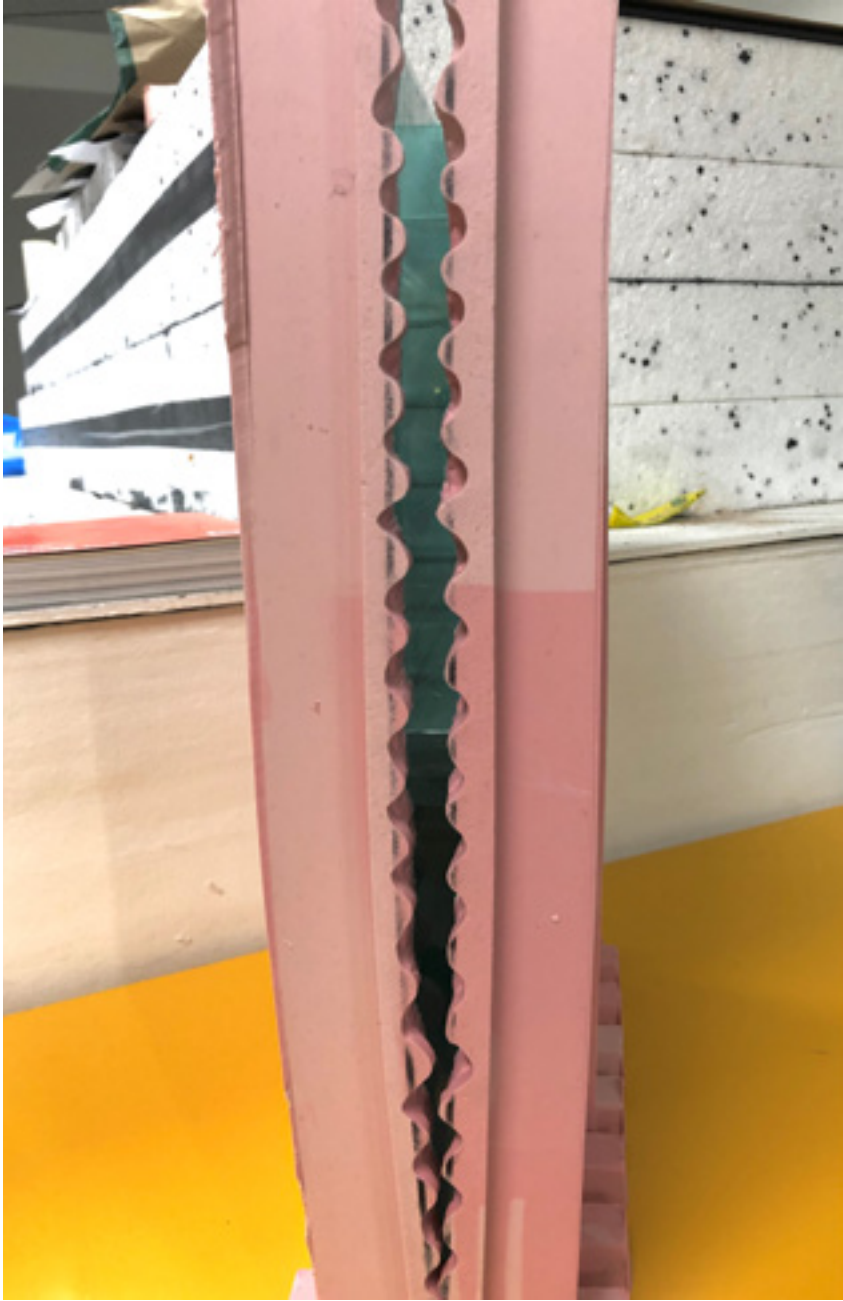
Making days, 02/12 - 09/12, Working process of artifact



Jacket opened ready for cutting the mold

Christmas holiday, 02/12/19 - 09/12/19

Making days, 02/12 - 09/12, Working process of artifact



Silicon female mold cut open

Christmas holiday, 02/12/19 - 09/12/19

Making days, 02/12 - 09/12, Working process of artifact



Detail of the Silicon female mold

Week Eight 13/01/20 - 19/01/20

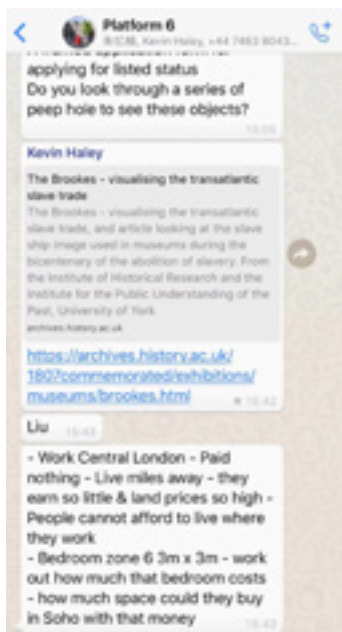
Tutorial day 13/01

REFLECTION:

- . Find out the appearance issues and THINK the essential reason of it.

ACTION:

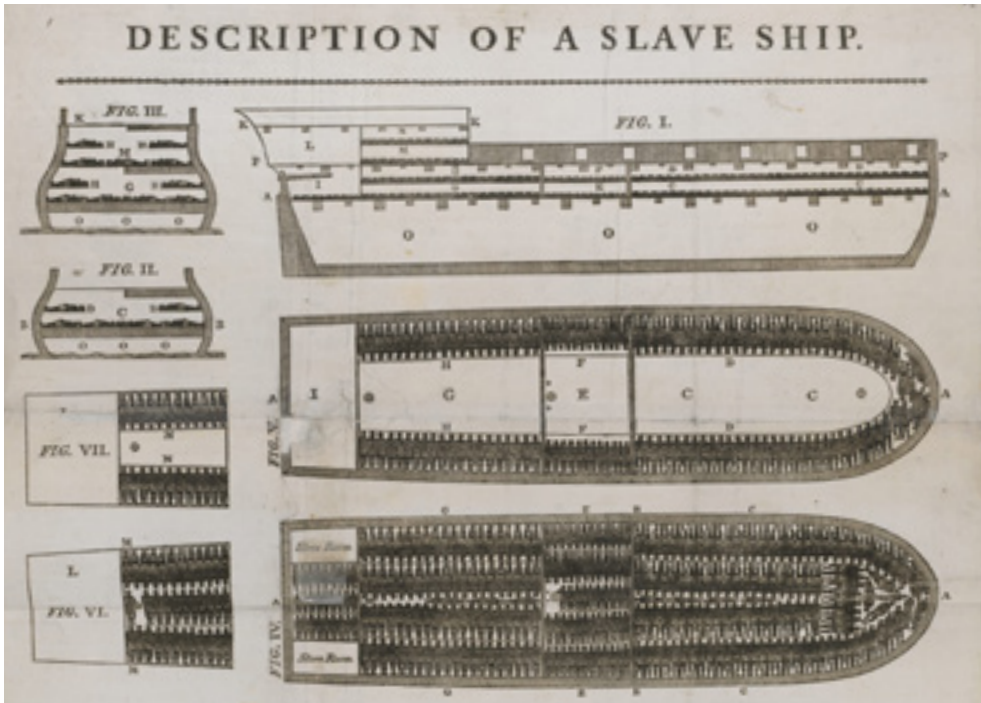
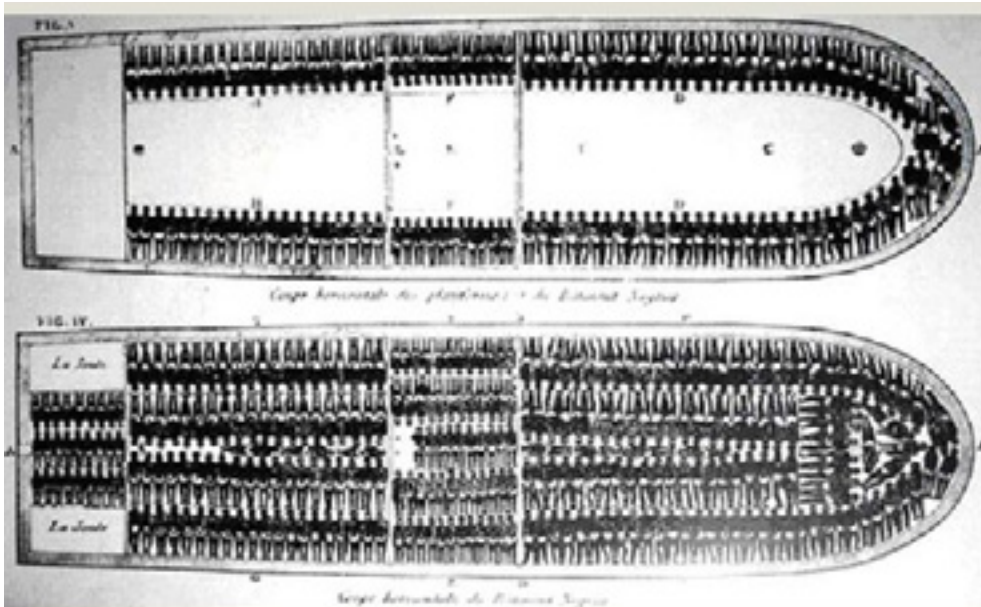
- . Find out the difference in rent price between Zone 7 and Soho
- . Artifact: Re-plan the backside of the walls
- . Update the pitch (Commuting part)
- . Consultat with Technicians



The notes and tutorial space on 13 / 01

Week Eight 13/01/20 - 19/01/20

Study day, 14/01, Precedents: Shocking image of serious information



The shocking image of The Brookes ship (1789) Start research of land prices

Week Eight 13/01/20 - 19/01/20

Study day, 14/01, Research of land price

Exporation of current rental in district 7 and Soho. Average comparison.



1 bed flat to rent

High Street, Rickmansworth WD3

£1,075 pcm [Tenancy information](#)

£248 pw



Trend & Thomas

☎ 01923 634164

Email agent

☆ Save



1 bed flat to rent

6 Archer St, Soho, London W1D

Just added **Student friendly**

£4,745 pcm [Tenancy information](#)

£1,095 pppw



Student Luxe

☎ 020 3641 8171

Email agent

☆ Save



Start research of land prices

Week Eight 13/01/20 - 19/01/20

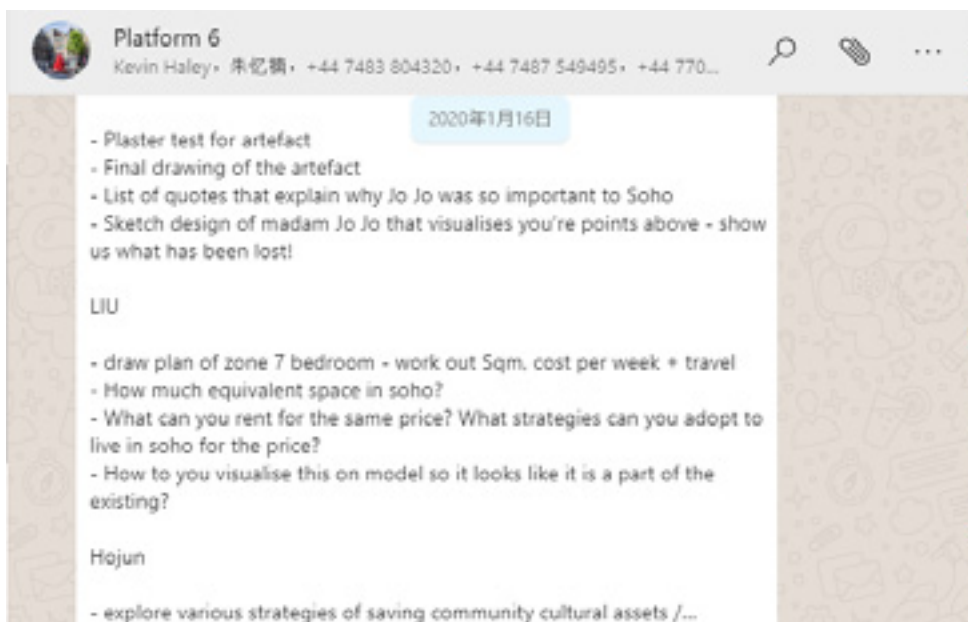
Tutorial day, 16/01

Reflection:

- . Researching in a clear way

Action:

- . Calculate the rent in Zone 7 and Soho
- . Compare and visualize the difference between Soho and Zone 7
- . What other strategies could one consider?



The tutorial notes on 16 / 01

Week Eight 13/01/20 - 19/01/20

Study day, 17/01, Sample survey of average rent in Zone 7

Rental comparison on different flats

01

$231\text{pw} / 46\text{sqm} = \text{£}5.022\text{pw}$,

Bed: $4.07 \times 2.90 = 11.803$ + Bath: $3.5 = \text{£}15.303$

02

$208\text{pw} / 28\text{sqm} = \text{£}7.42\text{pw}$

Bed: $2.4 \times 2.5 = 6$ + Bath: $2.83 = \text{£}8.86$

03

$248\text{pw} / 32.9\text{sqm} = \text{£}7.5\text{pw}$

Bed: $2.8 \times 2.7 = 7.56$ + Bath: $2.72 = \text{£}10.16$

04

$242\text{pw} / 46\text{sqm} = \text{£}5.26\text{pw}$,

Bed: $3.7 \times 3.6 = 13.32$ + Bath: $3.55 = \text{£}16.87$

05

$254\text{pw} / 47.3\text{sqm} = \text{£}5.36\text{pw}$,

Bed: $3.6 \times 2.7 = 9.72$ + Bath: $2.97 = \text{£}12.69$

Average:

$\text{£}6.1 = 1\text{sqm}$

Bed+Bath= $12.78\text{sqm} = \text{£}77.9\text{pw}$

Total: $\text{£}117.9\text{pw}$ (including $\text{£}40$ transport fee)

Week Eight 13/01/20 - 19/01/20

Study day, 17/01, Sample survey of average rent in Soho

Rental comparison on different flats

01

$1095\text{pw} / 56.86\text{sqm} = 19.36\text{pw}$

02

$845\text{pw} / 29.71\text{sqm} = 28.44\text{pw}$

03

$520\text{pw} / 37.1\text{sqm} = 14.02\text{pw}$

04

$415\text{pw} / 45.7\text{sqm} = 9.08\text{pw}$

05

$295\text{pw} / 25\text{sqm} = 11.8\text{pw}$

Average

$\underline{\pounds 16.65 = 1\text{sqm}}$

Transport fee: 0 pw (30min walk everyday)

Rooms for Rent in Soho up to £118

Search

- Rooms for Rent
- Rooms Wanted
- Buddy ups

Where?

Soho

This area only

Sorry, no matching adverts found

[Save search for alerts](#) [Refine search](#)

Nothing found, try broadening your criteria...

- 152 matches found for **Soho**, up to £118pw
- 4 matches found for **Soho + 1 mile radius**, up to £118pw
- 105 matches found for **Soho + 3 mile radius**, up to £118pw

Week Eight 13/01/20 - 19/01/20

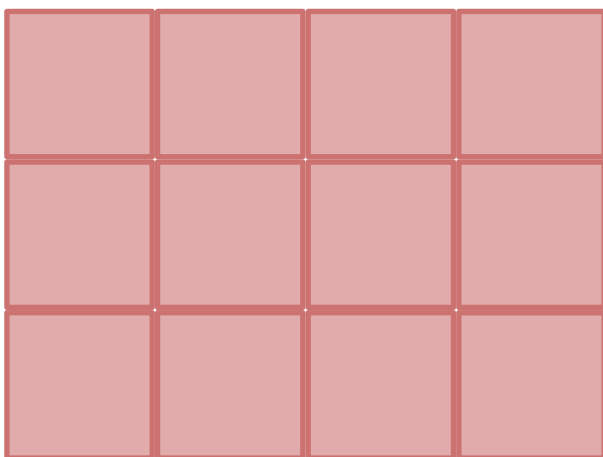
Study day, 18/01, Comparison of between Zone 7 and Soho

	ZONE 7	SOHO
Average area of Bedroom + Bathroom	12.8 sqm	18.8 sqm
Average price per Square meter(weekly)	£ 6.1	£ 16.7

	ZONE 7	SOHO
Fee of accomadation		
Average price of Bedroom + Bathroom	£ 77.9	£ 314
Commuting cost (weekly)	£ 40	£ 0
Subtotal of renting price) (weekly)	£ 118	£ 314

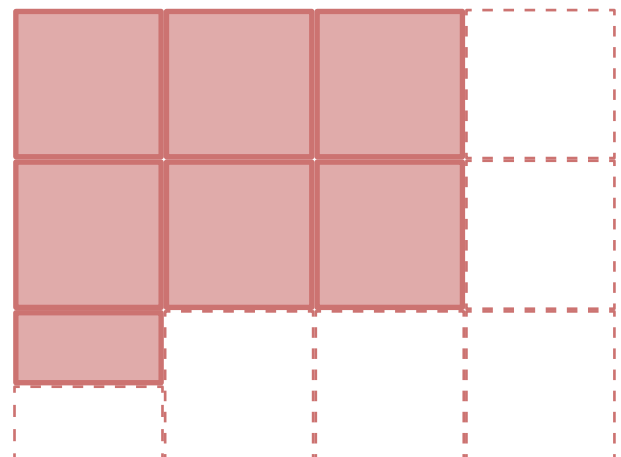
Comparison

ZONE 7



12.8 sqm
£ 118

SOHO



7 sqm
£ 118

Week Eight 13/01/20 - 19/01/20

Study day, 18/01, Alternative strategies for living in Soho

A: Sharing flat

Shared Room with other person available in Central London,Victoria £20 PW

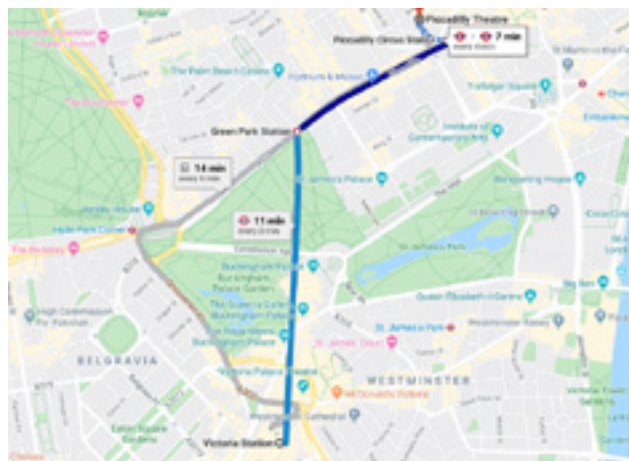
Roomshare: London

£20.00pw



The Flat is located in heart of central London Victoria SW1 area just within walking distance of 10 minutes to Victoria station. I'm looking for honest, clean and tidy (Roommate) to share room and prefer student or part time working for very symbolic amount just (£20 a week) as I'm really looking reasonable person that have some free time to look after my flat because I'm traveling a lot, if you interested please contact me with a bit of information about yourself and please your name, nationality, gender, and your contact number. I will only reply to emails that have all information about yourself with your contact number.
Thanks

A screenshot of Google Maps showing two routes from Victoria Station to Piccadilly Theatre. The first route is a 7-minute walk via Victoria and Piccadilly, with a 2-minute bus ride every 4 minutes. The second route is an 11-minute walk via Green Park Station and Victoria Station.



An advertisement for a room in Maida Vale. The text reads: "Affordable Room Maida Vale in exchange for £200pcm support". It is for a single room in the Maida Vale (W9) area. The ad includes a "FREE TO CONTACT" button and a "Save" option.

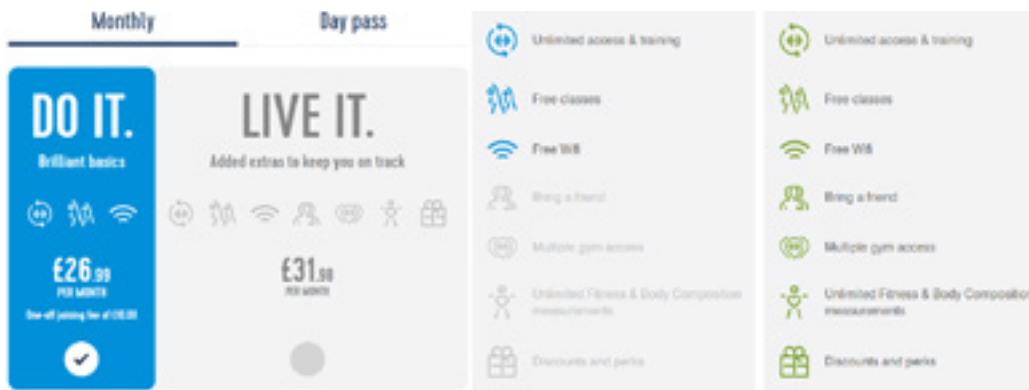
An advertisement for a room in St. John's Wood. The text reads: "A room in st. Johns wood nw8 7at £100pw Bills inc.". It is for a double room in St. John's Wood (NW8). The ad includes a "FREE TO CONTACT" button and a "More info" link.

20 pw + 35 transport fee = 55 pw

Week Eight 13/01/20 - 19/01/20

Study day, 18/01, Alternative strategies for living in Soho

C: Gym + Van



"On the first night, I went to stay in front my friend's house. It was kind of scary you know, to sleep on the street."

Remiddi says he's not prone to envy and happily lives on meagre means, spending £70 on insurance, £15 on road tax and £21 on gym membership (for the showers). He estimates the minimum he can live on is £450 a month (about four or five days' work). When he's not taking photos or doing sound engineering for nightclubs he spends his time studying, tracking Bitcoin currencies and working on creative projects. We speak about how creative people can't afford to live in the city anymore: "Some choices definitely make you a failure from society's point of view. If you want to keep learning, creating, experiencing, our society doesn't value those enough."

<https://londonist.com/what-sitliketobeastealthcamperinthecity>



Rough estimat: For Van: £27 +Insurance: £17.5 + Parking: £56 + Gyms: £6.8 = £107.3 PW

Week Nine 20/01/20 :
Preparation for WIP show

Week Nine 20/01/20 - 26/01/20

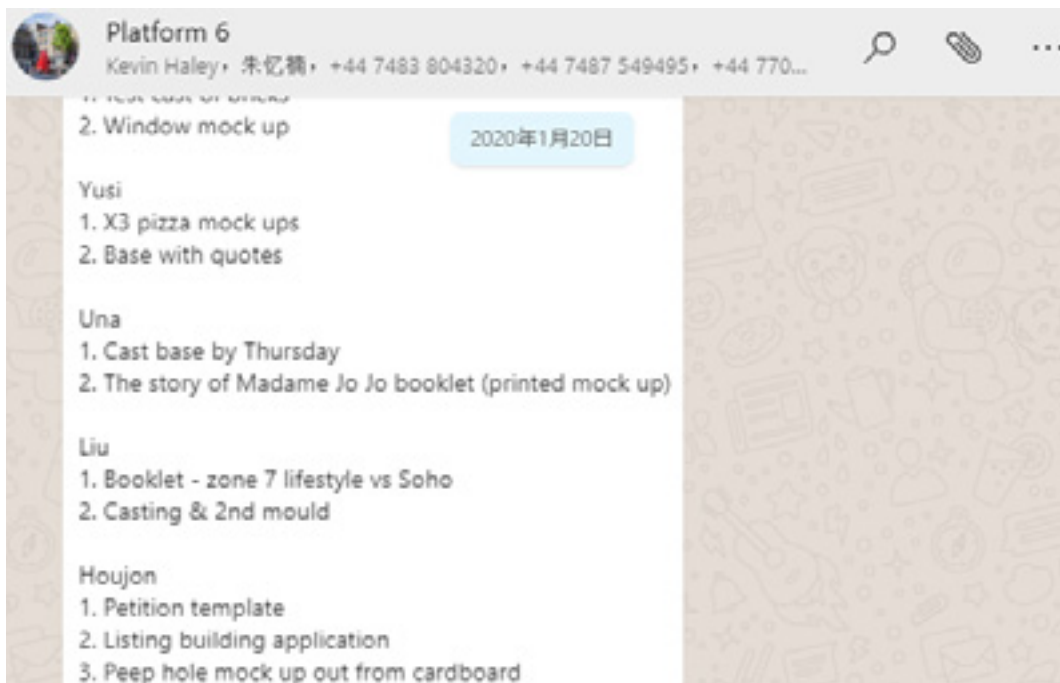
Tutorial day 20/01

REFLECTION:

- . Presentation clearer

ACTION:

- . Start Booklets
- . Continue making artifacts (casting and mold)



The tutorial notes on 20/01

Week Nine 20/01/20 - 26/01/20

Study day, 21/01, Commuting comparison of Zone7 and Soho

ZONE 7

2 hrs travel by train and £8 a day



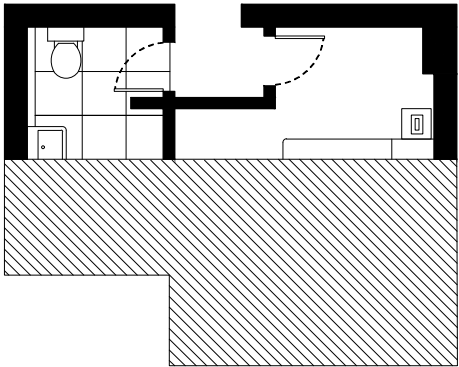
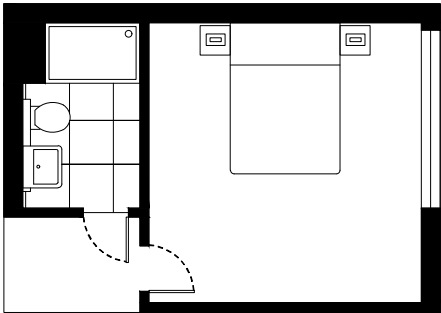
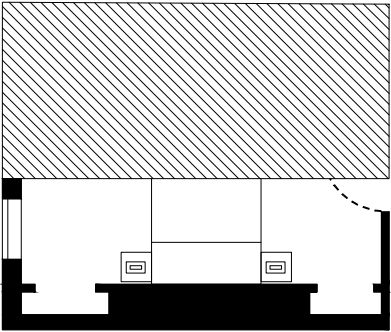
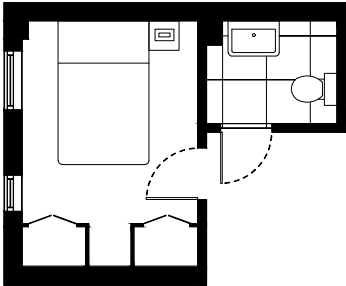
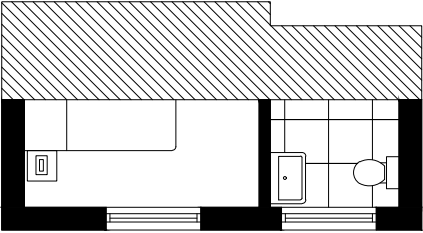
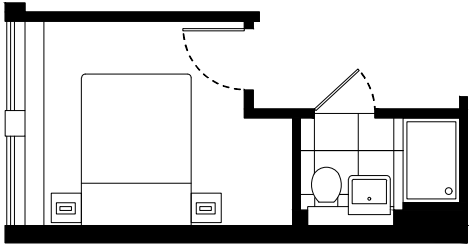
SOHO

30 mins by walk and £ 0 a day



Week Nine 20/01/20 - 26/01/20

Study day, 21/01, Flat comparison of Zone7 and Soho



Week Nine 20/01/20 - 26/01/20

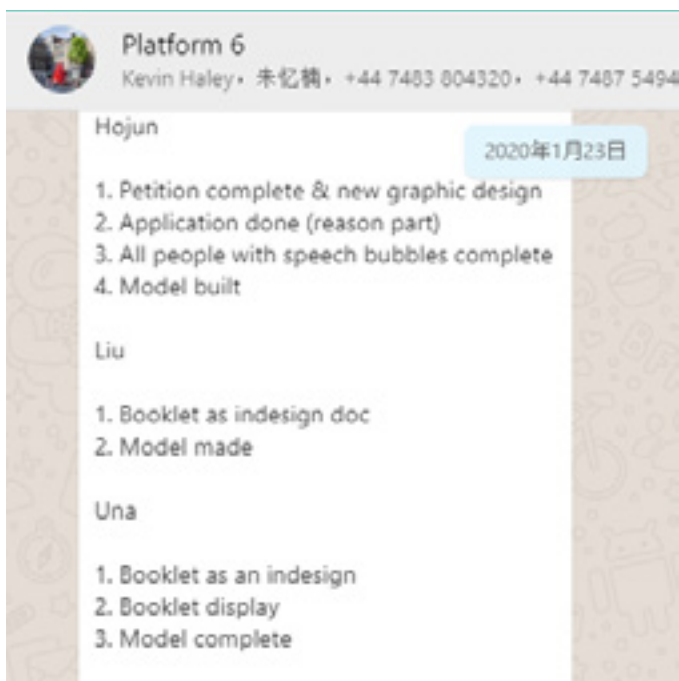
Tutorial day, 23/01

REFLECTION:

- . Don't afraid of redoing things

ACTION:

- . Improving the laser base
- . Improving the booklets
- . Test spray on MDF laser base
- . Continue cast



The tutorial notes on 23 /01

Week Ten 27/01/20 - 02/02/20

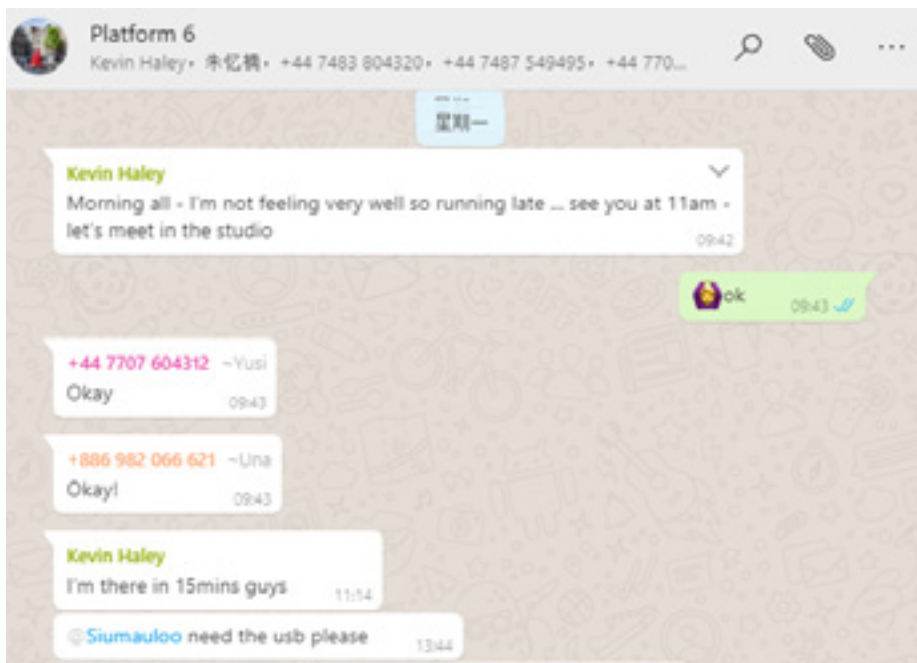
Tutorial day, 27/01

REFLECTION:

- . Continue calmly reflect on design

ACTION:

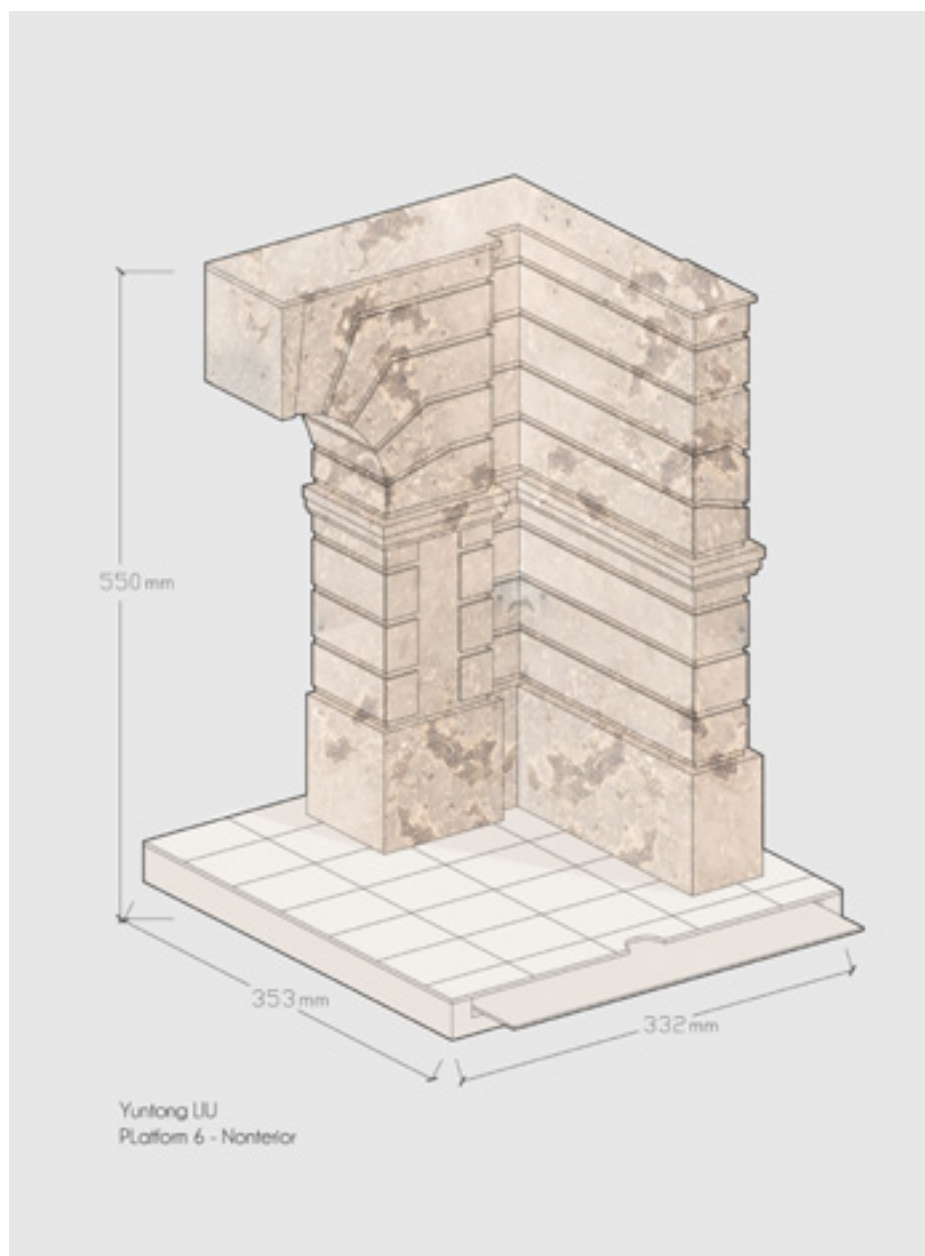
- . Preparing the exhibition space to suit the presentation
- . Continue with Booklets
- . Binding book and presentation pitch
- . Finish Artifact



The tutorial notes on 26 /01

Week Ten 27/01/20 - 02/02/20

Study day, 27/01, Final drawing of the artifact



Final sketch of artifact

Week Ten 27/01/20 - 02/02/20

Wip show day, 30/01, Photos of the artifact



Week Ten 27/01/20 - 02/02/20

Wip show day, 30/01, Photos of the artifact



Week Ten 27/01/20 - 02/02/20

Wip show day, 31/01, Photos of the artifact



Week Ten 27/01/20 - 02/02/20

Wip show day, 30/01, Photos of the artifact



Week Ten 27/01/20 - 02/02/20




After the show, 31/01

REFLECTION:

. Be more organized, thinking more in details.

ACTION:

- . Having a rest
- . Go through the pitch and presentation
- . Sit back and think where is this project going?

Question about the pitch Inbox x   

Hi Liu,

Thank you for your email & apologies for the late reply.

I broadened your question to look at the night time economy. Essentially the night time economy is growing rapidly in Soho, making a lot of people a lot of money. Hotels, bars, club owners also receive a lot of money from local authorities. So I wonder how much money is being invested into night time workers whose lifestyles seem somewhat challenged by all of this?

Read these links:

- <https://www.bbc.co.uk/news/business-49348792>
- <https://www.rcn.org.uk/news-and-events/news/rcn-london-call-on-mayor-to-meet-transport-needs-of-nightworkers>
- https://www.london.gov.uk/sites/default/files/culture_and_night-time_economy_spg_final.pdf
- <https://www.theguardian.com/business/2015/may/06/uk-night-time-economy-now-has-its-own-industry-group>
- <https://realbusiness.co.uk/24-hour-london-progress-challenges-surrounding-night-time-economy/>
- <https://www.rta.org.uk/briefing-room/rta-blog/planning-day-and-night-why-the-night-time-economy-matters/>

I want you to sit back & look at everything you have done. Where do you think this is going? What do you want to do? There are many directions that this project could take but I think it is important that it comes from you. I do think talking to night time workers more will help you narrow the issues down but I also think finding examples of projects that are relatable would also help you see where this could go.

Is this a new type of Green taxi rank hub for night time workers providing them with much needed resources or are you designing a campaign to have these interests supported at a political level?

Good luck

See you on Thursday

Yuntong Liu <yuntong... 30 Jan 2020, 19:31 (5 days ago) ☆ ↶ ⋮
to kevin.haley ▾

Hi Kevin,

Sorry for disturbing...

Actually, I didn't quite understand the final question of the pitch: "As Soho venue owners capitalise on a growing night time economy and as more money is directed to them by local authority schemes, how much of this is going back to support the challenging lifestyles of night time workers, who play a huge role in generating this value?"

I feel like something missing from the previous pages to the final question and wonder how to link them in presentation ...

And I also feel confused about where this project is going to...how to develop a design from those analysis I've done and also answer the final question in pitch.

Maybe that is what I need to think about 😊 but I feel like you have see something in my project that I didn't see. I was thinking the next step I'm going to do is to talk with more night-time workers in soho especially securities to see if I can find more about their real situation and narrow down which specific issue this project will dealing with (maybe housing and commuting). Because I feel it's difficult produce some concrete sketch or models for the moment...maybe I'm asking too much and make it complicated 😊

And! Thank you very much for everything! You and Claudio have done a lot for the show and for our projects. We all really appreciate it.

Best wishes
Lia

Week Ten 27/01/20 - 02/02/20

Study day, 02/02, Interview in Soho



Duke Of Wellington - Pub

Name: Situs - security guard - Male - aged about 35-45

- Hello, I'm a student at the Royal College of Art. I'm doing research, do you have time for a very few questions?
- Yes
- What's your working time?
- I start from 5 pm until midnight.
- Is that intensive working time?
- Well, in the UK normal hour is 9 hours, so I work 7 hours
- Is that ok with you?
- Yeah... it's ok, some people have a chance to work 9 hrs some people don't.
- Do you live far from here?
- Yeah, I live in, do you know Watford?
- No...
- Do you know Euston? It's 20 -25 minutes from Euston, by train, not by...Yeah, it's near to London. What do you study?
- You from China? You know I lived in China.
- (Chating about China and Congo...)

- (to the guest) Don't allow bring drinking in.
- Guest: I bought it here.
- Ok, but you the glass not allowed bringing outside

Week Ten 27/01/20 - 02/02/20

Study day, 02/02, Interview in Soho

- Do you have a problem with this?
- Ah.. sometimes you know... sometimes people get drunk and violent or lose mind... so, it not so good.
- Do you feel tired of this? like to avoiding people from bad things...like taking the glass out of the pub or being violent.
- Yeah... my job is like this. Make sure no fight, make sure no violence.
- So you always have to be alarmed.
- Yes, absolutely.
- Yes, you know why no glass outside? Because sometimes people go that corner that I can't see. when people get drunk the problems are somebody just uses it to hit somebody's head. So that's why glasses not allowed outside. If somebody hits someone who makes police come, that is a problem.

- Since you work late until midnight how about your sleeping?
- I don't have much problem with sleeping. When after work I usually get really tired, so you go to bed directly and go to sleep.
- So you usually have day-time to get rest.
- Yes.

- Do you work here for 5 days a week?

(some drunk people interrupt our conversation)

- You see... when people get drunk...
- Right ... thank you for your time! Have a good night!



Situs commuting route

Week Eleven 03/02/20 - 09/02/2

Study day, 03/02, Useful information from articles

THINK NIGHT: LONDON'S NEIGHBOURHOODS FROM 6 PM TO 6 AM. (2017)

- . 489,000 travel in from elsewhere
- . More progress to reduce cost etc.
- . Where to go if they want to take their break away from the workplace.

Research commissioned for this report found that while there are 1.62 million people who usually work between 6pm and 6am in London, only 1.41 million are Londoners. That means there are 289,000 workers who live outside London, and 79,000 Londoners who work outside London. Most people live and work in the same area. That is 31% both live and work in inner London, and 27% both live and work in outer London. Nevertheless, of the 1.01 million who work in inner London, 489,000 travel in from elsewhere. Further research is merited into the nature of the journeys undertaken by this latter group.

Evidence suggests that shift and night work can have a negative impact on wellbeing – in terms of both physical health and family and social life. That said, many people chose night work in order to spend more time with their family, for example taking their children to school. We need more progress to reduce cost and stress while improving quality of experience, access to training and support, availability of healthy food and wage rates.

...

Workers at night are often restricted in terms of where to go if they want to take their break away from the workplace.

24-HOUR LONDON: PROGRESS AND CHALLENGES SURROUNDING THE NIGHT TIME ECONOMY

- . Thursday night
- . Potential of transport

"It's about keeping hold of commuters who are working in the city or central London. The phenomenon in the city of London is a Thursday night is the big night out, not Friday, because everyone wants to get back home for the weekend," she said.

"There's an immediate thought I have to mention – Network Rail. We've got over 200 railway arches and virtually none of them are used for economic purposes – what a shame, what a waste. We have spoken to Network Rail repeatedly on that point," she revealed.

THE GROWING IMPORTANCE OF THE NIGHT-TIME ECONOMY

The night-time economy is a growing part of the UK economy. Nationally, it is the UK's fifth biggest industry, accounting for at least 8% of the UK's employment and annual revenues of £66bn, according to the Night Time Industries Association.

SHIFT RESOURCES OF NIGHT-TIME ECONOMY TOWARDS THOSE WHO WORK, NOT JUST THOSE WHO PARTY', SAY RCN LONDON.

- . Need of alternative commute solution

Research by the Urban Innovation and Policy Lab highlights that 50 percent of bus trips taken at night are journeys to and from work and that night-time workers are often working on low wages compared to day-time workers, spending a large share of their income on transport. Those who work unsocial hours, especially during the week, are also left with reduced services...

...

"When finishing late at night or into the early hours our members tell us they will opt to take much longer trips on one mode of transport to save money, rather than the quickest and safest route which may involve taking buses, a tube and even a tram. A commitment from the Mayor to introduce a night-rider fare would allow nursing staff to switch between modes of transport for one fare.

Week Eleven 03/02/20 - 09/02/2

Study day, 03/02, Useful information from articles



A third of everyone working in London works at night.
That is 1.6 million people.

Almost 531,000 employees in night-time occupations earn below the London Living Wage. In contrast, 275,000 people earn below the London Living Wage across all other occupations.



Employee jobs in **night-time industries are growing faster** than jobs in London's wider economy.

Beyond the figures

If a third of London's workforce makes the city run at night, **it is important to acknowledge the contribution they make to our communities, but also to reflect on the challenges they face when working night shifts.** For example, our research at UCL suggests that night-time workers are forced to choose between travelling alone at night or paying for a taxi. In addition, night-time workers do not have the same opportunities for community participation and activities due to their work hours.

The leaflets - 'A night in the life of London's night-time workers'

Week Eleven 03/02/20 - 09/02/2

Study day, 03/02, Useful information from articles

Evening Standard.
WEBSITE OF THE YEAR



[News](#) › [London](#)

Nappods in London cost £18 per hour and attract exhausted new parents trying to catch up on sleep

[SOPHIE WILLIAMS](#) | Tuesday 4 September 2018 09:16 | [4 comments](#)

Exhausted new parents are turning to “nappods” to catch up on sleep

[Europe](#)

[United Kingdom](#)

[England](#)

[London](#)

[Health & Wellness](#)

Sleep and the City: Nap Pods Have Arrived in London

The Startup Bringing Sleep Pods To London



Lucy Sherriff Contributor

[Entrepreneurs](#)

Journalist covering social business and environment

After living in Paris and Bogotá, and then in London, friends Yoann Demont and Mauricio Villamizar realized something was missing: there was no place to recharge and unwind.

"We saw the same issues in all these cities: fast-paced, stressful and non-stop environments, long commutes to work and lack of private and peaceful spaces," says Villamizar.

Week Eleven 03/02/20 - 09/02/2

Study day, 04/02, Precedent study 01

SLEEP

THE CASPER SLEEPMOBILE RETURNS TO LONDON

BY LOTTIE COLTMAN | AUG 1, 2018



<https://blog.casper.com/uk/sleepmobile-uk/>



Casper Dreams up a Mobile Nap Tour

[B-to-C Events](#)

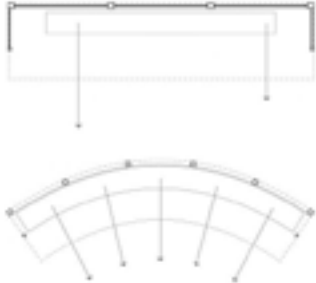
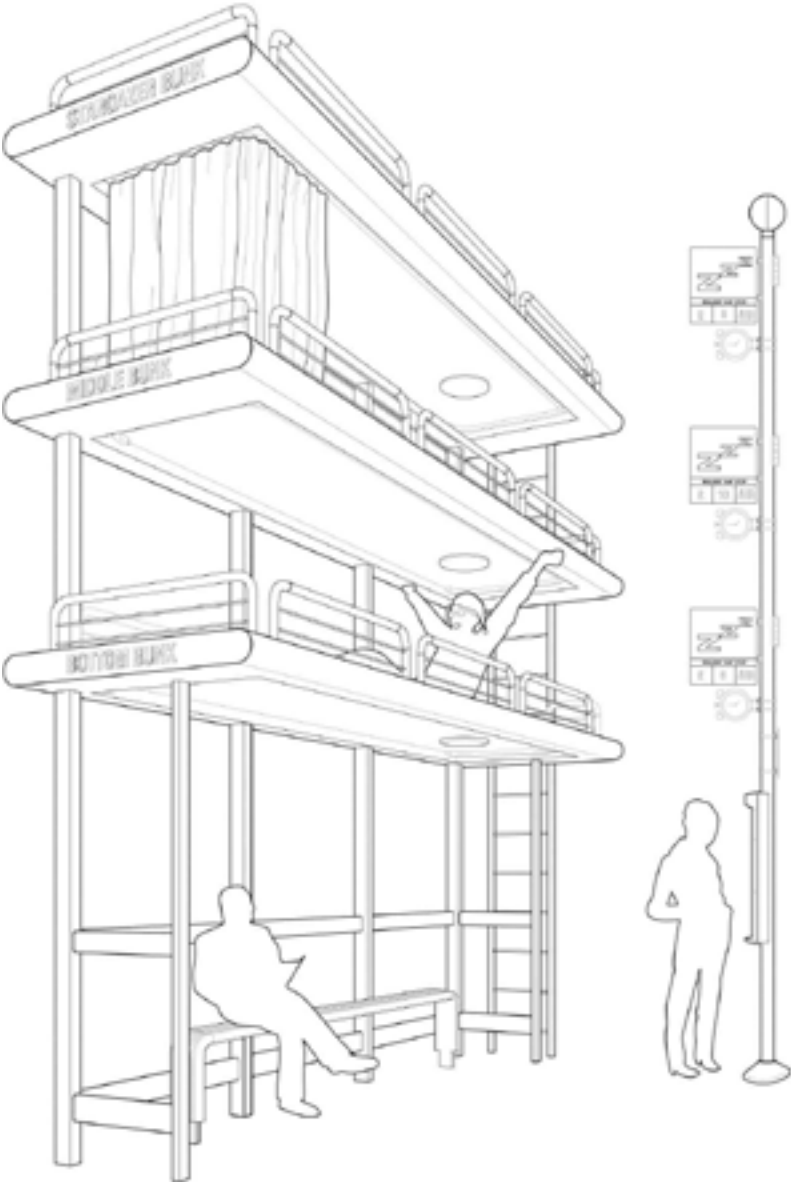
Posted on [September 19, 2016](#) by [Kait Shea](#)

We all know how it feels to hit the mid-afternoon slump—that moment you’d practically give up a limb to get just a few minutes of shut-eye to help you power through the rest of your day. With that in mind, mattress startup Casper is making dreams come true with its 15-city mobile Nap Tour. Armed with two trusty “Napmobiles,” each equipped with four napping pods, the brand is making its way across the U.S. offering consumers a chance to nod off while testing out its products.

Week Eleven 03/02/20 - 09/02/2

Study day, 04/02, Precedent study 01

Metabolic City Healthy Streets: Bunk Bed Bus Stop - LSA StudentsTeam
Bus stop + Bunk bed = Sleeping while commuting



Week Eleven 03/02/20 - 09/02/2

Study day, 04/02, Brief questions as send by tutor

- PROJECT IDEA:

Due to the high rent in Soho, the low wages of night-time workers and incomplete night t transportation services, their quality of life is affected. Especially long-distance commuting. The concept of the project was to design a "Nap commuting route" specially designed for Soho night-time workers as an alternative commuting solution, setting up stops in different corners of Soho. The purpose of the design is not only to meet the neglected needs of night workers, but also to attract people's attention through the pop-up Stop facilities, and to focus on other issues hidden under the appearance of such a 24-hour economic boom.

- PROJECT SITE:

Street corners in Soho including the nook off 15-16 Denman street

- CLIENT:

1. Pop & Rest: "nap pods" hotel.
2. Companies like Casper (sells sleep products online and in retail)
3. Organizations who represent the night-time economy or night-time workers:
The young foundation, Night Time Commission

- USERS:

Night-time workers in Soho (maybe only for securities?)

- HOW IS YOUR STRUCTURE/SPACE/OBJECT USED BY THE USERS?

Setting "pop-up stops" in closest street corners to their workplaces in Soho, and the route specially designed for their commute. It only operates from late night to early morning and allows them to commute while sleeping in a "sleeping capsule van". It will bring them directly to stations where they can continue their travel (such as Euston Station). Providing cheaper, safer and more comfortable sleep commuting services.

Week Eleven 03/02/20 - 09/02/20

Tutorial day, 06/02

RECORD:

- . Discussed project's direction
(installations to raise public awareness rather than for workers urgent need)
- . Each installation represents one main issue, with a research booklet.
- . How to raise public awareness? (in a meaningful hilarious way?)
- . How to bring it back to serious problems after the "fun"
- . Maybe "night czar" can be the client
- . "what where who why"

REFLECTION:

- . Bring a clear point rather than many research
- . Always produce something from the brain

ACTION:

- . Research about night-time workers main issues (interviews/articles)
- . Holistic problems behind each issue (interviews/articles)
- . Put the outcome of the above research into a clear table.
- . Find forms and sites for each installation (and why)
- . Prepare for research booklets (eg. land price history, a structure)
- . Update Pitch and Brief

Week Eleven 03/02/20 - 09/02/20

Tutorial day, 06/02, Timetable

Term 2 & 3 Timetable

(A) Research

1. Pitch completed
2. Artefact completed
3. Printed photographs of your Narrative Artefact Model
4. Diary up to date.

Keep everything safe,
and updated

Deadline: 6th Feb – Review

(B) Concept Design

1. Concept Sketch / illustration – Narrative and exciting
2. Design Brief Text (What, Where, Who (client & users), Why)
3. Participatory event / workshop with clients or users (Photographs of event & of outcomes)
4. Site Survey Drawings (@ an appropriate scale)
5. Site Model (@ an appropriate scale)
6. x6 sketch models of your proposal (Place these in your site model & photograph) – Quick testing model
7. Funding Strategy } date, title.
8. Diary up to date. } record, reflection, action

Timescale: 3 Weeks

Deadline: 27th Feb – Review

(C) Design Development

1. Material samples / tests
2. 1:20 / 1:10 / 1:5 Prototype Models of design
3. Construction Drawings (Plans, sections, elevations etc.)
4. Materials & tools ordered / Build timeline / Planning
5. Diary up to date.

build-up assembly
and portable

Timescale: 4 Weeks

Deadline: 26th Mar – Review

(D) Production

1. 1:1 Making
2. Organise event / photoshoot (seek all relevant permissions)
3. Diary up to date.

Timescale: 5 Weeks. (inc. 2 week break)

Deadline 01: 30th April – Review

Timescale: 2 Weeks.

Deadline 02: 14th May – Project Built (Platform only Review) – all built

(E) Testing

1. Onsite testing / event
2. Document outcome / event with photography & film
3. Create Film about your project
4. Diary up to date.

Timescale: 2 Weeks.

Deadline: 28th May – Submit all work

Week Eleven 03/02/20 - 09/02/20

Study day, 07/02, Updating design brief

- WHAT WHERE WHO WHY:

I'm going to design installations about night-time workers' lifestyles in series street corners of Soho to raise public awareness of night workers' neglected issues.



Concept drawing version 01

Week Eleven 03/02/20 - 09/02/20

Study day, 07/02, Update Pitch

This question of the pitch is for thought-provoking, the design brief well explains the project concept.

How to address the needs of alternative commuting strategy for night-time workers in Soho while raising awareness of the thriving 24 non-stop economy and its impact for workers' lifestyle?



As Soho venue owners capitalise on a growing night time economy and as more money is directed to them by local authority schemes, how much of this is going back to support the challenging lifestyles of night time workers, who play a huge role in generating this value?

Week Eleven 03/02/20 - 09/02/20

Study day, 08/02, Information from articles

SHIFT RESOURCES OF NIGHT-TIME ECONOMY TOWARDS THOSE WHO WORK, NOT JUST THOSE WHO PARTY', SAY RCN LONDON. (RCN London and UCL researchers)

Despite health workers making up the majority of the 1.6 million Londoners who work at night, there was no place for a representative from the sector on the Mayor's Night Time Commission.

...

"Issues of ¹low-paid work, ²accessible and reliable transport throughout the week, and ³health and ⁴safety need to be fully integrated in night-time policies. Getting representatives of the health and care sector involved in shaping night-time strategies would be a first step towards the design of policies that meet the needs of London's vital workers."

THINK NIGHT: LONDON'S NEIGHBOURHOODS FROM 6 PM TO 6 AM. (2017)

Evidence suggests that shift and night work can have a negative impact on wellbeing - in terms of both physical health and family and ⁵social life.

We need more progress to reduce cost and stress while improving quality of experience, access to training and support, availability of healthy food and wage rates.

ROUGH NIGHTS THE GROWING DANGERS OF WORKING AT NIGHT Will Norman 2011

One of the most frequent complaints heard from the night shift workers were that their needs were not sufficiently understood or taken into account by their managers or their colleagues working in the day-time...

...

lacking the support structures and facilities required to ensure they were working safely. Much of the unhealthy eating was happening because of the unavailability of other alternatives...

GENERAL MAIN ISSUES



Week Eleven 03/02/20 - 09/02/20

Study day, 08/02, Interviews in Soho: Prepared questions

How often do you work during the night?

How many days a week?

How many hours a day?

Do you live far from here? Do have to travel for long-time from home to workplace?

May I know where you live? Just general location? station?

May I know why you live so far?

Is that easy to travel in late night through the whole week?

Is there sufficient public transport services during night/through whole week?

Do you feel ok with the transport fee?

Does night-time job impact your lifestyle?

How about food? Diet style?

Does it influence you sleeping or rest time?

Do you feel stressful or does the busy atmosphere of night influences you?

May I ask about your social life?

do you have time with friends family or relationship?

What do you think is the biggest problem for you working during night?

If you want to solve one problem about nighttime work, what is it?

Food? live closer? Social life? Transport? social life? Organization for night-time workers?

Week Eleven 03/02/20 - 09/02/20

Study day, 09/02, Interviews in Soho: Record

Steven - Cleancer - 51 Friith ST (0746869469)

- Do you work during the night-time?

- Ah, yes. Late.

- Is that problematic for you?

- Depend on what type of people on your road. At night there is criminal...it's very busy... people get alcoholic, so many difficulties.

- You will be tired after working?

- Eh... after work you go home... have shower and get rest, you sleep... Because I just "Good night!" and that's it!

- So... Do you have time to for social life, with family? or friends?

- Ah! That is absent! Absolutely absent. Zero! when you go home, directly to the shower, directly to bed, get up and go to work again. When I get off-time I need get some rest and back work again. You know sometime it's about how to handling situation. When people come at peak-time, a lot of people come around you, deliberately pick on you... if you can handle it and you walk away from there, don't fighting them, abandon them, just ignore them, walk away. If you cannot get away from them, you call the police or colleagues eh... the supervisors for assistance, you know.

- How many days do you work a week?

- 5 days, it's optional or you can do weekend. Saturday is 1.5 times, if you work Sunday it's double paid. So it's really optional.

- Does it influence your diet? food?

- Well you know in a way it does. Our working time you know, it's against the nature, you are sleepy but you work and work...about food, I only eat something like snacks... yeah...it does affect a lot...but you eat and look at there. you'll see, suppose I'm not the only one. You got the police night-shifts, you got pub guards night-shifts you got doctors and a lot of people night-shifts. So...I guess I up to get on with itahaha, you know just life always brings...

- I'm working on a project about night-time workers, actually they are not less than day time workers why don't we pay attention to them?

- Yes yes, it's true. you know one day it's 24 hours work, the thing is you have to deal with the rate of unemployment.

- Is there any trade union or organizations for night-time workers?

-No...this is 24 hrs running clock, there are three shifts, when I finish all that morning shifts come and take over, and the middle shift 2 - 10 pm, three shift, everybody go for their shift. I won't go for, it's better to follow one schedule. I won't do three days three nights, it mess up my family programme and balance. It's ok I mean, I'm use to it.

- If you can improve something about your work if you can change sth, what would you like to improve?

- Well I just need to have a back off, you know to do my own thing, my own time be my own boss.

Week Eleven 03/02/20 - 09/02/20

Study day, 09/02, Main issues in Soho

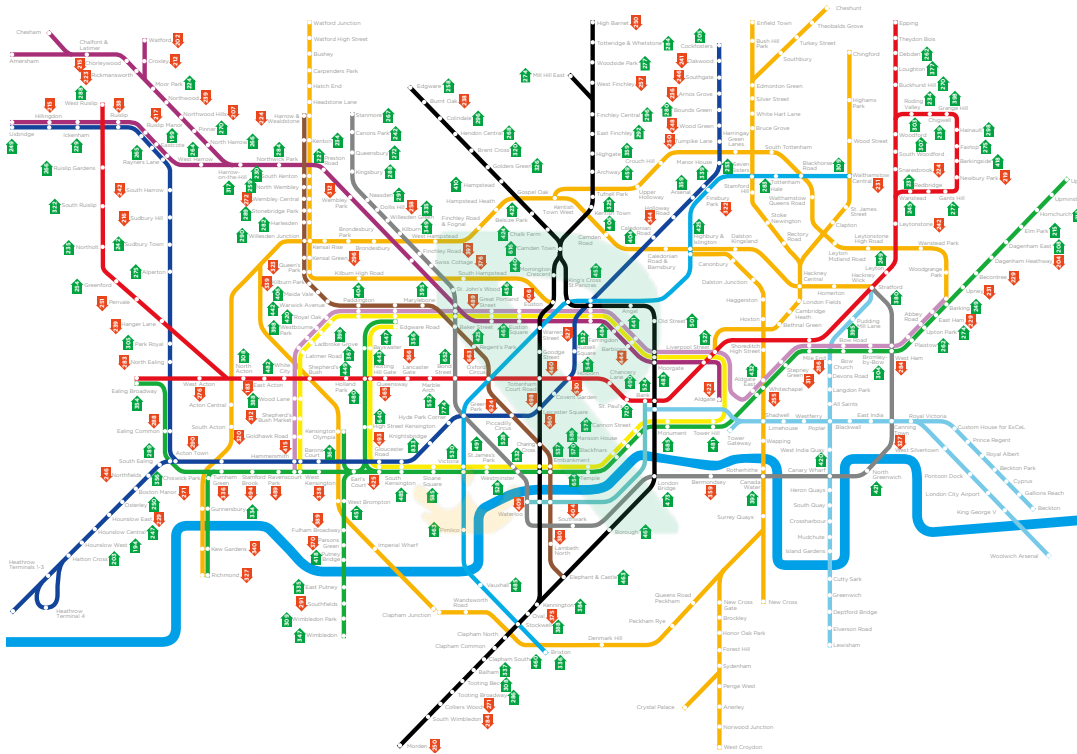
To further understand the issues related to nighttime workers, I started more researches.

	01	02	03	04
Issues from interview	Long commuting from outer London	Eating only snacks	No time for family	More drunk and violence people
Issues from online	Living far from working place	Unhealthy diet	Unsufficient social life (relationshi, friend, family)	Psychological stress from working environment
Why?	The gap between wages and high rent/land price	No services for them Insufficiently understood, No representative sector		Who are responsible for their mental healthy and their safty

Week Eleven 03/02/20 - 09/02/20

Study day, 09/02, Weekly rent price by tube station, London 2019

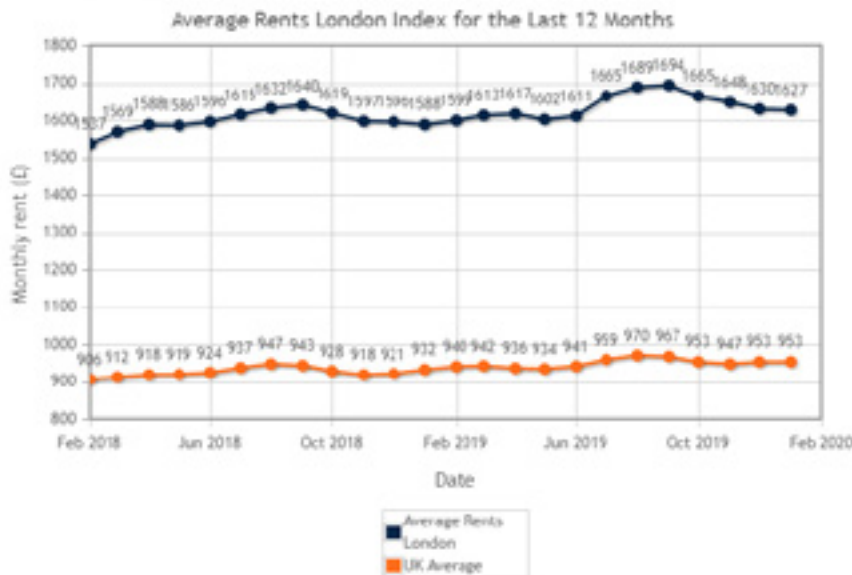
01: Rising rate of rent and un-equal average salary



Average Rents London

The average rental value for new tenancies in London is £1,627 a month. Rents in London have increased by 2.5% compared to last year.

The graph below shows the average rental value in London against the UK average. Below the graph you can select the time period you want to be displayed and compare historical average rental value in the London against any other region in the UK.



Week Twelve 10/02/20 - 16/02/20

Tutorial day 10/02

RECORD:

- . Important to have a clear design brief and concept drawing
- . Discussed the main 4-5 issues of night-time workers and the possible reason
- . Discussed how to learn from precedents

REFLECTION:

- . Learn the strategies from precedents
- . To own your project, always ask why and what's the strategy of this project

ACTION:

- . Update the design brief, diary and concept drawing
- . Finish the research of "the gap between wages and high rent/ land price.
- . Learn the strategies of communication from precedents
- . Learn installation building strategies from precedents
- . 3 sketch model for one installation
- . Choose 3 more corner and prepare the plan
- . Idea of the workshop

Week Twelve 10/02/20 - 16/02/20

Study day, 10/02, Available statistic

- 1 Updated rent map (inner to outer London)
- 2 London average rents in last two years
- 3 Private rental market statistics (from 2014-2019)
- 4 Weekly rent tube map (2015, 2018-2019)
- 5 Average UK Salary 2019 (different occupation)
- 6 Average hourly pay for employee jobs, broken down by age and working pattern (full-time or part-time), in London and rest of the UK, 2008 to 2018
- 7 Employee jobs paying less than various annual salary thresholds, by industry section, London and UK nations/regions, 2017 to 2018
- 8 Number of jobs of London residents, inner and outer London, 2004 to 2017

Comparison:

- 1 Between average wages of night-time workers and average rent in inner and outer London
- 2 Between increasing rate of average salary and rent of UK (what happens in future?)

Week Twelve 10/02/20 - 16/02/20

Study day, 10/02, Potential Sites research

Corners in Benman St, Brewer St, Old comton St in Soho, where have most occupied by night industries



Photos of Corners in Benman St, Brewer St, Old comton St in Soho



Week Twelve 10/02/20 - 16/02/20

Study day, 10/02, Potential Sites Photos



Week Twelve 10/02/20 - 16/02/20

Study day, 10/02, Precedents study 01

Strategies of communicate serious problem in extreme way

Fleet of robots by The Workers allow the public to explore galleries by night

The robots also feature two spotlights on their heads, allowing viewers to see the exhibits in the dark.

"You see the galleries through the eyes of these robots," Lanza says. "It's a bit like going around with a torch. As soon as you approach an artwork, it starts to appear from the darkness. So it's quite a unique way to see the gallery."

After Dark by The Workers at TATE Britain Lanza says that the project was only possible because of how cheap and accessible streaming over the internet has become.

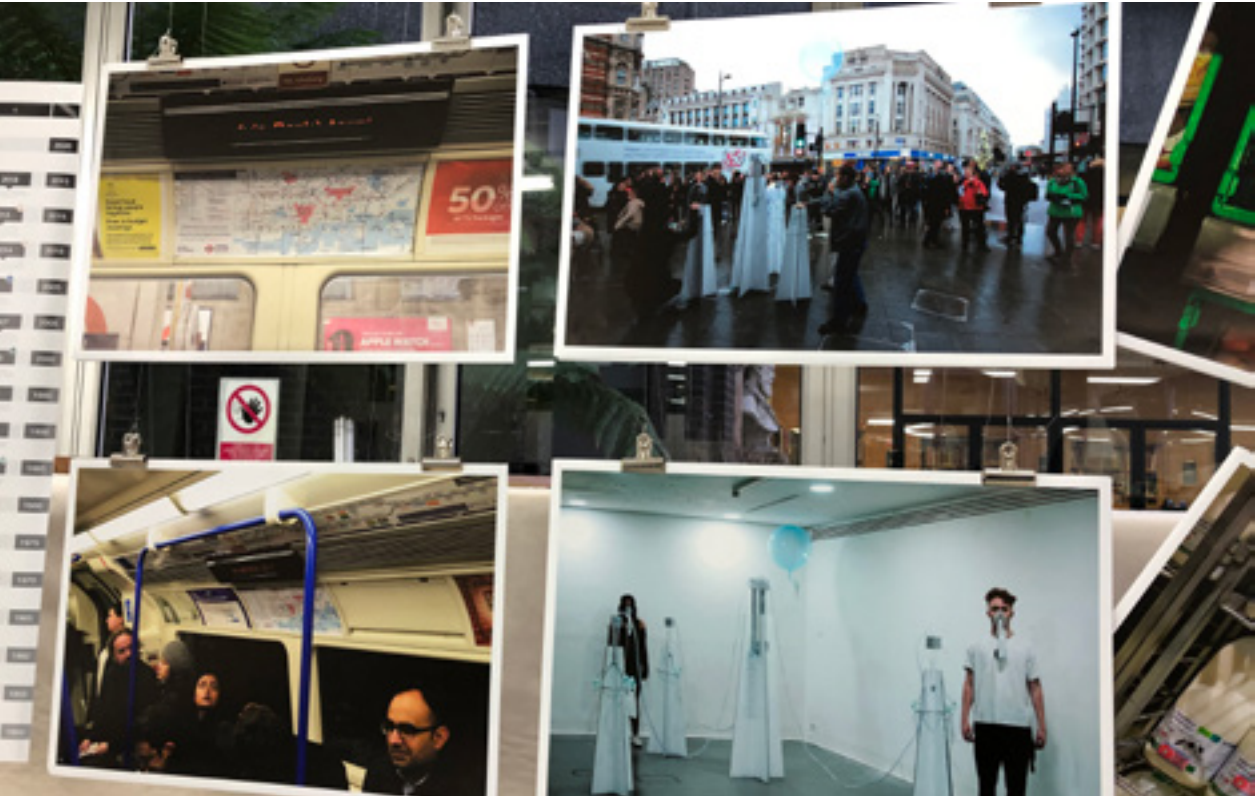
"There is a new wave of possibilities for small studios like ours, where small teams of people can produce pretty amazing feats," he explains. "That is in part due to the fact that the technology involved is becoming more accessible. Hopefully we will see more creative uses of technology for similar purposes."



Week Twelve 10/02/20 - 16/02/20

Study day, 10/02, Precedents study 02

Stratergies of communicate serious problem in extreme way



Week Twelve 10/02/20 - 16/02/20

Study day, 10/02, Precedents study 02

Stratergies of communicate serious problem in extreme way



Week Twelve 10/02/20 - 16/02/20

Study day, 11/02, The gap between wages and high rent/land price

Comparison:

1. Between average wages of night-time workers and average rent in inner and outer London.

Average wage of night-time workers £24449 per annum, £2037 per month, £470 per week.

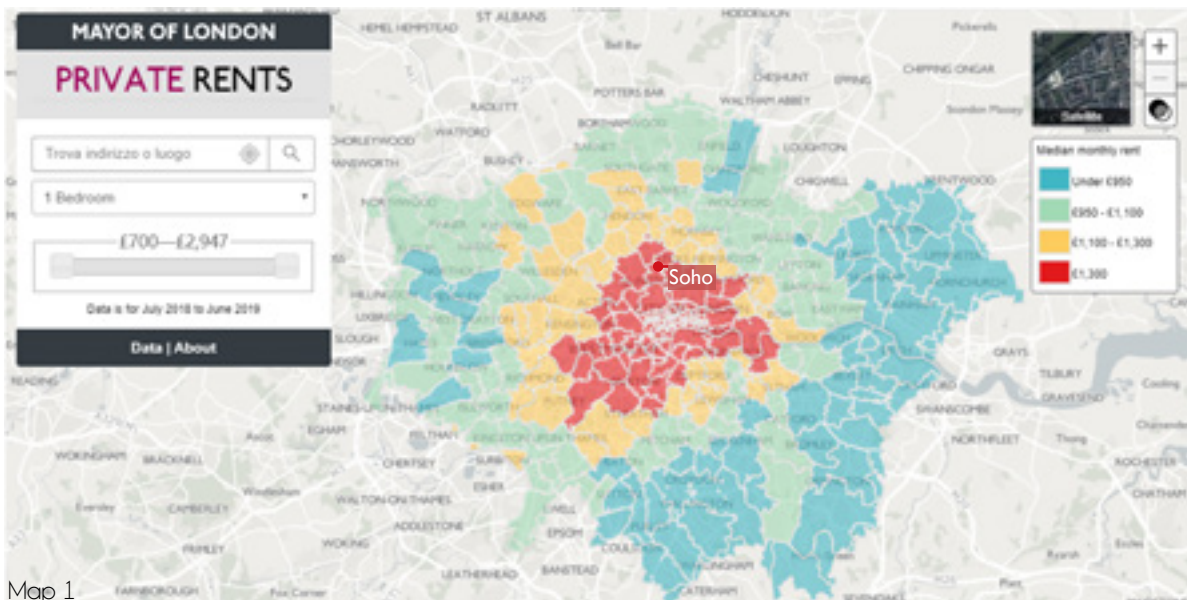
Average cost of living for a single person monthly costs £788 without rent in London.

A single person can afford living in yellow green and blue zone in Map 1

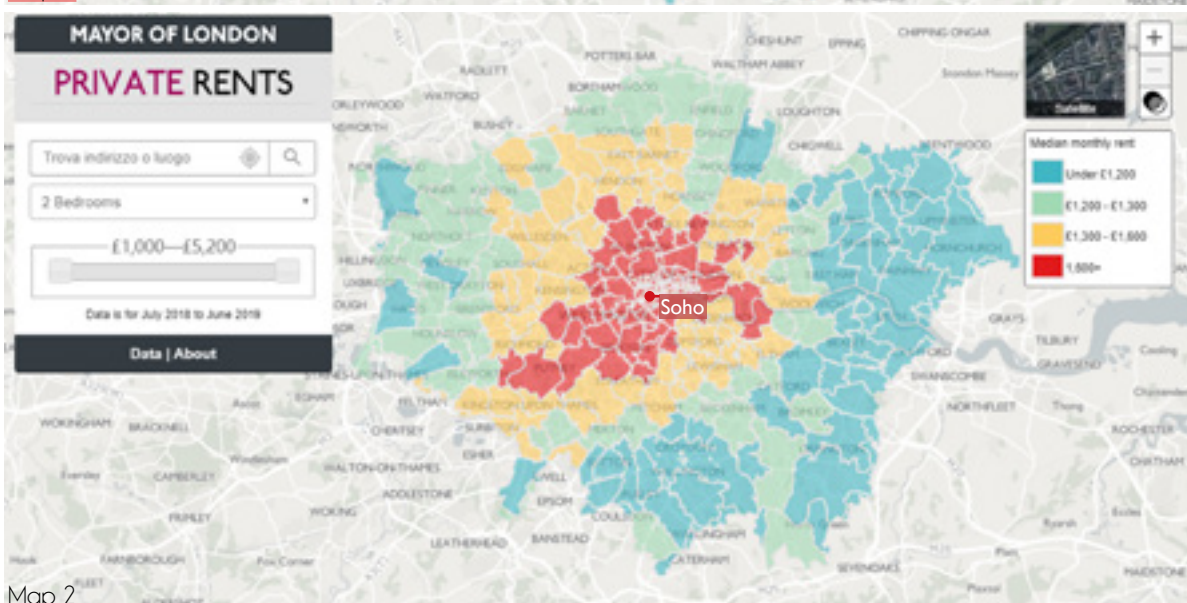
(commuting more than 40 min by tube)

A family can afford living in green and blue zone in Map 2 (40 min by tube)

(commuting more than 55 min by tube)



Map 1



Map 2

Week Twelve 10/02/20 - 16/02/20

Study day, 11/02, The gap between wages and high rent/land price

Comparison:

2. Between increasing rate of average salary and rent of UK (what will happen in future?)

Rate of growth of rental prices:

- . In the UK rose by 1.4% in the 12 months to December 2019
- . In the UK rose by 1.0% in the 12 months to December 2018
- . In UK rose by 1.2% in the 12 months to December 2017
- . In UK rose by 2.3% in the 12 months to December 2016
- . In UK rose by by 2.5% in the 12 months to December 2015
- . In UK rose by by 1.7% in the 12 months to December 2014

Rate of growth of wage:

Since 2011, the rate of growth in weekly pay for full-time workers in London has been relatively low

- . Adjusted for inflation, median full-time employee earnings increased by 0.9% in 2019
- . Adjusted for inflation, median full-time employee earnings increased by 1.2% in 2018
- . Adjusted for inflation, median full-time employee earnings decreased by 0.4% in 2017
- . Adjusted for inflation, median full-time employee earnings increased by 1.9% in 2016
- . Adjusted for inflation, weekly earnings increased by 1.9% in 2015.
- . Adjusted for inflation, weekly earnings decreased by 1.6% in 2014.

Comparison between wages and high rental price



Week Twelve 10/02/20 - 16/02/20

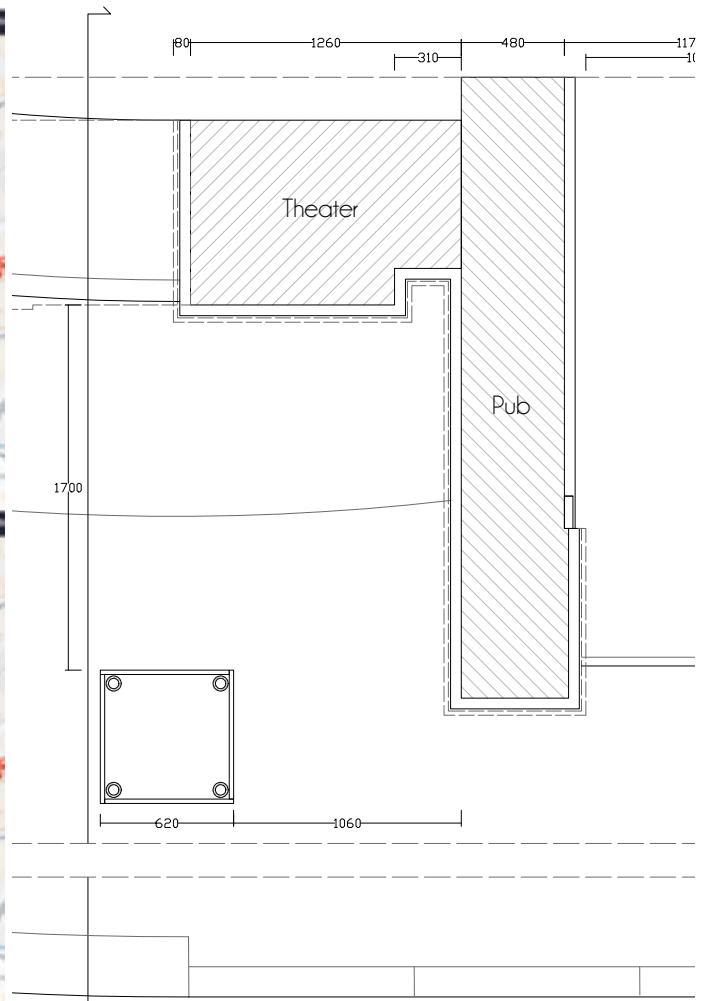
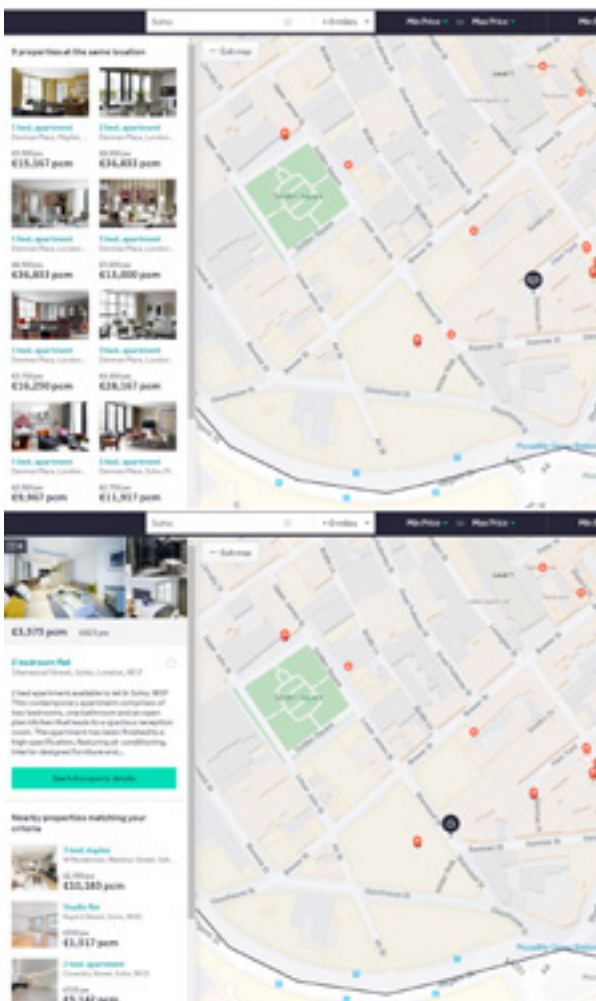
Study day, 12/02, Selected potential Sites

Nook 02: off Benman St

Interviewed workers



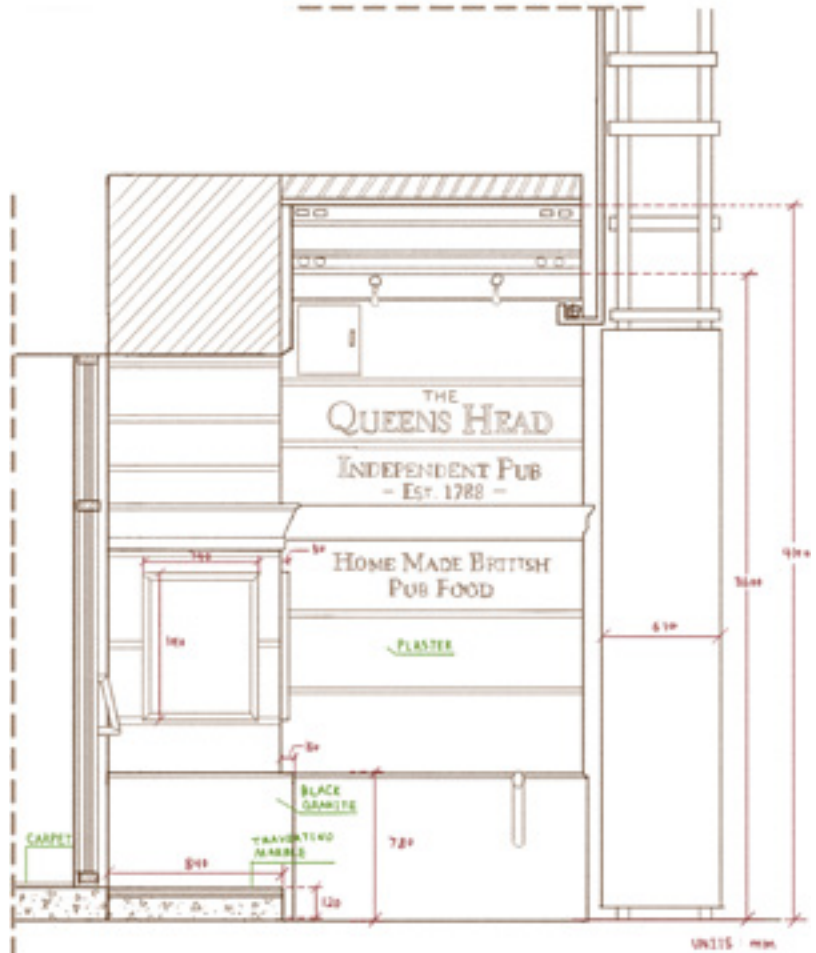
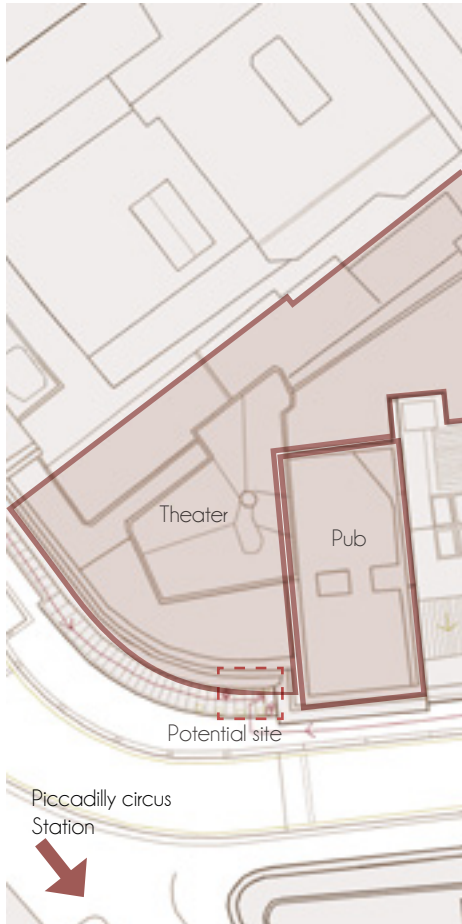
This location has the highest average rent apartments and hotels in the south part of Soho, it is also close to the tube and bus stops. Therefore, choosing this corner as the site for the installation of night-time workers' commuting and accommodation issues.



Week Twelve 10/02/20 - 16/02/20

Study day, 12/02, Selected potential Sites

1. Nook off Benman St



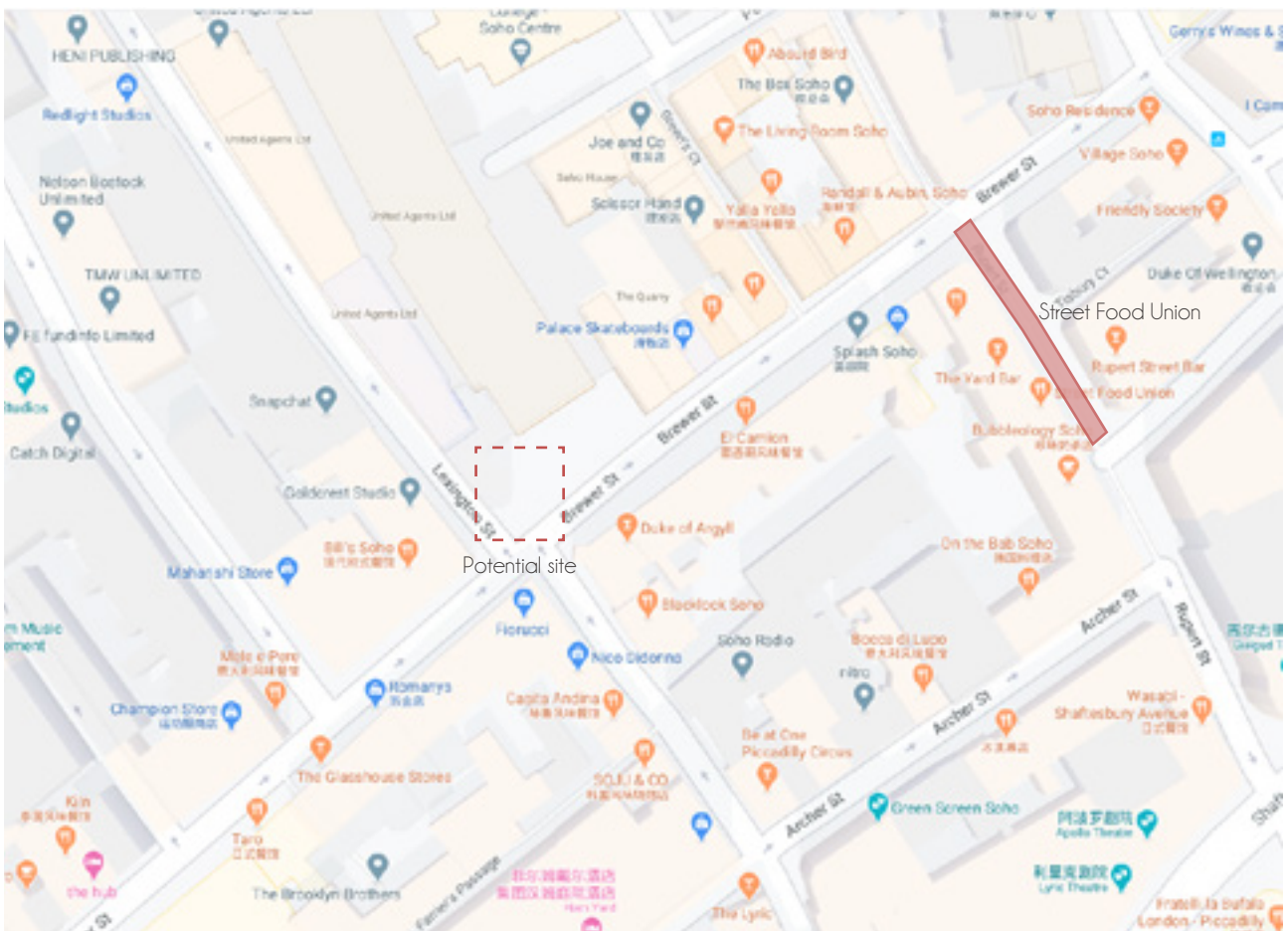
Week Twelve 10/02/20 - 16/02/20

Study day, 12/02, Selected potential Sites

Nook 02: off Brewer St - 01



This street corner in Brewer Street is next to a parking lot. It doesn't have many entertaining activities like other areas in Soho. It's a relatively empty place, people often choose to sit here have a cigarette and doing nothing. But this corner is surrounded by a large number of restaurants, and the next street is the famous Street Food Union of Soho. Therefore, choosing this corner to show the diet problems of night-time workers.



Week Twelve 10/02/20 - 16/02/20

Study day, 12/02, Selected potential Sites

Nook 02: off Brewer St - 01



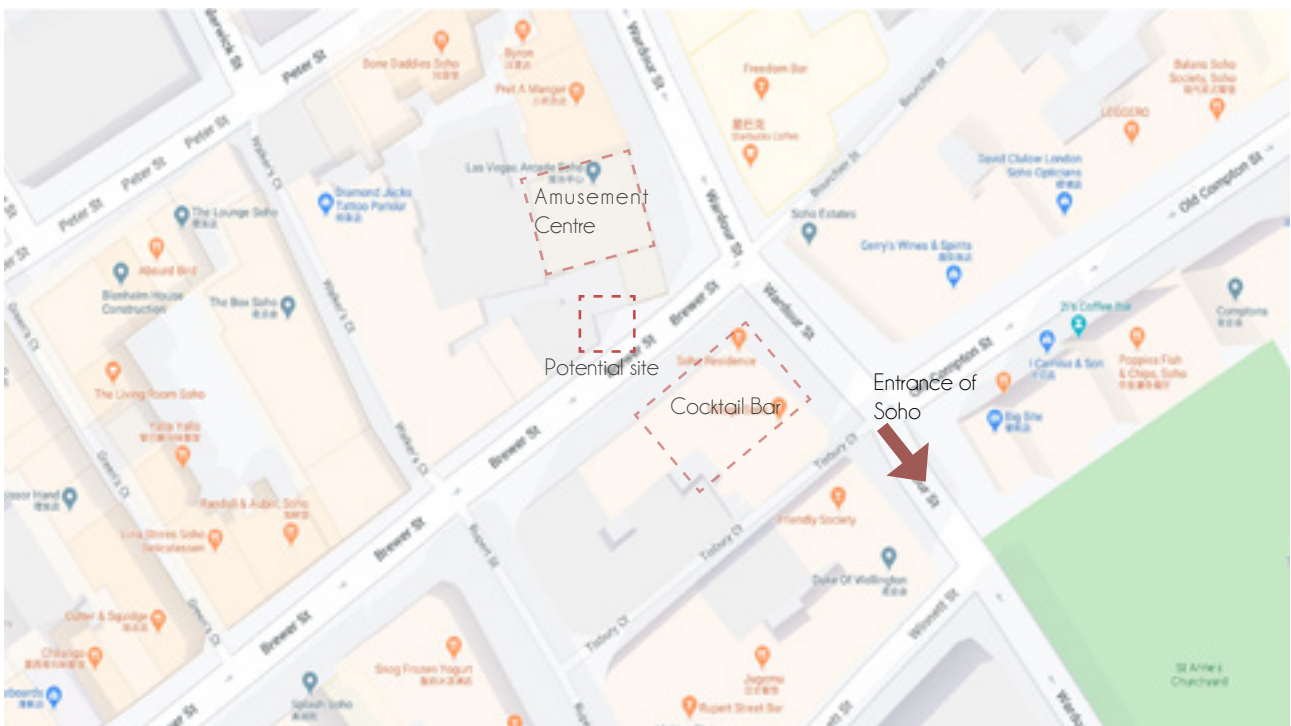
Week Twelve 10/02/20 - 16/02/20

Study day, 12/02, Selected potential Sites

Nook 03: off Benman St - 02



This street corner located in the intersection of Brewer St and Wardour St in front of one of the busiest Cocktail bars in Soho, and around by many places of amusement, where is also next to the busiest entrance of the area. Therefore choosing this corner to show night-time workers' social life.



Week Twelve 10/02/20 - 16/02/20

Study day, 12/02, Selected potential Sites

Nook 03: off Benman St - 02



Week Twelve 10/02/20 - 16/02/20

Study day, 12/02, Selected potential Sites

Nook 04: off Old Compton St



This street corner located at the intersection of Old Compton St and the other 3 Streets. It's surrounded by many bars, clubs, and restaurants, besides the Prince Edward Theatre. It's one of the busiest streets at night.

Therefore choosing this corner to show the night-time workers' busy working environment.



Week Twelve 10/02/20 - 16/02/20

Study day, 12/02, Selected potential Sites

Nook 04: off Old Compton St



Week Twelve 10/02/20 - 16/02/20

Study day, 13/02, Precedents 01: strategies of communication

01 The minimum wage machine



Finally, a way to end unemployment: the minimum wage machine by artist [Blake Fall-Conroy](https://www.earthymission.com/the-minimum-wage-machine/) allows anybody to work for minimum wage. Turning the crank will yield one penny every 4.5 seconds, for \$8.00 an hour, or NY state minimum wage (2014). If the participant stops turning the crank, they stop receiving money. The machine's mechanism and electronics are powered by the hand crank, and pennies are stored in a plexiglas box. The MWM can be reprogrammed as minimum wage changes, or for different wages in different locations.

<https://www.earthymission.com/the-minimum-wage-machine/>

Interactive installation:

Experience the lowest paid labor (hand crank)

Week Twelve 10/02/20 - 16/02/20

Study day, 13/02, Precedents 02: strategies of communication

02 Definitely Blue Café

A Definitely Blue Café to prove once and for all that the drink is in fact definitely blue.

The juice sparked a massive debate on Twitter with almost 4,000 eagle-eyed innocent fans challenging them on the true colour of the drink. innocent remained firm in their stance that the drink was definitely blue, despite thousands of comments from the public insisting it was green.

Guests could not only drink blue juice and eat blue food, but also experienced the smell, sound and sights of blue. From entering the café, they were taken on a journey through a blue tinted world. From hearing what blue really sounds like in the Bolt from the Blue phone booth, to discovering the true scent of blue through sensory artwork and finishing with the intriguing 'Wall of Blue-riosity'.

The event allowed the public to explore the world of blue with creative and interactive elements that investigated the nation's relationship with colour.

"It's a shame when some people can't simply appreciate the joy of a good colour blue without having to argue about it - you might say they really blue their chance. But the Definitely Blue Café is an opportunity to undergo a multi-sensory journey into blueness - so that everyone can realise when something is definitely blue."



Week Twelve 10/02/20 - 16/02/20

Study day, 13/02, Precedents 03: strategies of Build up

A social and architectural study for London Design Festival 2018 that explored the nature of exchange, created in collaboration with The Office Group **Read Less**

The London Design Festival, celebrates and promotes London as the design capital of the world. Our 2018 collaboration with The Office Group (TOG) sought to present a 'Framework for Exchange' to encourage creativity and collaboration in a temporary, two-storey pavilion in Shoreditch.

Constructed from reusable scaffolding, the purpose of the structure was to encourage interaction, collaboration and community through different forms of exchange that shared work spaces organically promote. As an exploration of TOG's place within the shared economy as a provider of workspaces, the project considered the framework required to cultivate interaction and knowledge sharing, both physically and figuratively.

Throughout the London Design Festival, 'Framework for Exchange' was home to a rich public programme which, through active collaboration, focused on the exchange of knowledge, skills, time and goods. During the opening weekend, the creative generosity network, Good for Nothing, hosted a one-day creative collaboration hack event. This brought together a pop-

up community of creatives to work on live challenges that helped accelerate the work of three London-based social ventures.

During the week, students from Kingston University were selected to fulfil a design brief during a charrette, hosted by TOG and ourselves. The pavilion also played host to illustrator-in-residence Tom Dowse, who did live-sketching sessions in the pavilion, transforming visual observations and verbal exchanges from visitors into bespoke literal and abstract illustrations. These encouraged participants to reconsider how creativity can be inspired through moments of exchange.

Visitors to the pavilion were encouraged to participate in smaller-scale examples of exchange throughout the week, from workshops teaching visitors how to up-cycle plastic bags into mats for rough sleepers, to trading in books, vinyl and 'dead' tech, culminating in a 'marketplace' across the final weekend of the festival.



Week Twelve 10/02/20 - 16/02/20

Tutorial day, 14/02

RECORD:

- . Chose sites are good
- . Design the workshop for next week
- . The workshop should test if the public care about nightworkers' problems
- . Update the concept sketch
- . Make a clear list of messages wanted to convey in installation
(find precedents that communicate information clearly)
- . Be ambitious about the installations (eg. The one about living situation maybe play with the size, see precedents of biennale)
- . Find clients

REFLECTION:

- . Plan a reasonable timetable for tasks, and make sure to record it and improve time management ability
- . Draw sketches inspired by precedents

ACTION:

- . List of 4 messages about nightworkers' stories I want to tell to the public
- . Update concept drawing
- . Plan a workshop for next week (should be simple and easy to understand)
- . Find clients
- . Precedents and sketch new ideas



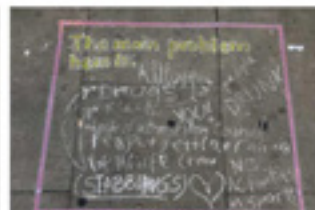
1. Identify possible sites for a potential bench around the wider site to mark out an outline of where each bench could go directly onto or pavement.



2. This series of markings establishes a temporary trail around the site. Engage both passersby and invited people in a conversation about the site, its present, past and future.



3. Each marked area contains a specific question or proposition about the site to stimulate a response.



Precedents of workshop discussed during tutorial

Week Twelve 10/02/20 - 16/02/20

Study day, 15/02, List of messages to communicate

Living far from working place . Cannot afford rent in Soho

Unhealthy diet . Cannot find appropriate meal in late night

Unsufficient social life (relationships, friend, family) . No suitable time for relationship or other social life

Unsufficient rest time (own time, sleeping) . Lack of one's own time.

Week Thirteen 17/02/20 - 23/02/20

Tutorial day, 17/02 (Cross tutorial with Pascal)

RECORD:

- . Invisible night-time workers remaind him about "Fox"
- . What will people do after "raising awareness"?
- . Maybe not a campaign, but something softer (the tone of proj.)
- . What impress him most is the "intersection"
 - eg. different gender meet at "intercession" at 10pm, one group came for dinner anther for work
 - eg. a bench be still all the time but in different tie it has different role, people using it indifferent way
 - "intersection" is someplace/something may show the contrast different groups of people
 - eg. Beigel shop (brickline)
- . Experience the night time pattern for a week, get really know what that feel
- . Workshop: Invite people have breakfast, giving spoon with infomation.

Week Thirteen 17/02/20 - 23/02/20

Study day, 17/02, Potential client / Practices

01 The Cereal Kill cafe

Can the Cereal Killer cafe, which sells only cereal, really make a killing?

The new London cafe, set up by twins Alan and Gary Keery, simply sells breakfast cereal. But would you go out for a bowl of Frosties or Special K?



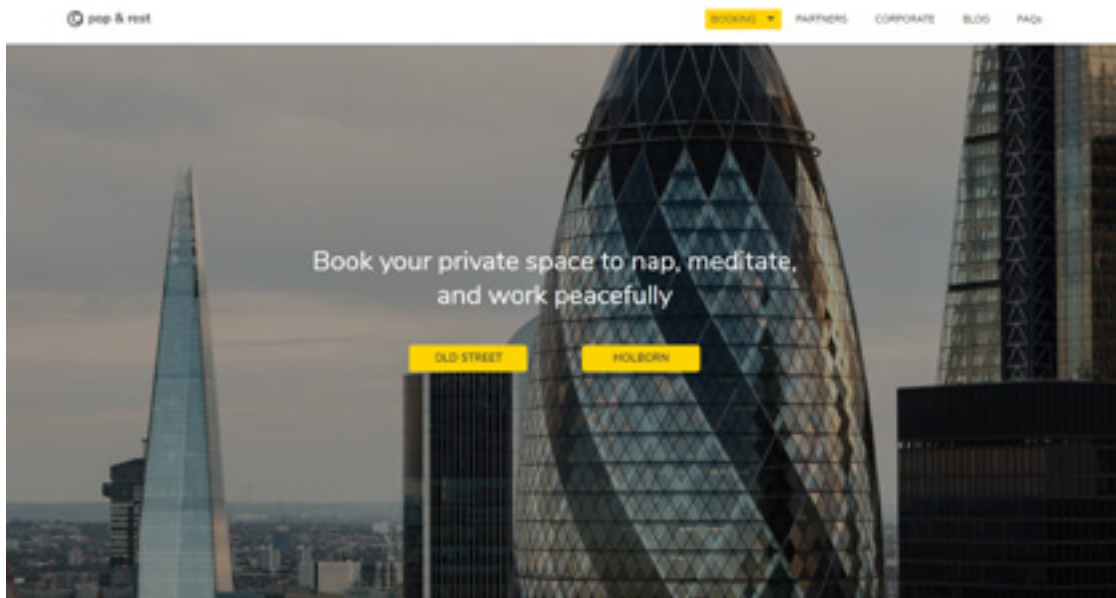
<https://www.cerealkillercafe.co.uk/>

<https://www.theguardian.com/lifeandstyle/shortcuts/2014/dec/09/cereal-killer-cafe-london-breakfast>

Week Thirteen 17/02/20 - 23/02/20

Study day, 17/02, Potential client / Practices

02 POP & REST



What's our mission



Enabling millions of people to improve their wellbeing and mindfulness whilst being away from home.

At Pop & Rest, we have this crazy idea of allowing people who are either working or travelling in all major cities to find us within 30 minutes of their location. That's why we need your space to welcome tired locals and travellers into our pods and suites.

How do we disrupt the use space?



We use a minimalist approach to optimise the use of empty spaces in busy areas.

What do we like?

"Ugly spaces" that are not bringing enough returns.

What kind of spaces do we target?

Basements, office spaces, retail spaces, public spaces and near transport hubs such as airports, car parks, and train stations.

Week Thirteen 17/02/20 - 23/02/20

Study day, 17/02, Potential client / Practices

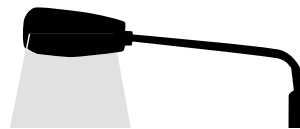
03. The Young Foundation



Rough Nights

The growing dangers of working at night

Will Norman



04. Night Czar:

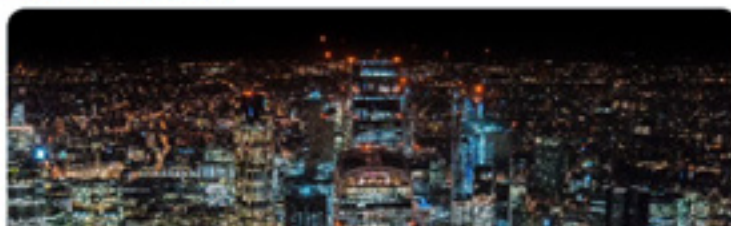


Night Czar @nightczar · 12 feb

We want to hear from you! What is it like to live, work and go out in London at night? Help us shape our city's thriving nightlife ✨

Enter our Late Night Levy survey

It only takes 5 mins! surveymonkey.co.uk/r/SMD58KD
#WednesdayWisdom



London's first Night Czar working to keep the capital safe, vibrant and diverse at night. Contact email: mayor@london.gov.uk
#LondonIsOpen

https://twitter.com/nightczar?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor



Amy Lamé ✨

@amylame

@mayoroflondon's @nightczar | DJ @bbc6music | cofounder/ host/dj
@duckielondon | author #FromPrejudiceToPride 🇬🇧 | #immigrant #LGBTQ |
Insta: amylame

Segui

Prima

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Week Thirteen 17/02/20 - 23/02/20


Study day, 17/02, Potential client / Practices

05. Night Time Commission

MAYOR OF LONDON LONDONASSEMBLY Search

What we do In my area Get involved About us Talk London Media centre

Home > What we do > Arts and culture > 24-Hour London > Think Night: London's neighbourhoods from 6pm to 6am




Think Night: London's neighbourhoods from 6pm to 6am

London is a world class city and merits world-leading thoughts on all aspects of life at night. The London Night Time Commission was set up to build on London's strengths as a city that thrives from 6pm to 6am.

Londoners are more active at night and have later bedtimes than anyone else in the UK. Two-thirds of us regularly do everyday activities at night like running errands, shopping and catching up with friends. A staggering one-third of London's workforce also work at night.


The **Think Night report** sets out how London can work better for all Londoners from 6pm to 6am, helping people to live their lives more fully. The London Night Time Commission believes that London can provide so much more at night - in neighbourhoods, workplaces, high streets and public spaces.

Related articles



Night Time Commission

The Commission was set up to help London thrive at night. In January 2019 the Commission published its final report.



Building a 24 Hour London

Membership

The members of the London Night Time Commission were:

- Nihal Arthanayake, Radio Presenter
- Hannah Barry, Founder of Bold Tendencies
- Laura Citron, CEO of London & Partners
- Alan Clamp, CEO of the Security Industries Authority
- Councillor Clare Coghill, Leader of the London Borough of Waltham Forest
- Paul Davies, Director of Nightworks
- Jamal Edwards MBE, CEO of SBTv
- Jan Hart, Director of Public Protection at the London Borough of Islington
- Councillor Angela Harvey, Chair of Licensing at the City of Westminster
- Les Isaac OBE, Founder of Street Pastors
- David Luton, Director at London First
- Shakira Martin, President of the National Union of Students
- Alan Miller, Chair of the Night Time Industries Association
- Ros Morgan, CEO of the Heart of London Business Alliance
- Rommel Mosley, Director at the Drinkaware Trust (VICE CHAIR)
- Lucy Musgrave, Director of Publica
- Lucy Musgrave, Director of Publica
- Commander David Musker of the Metropolitan Police
- Jo Negrini, CEO of the London Borough of Croydon
- Kate Nicholls, CEO of UK Hospitality (CHAIR)
- Samantha Renke, Actor
- Councillor Darren Rodwell, Leader of the London Borough of Barking and Dagenham
- Indhu Rubasingham, Director of the Tricycle Theatre
- Hannah Wadey, CEO of the Safer London Business Partnership
- Carly Wilford, DJ
- Alex Williams, Director of City Planning at Transport for London

Week Thirteen 17/02/20 - 23/02/20

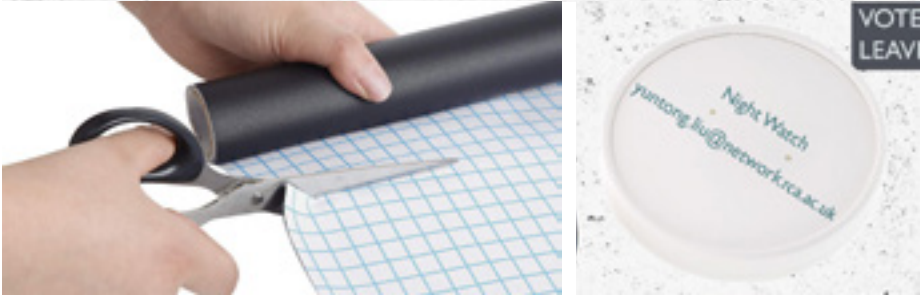
Study day, 17/02, Plan of the workshop



Comment board



Chalk
Stickers
Cereal



Chalk Board Wall Paper
Contact Info lits

Week Thirteen 17/02/20 - 23/02/20

Study day, 17/02, Plan of the workshop



VOTE FOR YOUR FAVORITE DIETS!
LEAVE YOUR COMMENTS & HAVE A CANDY



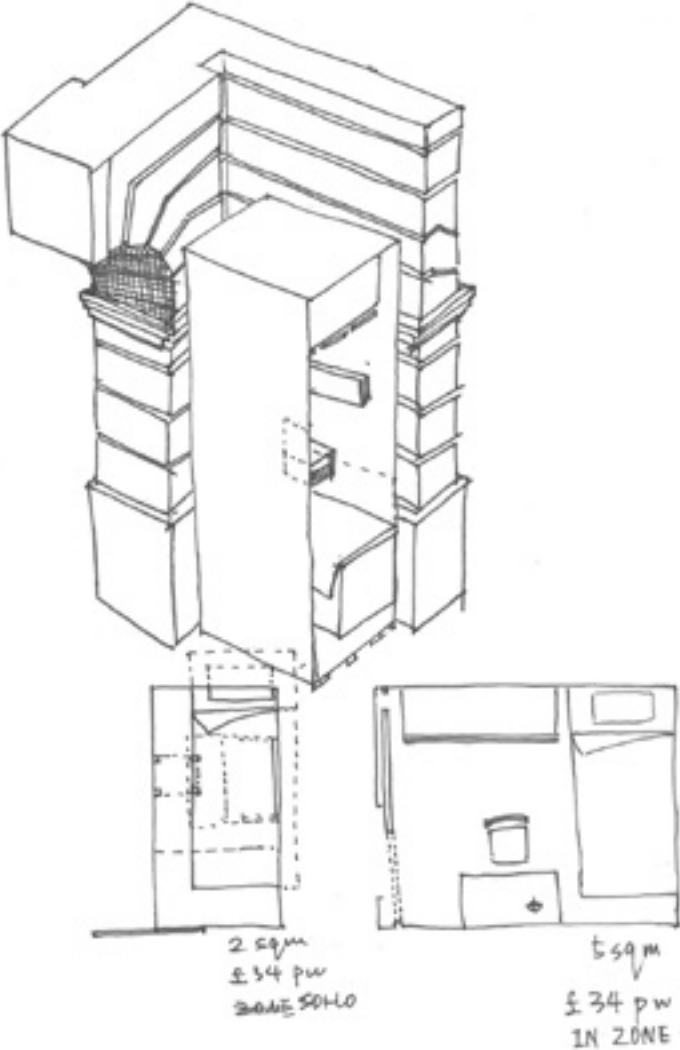
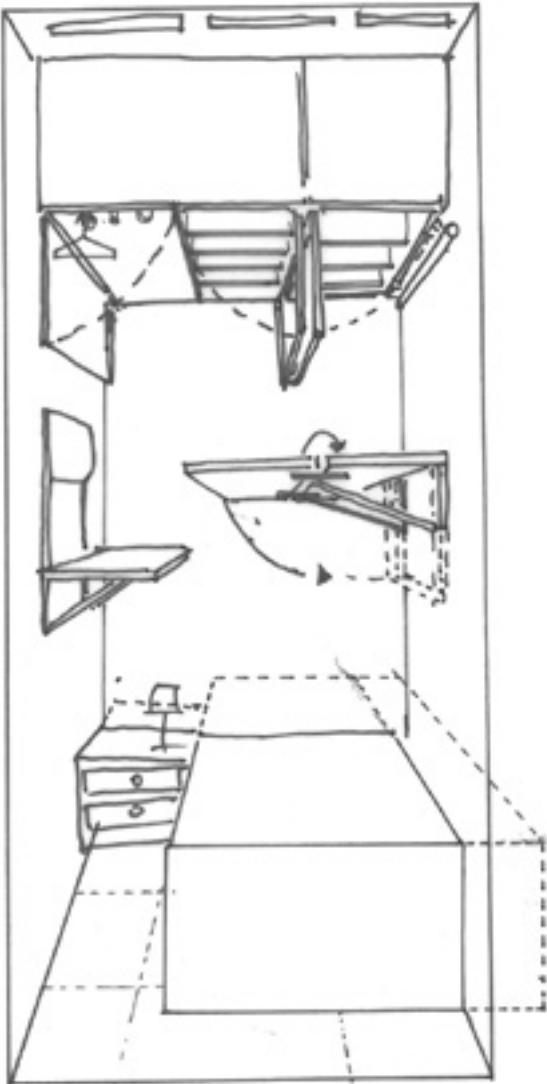
VOTE FOR YOUR FAVORITE DATE TIME!
LEAVE YOUR COMMENTS & HAVE A CANDY



VOTE FOR YOUR FAVORITE WORK ENVIROMENT!
LEAVE YOUR COMMENTS & HAVE A CANDY

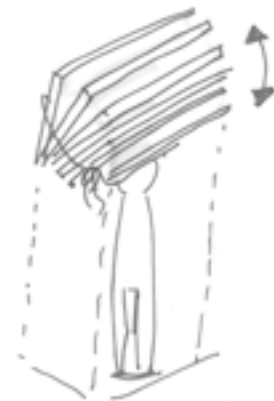
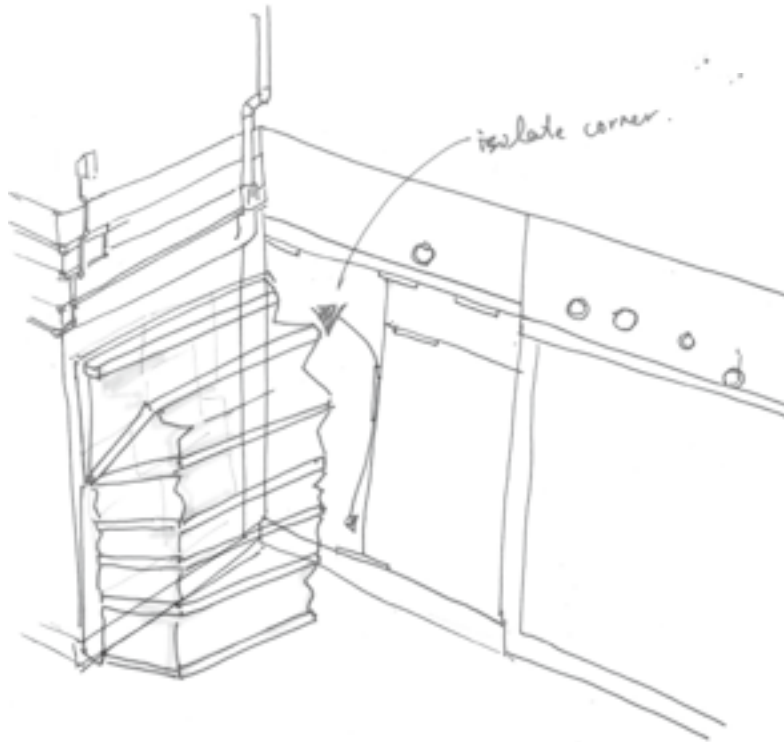
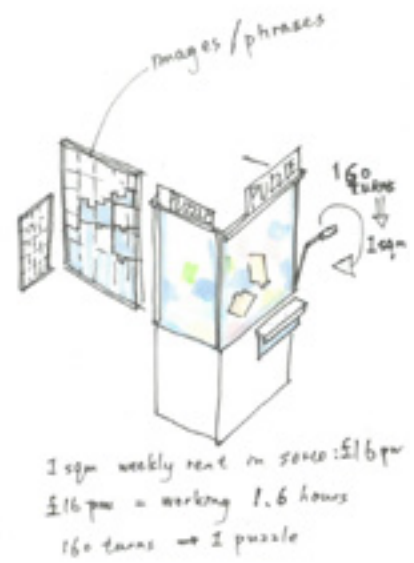
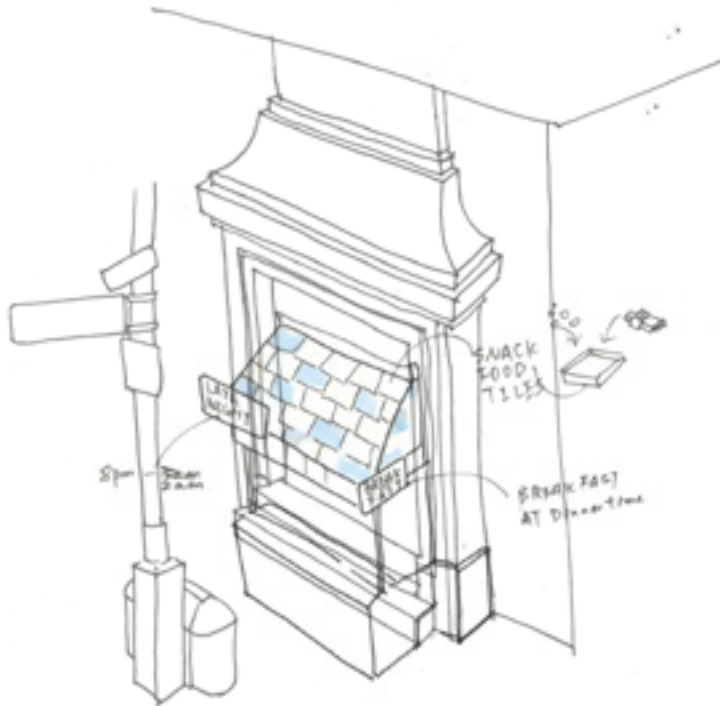
Week Thirteen 17/02/20 - 23/02/20

Study day, 17/02, Updated sketches



Week Thirteen 17/02/20 - 23/02/20

Study day, 17/02, Updated sketches



Week Twelve 17/02/20 - 23/02/20

Workshop day, 18/02

RECORD:

- . Purpose: How to learn from precedents and produce ideas from there
- . First hour: 3 precedents
 - Second hour: 3 sketch model
 - Third hour: photography

REFLECTION:

- . Learn the strategies from precedents

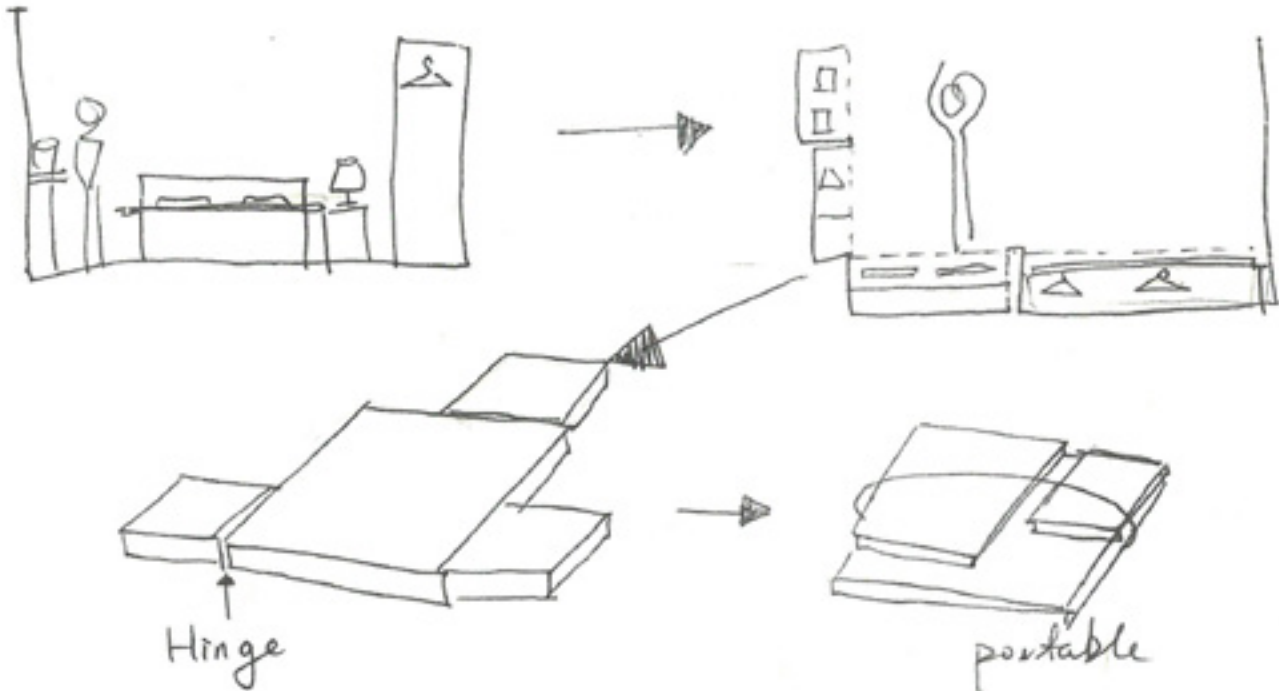
ACTION:

- . Workshop plan & design
- . Concept drawing work in progress

Week Twelve 17/02/20 - 23/02/20

Workshop day, 18/02, Precedents

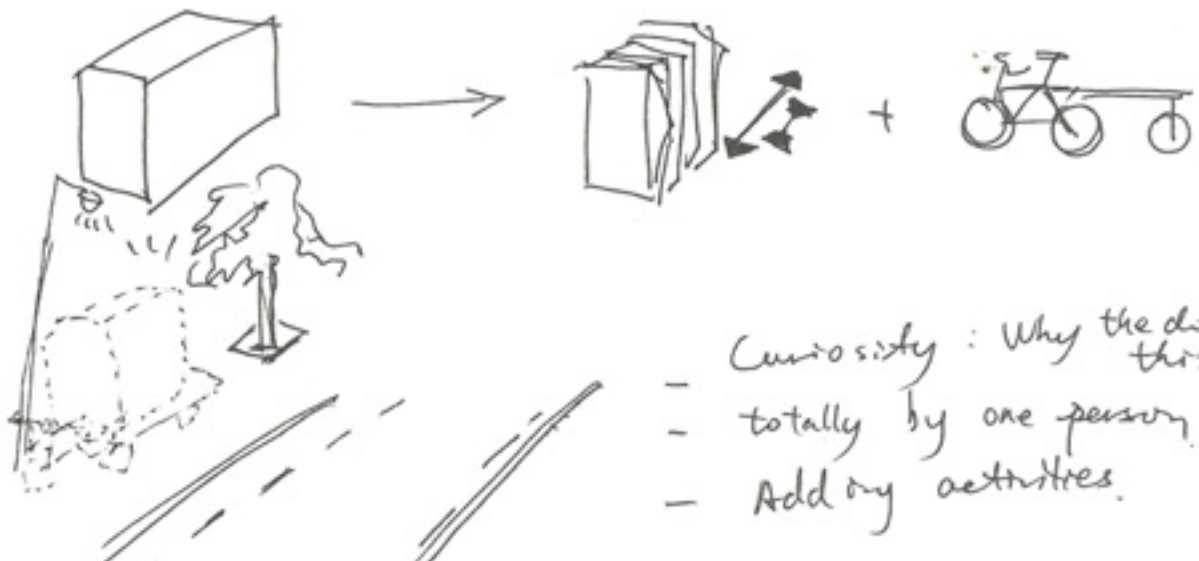
01. MoreFloor: micro-living storage solution hides furniture beneath floorboards
By Juul de Bruijn



Week Twelve 17/02/20 - 23/02/20

Workshop day, 18/02, Precedents

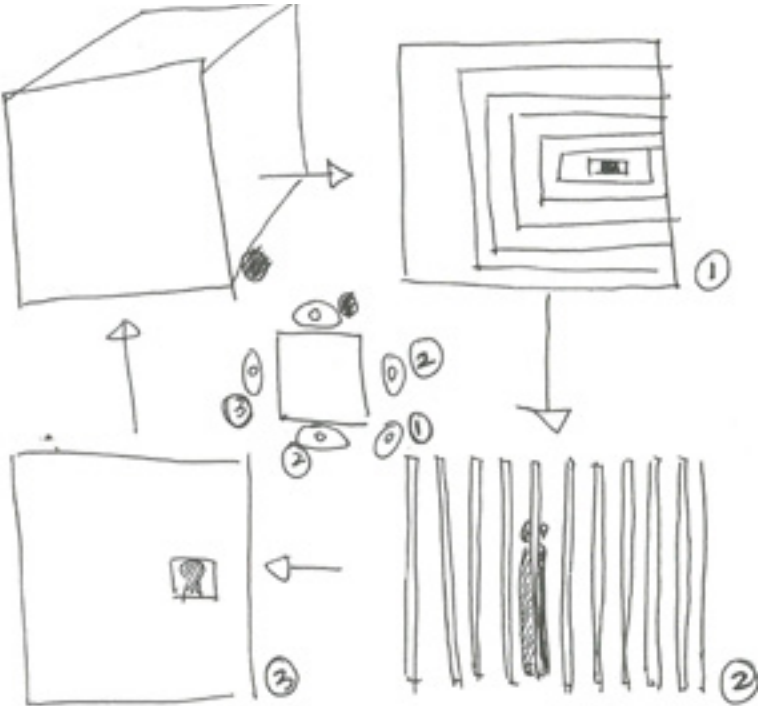
02. Tricycle House: a future relationship between people and the land
By People's Architecture Office (PAO)



Week Twelve 17/02/20 - 23/02/20

Workshop day, 18/02, Precedents

03. Reframe: Framing different views of a courtyard
By Paul Scales and Atelier Kit



Week Twelve 17/02/20 - 23/02/20

Workshop day, 18/02, Sketch models



Week Twelve 17/02/20 - 23/02/20

Workshop day, 18/02, Sketch models



Week Twelve 17/02/20 - 23/02/20

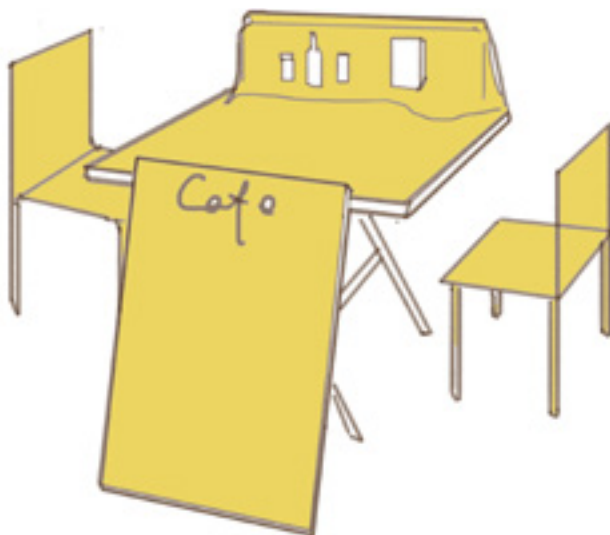
Study day, 20/02, Participatory event plan

Things to bring:

- . Folding table and chairs
- . Voting board
- . Bacon rolls x 16 (Candy?)
- . Salt/pepper bottles
- . Comments book and papers
- . Glue and stapler
- . Apron

Steps:

- . Set up cafe
- . Invite people
- . Intro with leaflets and ask opinions
- . Photograph and film
- . Record conversation
- . Drawing of outcome



MENU

STEP 1. VOTE FOR YOUR FAVOURITE
STEP 2. ENJOY A FREE BACON ROLL
STEP 3. LEAVE YOUR COMMENTS

About Night Watch

The project aims to research influences on night-time workers in Soho, and explore their neglected needs. These are far ranging and include important health (sleep and digestion related problems) social and family issues.

This project focuses on four main points:

1. Travel: Long-distance and inconvenient commuting.
2. Night-time food: Irregular and unhealthy diets.
3. Social life: Lack of energy and appropriate time for personal use.
4. Working environment: Dark and noisy environments (or more likely to cause psychological stress).

The Pop-up Breakfast workshop aims to invite people to focus on these issues and exchange opinions on the current situation of night-shift workers and the impact of the booming 24-hour economy on their lifestyles.

People are also welcome to contact me at Yankang.liu@networkrca.ac.uk

Week Twelve 17/02/20 - 23/02/20

Study day, 20/02, Participatory event plan

NIGHT WATCH CAFE VOTE, COMMENT & have BACON ROLL !

Living



Diet



Social life



Working environment



Week Twelve 17/02/20 - 23/02/20

Participatory event day, 22/02, Participants

Group 1 : " My working enviromnt, as healthy as it looks, it's healthy enough to have a crazy day. I'm working in hospitality so that looks more appealing"

Group 2 : " You know that 'night workers' has double meaning, right?... Yes, night shift."
: " Good luck for your studies, remember this statement, they will tell you in the future, but it's not worth it. I'm not working now, one of my brothers is, late hours will become a part of your life, so stay healthy, don't work late."
Thinking: It's actually related to many people who understand it, so the designer need to really understand their situation.

Group 3 : " "2girls

Group 4 : " Increasing, more obvious, more flexibilities with employees."

Group 5 : " I'll email you."

Group 6 : " I rather vote for first two. I just thinking living is quit important for night workers as well as diet."

Group 7 : " I'm a musician, this is pretty much what I do. Because there is no 24 hours restaurant, I finish working late, and than if I want to eat sth I have to cook for it or you order you have some junk food. I think VQ is the only option where you have some healthy food. I don't know it's my thing."

Group 8 : " As long as they are in healthy mode, not being too angry. That's all good."

Group 9 : " I think with night-time workers, they are pretty depends on what work they doing. Because if they do some work they don't get paid, for what is they prefer wake in nights. There there are incase something happens, but they don't get their minimum wage. there are quite a lot in the present. So that's quite important. It's not the thing about regular diet, it's the thing that they don't get proper paid."
(56min)

Group 10 : " Not really... It's really interesting emmm...."

Group 11 : " I probably rather back stay in home rather than stay in a van, quite

Week Twelve 17/02/20 - 23/02/20

Participatory event day, 22/02, Thinking from participants

1. The audience may think it in different way. From their perspective.
2. It's actually related to many people's life, they can understand it, so the designer need to really understand and be respect their situation.
3. 24 hrs restaurant/other services (from participants)
4. Fundamental issues, such as wage.
- 5 It's a job, not A lifestyle.
6. People may feel interesting to participate, but not really know the thing about night shift workers and booming 24 hrs economy.

Week Twelve 17/02/20 - 23/02/20

Participatory event day, 22/02, Photos



Week Twelve 17/02/20 - 23/02/20

Participatory event day, 22/02, Photos



Week Twelve 17/02/20 - 23/02/20

Participatory event day, 22/02, Photos



Week Twelve 17/02/20 - 23/02/20

Participatory event day, 22/02, Photos



Week Twelve 17/02/20 - 23/02/20

Participatory event day, 22/02, Photos



Week thirteen 24/02/20 - 01/03/20

Tutorial day, 24/02, Cross tutorial day with tutor Ian Hunter

Suggestion for materials (suitable for temporary structure):

- . Softwood batten
- . Exhibition systems
- . DI-NOC-films, (3M)
- . Tiles: jeminate website: outside using the cement base. AC730 (flex metal gel coat, metal texture)
- . Light effects on circadian rhythm (looking at this could be interesting)
- . Copper pipes
- . Plywood and MDF can be fire rated
- . Light temperature chart
- . Plasterboard
- . Knockdown fitting (assemble)

This street corner in Brewer Street is next to the building of NCP Car Park.

It's surrounded by a large number of restaurants and bars, and the next street is the famous Street Food Union of Soho.

Therefore, choosing this corner to support the night-shift workers' diet issue.



SITE SURVEY - NOOK OFF IN BREWER ST.

Week thirteen 24/02/20 - 01/03/20

Tutorial day, 24/02, Cross tutorial day with tutor Ian Hunter



The window view

Week Fifteen 02/03/20 - 08/03/20

Tutorial day, 02/03

RECORD:

- . Diary value: academic support, organized my thoughts and information.
- . Improve diary: mix media, clear date, and titles, using visual diagram and sketches represent tutorial.
- . Sketch models: learn from it, scale material, communication.

REFLECTION:

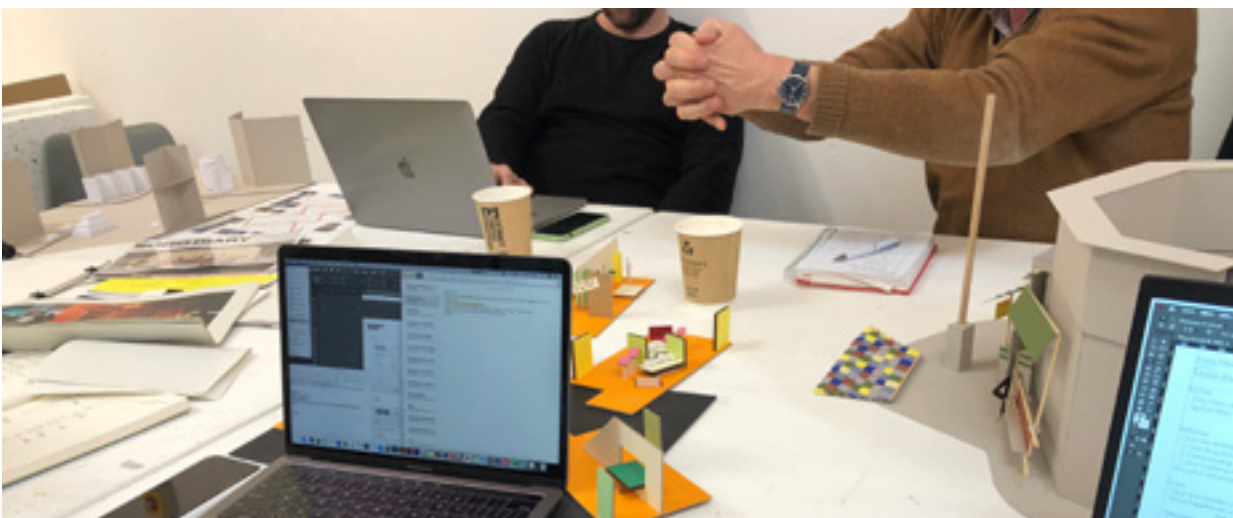
- . Learn the strategies from precedents and play with it (clear drawings)
 1. One thing learned from precedents
 2. Communicating what i learned visually (sketches)
 3. How to play with it in my design
- . Discussion with people different from you will be really helpful
- . Explain my sketch models in details, inviting people looking into it will be helpful.

ACTION:

- . Design Brief Text Updated
- . X3 Options (Plans, Sections, Models)

KEEP UPDATED:

- . Concept drawing and The Brief (clear and exciting)
(What happens: eg. cafe, lectures, precess of the manifesto? How to document and convey messages?
How to gather people? How to change installations during 3days / one week)
- . Precedents: special demonstration, that making change and convey messages
(Precedents are different from mood boards)
- . Find out the situation and regulation (Westminster council? during the night)
- . Clients contraction: prepare letters for them (London architecture festival is a stage)
- . Update diary: photograph sketch models need, mix more media such as sketches photos.



Discussing in progress

Week Fifteen 02/03/20 - 08/03/20

Study day, 03/03, Precedents: strategies of multi-installation

Is This Tomorrow? - The Salvator Mundi Experience

The Salvator Mundi Experience is an immersive experience that brings visitors, one by one, into a miniature museum dedicated to the presentation of a single artwork - Leonardo Da Vinci's 'Salvator Mundi' or Saviour of the World.

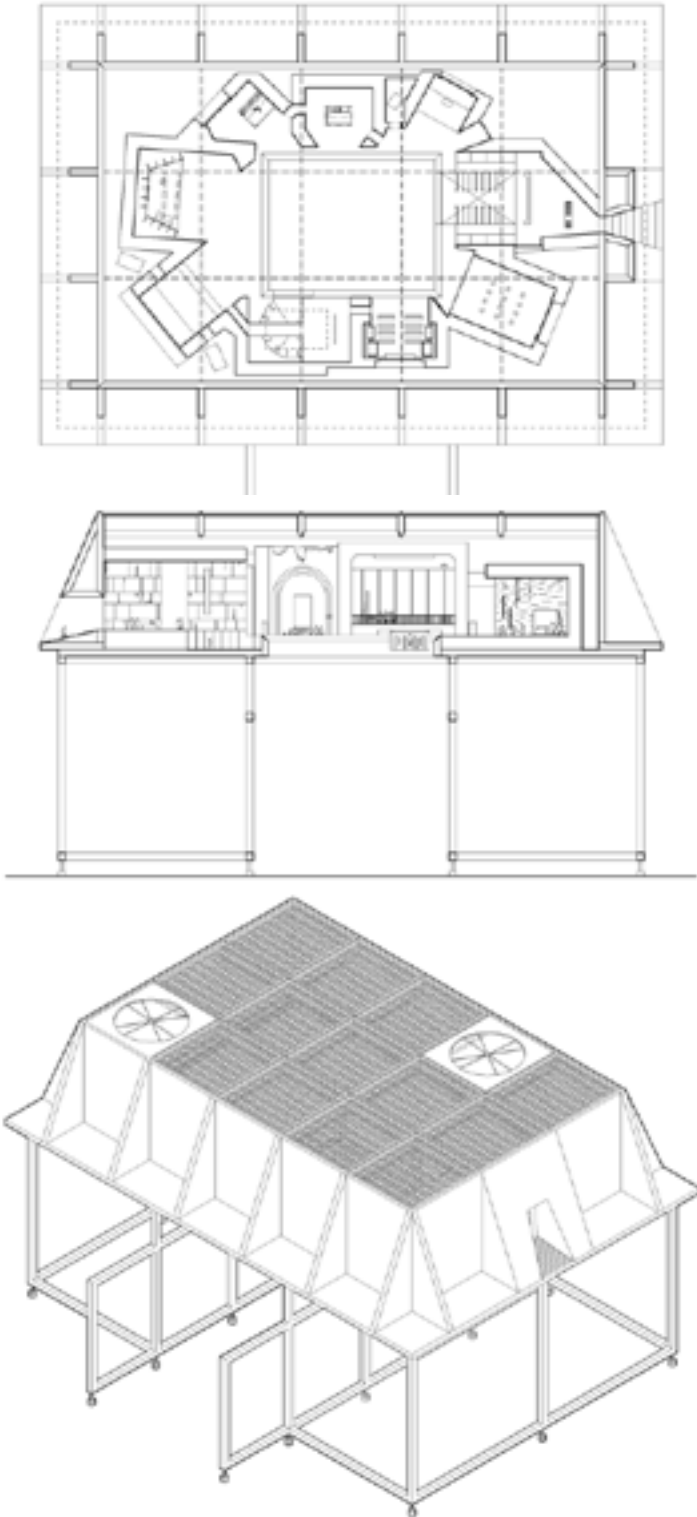
At a scale large enough to immerse a single visitor, The Salvator Mundi Experience is both a miniature proposal for an attraction and an attraction in itself. Within the context of the Is This Tomorrow? exhibition, The Salvator Mundi Experience considers a future shaped by the logic of hypercapitalism, in which both art and architecture are expected to deliver ever higher levels of spectacle, offer more extreme, more individualized and more immersive experiences. The Salvator Mundi Experience is a melancholic yet anthropologically plausible vision of a near future in which humanity itself is placed on display as a dwindling resource.



Week Fifteen 02/03/20 - 08/03/20

Study day, 03/03, Precedents: strategies of multi-installation

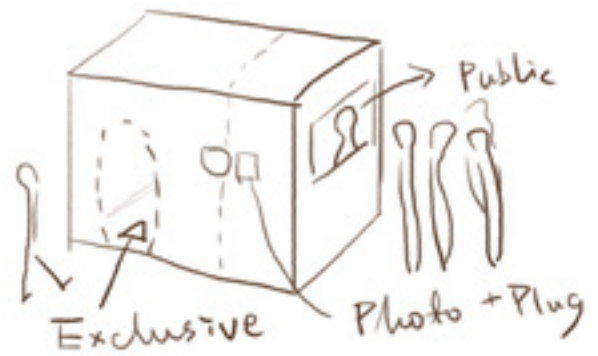
Is This Tomorrow? - The Salvator Mundi Experience



Week Fifteen 02/03/20 - 08/03/20

Study day, 03/03, Precedents: strategies of functional space

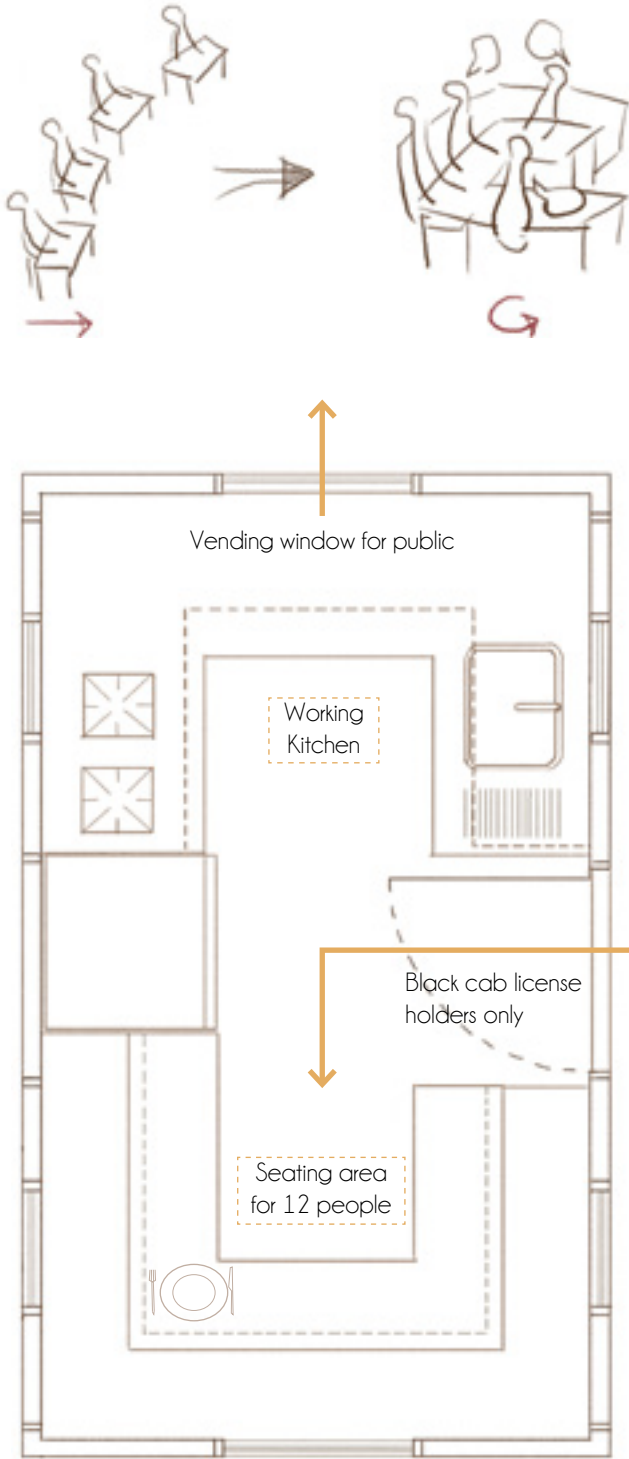
Cabman's shelters



Week Fifteen 02/03/20 - 08/03/20

Study day, 03/03, Precedents: strategies of functional space

Cabman's shelters



04/03/20 Precedents

Week Fifteen 02/03/20 - 08/03/20

Study day, 04/03, Precedents: strategies of multi-installation

Definitely Blue Café



Week Fifteen 02/03/20 - 08/03/20

Study day, 04/03, Precedents: strategies of multi-installation

Definitely Blue Café



Week Fifteen 02/03/20 - 08/03/20

Tutorial day, 05/03

RECORD:

- . The brief is too simple, more details needed.
(eg. Cafe gallery for installation, exploration; special demonstration; client user... etc.)
- . Client: The young foundation.
- . Modular is the right direction, try to play with it.

REFLECTION:

- . Organizing the functions/contents of the design before start making a plan.
- . Try to activate the existing building.

ACTION:

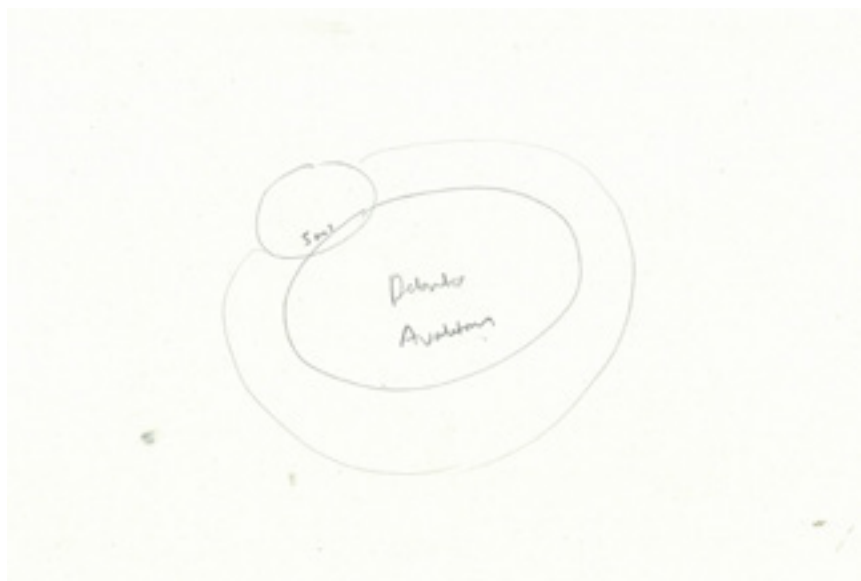
- . Design Brief Text Updated:
Make a list of what where who why then make it in a paragraph.
- . A plan of minimum space can be used.
- . A diagram of activities/functions in installation.
How do they combine? How much space for each area?

KEEP UPDATED:

- . Concept drawing and The Brief (clear and exciting)
(What happens: eg. cafe, lectures, process of the manifesto? How to document and convey messages? How to gather people? How to change installations during 3days / one week)
- . Precedents: special demonstration, that making change and convey messages
(Precedents are different from mood boards)
- . Find out the situation and regulation (Westminster council? during the night)
- . Clients contact: prepare letters for them (London architecture festival is a stage)
- . Update diary: photograph sketch models need, mix more media such as sketches photos.

Week Fifteen 02/03/20 - 08/03/20

Tutorial day, 05/03



Sketches during the discussion

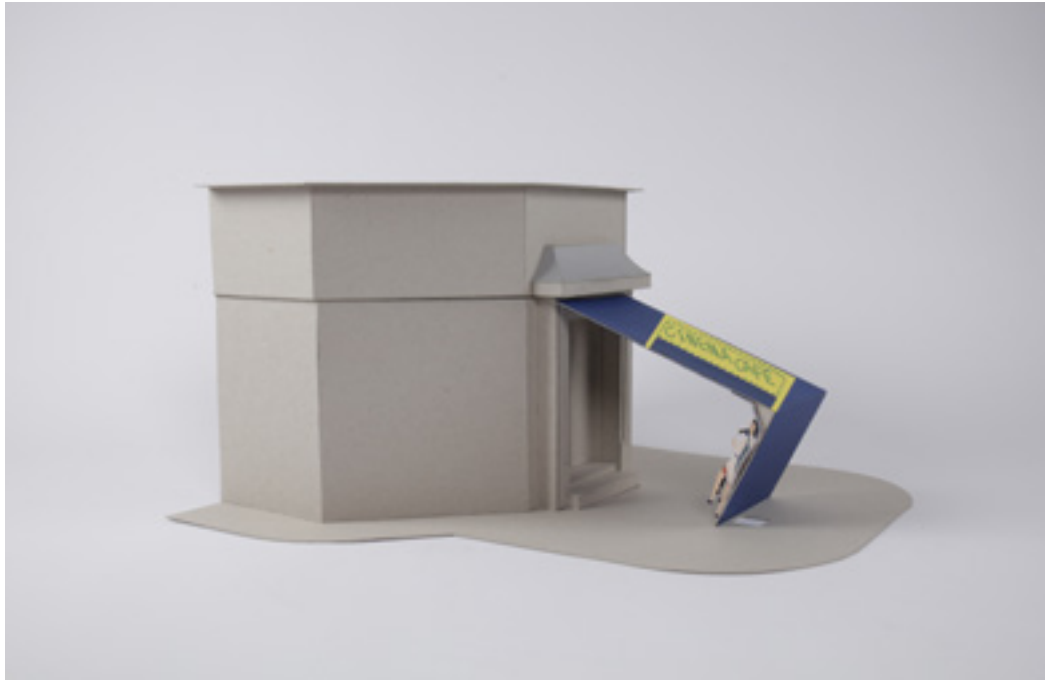
Week Fifteen 02/03/20 - 08/03/20

Study day, 06/03, Photograph of sketch models



Week Fifteen 02/03/20 - 08/03/20

Study day, 06/03, Photograph of sketch models



Week Fifteen 02/03/20 - 08/03/20

Study day, 06/03, Photograph of sketch models



Week Fifteen 02/03/20 - 08/03/20

Study day, 06/03, Photograph of sketch models



Week Fifteen 02/03/20 - 08/03/20

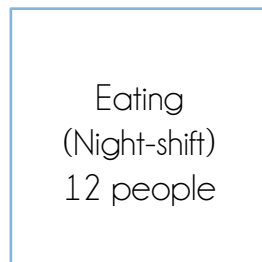
Study day, 08/03, Diagram of Spacial requirements

Working area:



Minimum dimensions for best use of these function: 125 cm x 65cm x 204 cm

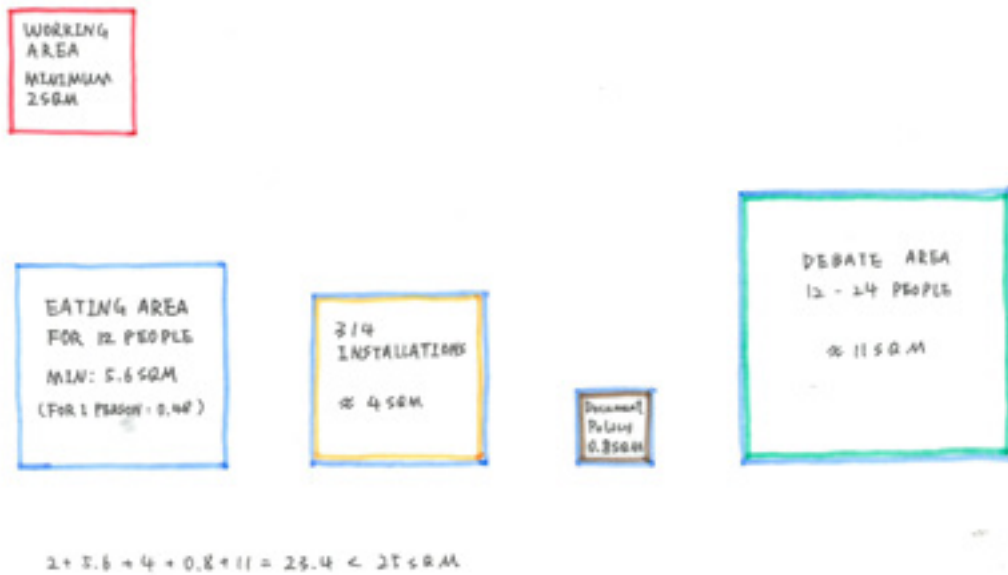
Activities:



Week Fifteen 02/03/20 - 08/03/20

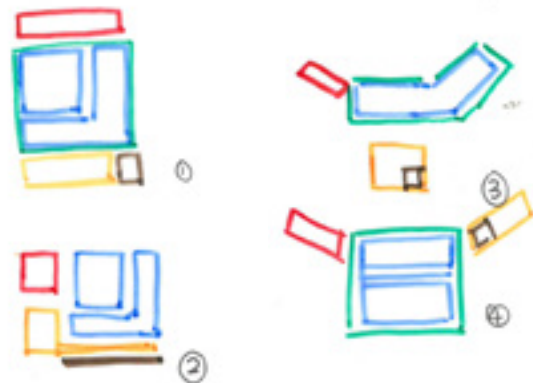
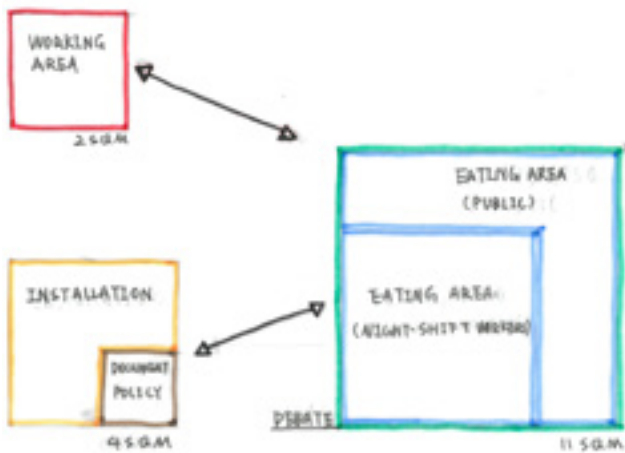
Study day, 08/03, Diagram of Spatial requirements

01. Exploring of usage of space for different purposes



02 Exploring of usage of space for different purposes

03. Exploring different combination of space usage



Week Sixteen 09/03/20 - 15/03/20

Tutorial day, Monday, 09/03

Record:

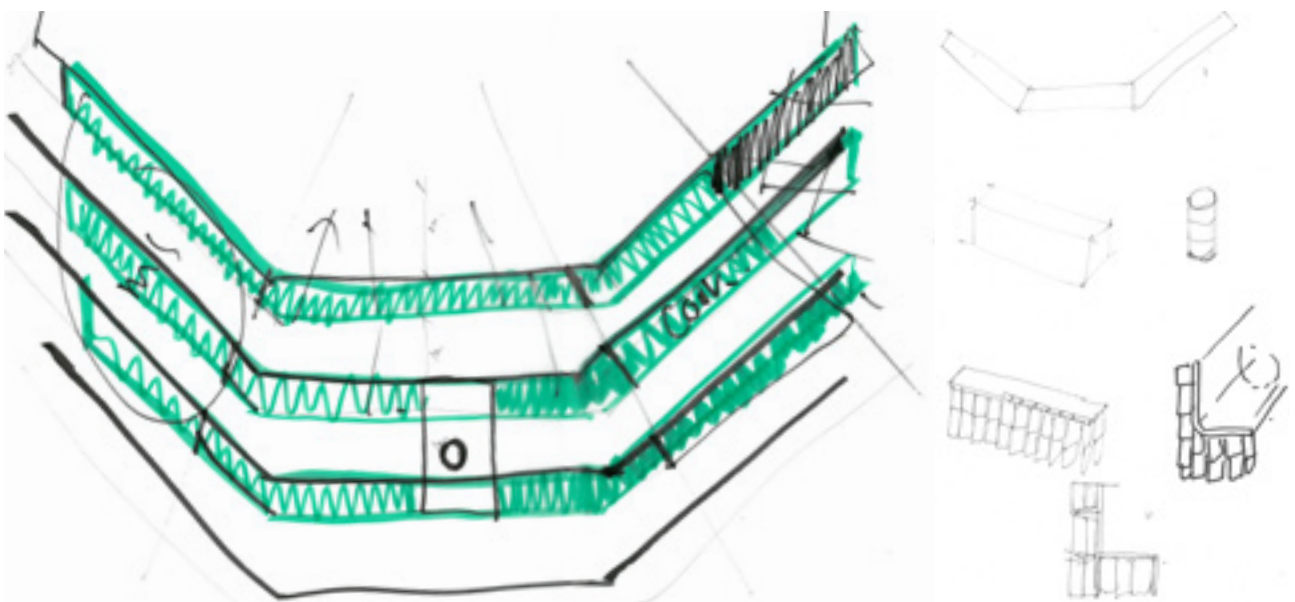
- . Good to activate existing building, add it into the sketch model.
- . Better to take geometric forms from the existing building.

Reflection:

- . Not necessary to take curve form.
- . Be positive to the project, design and try to get the best outcome.

Action:

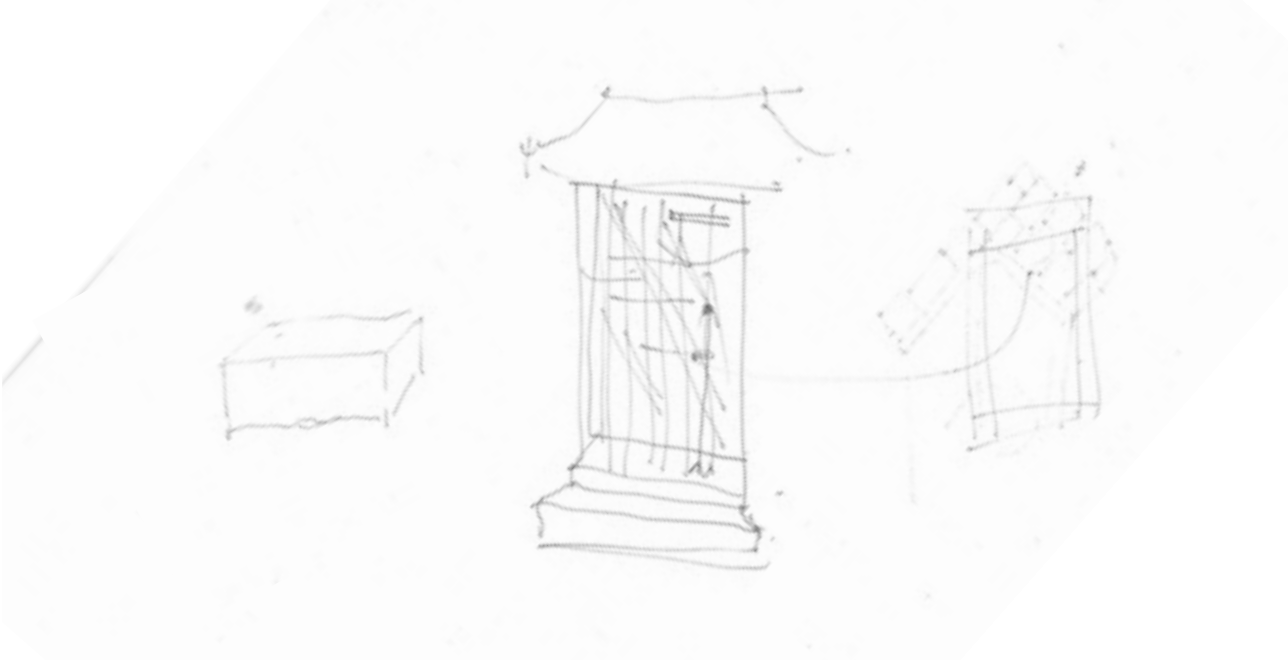
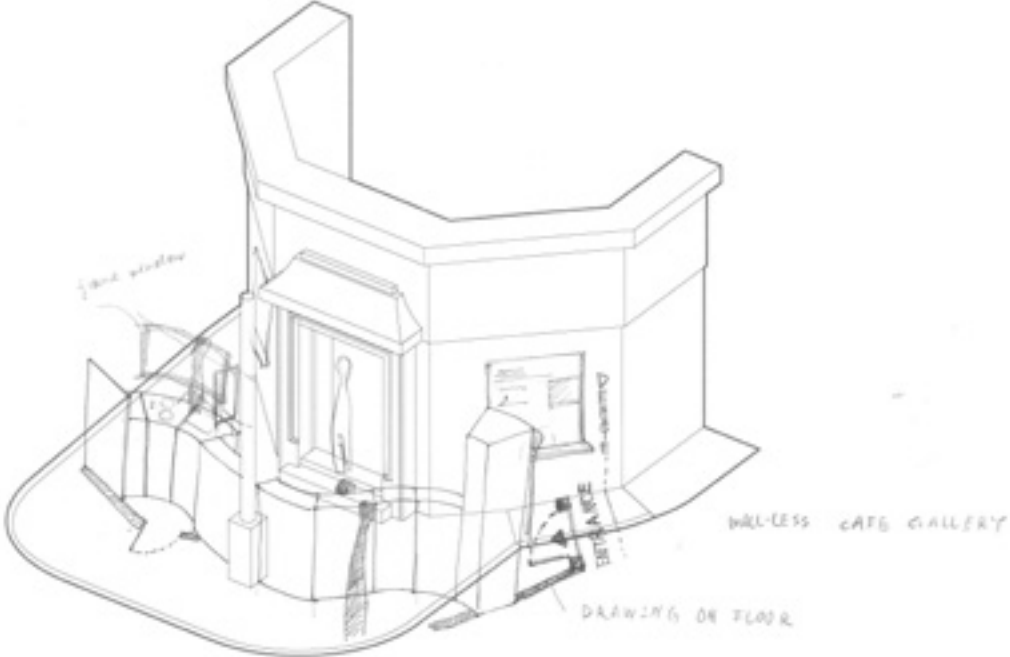
- . Schematic Plan: details of different areas: cook, debate, installation, documents, policy.
- . Schematic Sketch model: be demonstrating and exciting. show the window case.
- . Design Stage+Windows in detail.
- . Design Seats graphic in detail. (see precedents)



Sketches during the discussion: exploring equidistant areas from imetre building

Week Sixteen 09/03/20 - 15/03/20

Tutorial day, 09/03, Sketches during the discussion of activated existing building



Week Seventeen 09/03/20 - 15/03/20

Tutorial day, 12/03

RECORD:

- . What's the process of activities
- . Sink of working space should be smaller
- . Program of lecture (take some examples)
- . Check the building is listed or not

REFLECTION:

- . Consider the process, make it believable

ACTION:

- . X3 plans (Restaurant Gallery, Auditorium, Library)
- . Model showing transitions (film)
- . Thinking about: What is your 1:1.

Week Seventeen 09/03/20 - 15/03/20

Study day, 14/03, Research of existing Building

There are three types of listed status for buildings in England and Wales:

Grade I: buildings of exceptional interest.

Grade II*: particularly important buildings of more than special interest.

Grade II: buildings that are of special interest, warranting every effort to preserve them.



Week Seventeen 09/03/20 - 15/03/20

Study day, 14/03, Details of the listed existing building

Heritage Category:	Listing
List Entry No :	1063903
Grade:	II

County:	Greater London Authority
District:	City of Westminster
Parish:	Non Civil Parish

For all entries pre-dating 4 April 2011 maps and national grid references do not form part of the official record of a listed building. In such cases the map here and the national grid reference are generated from the list entry in the official record and added later to aid identification of the principal listed building or buildings.

For all list entries made on or after 4 April 2011 the map here and the national grid reference do form part of the official record. In such cases the map and the national grid reference are to aid identification of the principal listed building or buildings only and must be read in conjunction with other information in the record.

Any object or structure fixed to the principal building or buildings and any object or structure within the curtilage of the building, which, although not fixed to the building, forms part of the land and has done so since before 1st July, 1948 is by law to be treated as part of the listed building.

This map was delivered electronically and when printed may not be to scale and may be subject to distortions.

List Entry NGR:	TQ 29501 80919
Map Scale:	1:1250
Print Date:	15 March 2020



Multi-storey car park. 1929. Robert Sharp (1884-1950) with J.J. Joass (1868-1952). Steel and concrete frame, glazed ceramic front elevation, copper-clad dome, brick-clad side and rear elevations; steel Crittall windows. PLAN: long rectangular site with forecourt to front, projecting tower at south-west corner. Basement with four upper floors, reached via ramps along west side of building. Lifts and stairs behind tower; other stairs on centre of east side, near Ingestre Place entrance. EXTERIOR: Classical-Moderne style front elevation. Ground floor originally part-glazed, now open. Upper floors fronted with seven bay front articulated with pilasters, with alternating strips of terracotta and windows, with plain square panels below each opening; parapet above. Recessed easternmost bay with narrow windows to each floor. Canted tower to left of four floors, with plain rectangular openings on each floor to the front three sides; open dome above cornice. Blank front of tower formerly sported a painted inscription panel reading 'LEX GARAGE'. Four bay return to southern part of Lexington Street with pilasters. Eastern flank elevation of unadorned concrete frame with brick in-fill and similar windows, containing secondary entrance. Faded painted sign reading GARAGE on north return. INTERIOR: parking originally for 1,000 cars over 121,000 sq ft of parking apace over five floors. Largely unencumbered floor plates with ramped access at west side, Heavy concrete beams carry floors above. Turntables formerly in centre of each floor now removed. Former lay-out included a chauffeurs' canteen, cafe and kitchen on front of first floor, with bathroom within tower of each floor; garage and store to front of ground floor, with petrol pumps in forecourt. These features have all gone. HISTORY: opened in mid-1929 as the 'Lex Garage', this is among the earliest surviving ramped multi-storey car parks to be built in the country and was described at the time as 'probably the largest and best-equipped building for the service of the motor-car that has yet appeared in this congested city'. It was intended to serve the West End, especially Theatreland, to which increasing numbers were coming by car. Its monumental street presence endows it with considerable power.

Week Seventeen 09/03/20 - 15/03/20

Study day, 15/03, program of different activities

Exploring different ways these space might be used; as an:

AUDITORIUM:

01. Lecture / discussion
02. Write comments
03. Document each comments and photos of activities.

RESTAURANT GALLERY:

01. Get food (cooking area)
02. Have a seat and relax (seating area)
03. Display (installation and document)

Week Seventeen 09/03/20 - 15/03/20

Study day, 15/03, program of different activities

Example of Auditorium as given in a

Night Czar

Amy Lamé was appointed Night Czar in 2016, and was tasked with ensuring London thrives as a 24-hour city. Amy's role involves championing London's nightlife both in the UK and internationally, including safeguarding venues across the city. This vital work is driven by working in partnership with the night time industries, local authorities, the Metropolitan Police, Transport for London and the public.

Amy is Chair of the [Night Time Borough Champions Network](#). This network ensures close links between the Mayor of London, the Night Czar, the London Night Time Commission and London's 33 local authorities. The champions share good practice, advise on the creation of new night time initiatives and support the development of local night time visions.

The Night Czar will put the [Mayor's Vision](#) for London as a 24-hour city into action. She has helped to protect dozens of venues around the city, using her convening powers to bring together business owners, developers, police, residents, community groups, local authorities and customers to reach positive outcomes. She has also published an [LGBTQ+ Venues Charter](#) with the Mayor to encourage new LGBTQ+ venues to open in the city.

Night Surgeries

Amy's Night Surgeries allow her to hear directly from Londoners about their experience of the capital at night. Night Surgeries include organised visits to meet resident and community groups, businesses, councillors, night time workers and volunteers. They also involve being on the street and on public transport where Amy can talk to members of the public, visitors and local residents to understand their views on London at night.



Night Czar the second from left

Week Seventeen 16/03/20 - 22/03/20

Tutorial day, 12/03

Record:

- . Start using Google's meeting for the next tutorial.
- . Program: day, time, who, what topic, styles: Pecha Kucha? is it with or without a slide? (be branded)
- . Discuss the process and need an office space for instance
- . Also need protection from raining, can play with two working areas.

Reflection:

- . Consider the program in detail, like really holding an event.
- . When making a decision, think about the good and the risk

Action:

- . Ideas of office and installation space, and roof protection (correct in 3d model and drawing)
- . Make every detail decision throughout the whole week
- . Create a program, workshop sheets, etc. (Supporting drawings that go alongside animation)
- . Update animation to show all steps
- . Add people and update plan
- . Update Concept sketch (TBC)

Week Seventeen 16/03/20 - 22/03/20

Study day, 17/03, Program through the week

Exploring a one week event proposal name of Night watch Cafe

NIGHT WATCH - 24h CAFE GALLERY

A pop-up Cafe provides 24-hour economic and nutritious light meals. During the week, different experts will come and discuss the topics that the night workers care about and exchange their ideas with us. Welcome to contribute your ideas opinions even complaints. All the voices are precious for us. It's a great opportunity to meet new people. Join us and enjoy your health late-night breakfast!

From 13/06/2020 Saturday to 20/06/2020 Saturday,
36 Brewer St, Soho, London (next to The Bill's)

Sign up on our Facebook page and enjoy the event:

TIME	EVENT
13/06 Saturday 4-7 pm	<p>OPENING PARTY</p> <p>Guest: Will Norman</p> <p>Director of Research of The young foundation, author of Rough Nights: The Growing Dangers of Working at Night and other publications.</p> <p>Will from the young foundation will join us for a brief introduction to the week-long event and share his stories with night-shift workers.</p> <p>Come join us and tell your unique stories. A great opportunity to find your group and meet new people. Nice foods and soft drinks will be provided.</p>
14/06 Sunday 4-6 pm	<p>TALK: LONGEVITY DIET</p> <p>Guest: Roger Green</p> <p>AHN Director, and London Director Patricia Lopez.</p> <p>The long-term reversal of day and night and irregular diet will increase the possibility of people suffering from chronic diseases. For example, heart disease, diabetes, arthritis and obesity are all diseases directly related to diet.</p> <p>Roger from The Academy healing nutrition will come and talk about his culinary philosophy: simple, delicious and powerful food. And give some suggestions for the situation of night-shift work. There will be Q & A time after the talk.</p> <p>At the end leave us your thoughts in the clipboard under your seat, all suggestions will be precious retained by us.</p>

Week Seventeen 16/03/20 - 22/03/20

Study day, 17/03, Program through the week

16/06 Tuesday 4-6 pm

Seminar: living and commuting
Guests: Dexters, Manolo Remiddo

Manolo Remiddo, a resettlement consultant from Dexters and living in a motor home, wants to join us and share the different ways to live in London. Please come here to share your experience, problems, and even grievances. I believe they will give you another go and useful answers.

17/06 Wednesday 4-6 pm

TALK: Improve your work environment
Guests: Worksmart group

WorkSmart is a job advice app, here for everyone-whether looking to build a career, or just want to improve your current situation at work. They will join us and talk about employers' responsibilities in our working environment and how to defend your rights, also what can help to release mental stress. After the talk, there will be free time of Q&A, our guest will answer your specific question. In the end, leave us your thoughts in the clipboard under your seat, all suggestions will be preciously retained by us.

18/06 Thursday 4-7 pm

Breakfast party: Meet New Friends :)

Welcome to join the breakfast party and meet new friends! Bring your favorite breakfast or share your favorite dishes with new friends and don't worry about coming empty-handed, the Cafe will continue working during the party you can still order. We will also provide free soft drinks. Share your fun and interesting social life or come exchange your concern about it. We are willing to record your stories and suggestions.

20/06 Friday 4-6:30 pm

Seminar: Night Surgeries
Guests: Amy Lamé

Night Czar: Amy's will be here to hear directly from Londoners about their experience of the capital at night. She will introduce us about her work and experience about night-time life.

After that, we will sit down together and enjoy our food have a discuss your views on the night industries and about your working conditions: what you want to improve, and possible policies. After the discussion, we will ask the participants to write down on the form provided three points/policies that you think are effective. We documented them carefully and hang on the flagpole of our night watch cafe.

Week Seventeen 16/03/20 - 22/03/20

Study day, 18/03, Example of one event

EXAMPLE:

NIGHT WATCH - 24h CAFE GALLERY

20/06 Friday 4-6:30 pm, Seminer: Night Surgeries, Guests: Amy Lamé
36 Brewer St, Soho, London (next to The Bill's)

- | | |
|----------------|--|
| 4:00 - 4:30 pm | Introduce Night Czar: Amy Lamé and presentation of her work and experience about night-time life. |
| 4:30 - 5:30 pm | Free discussion about what you want to improve, and possible policies with Amy and enjoy refreshments. |
| 5:30 -5:50 pm | Leave your comments and thoughts on clipboards. |
| 5:50 - 6:30 pm | Document each comments and hang them on our flagpole. |

Week Seventeen 16/03/20 - 22/03/20

Tutorial day, 18/03

RECORD:

- . Super cute cat: Professor Femur.
- . Add a description to other areas (Display, stage, seating, windows: event/menu)
- . Plan modification:
 - put a person on the seat to see the potential of space
 - Kitchen and office area changing each plan
 - Restaurant gallery: 1. office man sit down with book and laptop, 3. ketchup bin space,
 - 4. group table for dining (put another row of seat),
 - 5. unfold seat becomes a seat for a long table, 6. Service Counter and bin station
 - Event plan: 1. The kitchen should be Bar (with drinking on it.), 2. Draw speakers projector,
 - 3.office-controller storage space,
- . Using a daytime projector.

REFLECTION:

- . Attention about small mistakes.

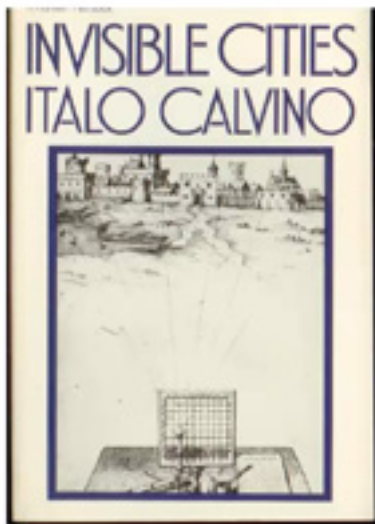
ACTION:

- . Finish plans with no mistakes
- . 2 section / elevation drawings
- . Update model: unfolding chair, Counter sauce, roof
- . Finish model animation of Whole process (From Van to QR Code)
- . Pick 1 for 1:5 (for the real thing)
- . Thinking about the branding

Week Seventeen 16/03/20 - 22/03/20

Tutorial day, 18/03

The first Online lecture from David Kohn



Week Eighteen 23/03/20 - 29/03/20

Tutorial day, 18/03

RECORD:

- . Description of areas (Exhibition, same size text)
- . Plan modification:
 - The double yellow line to show where is the road
 - Remove bin and red line, same colour
 - Restaurant gallery: 1. two people on the bench, 2. condiments and bin, 3. walking man in between, 4. laptop on the other side.
 - Event plan: 1. projector with signs on lamp pole, 2. Draw speakers 3.man on the controller laptop on the same place.
- . Section: cups. people etc.
- . Techniques about roof protection eg. tarp holing; ratchet straps...Frank cafe
- . Order of screens in animation: Van, sign, table chairs, pole system, roof, menu board, people...
van come again, end with signs and QR Code
- . Animation: Cabinet for all installation open with colour in it.
people came out from the office and pull it up
Signs should be taller they are permanent

REFLECTION:

- . Attention about small alterations could be made to small identified areas.

ACTION:

- . Study precedents of the roof
- . Sketch model of the roof
- . Update drawings and a new section (long side)
- . Update animation

Week Eighteen 23/03/20 - 29/03/20

Study day, 24/03, Material research

Membrane structure research

Membrane structures are spatial structures made out of tensioned membranes. The structural use of membranes can be divided into pneumatic structures, tensile membrane structures, and cable domes. In these three kinds of structure, membranes work together with cables, columns and other construction members to find a form.

The common membranes used in membrane structures include:

PVC coated polyester fabric

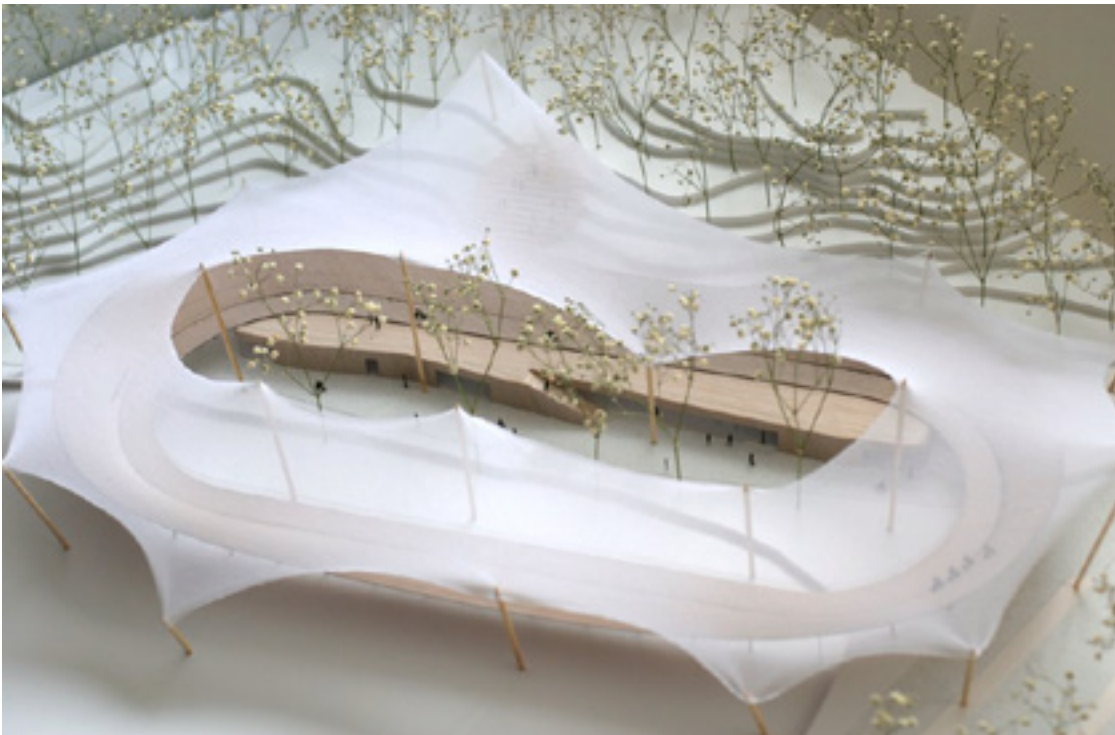
Translucent Polyethylene fabric

PVC coated glass fiber fabric

PTFE coated glass fiber fabric; foils like

ETFE foil

PVC foil.



Cycling Center / We Are You + Erik Hallberg

Week Eighteen 23/03/20 - 29/03/20

Study day, 24/03, Material research

Detail joint for proposed canopy

Eye Expansion Bolt - Stainless Steel

Eye anchor bolt with expansion chamber suitable for mounting into masonry.



Eye expansion bolt manufactured from 316 grade stainless steel with a M6 thread.

Simple to use, as you tighten, the chamber expands to create a secure fixing an ideal alternative to using resin to fix your anchor eye bolt.



Dimension information:

- L: 70mm
- D1: 11mm
- D2: 16mm
- Thread: M6

Installation



Week Eighteen 23/03/20 - 29/03/20

Study day, 24/03, Material research



Eye Expansion Bolt - Stainless Steel:
Fixing the canopy to the existing structure



Translucent Polyethylene fabric: Canopy



Plywood: Modular structure



Food can: Table and chair legs

Week Eighteen 23/03/20 - 29/03/20

Tutorial day, Thursday, 26/03

RECORD:

- . To prepare for the online review
 - start with a concept drawing and explain clearly your design brief, but also the very first sketch models, try to show and convince
 - balance the proportion of presentation, images, and description
- . Update plan section
 - Long Section: open some cabinets, food cans.
- . How to make the structure related to 4 ideas of their situation.

REFLECTION:

- . It's about thinking and how you going to communicate. (be thoughtful and)

ACTION:

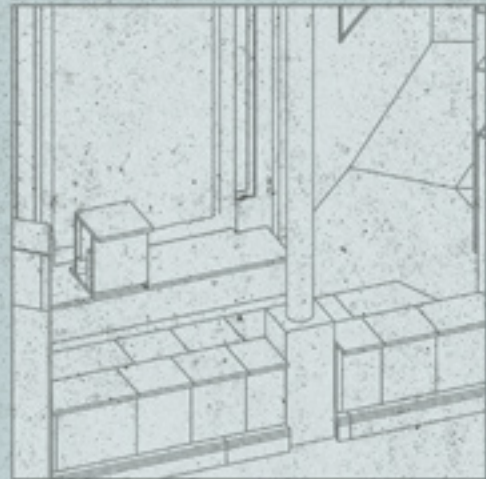
- . Make roof movable/adjustable.
- . Organize what I need to do for review
- . Concept drawing
- . Update animation
- . Precedents + Diagram + Keywords
- . render something for more suggestion

Week Eighteen 23/03/20 - 29/03/20

Study day, 29/03, Concept Illustration

The idea for the Night Watch Cafe: Discussion, exhibition, demonstration





Event setting



Week Eighteen 23/03/20 - 29/03/20

Study day, 29/03, Storyboard for the Animation

Explaining the transformation of the structure.



Move construction element to site



Build up



Completion of Cafe gallery

Week Eighteen 23/03/20 - 29/03/20

Study day, 29/03, Storyboard for the Animation



Collecting comments



Raising the signs up



Delivering the book



Create website

Week Nineteen 13/04/20 - 19/04/20

Tutorial day, 02/04

RECORD:

- . Figure out why it's not "excellent" by myself
- . Get "wilder"
 - Bring your ideas and adventure to every tutorial
- . Portfolio:
 - . To prepare for the portfolio (think both about screen and printing) start with a schematic plan, and get into detail.
 - . Site plan/analysis: the history of demonstration in Soho, more context, material (Pitch: 4 corners; Portfolio: focus on one corner which will be the selected site)
 - . Find precedents for each page of the portfolio
 - Don't forget detail: north symbol, scale, etc.
 - . Concept drawing changing the colour of lampost and add (What Why Who Where)
 - . Movement of different Plans (precedents: Tafuri Manhattan, Sarah Wigglesworth: Dinning table)
 - . Update precedents: add Curiosity cabinet and Movement Cafe.
 - . Participatory event: put the film in PDF and Update outcome drawing
 - . Plan x 2, elevation x 6, Short section x 2 (Restaurant + Event)
 - . Schematic development: add animation/storyboard
 - . Perspective drawing: In the cafe, in event, lampost, the sequence of event
 - . Detail drawing of lampost like a swiss army knife
- . Design:
 - . Use more of the lampost, Attach a winch for lifting? Design table with an umbrella?
 - . Branding up: make it visual "special demonstration" colour icon? Soho? (Go wild)
 - . How to make materials or structures to represent the other three topics
 - . The canopy can be more creative

REFLECTION:

- . Balance the time, focus on "design realization"
- . How to surprise people for next time

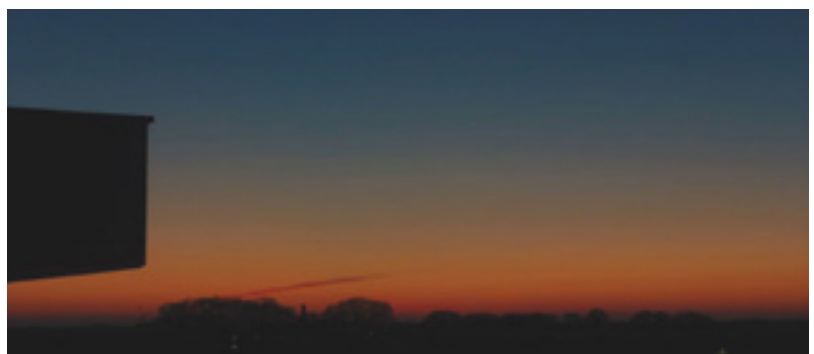
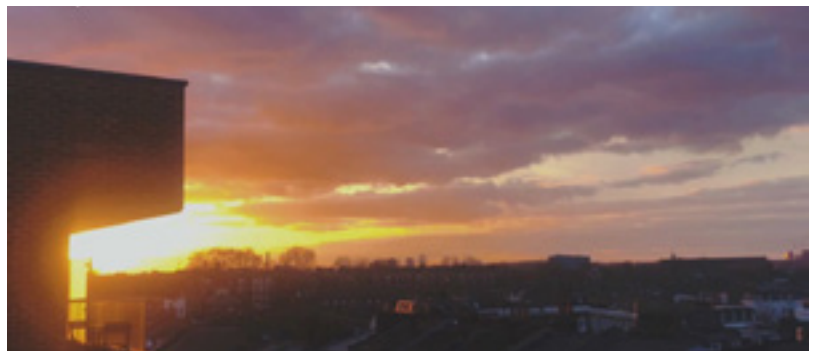
ACTION(EASTER HOLIDAY):

- . Finish Pitch Document
- . Plan & Setup Portfolio Document
- . X2 Axonometrics (x1 as restaurant gallery & x1 as an event)
- . Try to finish the part of Context, Concept, Design development.

Week Twenty-one 13/04/20 - 19/04/20

Study day, 13/04, Consideration and inspirations of colours

The intersection of day and night



Week Twenty-one 13/04/20 - 19/04/20

Study day, 15/04, Precedents of how to apply colours



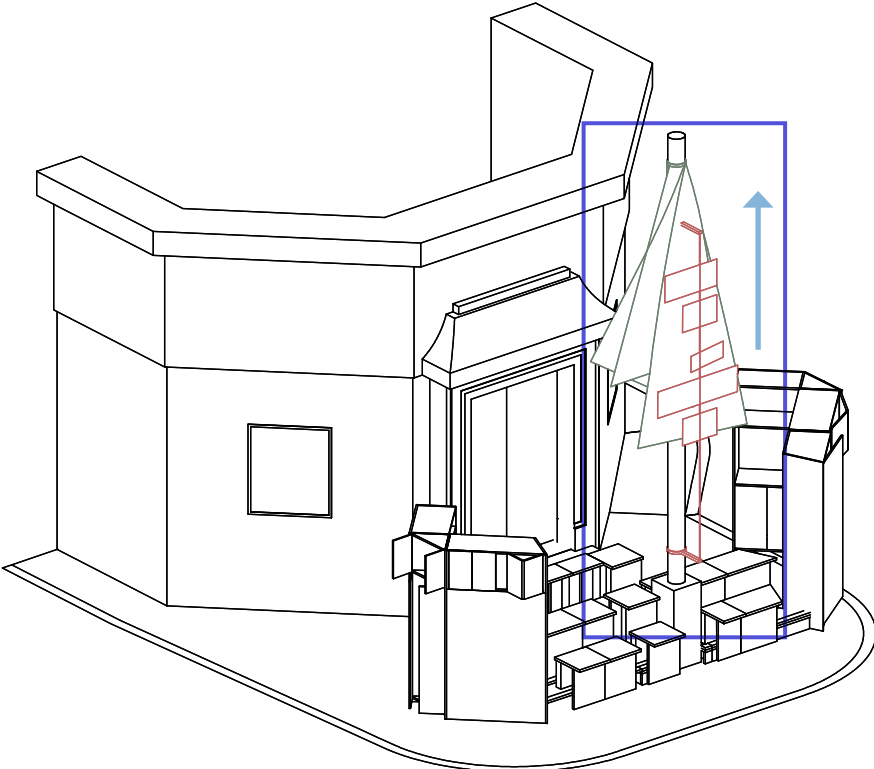
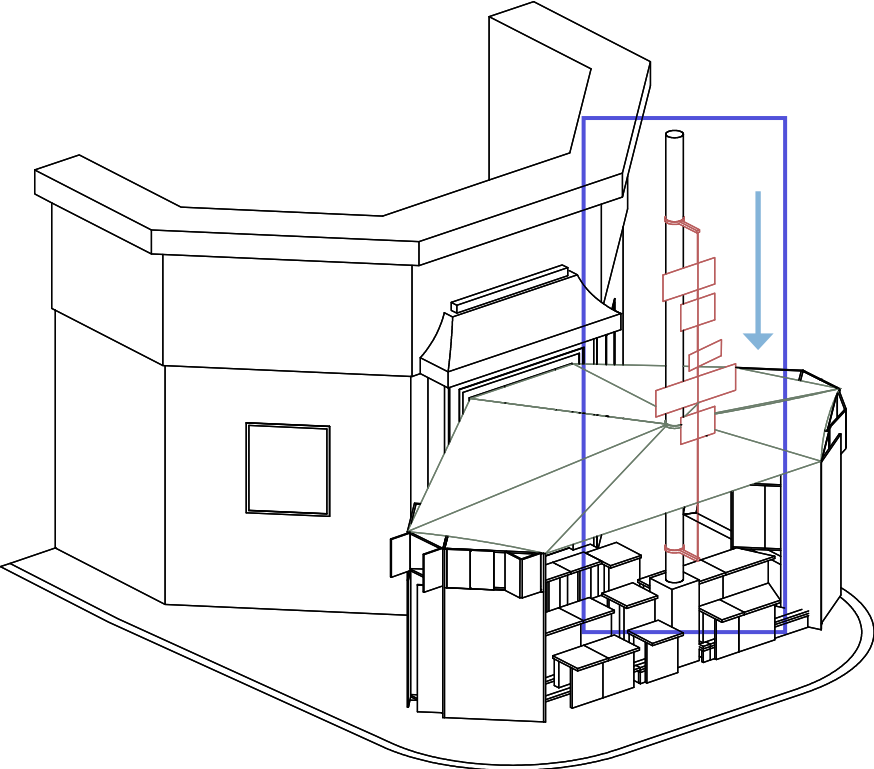
Assemble official - tests of dye plywood



Movement cafe - Painting on plywood

Week Twenty-one 13/04/20 - 19/04/20

Study day, 17/04, First idea of movable canopy



Week Twenty 20/04/20 - 26/04/20

Tutorial day, 20/04

RECORD:

- . Learning from others:
 - Yusi: Very well structured Pitch. Eye-Catching
 - Houjun: Interesting storyline to present portfolio
- . From now on most of works is about COMMUNICATION

REFLECTION:

- . Always ask yourself what are you communicating.
- . The difference between " Good " and " Excellent" is how to:
 - Show your thinking and learning
 - how to support it, which is almost like a VISUAL dissertation.

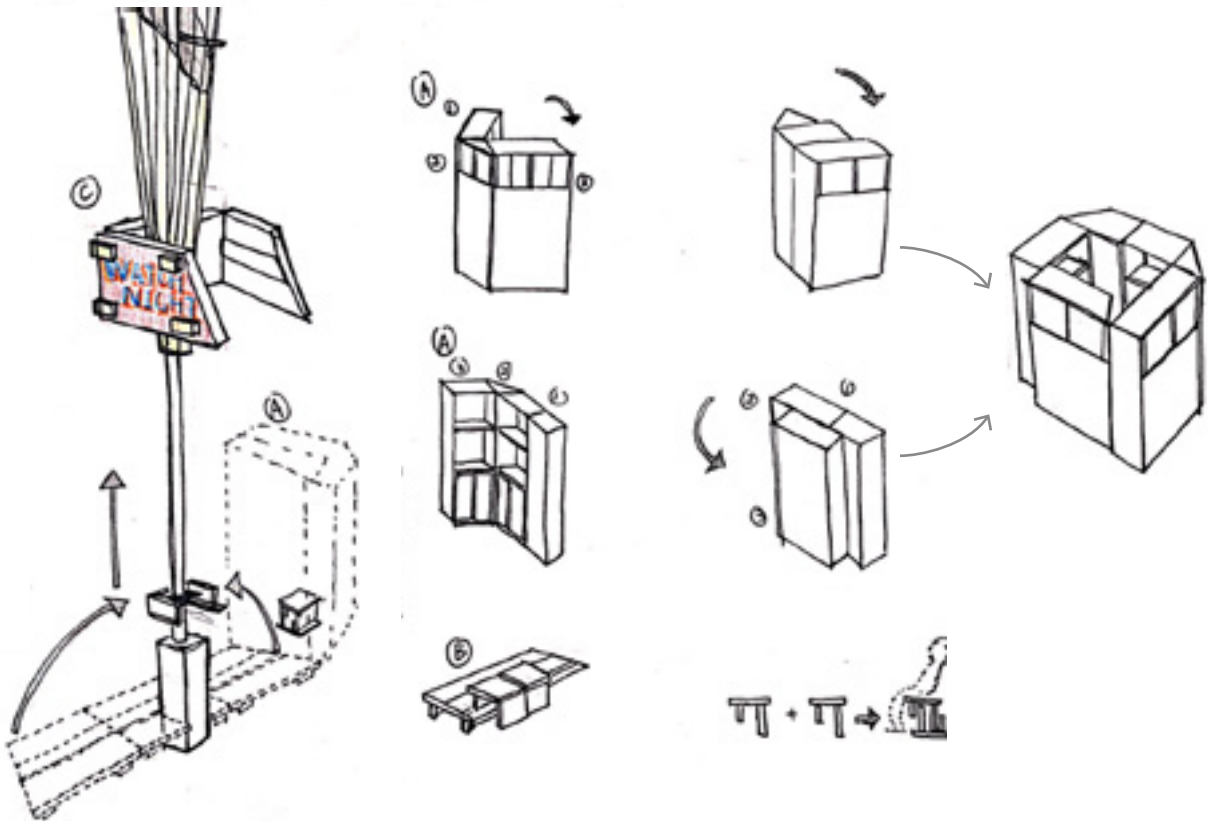
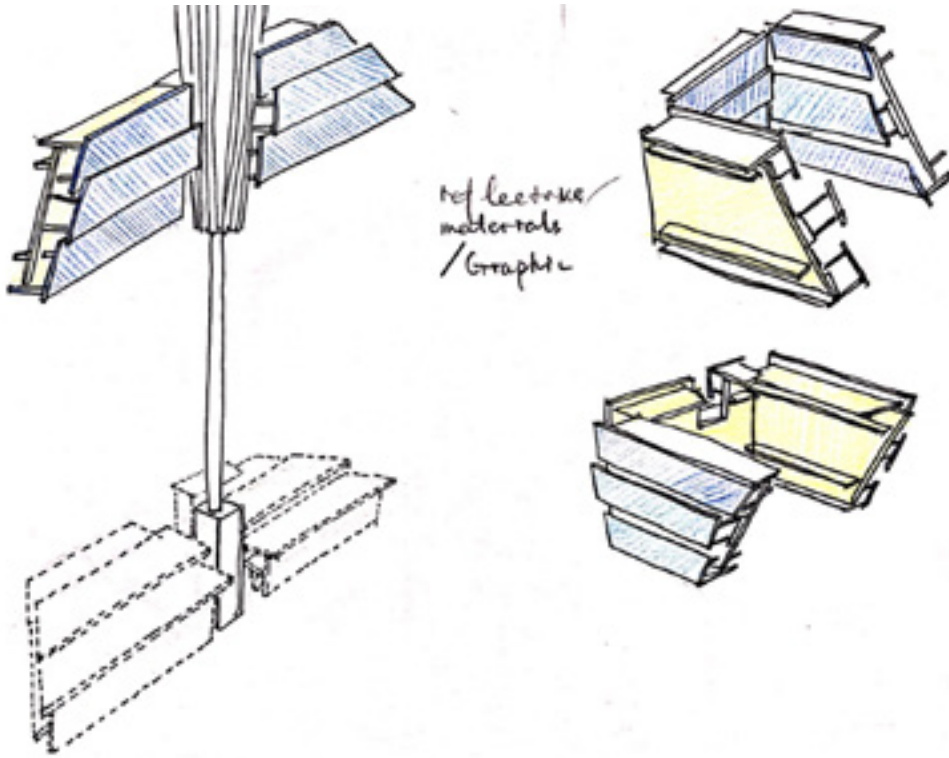
ACTION:

- . Sketch some other options for how the lamppost can move the seating
- . Think: what would be the benefit? How can this create a demonstration?
- . Make a model that investigates the movement of the canopy. (elegant way)
- . Film the model and show us the movement as a video, like the Instagram example.

Week Twenty 20/04/20 - 26/04/20

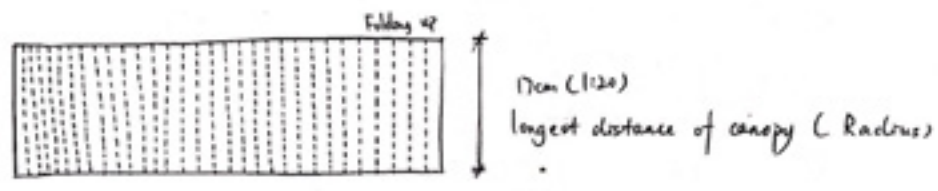
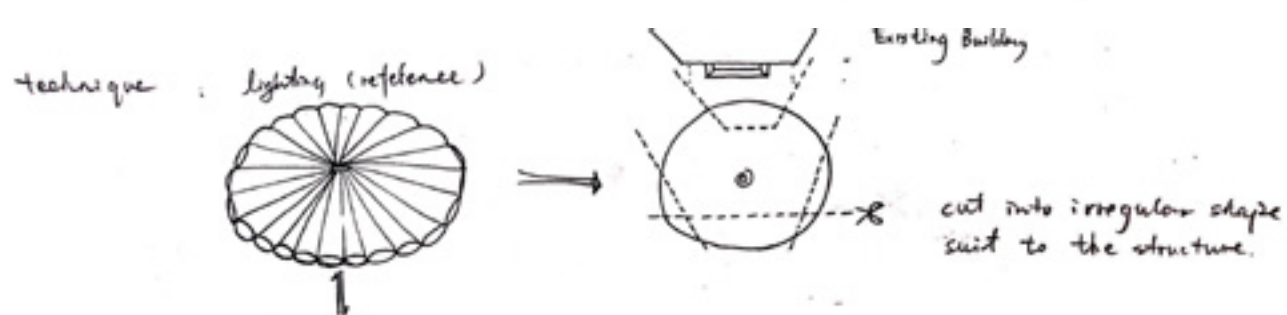
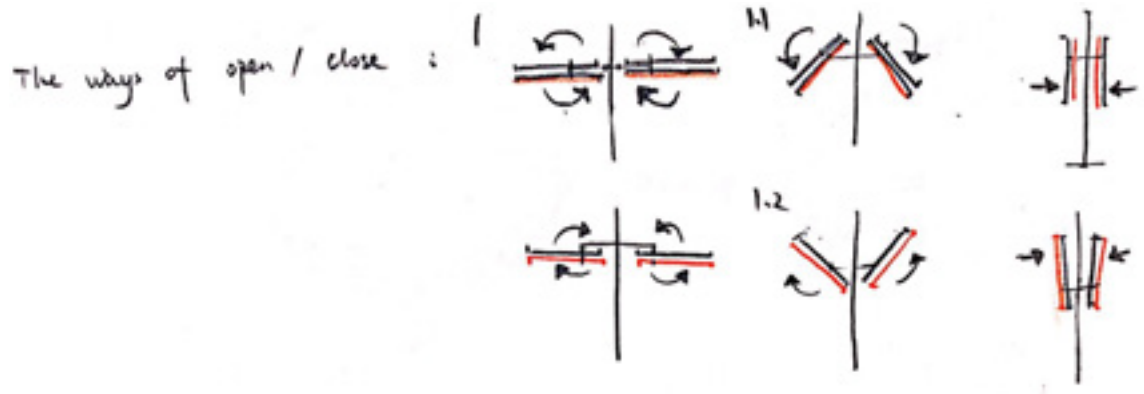
Study day, 21/04, Options for use of lamppost

Options on the use of various furnishings attached to Lamppost



Week Twenty 20/04/20 - 26/04/20

Study day, 22/04, Study of Movement of Canopy attached to Lamppost



Week Twenty 20/04/20 - 26/04/20

Tutorial day, 24/04

RECORD:

- . Consistent format of Portfolio is important: font, keys, info
- . Need introductive pages of night-shift workers and main research after site photo survey.
(Even it's the duplicate content of Pitch, using another format, or new drawing.)
- . Add another page of people using the street corner for many functions as another Site analysis page.
- . Don't put too much info on one page. (Hierarchy)
- . At least 3 pages for schematic development.
- . Maybe the canopy and seating have two sides
one for logo one for personal expression (logo+individual message)

REFLECTION:

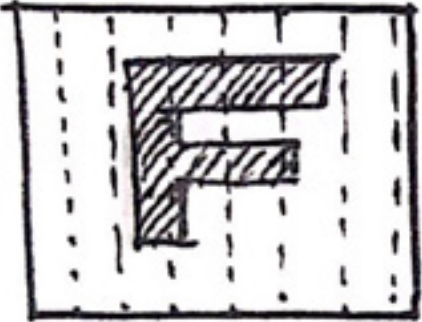
- . Be aware of what's the most important information on the page. (Hierarchy)

ACTION:

- . The movement of the canopy and seating together (show it in the new film)
- . How does the canopy reveal the logo?
- . How does the seating reveal night time workers' messages? (think in detail, like holding the real event)
(Perhaps signage attached to the seating when raised as precedent: Movement cafe)
- . Create a new film that shows both demonstration and movements
(Canopy reveals the logo and seating reveals night-shift workers messages)
- . Update the Portfolio as per tutors' comments

Week Twenty 20/04/20 - 26/04/20

Study day, 26/04, Test graphic on folding canopy



Week Twentyone 27/04/20 - 03/05/20

Tutorial day, Monday, 27/04

RECORD:

- . Make sure you are working on your design and your portfolio each week.
 - Roughly be 80% of your time on design work and 20% on portfolio work.
- . Setup drawings and each week you are just improving the design.
- . Try to always create at least one drawing that shows how the drawing will look in the end fully finished.

REFLECTION:

- . Do not be afraid of trying new things.

ACTION:

- . Update animations to show a day in the life cycle of the lamppost. These should clearly show:
- . Canopy shows logo:
 - How canopy wraps around the light to become a beacon
 - How canopy creates space
 - Lamppost holds projector
 - Lamppost holds the light for stage
 - Stage bench creates seating
 - Bench allows other messages to be attached and becomes a sign.
- . Create a manual showing how components are assembled and attached to the lamppost (Ikea style)

Week Twentyone 27/04/20 - 03/05/20

Study day, 28/04, Study for the mechanism of winch



Week Twentyone 27/04/20 - 03/05/20

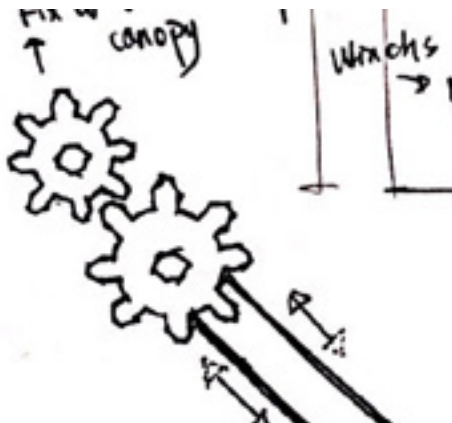
Tutorial day, 30/04

RECORD:

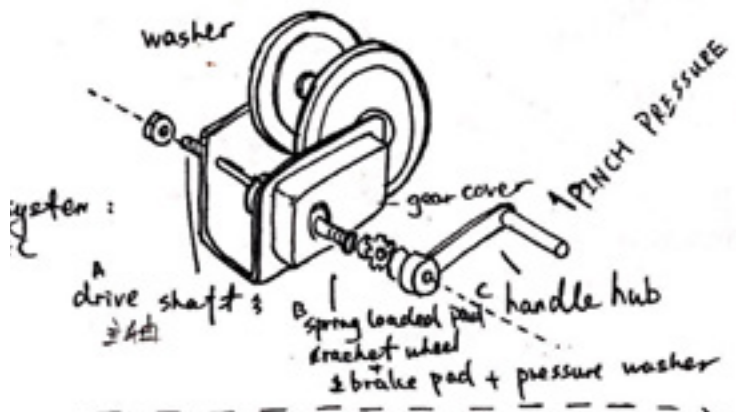
- . Try to create at least one drawing that shows how the structure will look when completed.
- . Think about the key moment of each process, what you want to communicate in perspective drawings.
- . Look / Consider Heath Robison's drawings especially his style of communicating action.

Study of mechanism elements

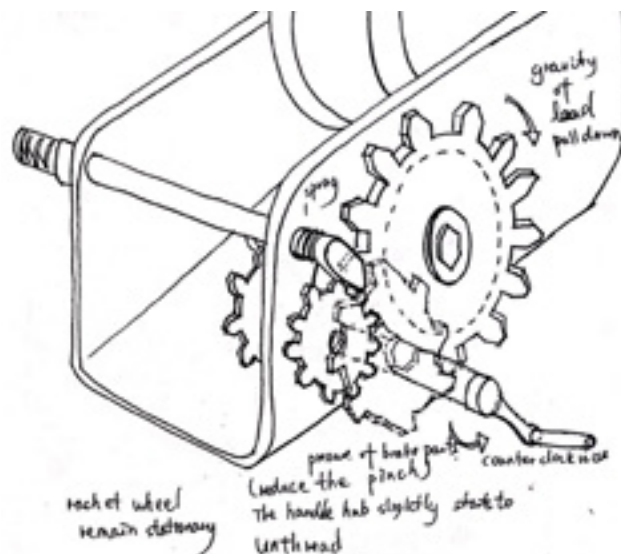
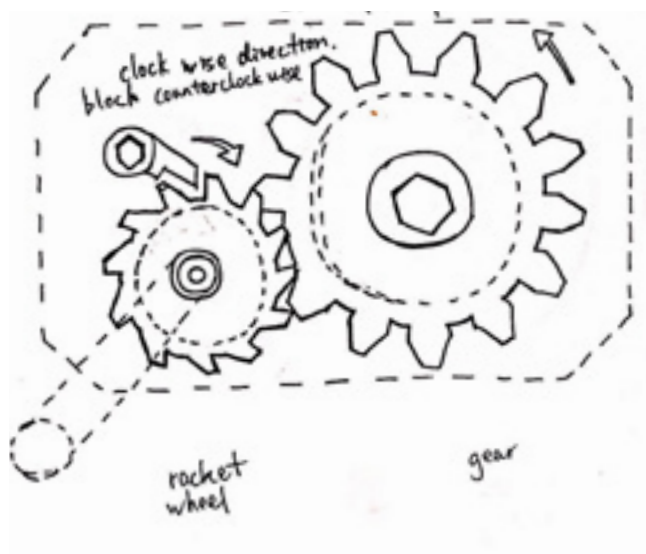
Rotation gears & cable wire



Reversible hand winch



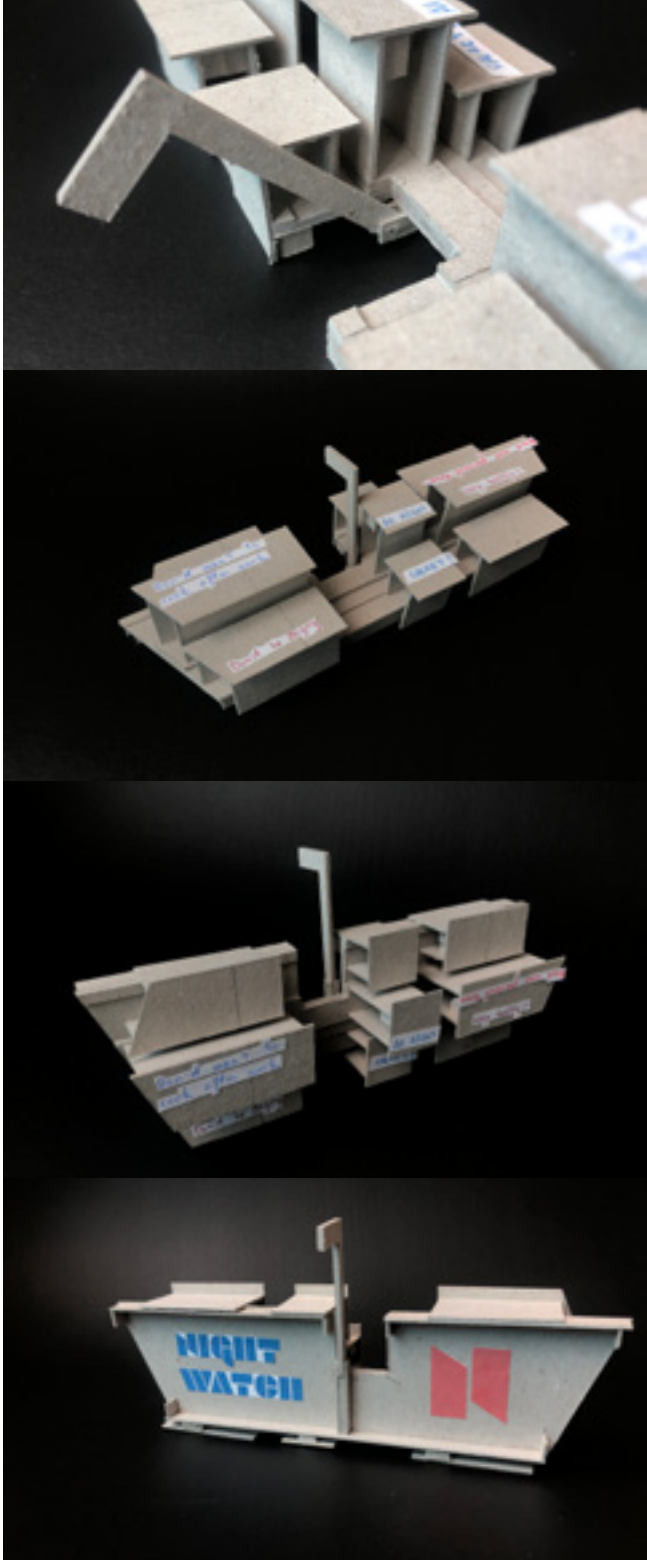
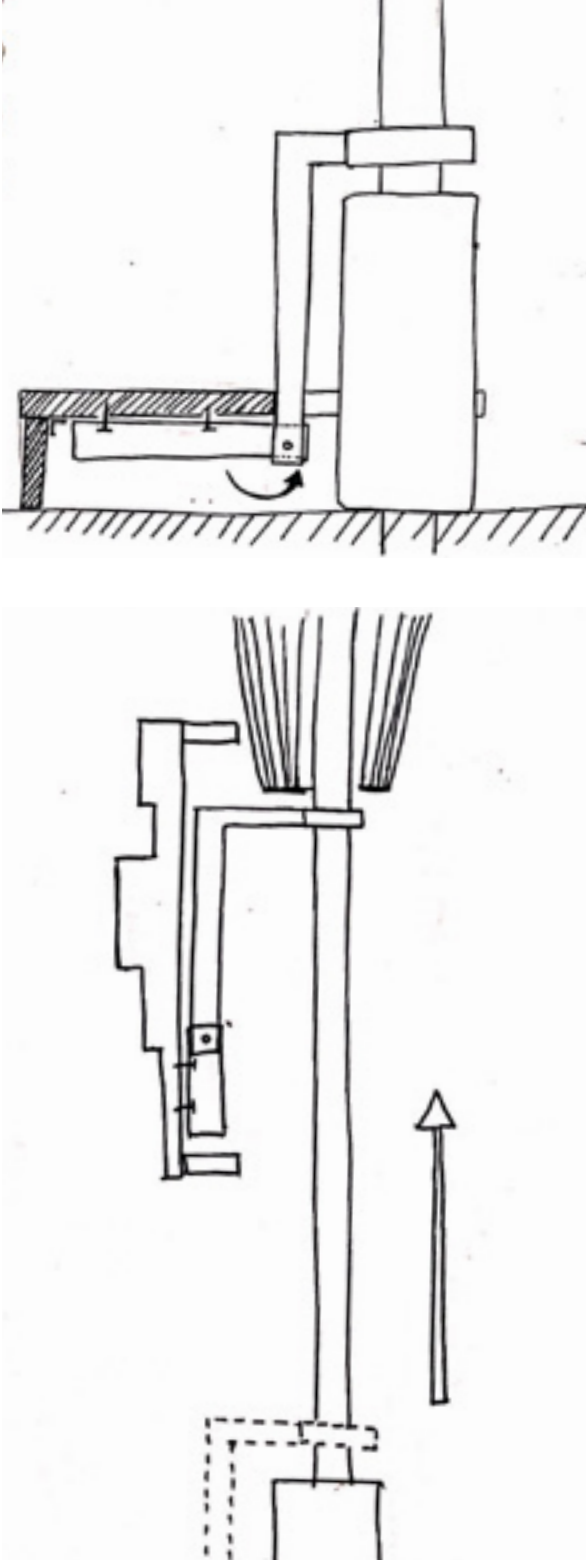
Details of reversible hand winch



Week Twentyone 27/04/20 - 03/05/20

Study day, 02/05, Study for the movements of the seats

The sinage montage in relation to lamppost



Week Twentytwo 04/05/20 - 10/05/20

Tutorial day, 04/05

RECORD:

- . Using subtle/obvious way to convey stories.
- . When telling a story through a space or a piece of work of architecture, all elements in it are narrative and have a reason for being there.
- . Add details that make the drawing alive and exciting. (like Heath Robinson)

REFLECTION:

- . Don't forget to be clear.
- . always tell the thinking process through drawings/diagrams (how you arrive at this outcome?)

ACTION:

- . Update the perspective of all scenes.
 1. Cafe (whole area, kitchen debate, zoom in cup messages and table massage)
 2. Transformation (modular)
 3. Auditorium (lecture, audience leave comments, zoom working)
 4. Transformation (winch)
 5. Installation(message, cabinets, logo)
- . Add subheading on each page of perspective part
- . Update manual (don't damage existing lamppost)
Add all tools we need (eg. spanner, scissor lift, Ratchet Straps)

Week Twentytwo 04/05/20 - 10/05/20

Study day, 06/05, Updated storyboard for perspective drawing



Week Twentytwo 04/05/20 - 10/05/20

Tutorial day, 07/05

RECORD:

- . Manual: Play with title, more like a demonstration title; look at the words about the demonstration
- . Perspective: hierarchy is important (each page has the most important scene as the biggest window)
- . Using appropriate character in render images
- . Make it visually demonstrative; play with colour make it stand out from the context
- . How to put up the key messages? design a system, and show it in perspective
- . Try the one-point perspective for showing Street exhibition.
- . play with the shape of the cabinets and colours, how to trigger curiosity?

REFLECTION:

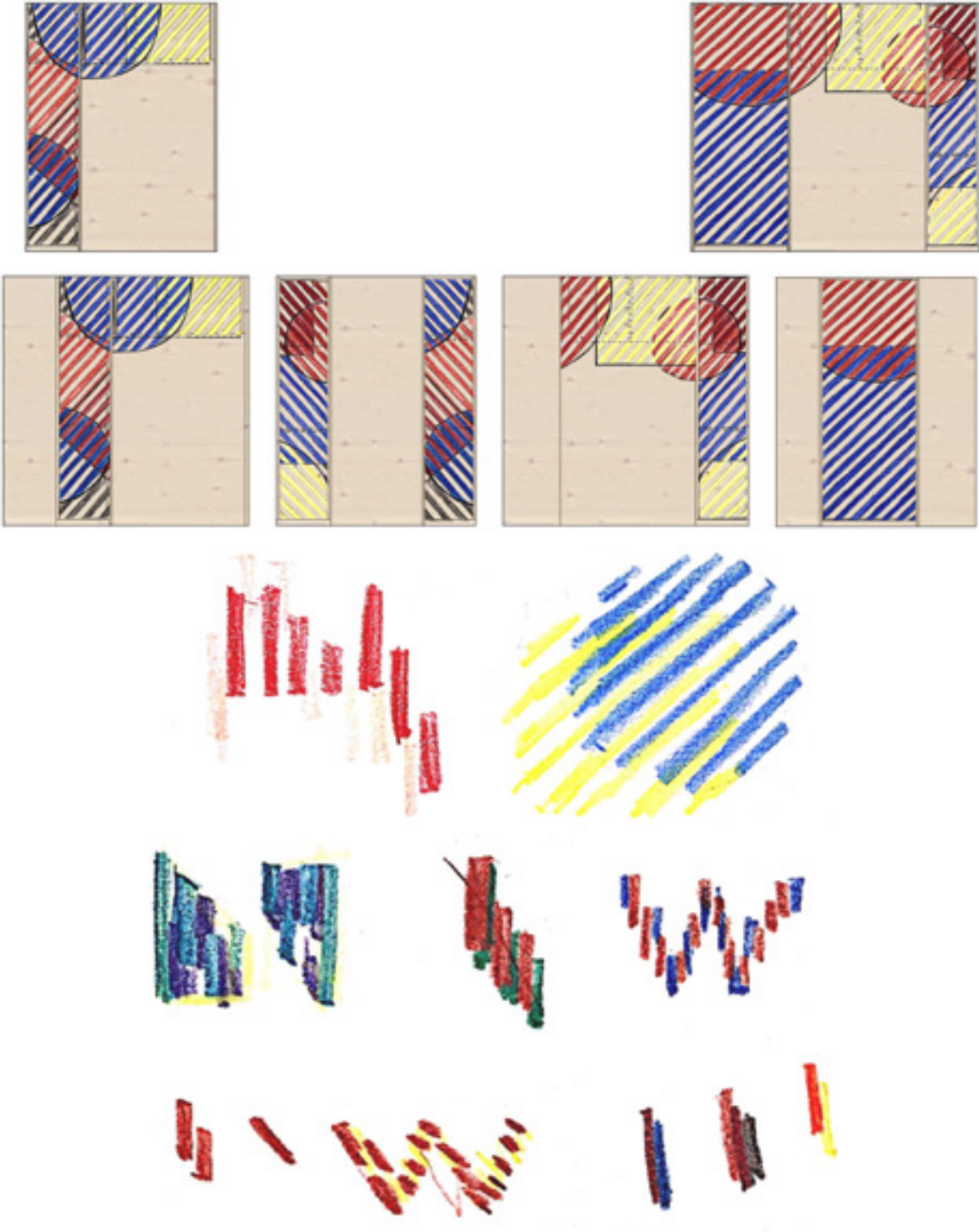
- . Learn how to advertise yourself.
(Ask me how this adds into my narrative)

ACTION:

- . Update cabinet design - make them more curious
- . Update Signage design
- . Concentrate on rendering axonometric and perspectives.
(Set new perspectives. Play with the colours and graphics)

Week Twentytwo 04/05/20 - 10/05/20

Study day, 09/05, Updated cabinets design



Week Twentythree 11/05/20 - 17/05/20

Tutorial day, 11/05

RECORD:

- . Do more than decoration, related to the display. find an example of artistic works.
- . Play with windows to trigger curiosity.
- . Add people figurines on handle drawing.
- . Cabinets need wheels. So the drawing should show the shadow under the gap.
- . Start update sections and elevation, they should be different from each other.
- . Perspectives: Don't use strong colours in context. Play around with colours, same visual language.
- . Should decide process for the whole. (What time is cafe when is an event)

REFLECTION:

- . The continuation of drawing is the language. It's vital for the pitch and important for communication.
- . As a designer should know how to ARTICULATE the reason why this is good, don't just say "nice". . .
Language power can be learned by reading and practicing. eg. The way of seeing
- . Before coming to the final decision, it needs a logical structured process of thinking.
Try all possibilities, then make sure the decision is the best one.
- . Before doing the task set a short and clear brief.

ACTION:

- . Update cabinet design
(Colour as an organization, example objects, variety of windows, wheels at the bottom, etc.)
- . Update Signage design
(Accommodate a hierarchy and space for all participants, 4-16)
- . Update Sections and Elevations
(the difference between sections and elevations for street exhibition)
- . Update Perspectives
(Include top of the lamppost, add all detail to lamppost; projector, lights, etc.)

Week Twentythree 11/05/20 - 17/05/20

Study day, 12/05, Research of artists' works related to 4 issues*

* This 4 issues from interviews with night-time workers in soho: Long commuting; Lack of social life; mental stress; Poor diet.

COMMUTING



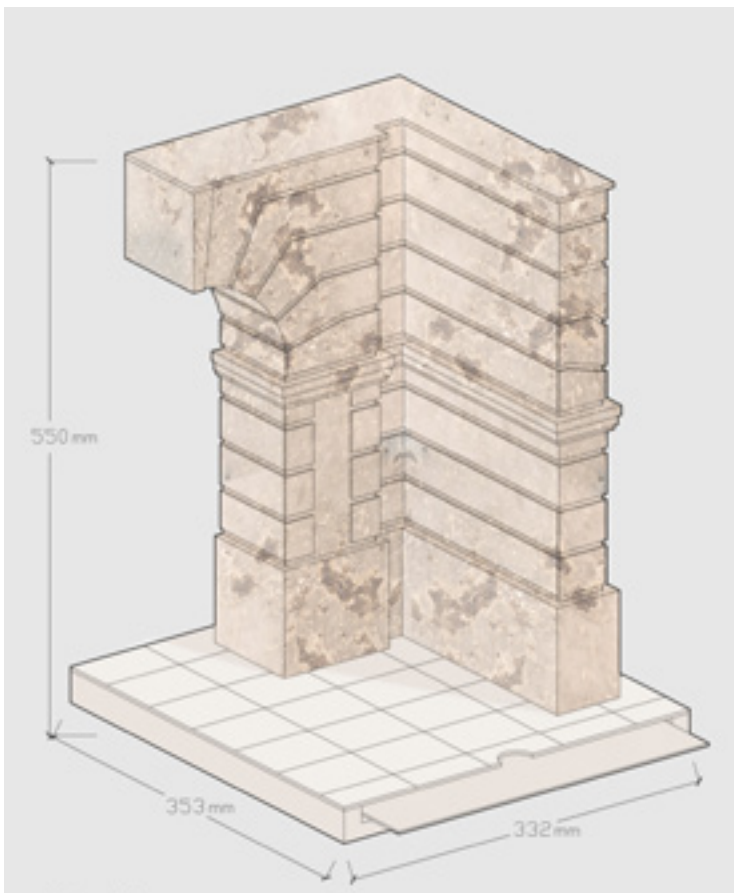
For an indeterminate period of time, the sculptural collector takes a daily walk through the streets and probably picks up a new idea or any material needed, going to the gym, the garage and so on. The collector is completely immersed by the language.



Photograph: The Commuters

Francis Alÿs

Overall display dimensions variable



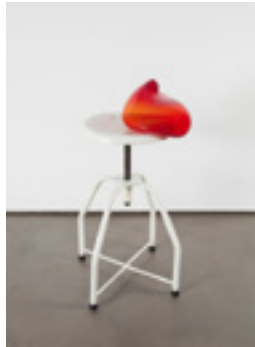
Week Twentythree 11/05/20 - 17/05/20

Study day, 12/05, Research of artists' works related to 4 issues

SOCIAL LIFE



Installation: Korb V
By Mona Hatoum
Height: 77.5 cm
Width: 40.5 cm
Depth 36.8 cm



Stool III
By Mona Hatoum
Height: 50 cm
Width: 52 cm
Depth 49 cm



Neon installation: Move me
By Tracey Emin
Width: 69.9 cm.
Depth: 26.2 cm

MENTAL STRESS



Sculpture: Unmet #7
by Christina West
Height: 43.2 cm
Width: 22.9 cm
Depth 22.9 cm



Week Twentythree 11/05/20 - 17/05/20

Study day, 12/05, Research of artists' works related to 4 issues

DIET



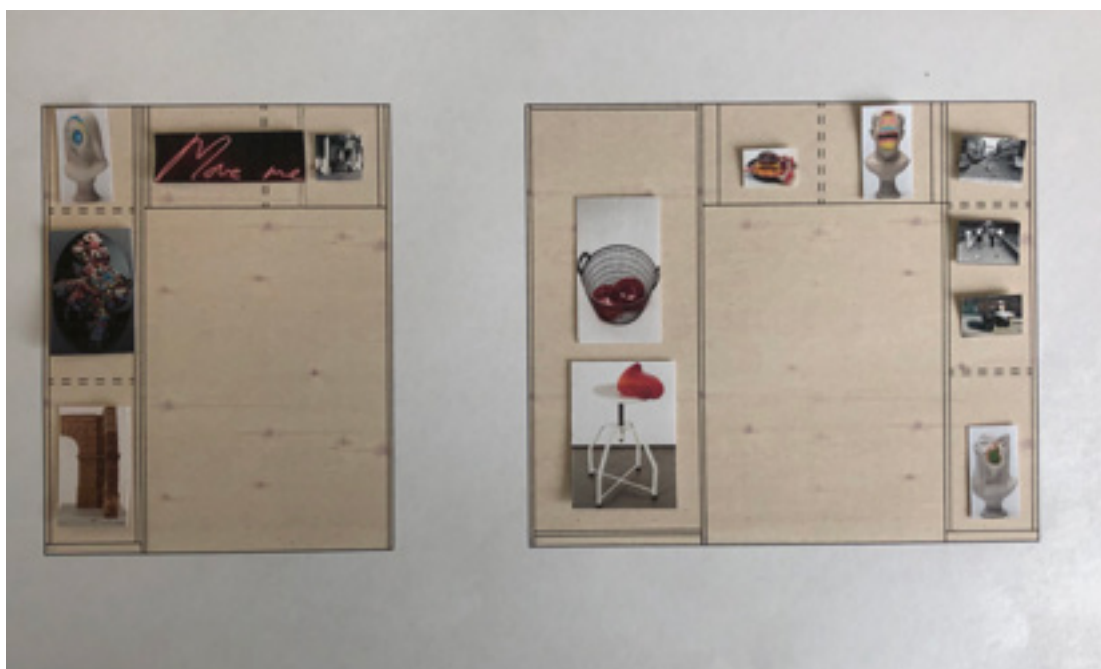
Ceramics: C'est ne pas de la tarte
By Anna Barlow
Height: 37 cm
Width: 60 cm
Depth 10 cm



Sculpture: Super Size
By David Robertson
Height: 25.7 cm
Width: 17.8 cm

Week Twentythree 11/05/20 - 17/05/20

Study day, 12/05, Research of artists' works related to 4 issues*



* 4 issues from interviews with night-time workers in soho: Long commuting; Lack of social life; mental stress; Poor diet.

Week Twentyfour 18/05/20 - 24/05/20

Tutorial day, 15/05

RECORD:

- . Think how big the system should be? Handwriting? How to test it and show it in graphic representation.
- . Axonometric is the opportunity to explain the timeline.
- . Elevation: text on signs, softer behind the line.
- . More difference between sections.
(each seat should have a person, no staff in the auditorium, the projector can have the dotted line, add lighting)
- . Two sections in different pages have a zoom in on each page.
- . The shape should somehow be related to the 4 subjects.
(eg. Diet-sector, social-circle, commuting-arch, health-capsule)
- . the wooden part can be described.

REFLECTION:

- . Out of the comfort zone and be positive.

ACTION:

- . Update Axo's with Timeline
- . Add two scales to Sections
- . Create A page that shows your testing signage idea
(the graphic representation)
- . Update Perspectives
- . Think Materials - How can you already include some of your material studies in the project?

Week Twentyfour 18/05/20 - 24/05/20

Study day, 26/05, Update axonometric drawing

Day time: auditorium



Night time: cafe gallery



Week Twenty-four 18/05/20 - 24/05/20

Tutorial day, 15/05

RECORD:

- . Concept drawing need to be updated, make it less like the final design (right side drawing can be kept)
 - . Make sure it conveys the key messages: 24hr cafe + discussion + demonstration
- . Adjust the gap between the two pictures. (Include annotation)
- . Adjust the proportional relationship between timeline drawings and axonometric drawings.
- . Rearrange the order of the sketches of project development
(do not reduce, but using a logical relationship rearrange them, including colours materials...etc)
- . 4 parts of development pages: Layout, Canopy, Bench, Cabinet.
 - . Add the idea of adding food cans to the bench part
 - . Add zoom in of gulley for the canopy parts.
- . Cars in the axonometric are too small
- . Rearrange detail manually, step by step and add the movable bench and stencil to the bench part
 - . Show how to attach canopy part
 - . Add labels to each part
- . Add labels on photos of workshops

REFLECTION:

- . It is also important to show the development process of the project

ACTION:

- . Rearrange Development part f portfolio
- . Go through the whole portfolio, adjust gaps, labels, size of images, etc.
- . Update detail drawing
- . Update concept drawing
- . Add more details for perspectives

Week Twenty-five 25/05/20 - 31/05/20

Study day, 27/05, BGM for the animation

The Beatles - Yellow Submarine



Week Twenty-six 01/06/20 - 07/06/20

Tutorial day, 05/06, Mock presentation

RECORD:

- . **DON'T USE SCRIPT!** Using **point** to lead people go through the drawings.
- . Be confident, enjoy the presentation.
- . Giving the "ending" at the introduction part, make it clearer.
- . Explain the definition of nighttime workers in intro part.
- . Conveys the **core messages**: Spacial demonstration trigger change Lovett's Lamppost gathering people.
- . Tell people what I learned from this and why I did this it's important.
- . Giving the headline first of each page.

- . Pitch: Tell one interview example, flick others
Put the "van" back, talk more about plans and booklet of the artifact.
Using The Question as the summary of the pitch at the end
- . Portfolio: Add event program page and program study
Don't cancell any page, just flick it.
Don't have to mention "It's section/elevation" tell sth else more interesting,
eg. here shows the signs demonstration...become...
- . Diary: Quick flicking through Diary, show handurd page I've done. while saying what it is.
Take one diary page to explain in detail, eg. a hard week we had discussion about...