

## SuperPRACTICE Reflective Note

This stage of SuperPRACTICE comes at a time when I'm already doing a lot of internal reckoning.

I've spent the past eight years running my own interior design studio in Toronto—navigating clients, deadlines, budgets, aesthetics. On paper, I had what many would call success: a self-sustaining business, recognition in the field, and the freedom of working for myself. But over time, something in me started to resist the routine of commercial practice. I began to feel that the spaces I was creating were polished, but not necessarily meaningful. I wanted to understand space beyond luxury, trend, or functionality. I needed to unlearn, pause, and open up new questions.

That's what brought me to RCA. Not to refine a professional brand, but to dismantle and reimagine the foundation of my practice. It's been uncomfortable at times—working in a new country, balancing my business remotely, and feeling like a beginner again. But that discomfort has been valuable. It's created space for new interests to surface. One of those is my growing focus on inclusive space design for LGBTQ+ seniors, a subject I now plan to pursue through a PhD. It sits at the intersection of architecture, emotional well-being, and social equity—all areas I once felt were outside the boundaries of my “job,” but now feel essential to my work.

SuperPRACTICE, to me, is not a final module—it's more like a mirror. It makes me look honestly at what I'm carrying forward and what I'm leaving behind. I no longer feel the need to fit neatly into the industry's idea of what a designer should be. I'm less interested in big statements, more curious about quiet, long-term impact. I still want to make spaces—but now with more attention to context, to care, to slowness.

In the year ahead, I plan to:

- Complete and submit my PhD proposal, centered on the emotional and spatial needs of LGBTQ+ seniors.
- Continue operating my studio, but shift it toward fewer, slower, more research-led projects.

- Seek international collaborators in architecture, social science, and public policy to expand the reach of my work.
- Create time to write and reflect—something I neglected for years while focusing on growth and delivery.
- Remain open to uncertainty, and to forms of practice that don't yet have a clear name.

This is not a rebranding—it's a re-grounding. A return to something more personal, more questioning, and more human. That's where I want my practice to go from here.