

# Super Practice – Journal of Practice

2024-2025

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Interior Design

Royal College of Art



# Timeline

**2017**  
**Graduated from**  
**Shanghai Institute of Visual Arts**

**2019-2020**  
**Move to Beijing**  
**AMC Design Studio**  
Adapted to a distinct workflow compared to previous roles, refining personal methodology through comparative analysing different design processes.

**2017-2019**  
**Work in Shanghai**  
**Yishe Studio**

- Specialized in residential and real estate design projects, gaining hands-on experience in full-cycle design workflows.
- Developed proficiency in construction drawing production, material selection, color schemes, and detail junction solutions within a fast-paced environment.
- Acquired comprehensive technical knowledge of finishing techniques and spatial detailing through practical project execution.

**2020-2024**  
**Ink Mason Design Studio**  
Fluent in a wide range of design skills, including drawing, modeling, and spatial planning, with hands-on experience across different project scales and workflows.

**Take a flower arrangement course**  
Taking the floral design course gave me a deeper understanding of the textures of plants, sensitivity to color, and the rhythm of density and spacing.

**2024-2025**  
**Studied in RCA**  
**MA Interior Design**  
**Royal College of Art, UK**

My learning journey at RCA has been a process of exploration and reconstruction. Through the superREUSEplatform, I developed stronger design logic, model-making skills, and project coordination abilities. The AcrossRCA project offered valuable cross-disciplinary collaboration, expanding my design perspectives and encouraging openness in my thinking. Engaging with tutors and peers through critique and dialogue has continually pushed me to question my previous methods and explore diverse design directions.

**2025-2030 Professional Goals**

1. I seek to participate in creative, large-scale projects.
2. Master new workflows and improve my problem-solving ability.
3. Work internationally to develop a global design perspective.
4. Explore new design fields: art installations, curation, furniture design, historic preservation, etc.

## Art Exhibition

Composition, concepts, visual language

## Collage

Material play, visual storytelling

## Hand-Drawing

Free expression, observation

# INSPIRATION

## Experience

Atmosphere, ritual, and culture

## Floral design

Color, rhythm of nature, tactility

### Who am I, and why did I choose design?

I'm someone who's always been drawn to beautiful things and how they make people feel. I love life, and design feels like a natural way for me to express that to make everyday spaces more thoughtful, more alive. For me, design isn't just about how something looks, but how it works, how it's experienced, and how it connects with people. That's what keeps me excited to keep creating.

# Reflection on RCA learning process

## Unit1: PRIMER

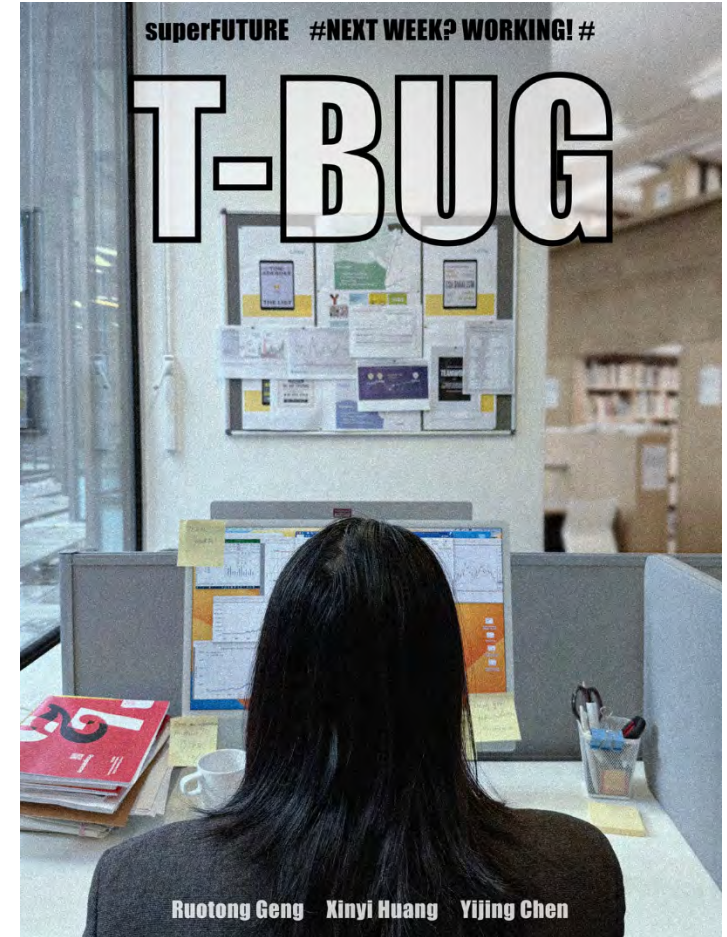
In this session, we explored three platforms — SuperMATTER, SuperREUSE, and SuperFuture. Through group collaboration. This unit not only improved my teamwork and communication skills, but also pushed me out of my comfort zone. Through various workshops, I learned new skills such as woodworking, photography, video production, and even acting.



superMATTER



superREUSE



superFUTURE

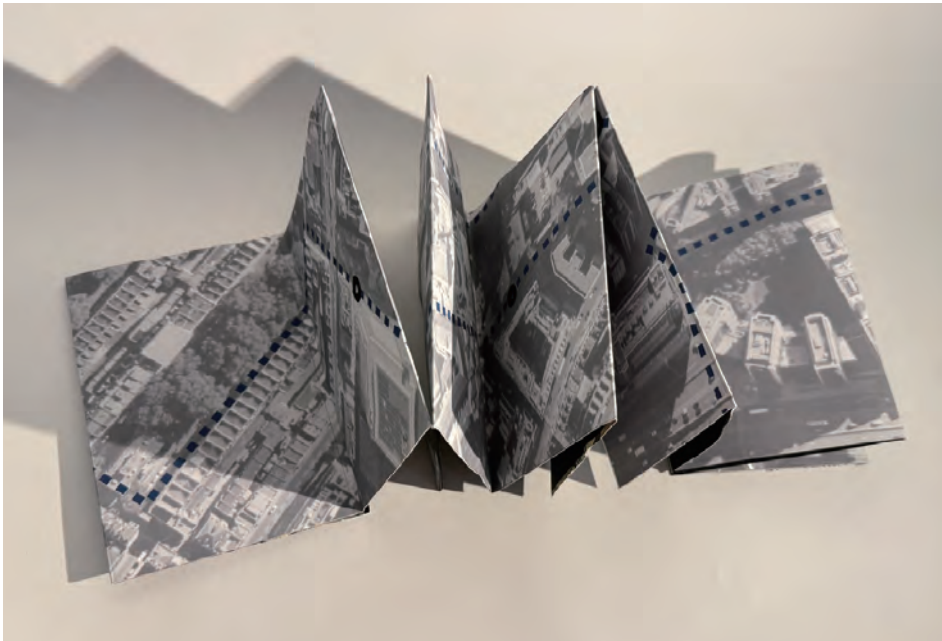
## Reflection on RCA learning process

### Unit2: Media Studies

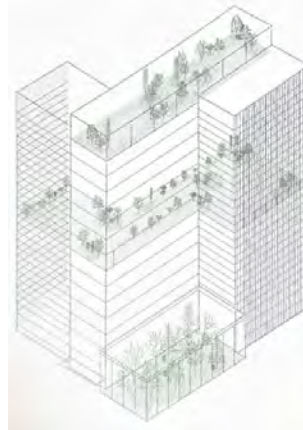


In the Media Studies course, I chose the Sound Studies elective. This course improved my hands-on skills, such as metal working, making booklets by hand, and sound recording. Through a series of lectures, I also learned about sound archives, the relationship between sound and architecture, and sound art installations. It gave me a deeper and more layered understanding of acoustics.

Soundwalk map  
Archive of economic production sounds in Paddington



## Reuse Elective Project



Case Study: Transformation of the World Trade Centre, Brussels

Through a series of lectures and research-based writing, I was able to understand the key ideas and challenges of reuse, and how to apply them to my own design work in social, spatial, and political contexts. This process also helped me develop critical thinking skills and connect theoretical knowledge with practical design approaches.

## Reflection on RCA learning process



### Unit3: Thesis Project

By working with different tutors, I was able to understand my project from multiple perspectives, which helped me think more deeply and diversely. Each term, I built physical models, which gave me a more three-dimensional understanding of space. This also made me realize how important physical models are in helping me explore spatial relationships — something I didn't focus on much in my past work, which mostly relied on 3D digital modeling.

Through conversations and idea exchanges with classmates, I also learned from other ways of thinking and discovered aspects I hadn't considered before. This project helped me develop critical thinking and reflect more deeply on the relationship between people and space. It also helped shape and strengthen my own design methods.

## Reflection on RCA learning process



### Unit 4: superPRACTICE

I'm truly grateful to superPRACTICE for organizing activities such as studio visits and career tutorials. These opportunities allowed me to explore various studios, learn about their working methods, and gain insights into their design projects. The career tutorials, in particular, helped me develop a clearer sense of direction for my professional path and allowed me to learn valuable qualities from experienced mentors. I also gained a better understanding of how to prepare and present my portfolio. This entire experience prompted me to deeply reflect on the kind of design work I want to pursue, while also helping me recognize my strengths and areas for improvement. As a result, I now have a more focused and confident outlook on my future.

**Where I'm headed-focus area:**



**Mixed-Use Space/Hybrid Office**



**Adaptive Reuse/Heritage**



**Sustainability/Materials**



**Furniture Design**

**In the future, I hope to join a creative, interdisciplinary team and eventually start my own experimental design studio.**