



PORTFOLIO

THESIS PROJECT INTERIOR DESIGN MA

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THE BRIEF

In the midst of urban chaos, my project emerges as an oasis, where color therapy and thoughtful design converge to create a sanctuary for mindfulness and wellness.

Drawing inspiration from the restorative power of color, my retreat utilizes color therapy as the main driver of its design.

Each space is carefully curated with hues scientifically proven to evoke specific emotions and promote well-being.

From soothing blues to invigorating greens, my palette aims to harmonize the mind, body, and spirit, offering guests a multisensory experience.

Informed by the principles of grid-based design, the project layout carefully organizes spaces to optimize flow and functionality.

The grid serves as a framework, guiding the arrangement of rooms and pathways to create a harmonious environment conducive to relaxation and introspection.

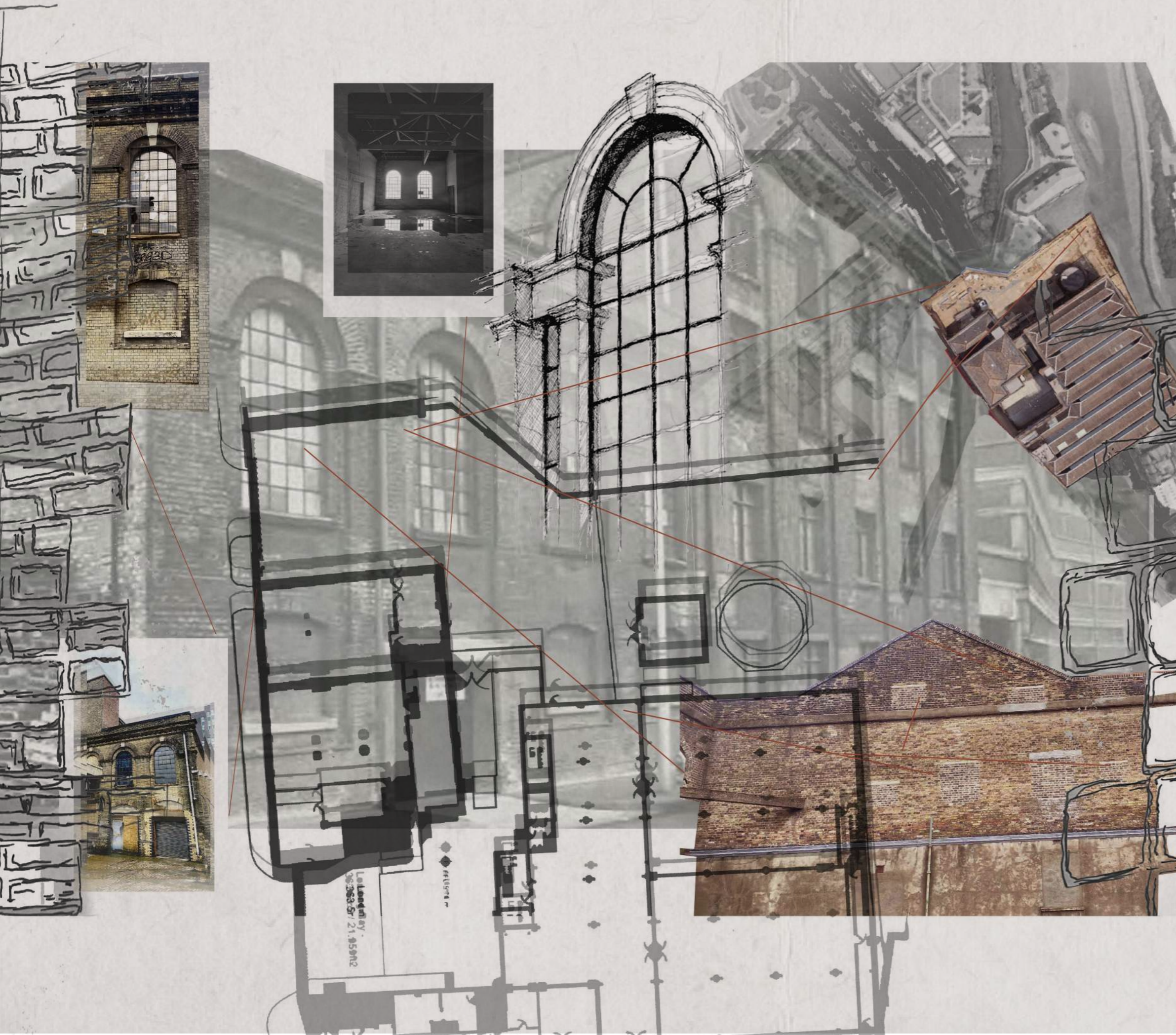
Each grid intersection represents a point of convergence, where guests can pause, reflect, and connect with themselves and others.

At the heart of our retreat lies the integration of nature, seamlessly woven into the grid-like structure to blur the boundaries between indoor and outdoor spaces.

Lush greenery and natural light penetrate every corner, enhancing the therapeutic atmosphere and fostering a sense of connection to the surrounding environment.

Welcome to a world where every hue tells a story and every space invites you to embark on a journey of self-discovery and renewal.

SITE INSIGHTS ~ BUILDING TYPOLOGY



THIS COLLAGE BRINGS TOGETHER THE DIFFERENT ELEMENTS OF THE SITE, BOTH INTERNALLY & EXTERNALLY. IT VISUALISES THE CO-EXISTENCE OF MATERIALITY AND TYPOLOGY, WHICH ARE THE KEY ELEMENTS DRIVING MY DESIGN.

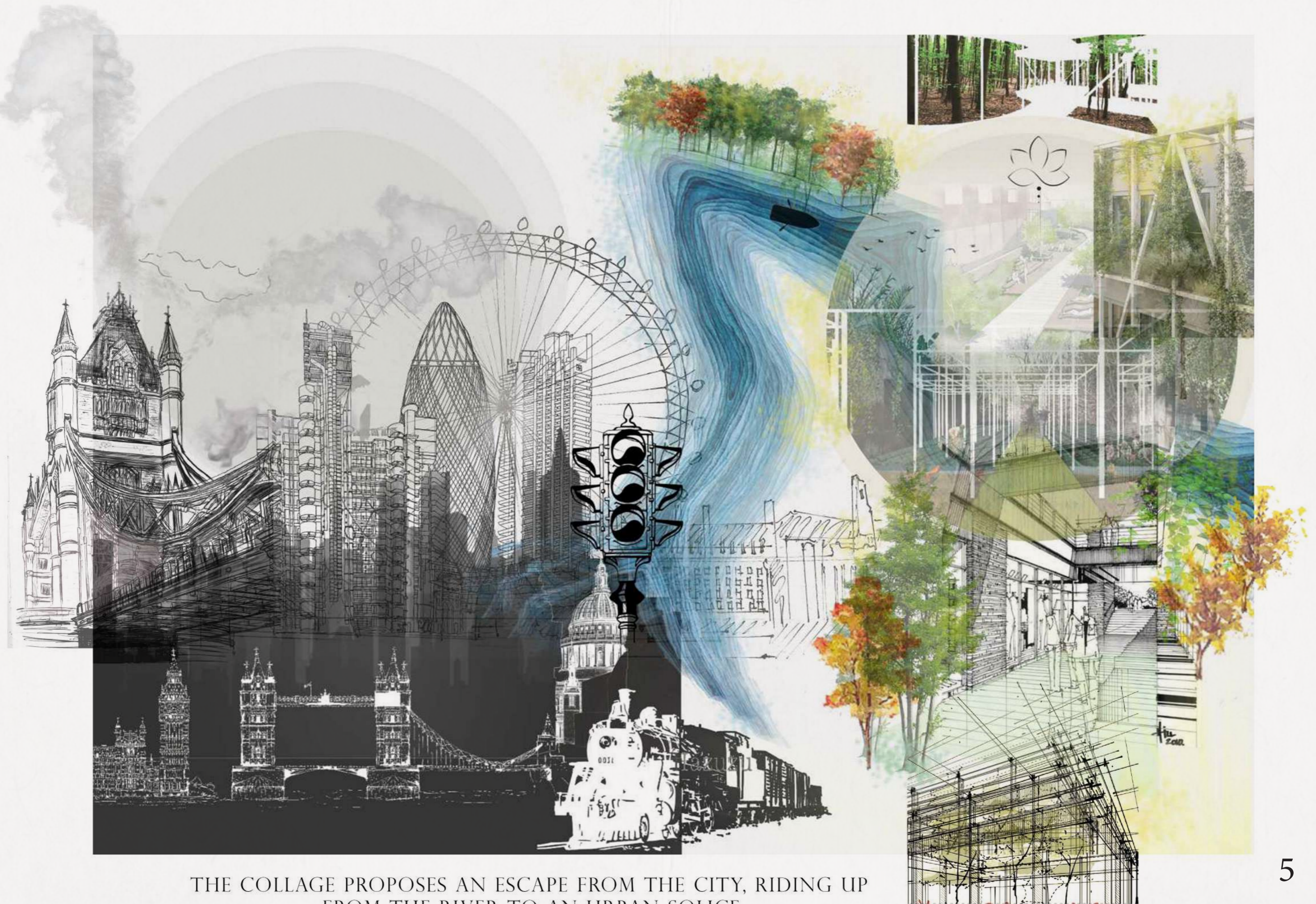
SITE INSIGHTS ~ WINDOW SERIES



FORMING A FACADE MADE FROM THREE FACADES FROM INSIDE OUT COURTYARD ON SITE.

FOURTH MILL

UNVEILING THE VISION ~ ESCAPING FROM THE CITY



THE COLLAGE PROPOSES AN ESCAPE FROM THE CITY, RIDING UP FROM THE RIVER TO AN URBAN SOLICE.

UNVEILING THE VISION ~ BRINGING SERENITY TO THE CITY



THIS COLLAGE STRIPS BACK THE NOISE OF THE CITY, OPENING UP TO THE AIM OF MY PROJECT.

COLOUR EXPLORATION ~ CHROMOTHERAPY

CHROMOTHERAPY IS THE USE OF COLOR LIGHT TO HEAL ENERGY IMBALANCES.

Chromotherapy is essentially color therapy—the idea you can treat mental and physical health issues when you expose yourself to a specific color or colored light.

Warm colors like red, orange, and yellow are often associated with positivity, energy, and comfort.
Cool colors like blue, green, and purple are typically associated with calm, serenity, growth, and self-awareness

The color green has healing power and is the most relaxing color for the human eye to view.
Green helps alleviate anxiety, depression, and nervousness.
Green is new growth, rebirth, and harmony.

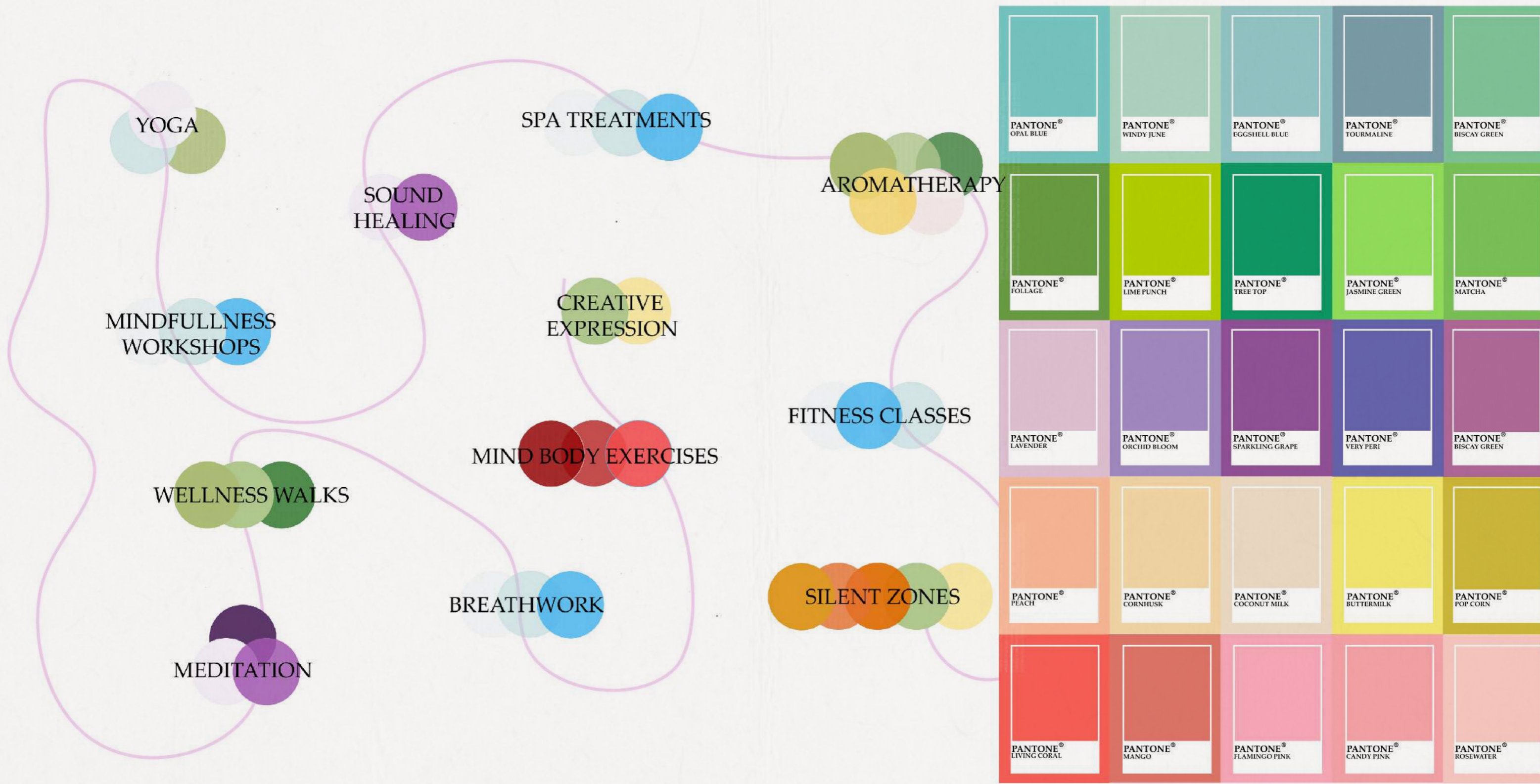
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Cool colors like blue, green, and purple are typically associated with calm, serenity, growth, and self-awareness.

"Chromotherapy unveils the silent poetry of colors, each shade orchestrating a symphony of healing, resonating with the soul's desire for harmony."

COLOUR EXPLORATION ~ BRIEF ATMOSPHERE

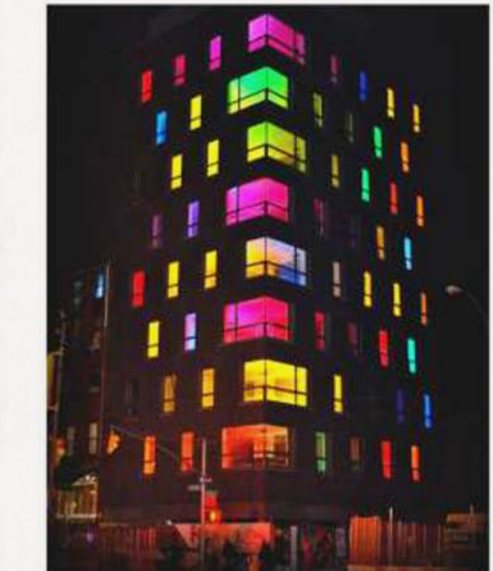


COLOUR EXPLORATION ~ ALIGNING COLOR THERAPY

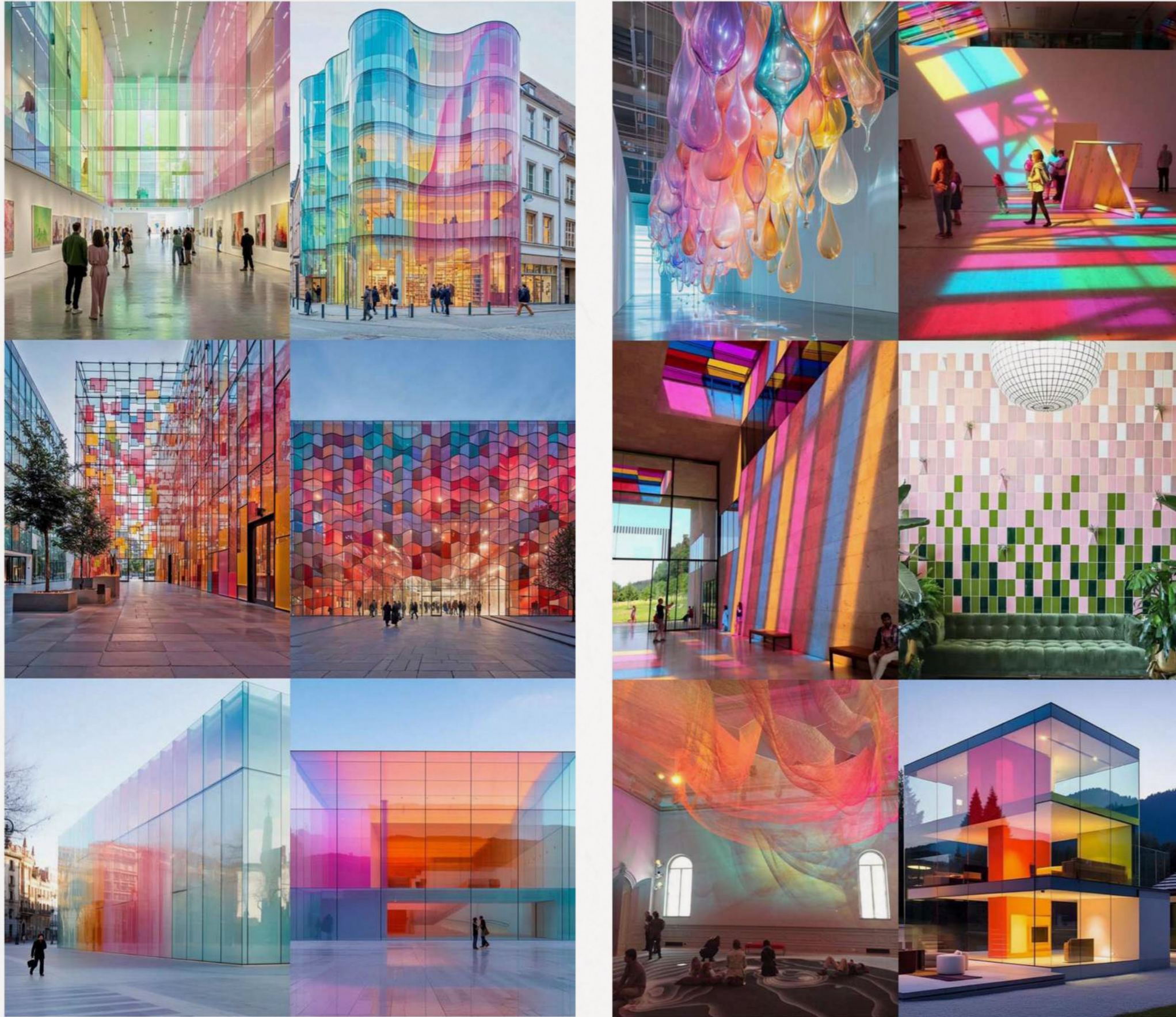


AFTER RESEARCHING HOW COLOR IMPACTS PEOPLE IN VARIOUS WAYS, I CREATED MY OWN PANTONE PALETTE. I THEN ASSIGNED EACH WORKSHOP THE COLORS THAT RECEIVED THE MOST PUBLIC VOTES, ENSURING THAT EACH SPACE IS TAILORED TO ITS SPECIFIC PURPOSE AND DESIRED ATMOSPHERE.

COLOUR EXPLORATION ~ BUILDING WITH COLOUR

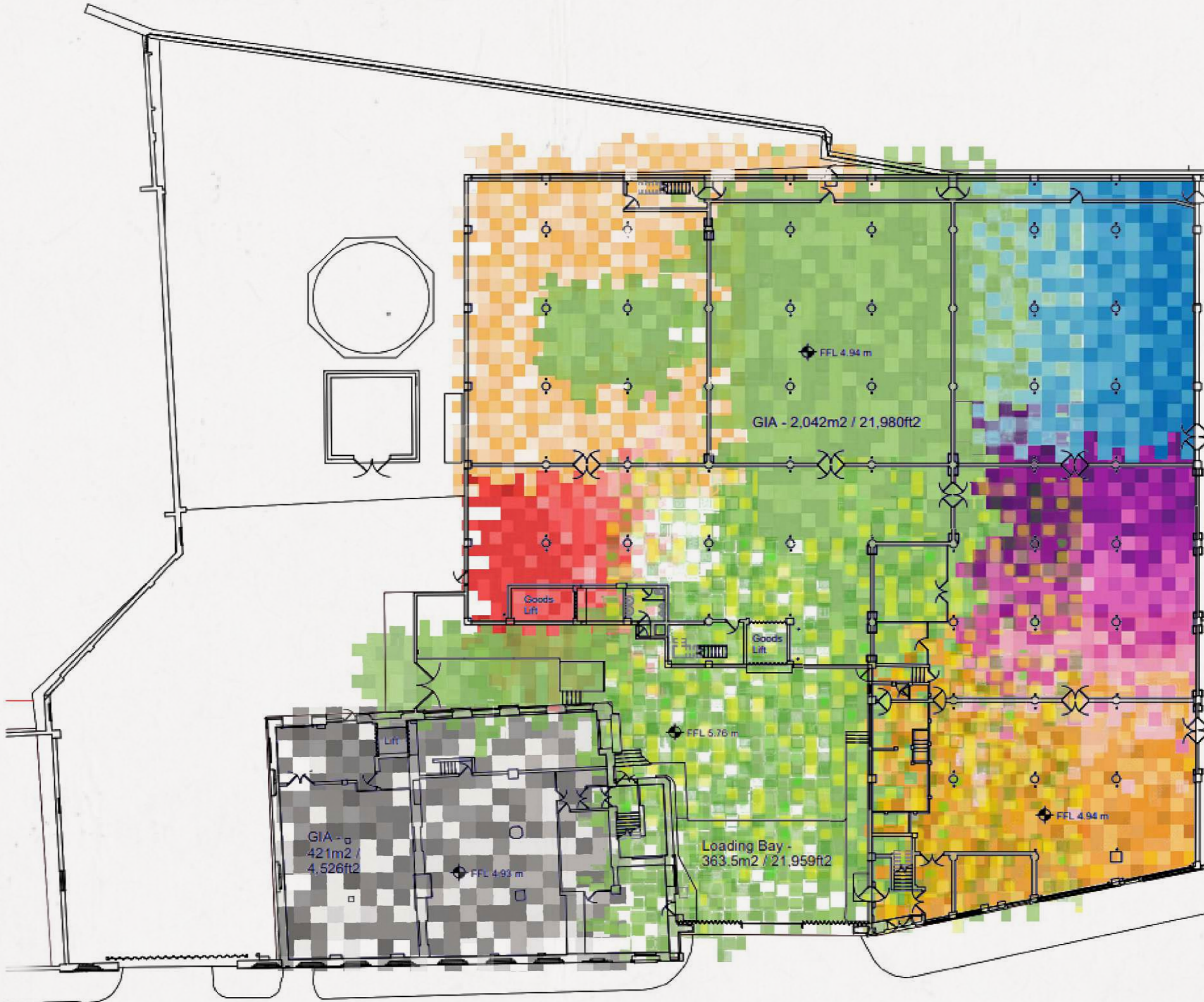


COLOUR EXPLORATION ~ MATERIAL STUDY



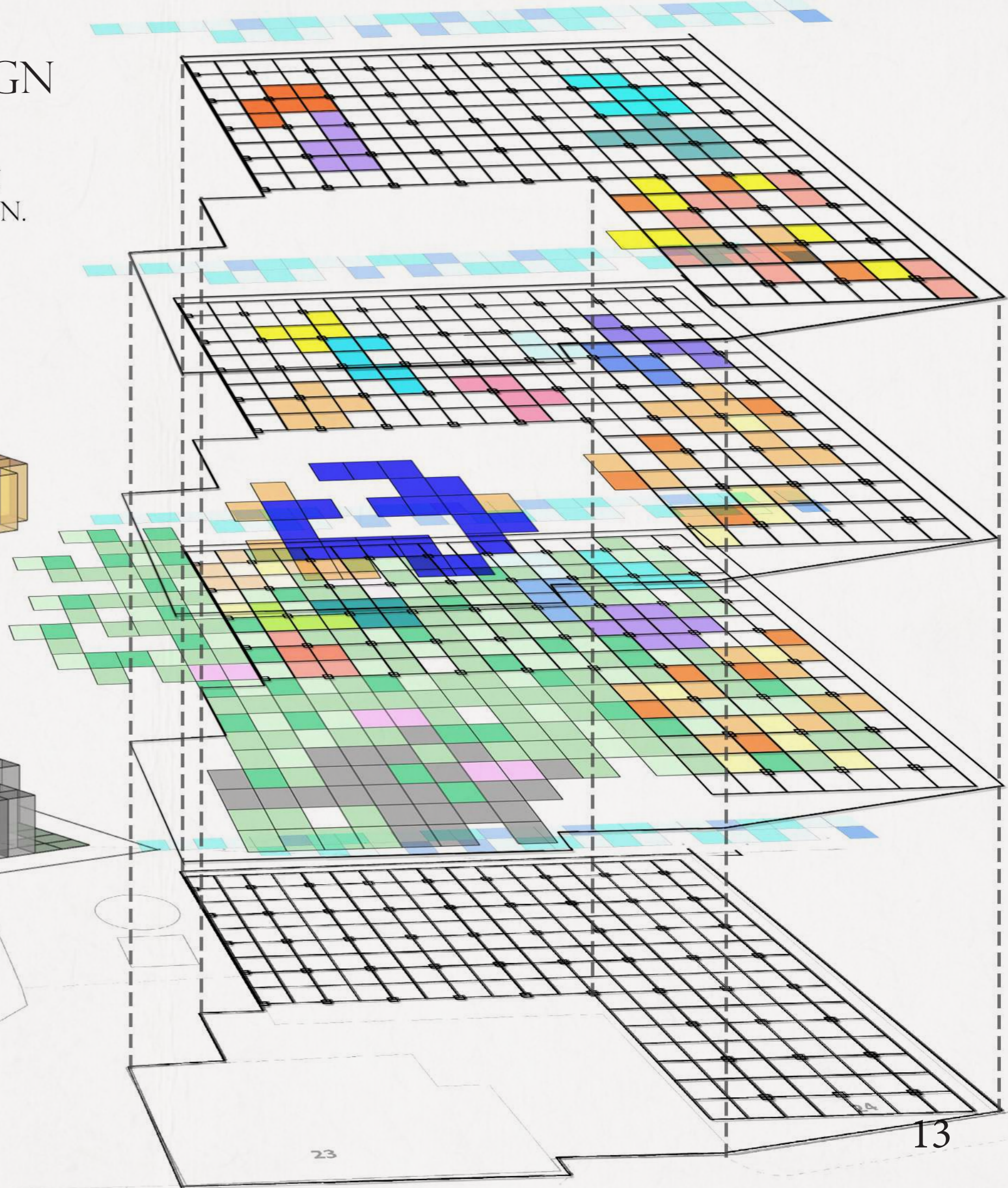
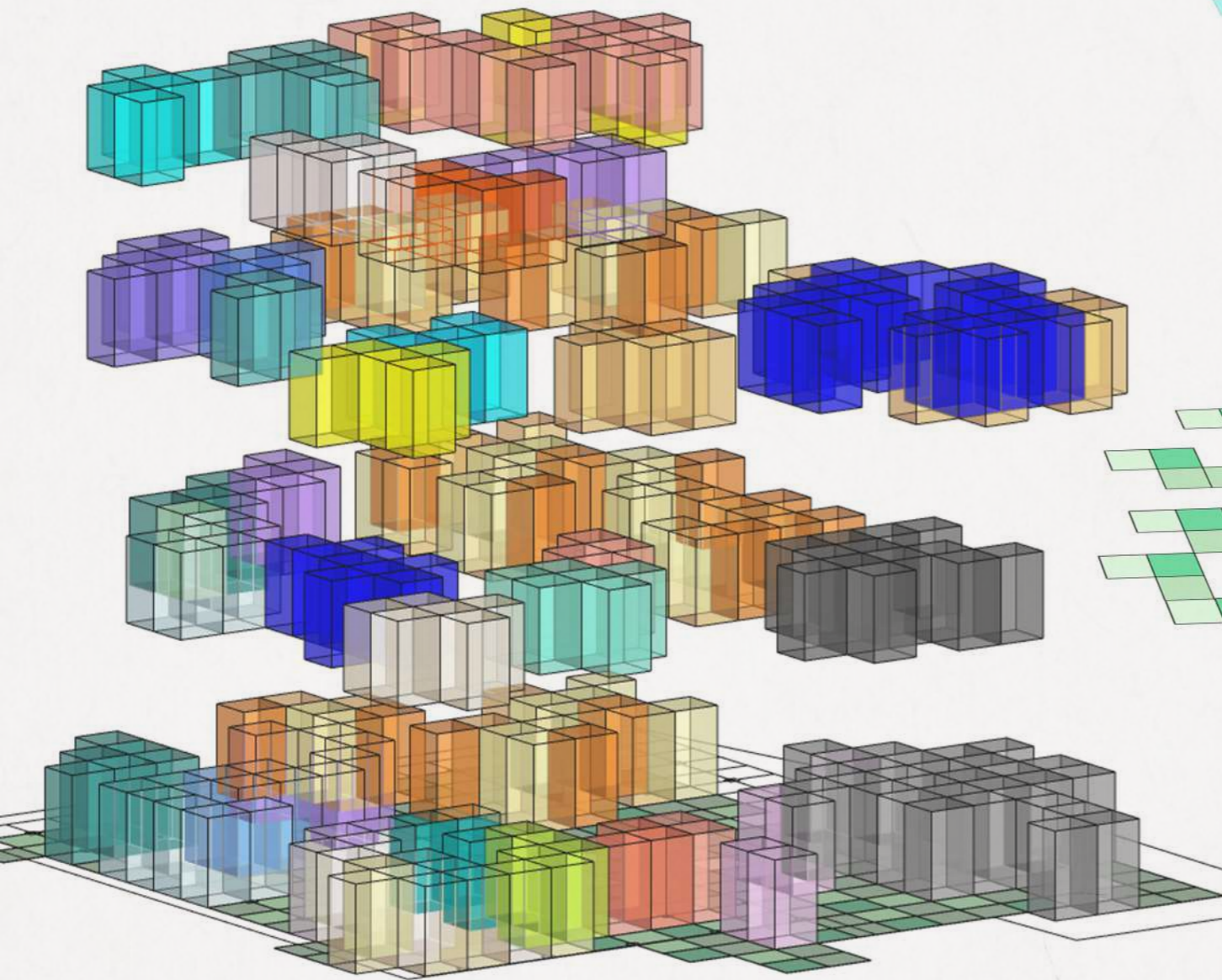
IN MY EXPLORATION OF COLOR IN BUILDING MATERIALS, I'M EXAMINING HOW DIFFERENT HUES AND TEXTURES AFFECT BOTH THE APPEARANCE AND PERFORMANCE OF ARCHITECTURAL STRUCTURES. BY STUDYING A VARIETY OF MATERIALS—FROM TRADITIONAL OPTIONS LIKE BRICK, PANELS, PLASTER TO MODERN CHOICES LIKE GLASS, FABRICS—I AIM TO FIND THE BEST COMBINATIONS OF COLOR AND MATERIAL FOR VISUALLY APPEALING AND ALSO SOUL HEALING.

GRID HARMONY ~ CHROMA GRID CONCEPT



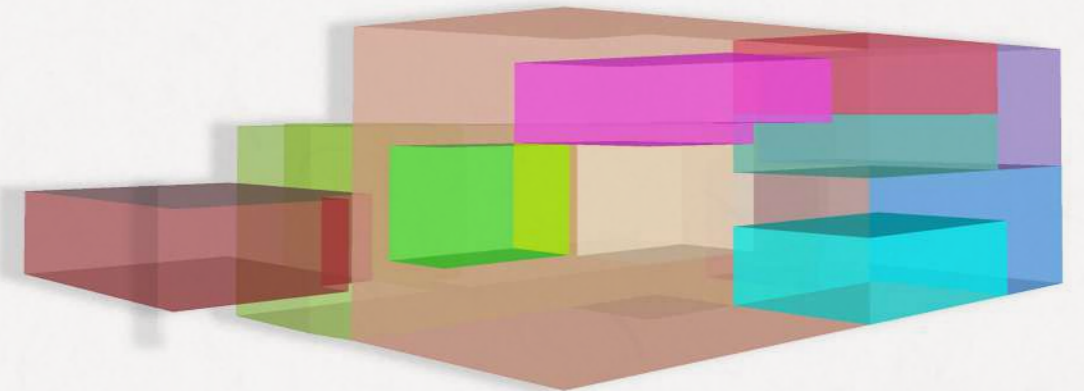
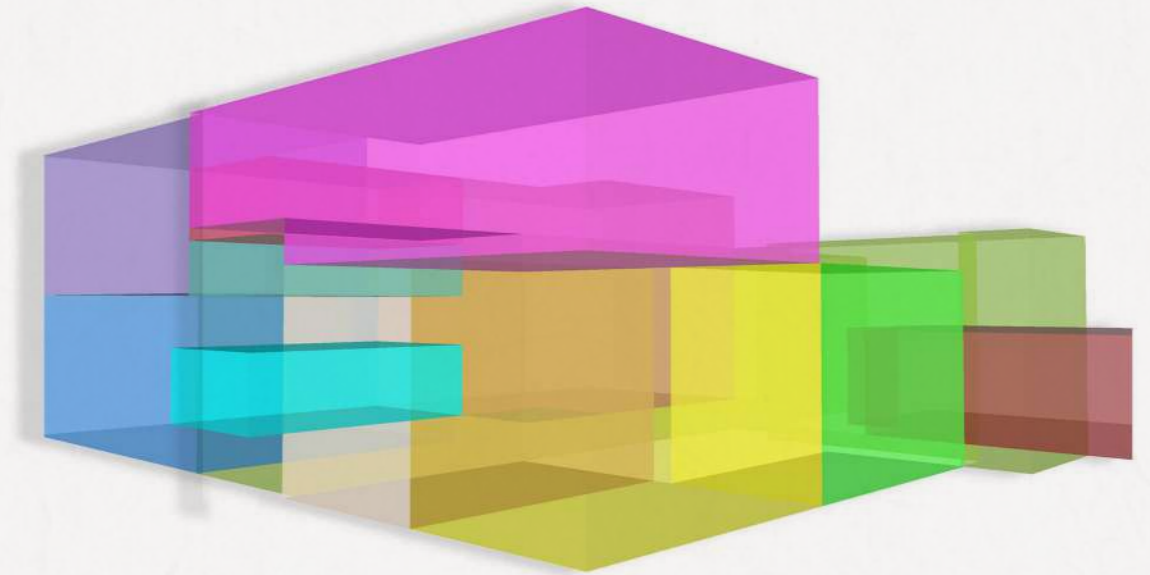
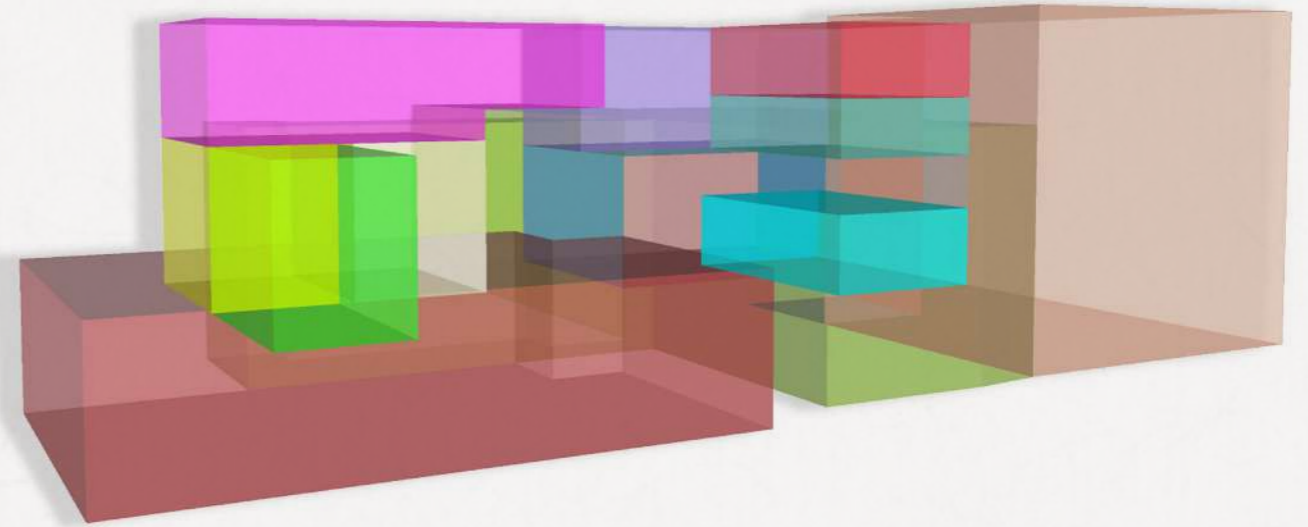
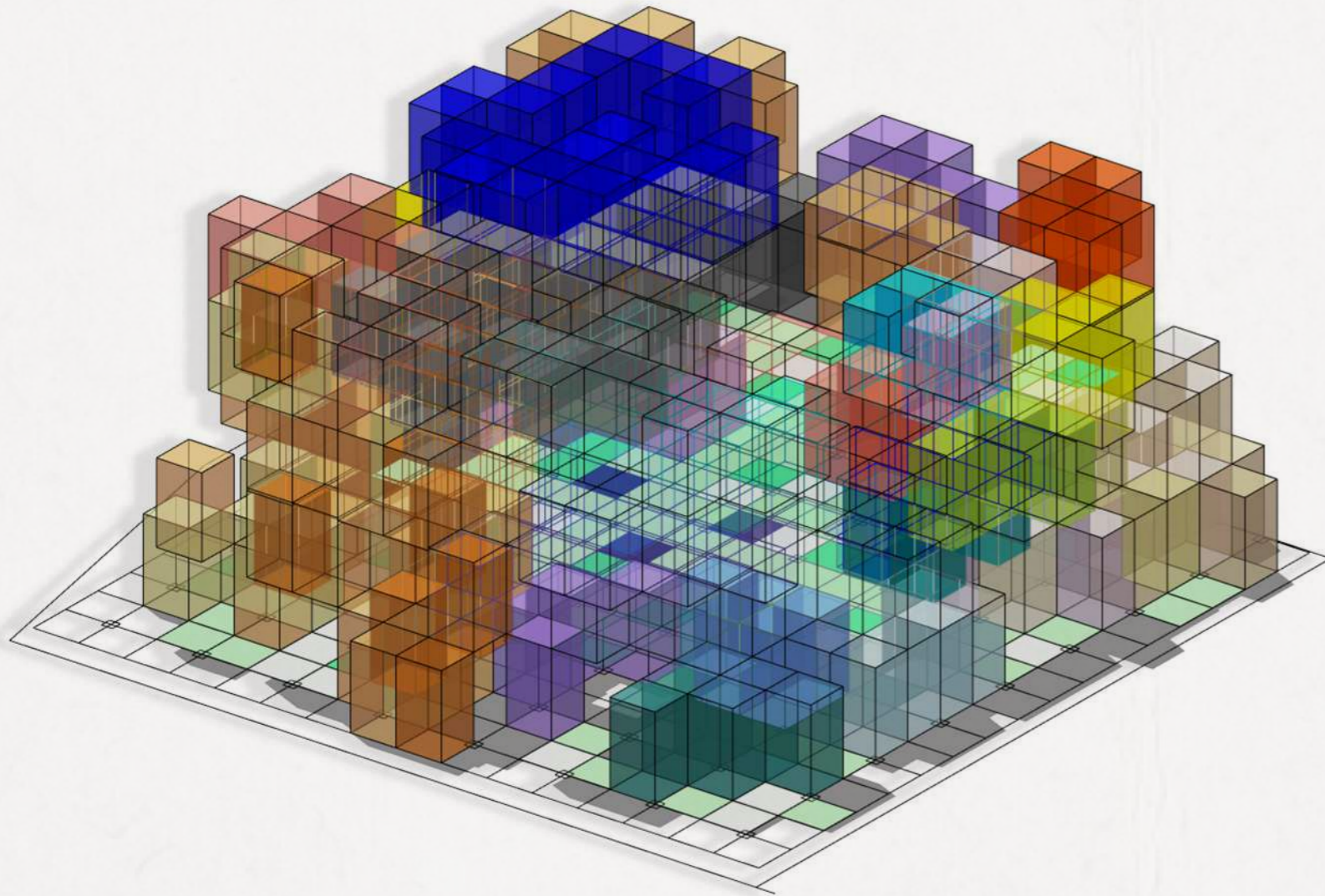
GRID HARMONY ~ PIXEL DESIGN

THIS DIAGRAM EXPLORES, THE COMBINATION OF COLOUR, AND GRID LAYOUT IN 2D DESIGN.

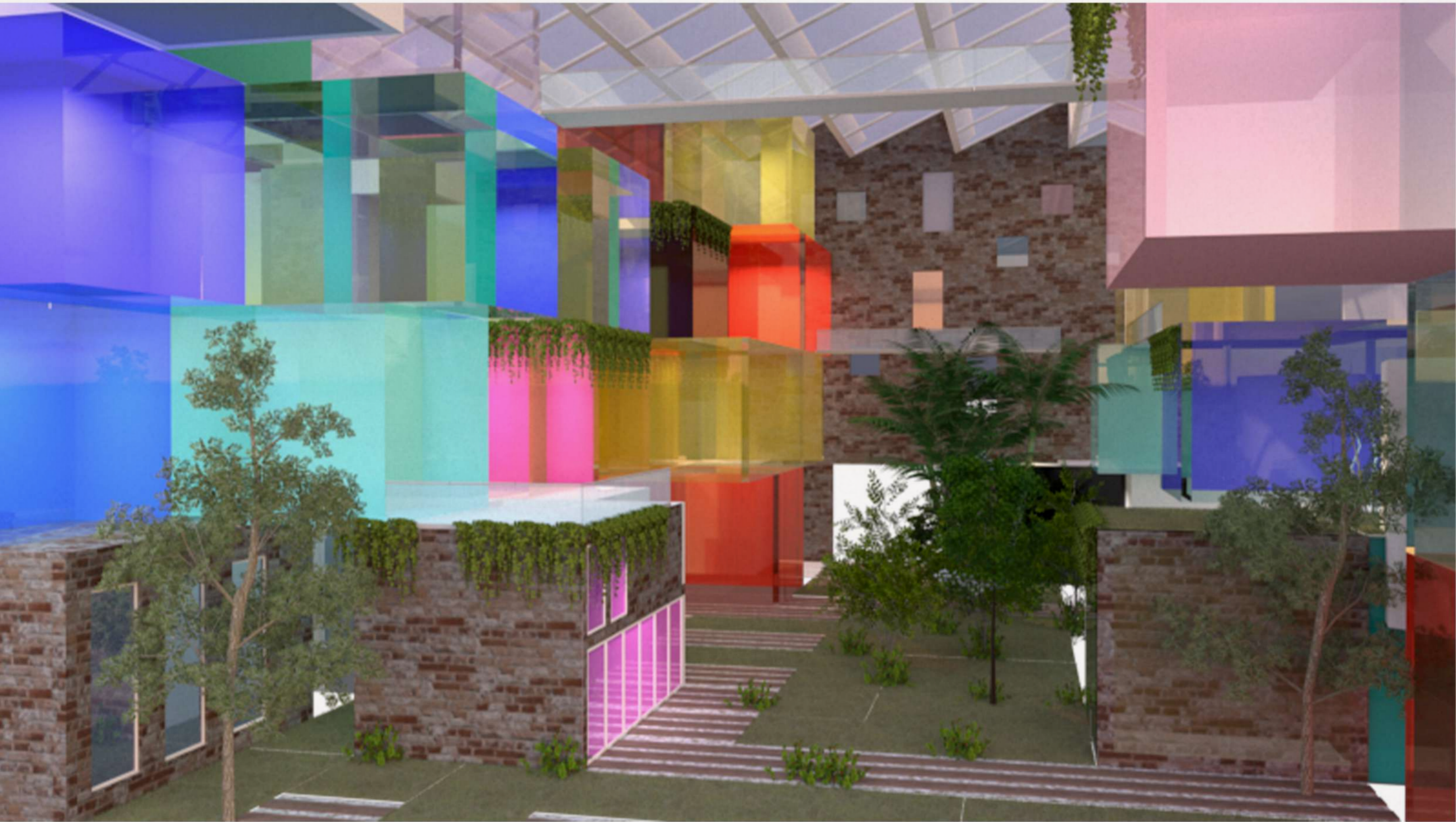


GRID HARMONY ~ 3D CONCEPT

THROUGH THOROUGH RESEARCH, WE ASSIGNED EACH COLOR TO A ROOM, ENERGY, OR ATMOSPHERE. USING A GRID, WE BUILT A PIXELLET 3D MODEL, SEAMLESSLY INTEGRATING DIFFERENT LEVELS AND ROOMS WITHIN THE EXISTING BUILDING'S FRAMEWORK. THIS METHOD EMPHASIZES THE UNIQUE CHARACTERISTICS AND ATMOSPHERES LINKED TO EACH COLOR-CODED SPACE.



GRID HARMONY ~ 3D VISUAL OF TRANSLUCENT CONCEPT



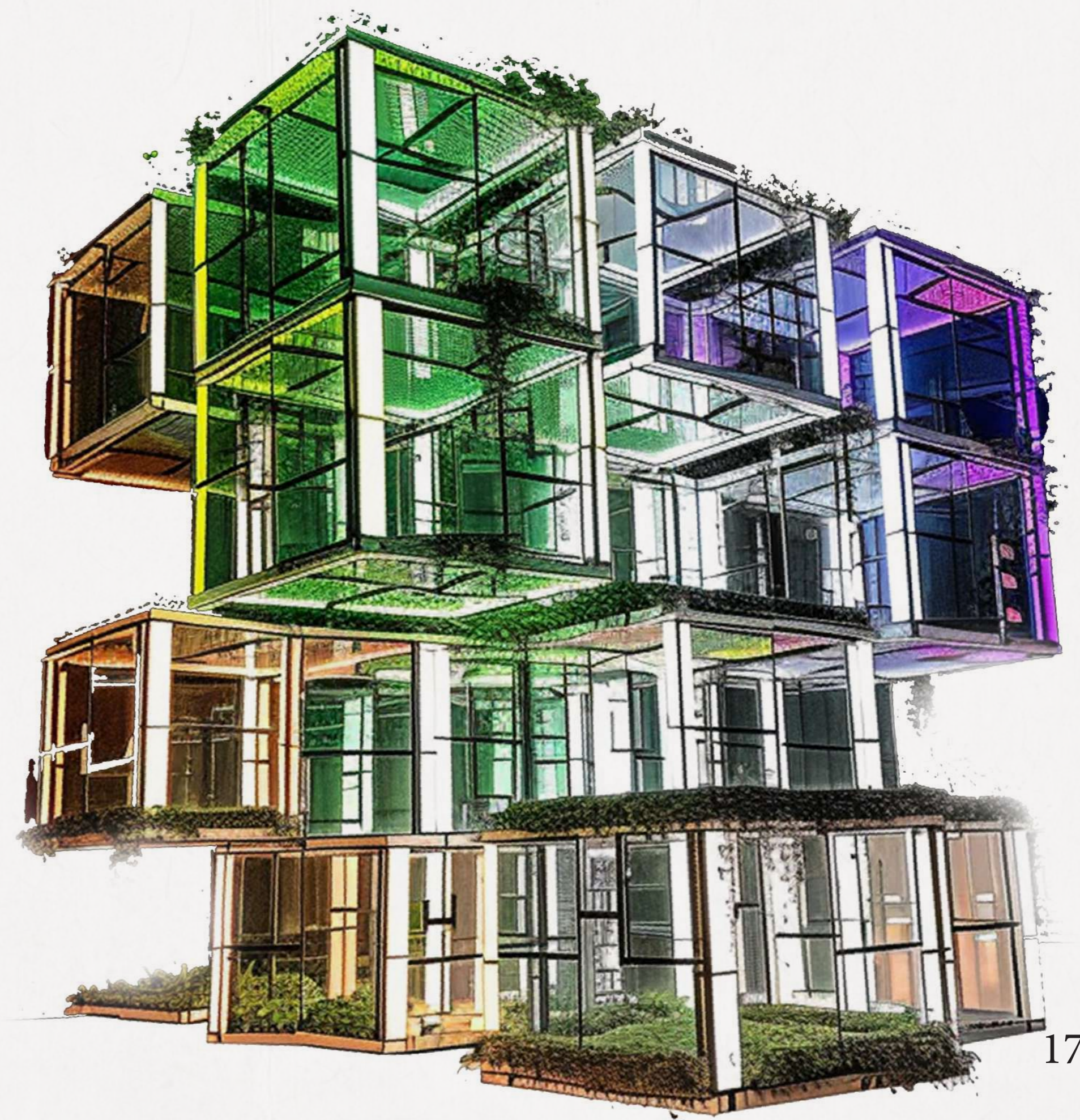
COMBINING COLOUR & STRUCTURE



USING THE EXISTING GRID STRUCTURE AND PREVIOUS CONCEPT IDEAS, I HAVE COMBINED THEM INTO THIS ILLUSTRATION TO DEMONSTRATE A POTENTIAL DESIGN FOR SOME ROOMS.

GRID HARMONY ~ COMBINING COLOUR & STRUCTURE

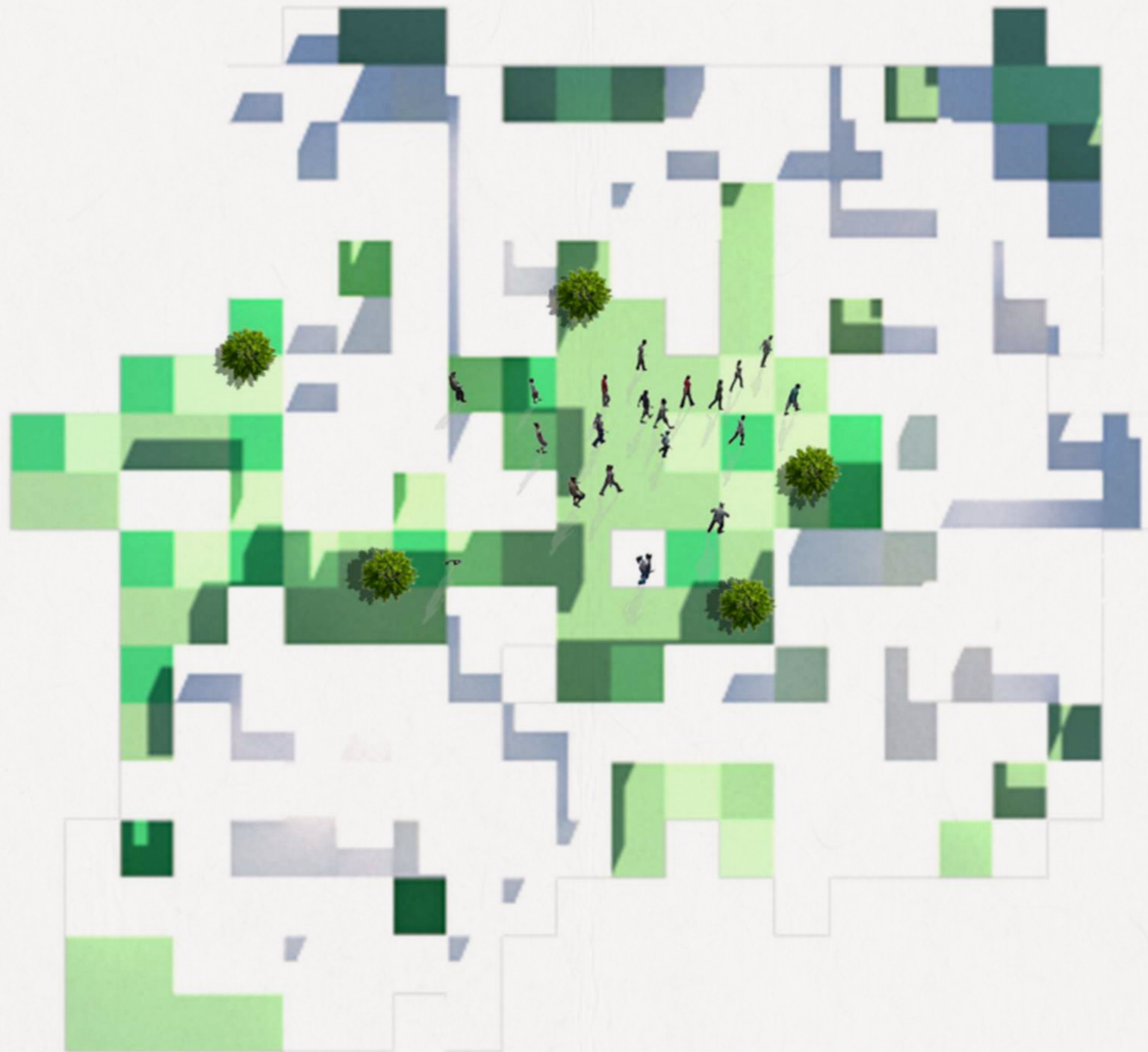
USING THE EXISTING STRUCTURE,
THIS COLLAGE ILLUSTRATES HOW
COLOR CAN TRANSFORM THE BUILDING,
CREATING DISTINCT ATMOSPHERES IN
EACH WORKSHOP.



COLORFUL GRIDS: HARMONIZING SPACES WITH COLOR THERAPY



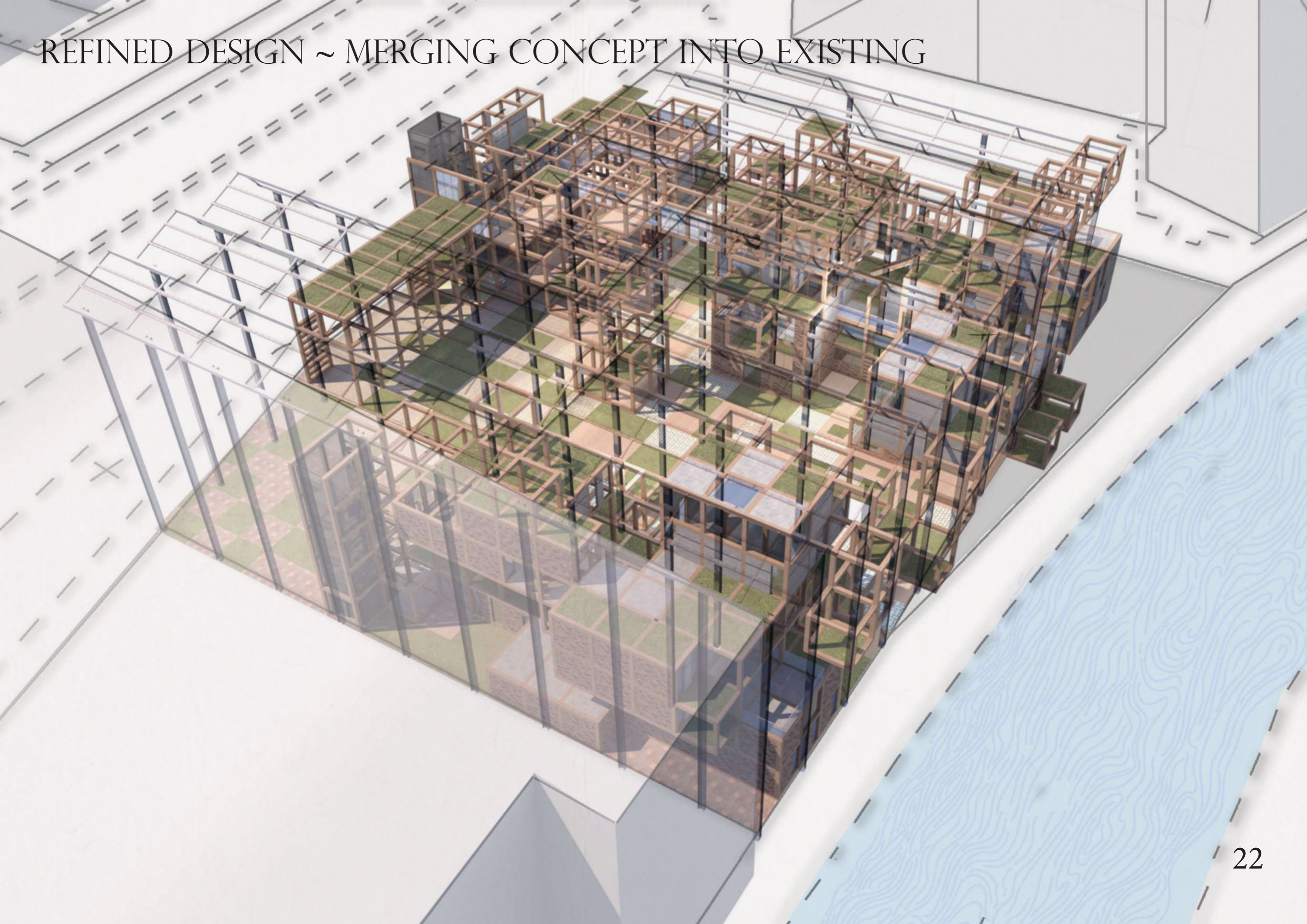
GARDEN GRID ~ LANDSCAPING



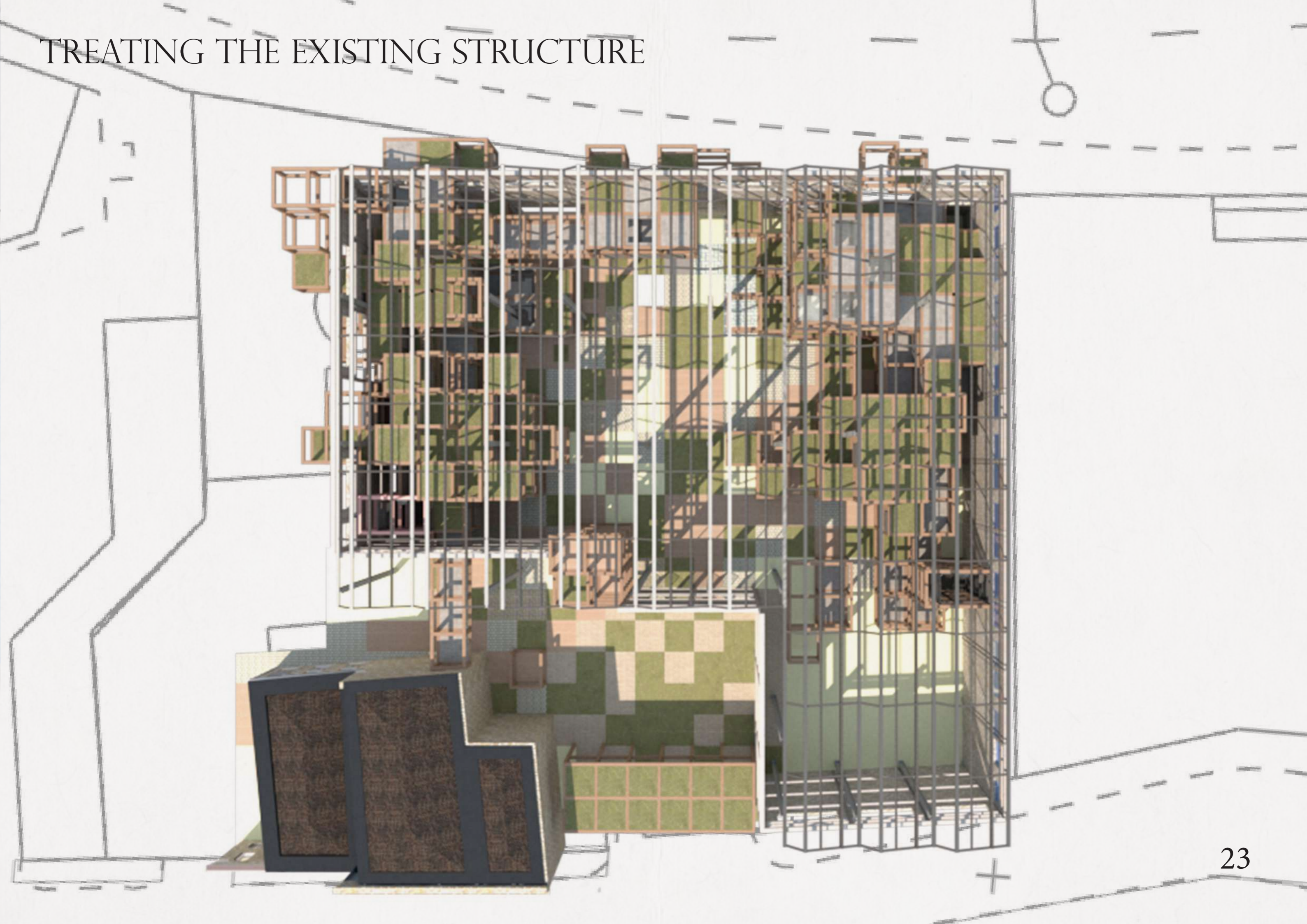
GRID HARMONY ~ GRID LAYOUT CONCEPTS



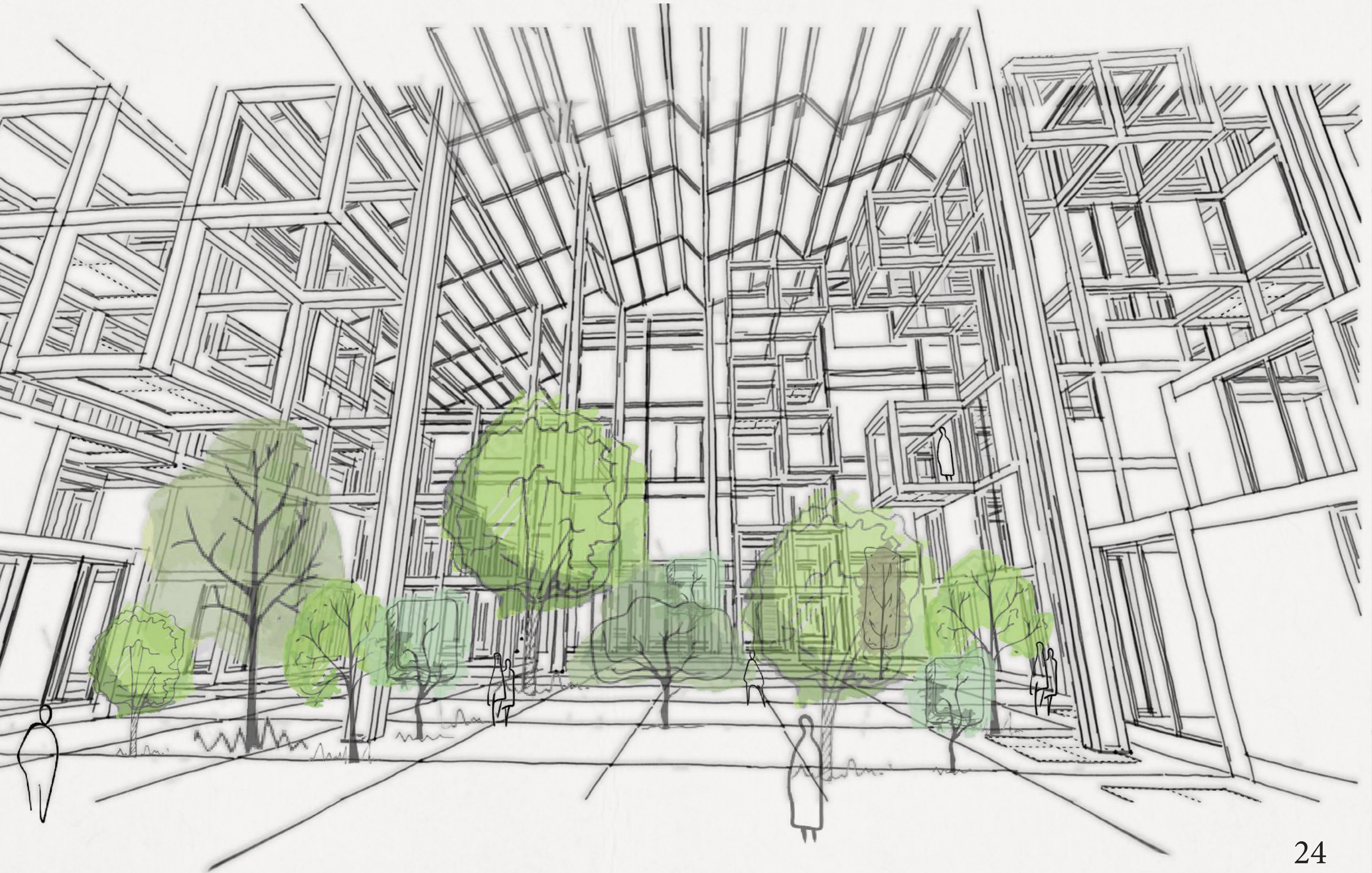
REFINED DESIGN ~ MERGING CONCEPT INTO EXISTING



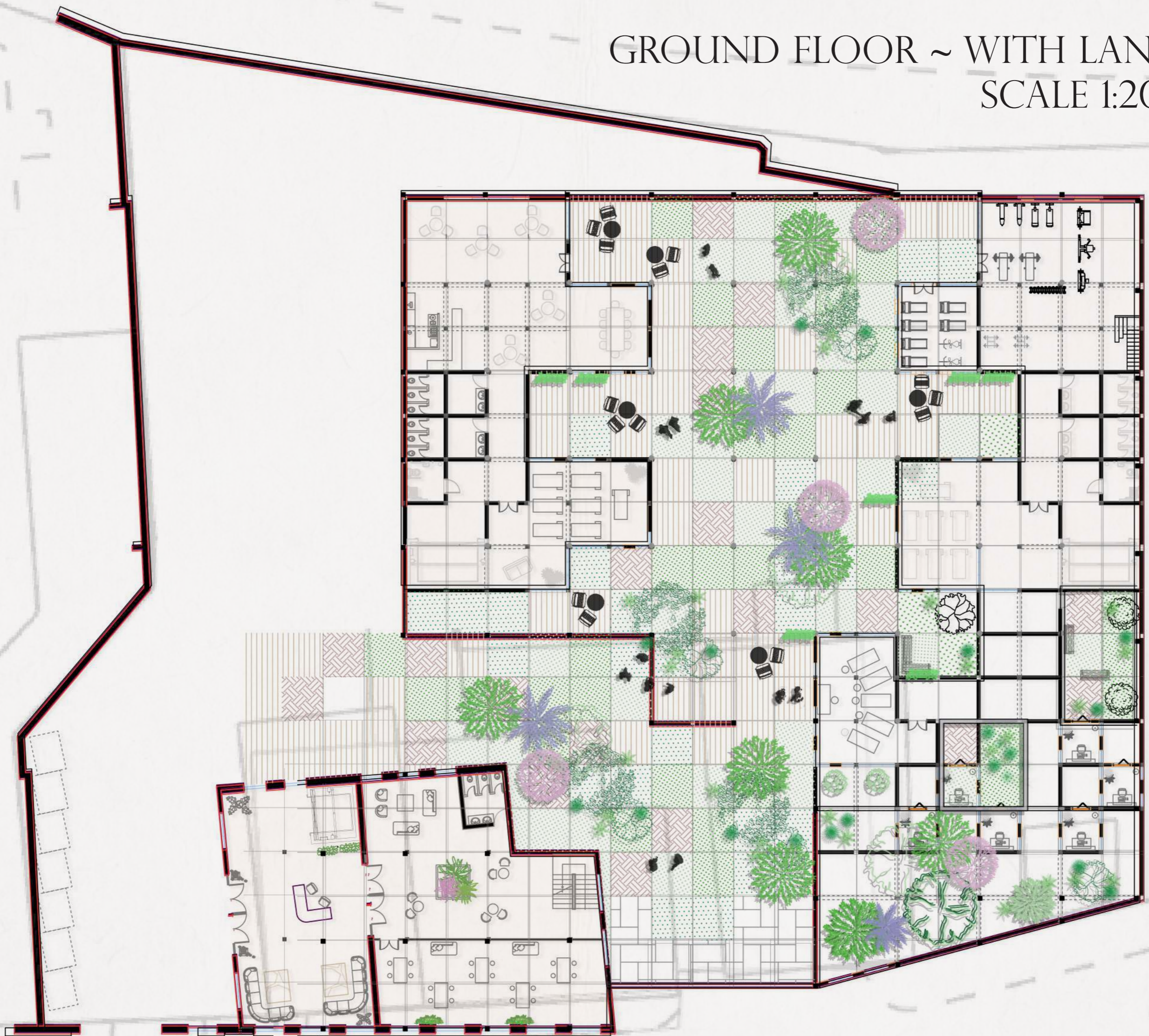
TREATING THE EXISTING STRUCTURE



PERSPECTIVE DRAWING OF COURTYARD



GROUND FLOOR ~ WITH LANDSCAPE
SCALE 1:200



GROUND FLOOR ~ WITHOUT LANDSCAPE
SCALE 1:200

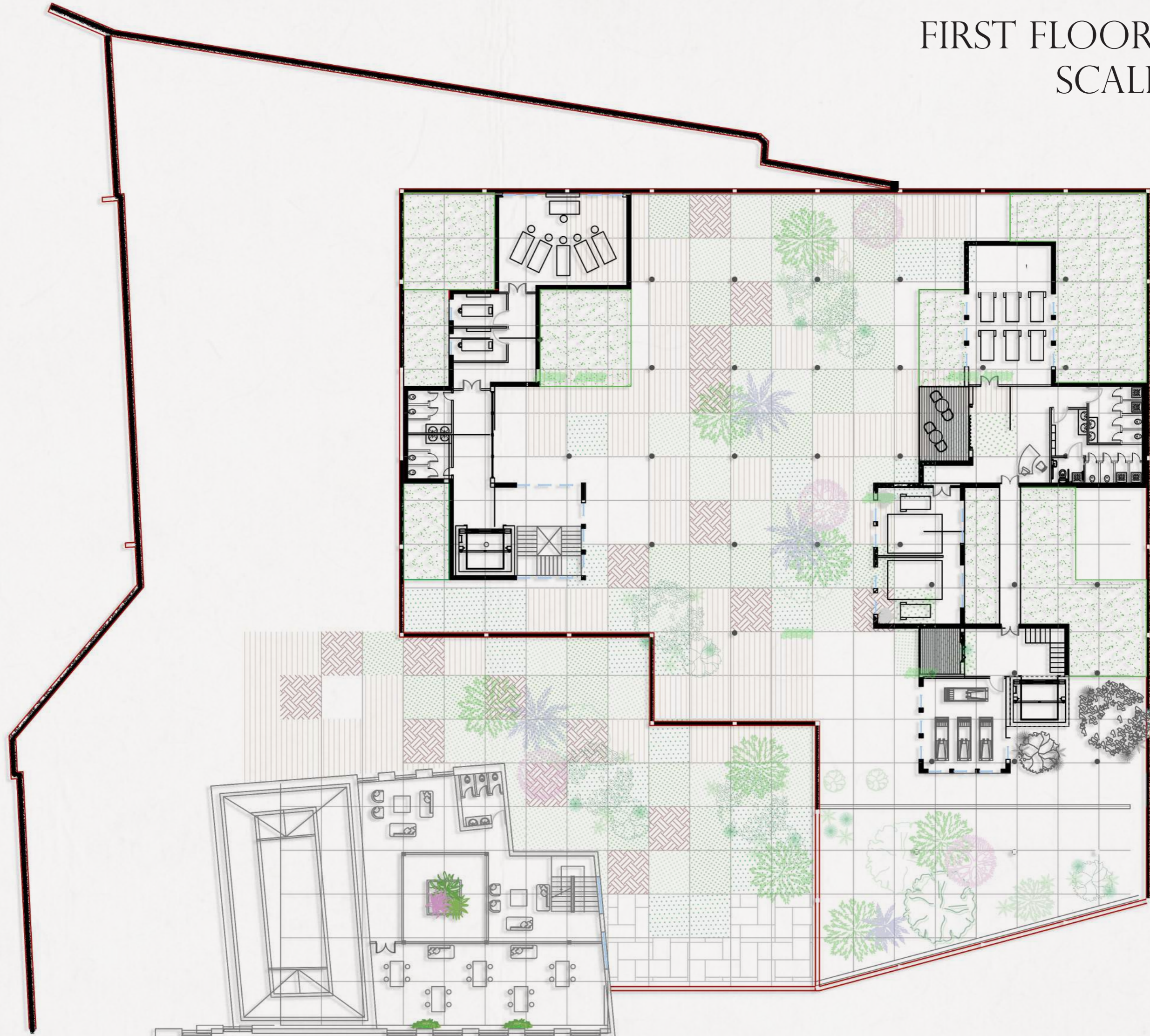


MAZZANINE OA FLOOR PLAN

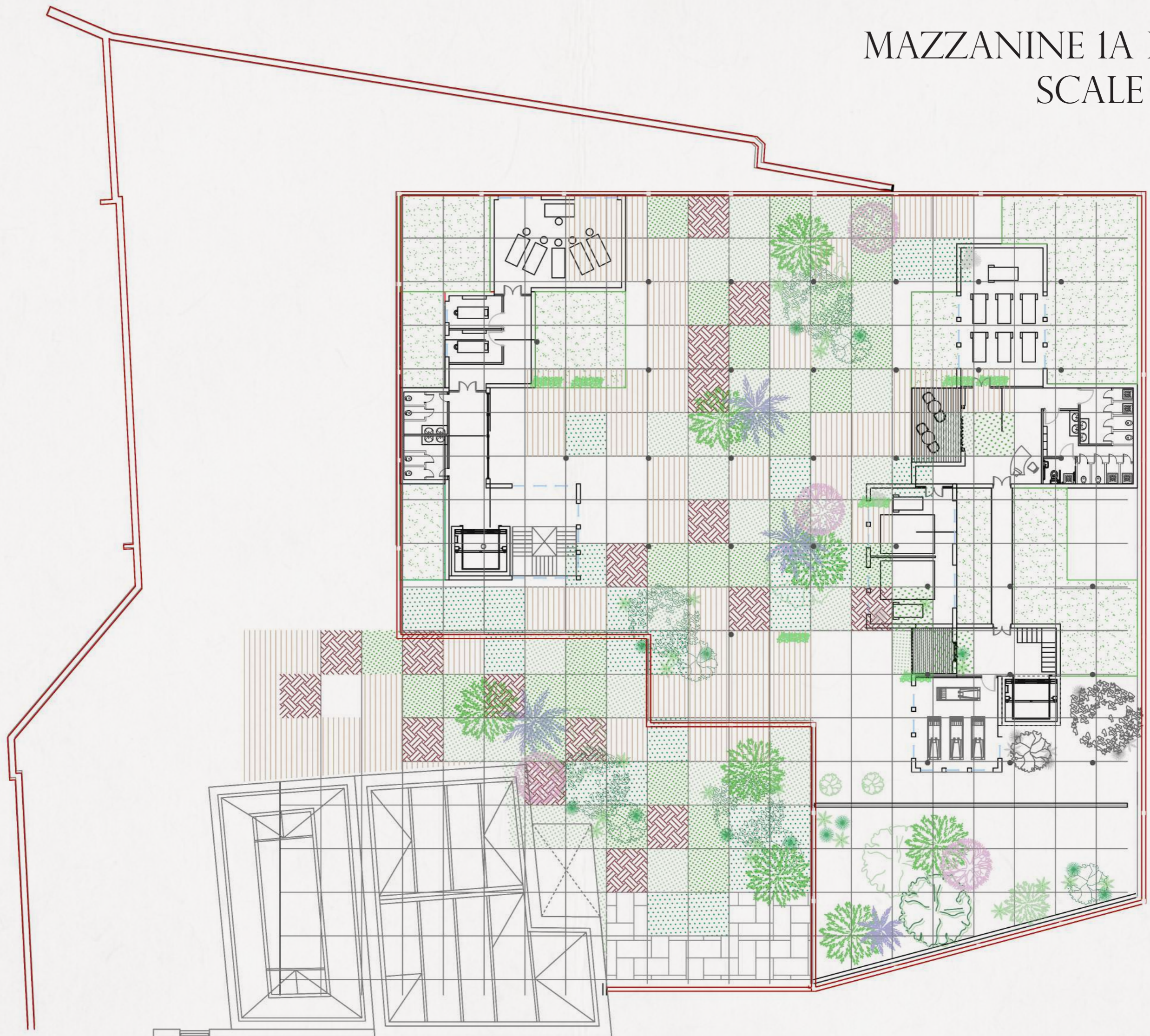
SCALE 1:200



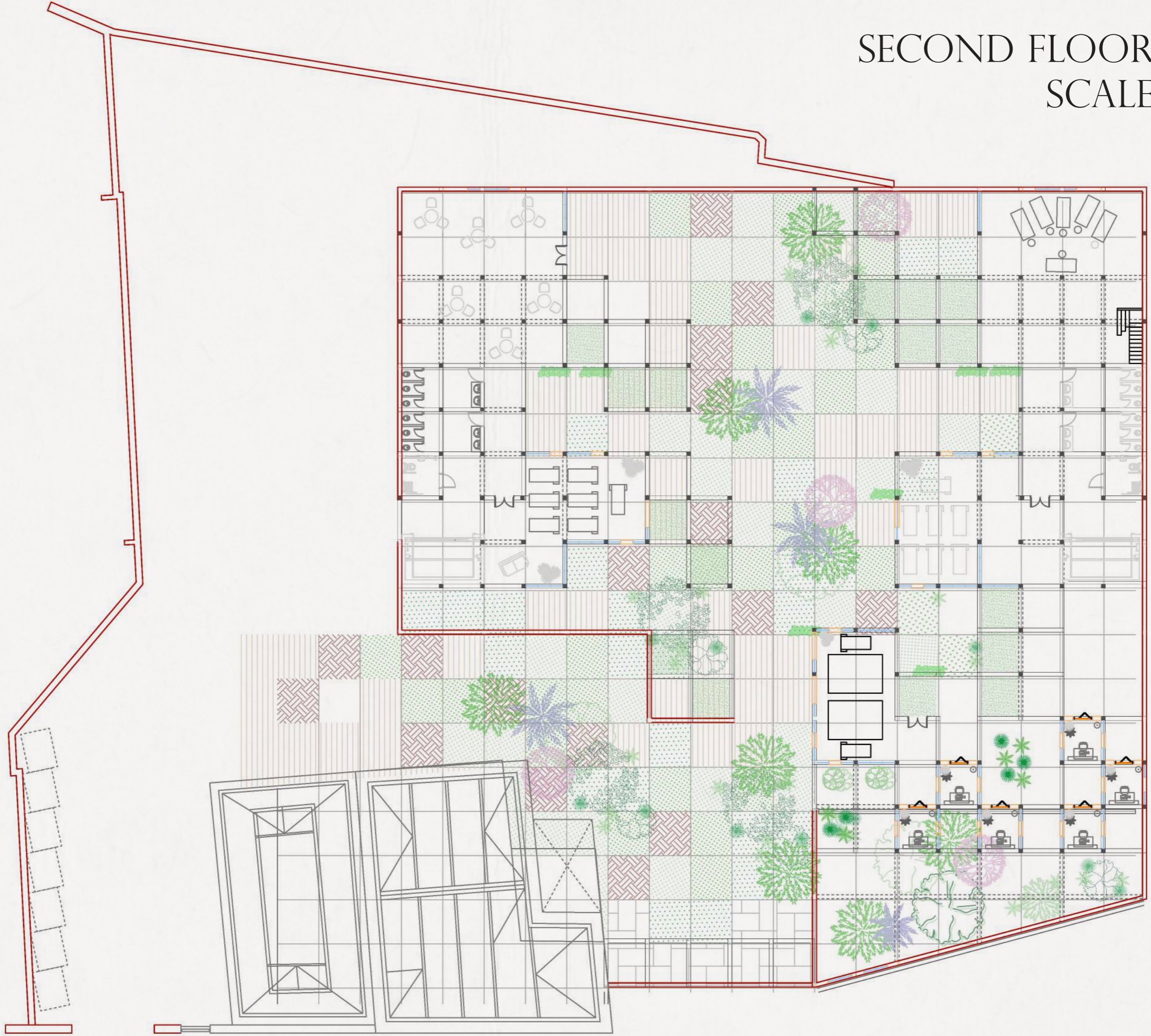
FIRST FLOOR PLAN
SCALE 1:200



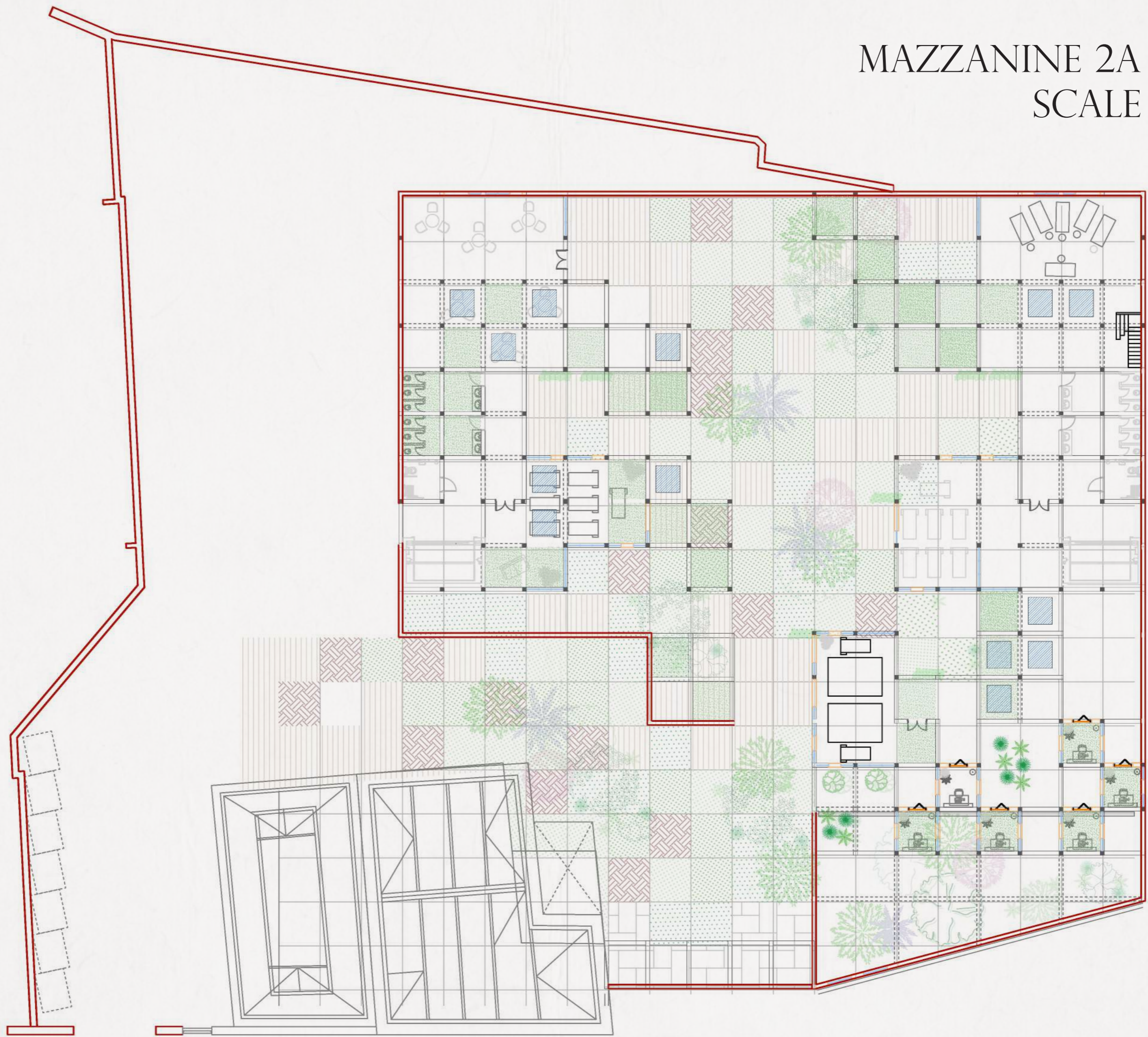
MAZZANINE 1A PLAN
SCALE 1:200



SECOND FLOOR PLAN
SCALE 1:200



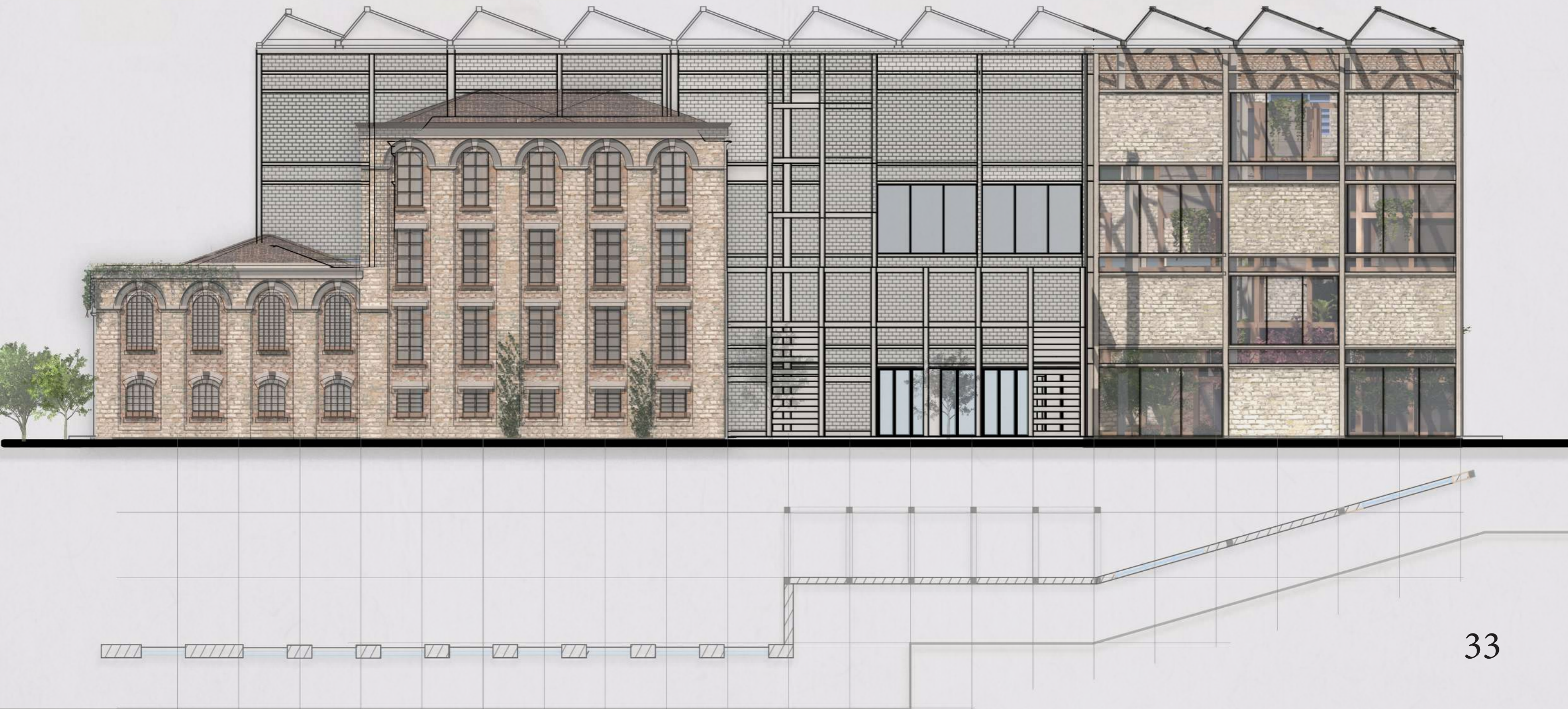
MAZZANINE 2A PLAN
SCALE 1:200



ROOF PLAN WITH STRUCTURE
SCALE 1:200



RENDERED ELEVATION OF FRONT VIEW



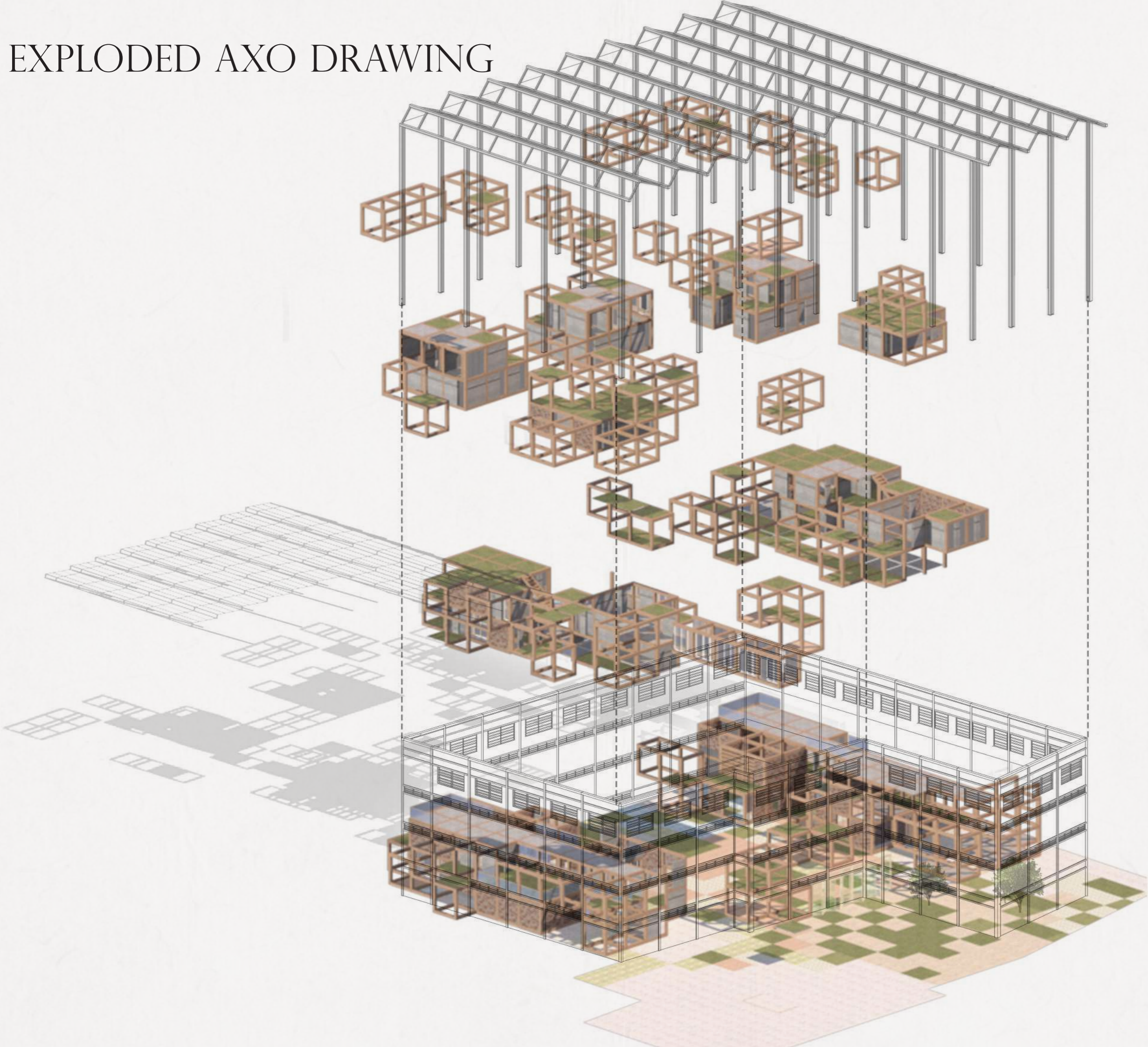
VISUAL OF COURTYARD



VISUAL OF PRIVATE GARDEN

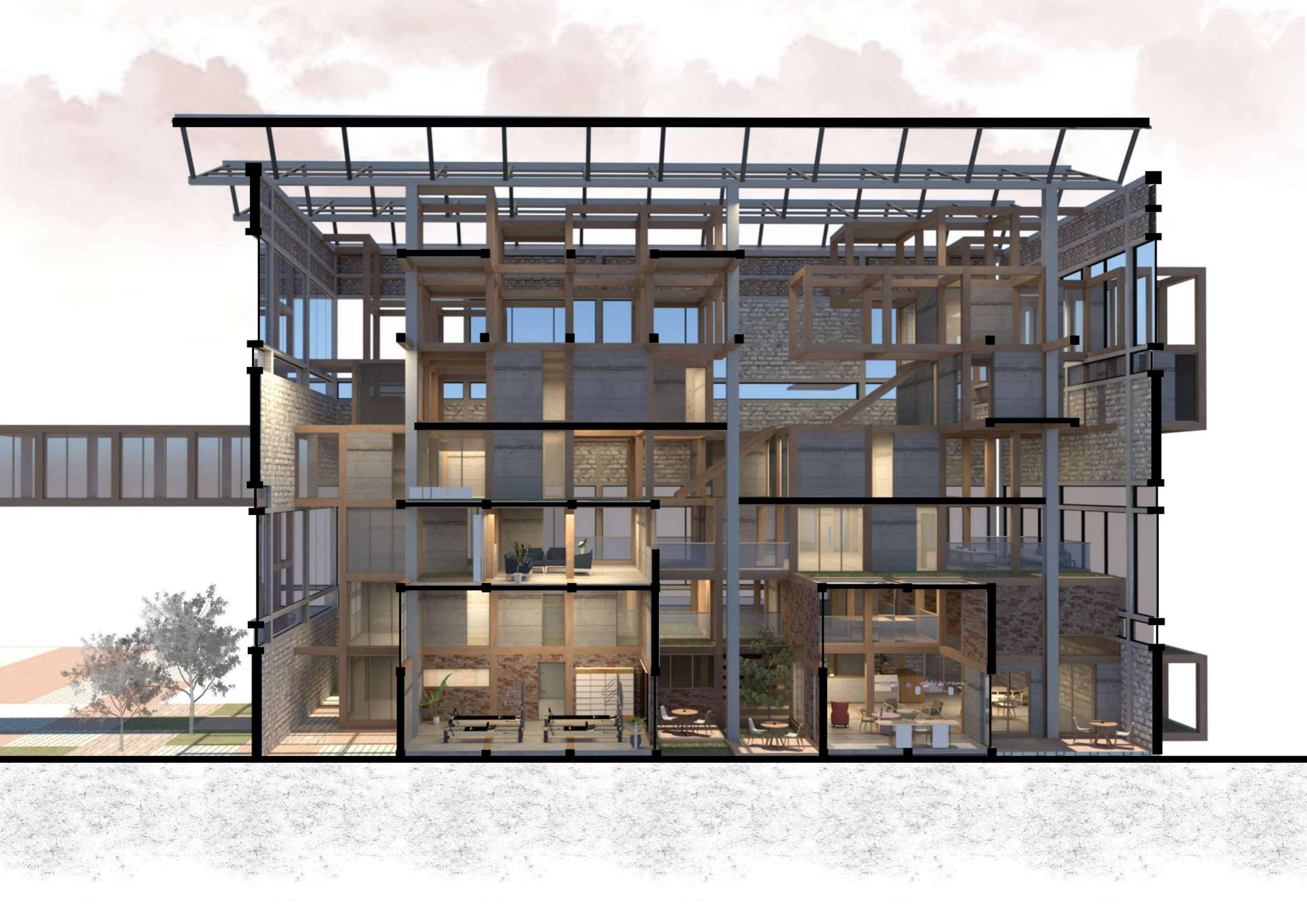


EXPLODED AXO DRAWING



PERSPECTIVE ELEVATION RENDERED





YOGA ROOM VISUAL ~ PURPLE ELEMENTS



CAFETERIA VISUAL ~ PINK & BEIGE DETAILS

