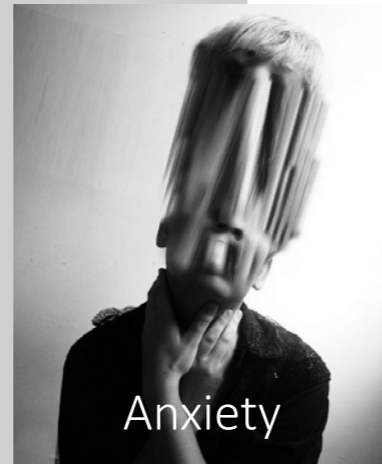




Uncertainty lives every second around us...



Loneliness

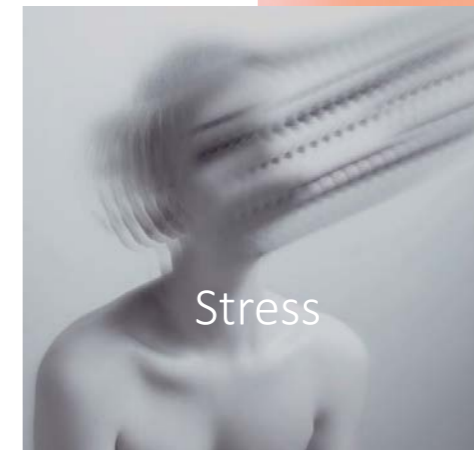


Anxiety



Anger

U
N
C
E
R
T
A
I
N
T
Y



Stress

Mental Health Condition



Jealousy

Hypomania

Phobias

Paranoia

Self-esteem

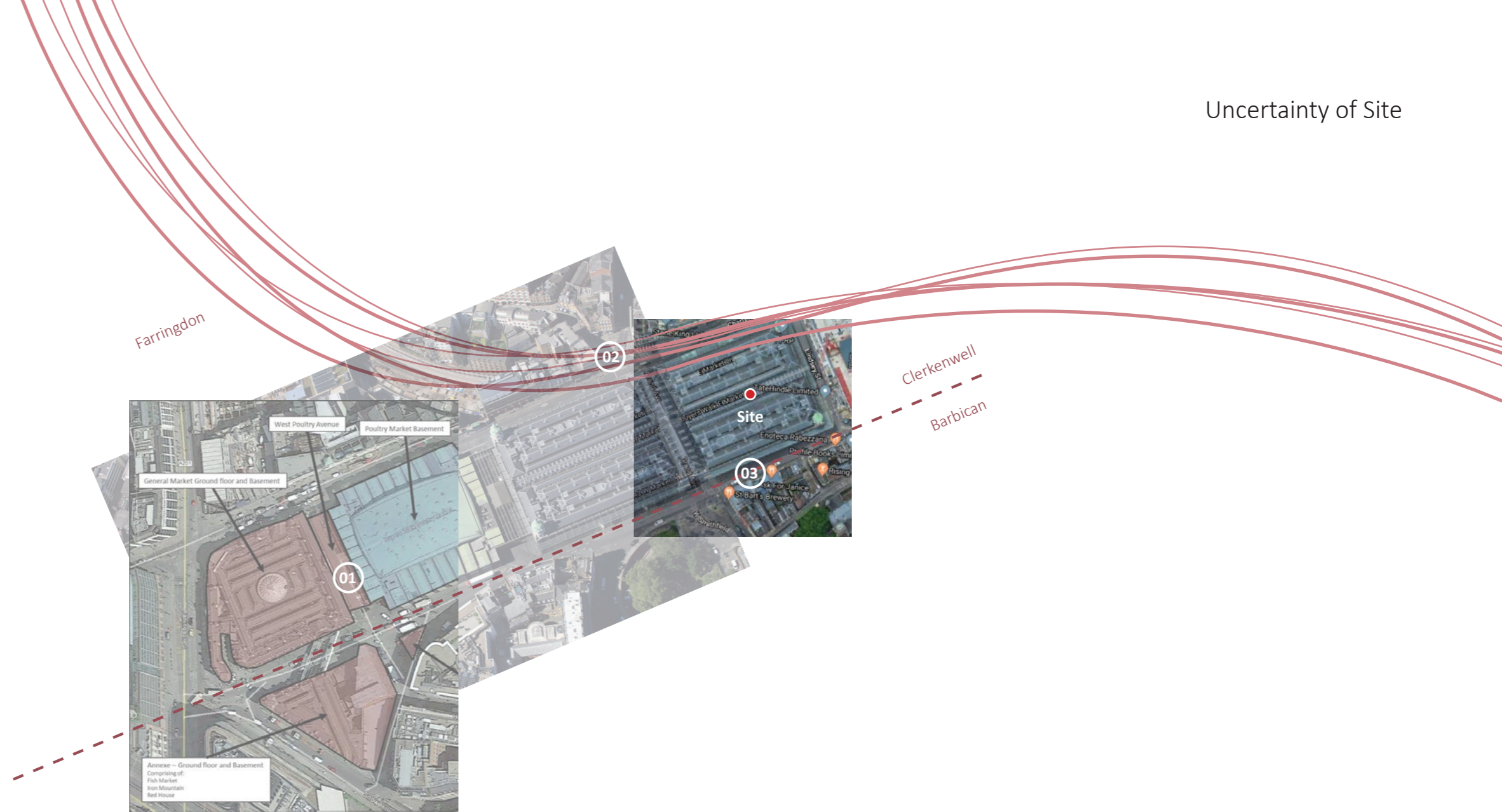
Anxiety & Panic Attacks

Depression

Dissociation & Dissociative Disorder

Body Dysmorphic Disorder





01

New Site of Museum of London sits on the west of Smithfield Market.



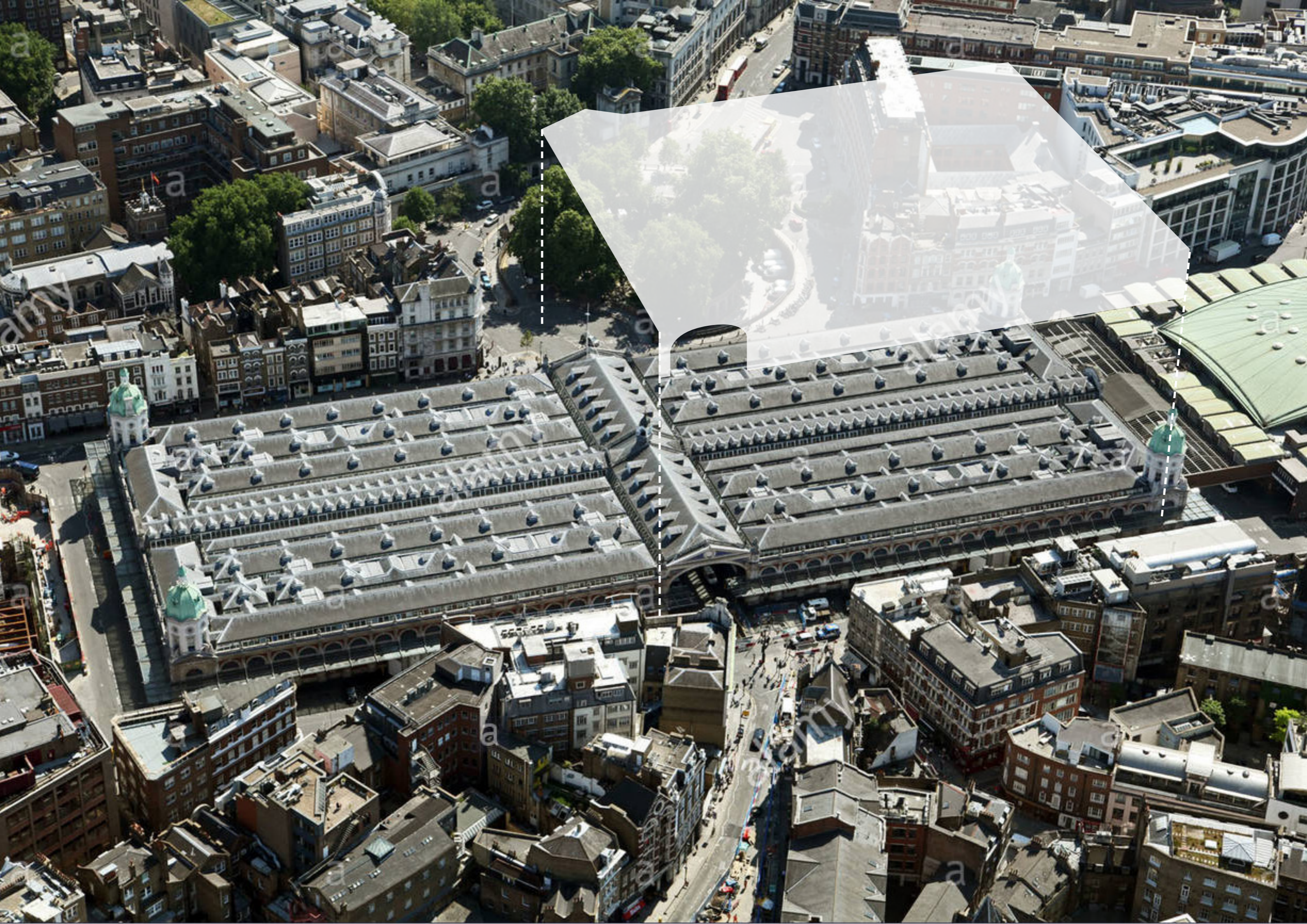
02

Crossrail 's construction is on site of Smithfield Market.



03

Transition into several neighbourhoods including Farringdon, Barbican and Clerkenwell.



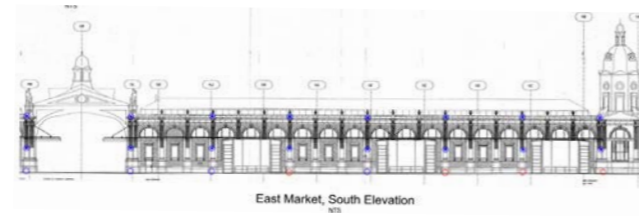
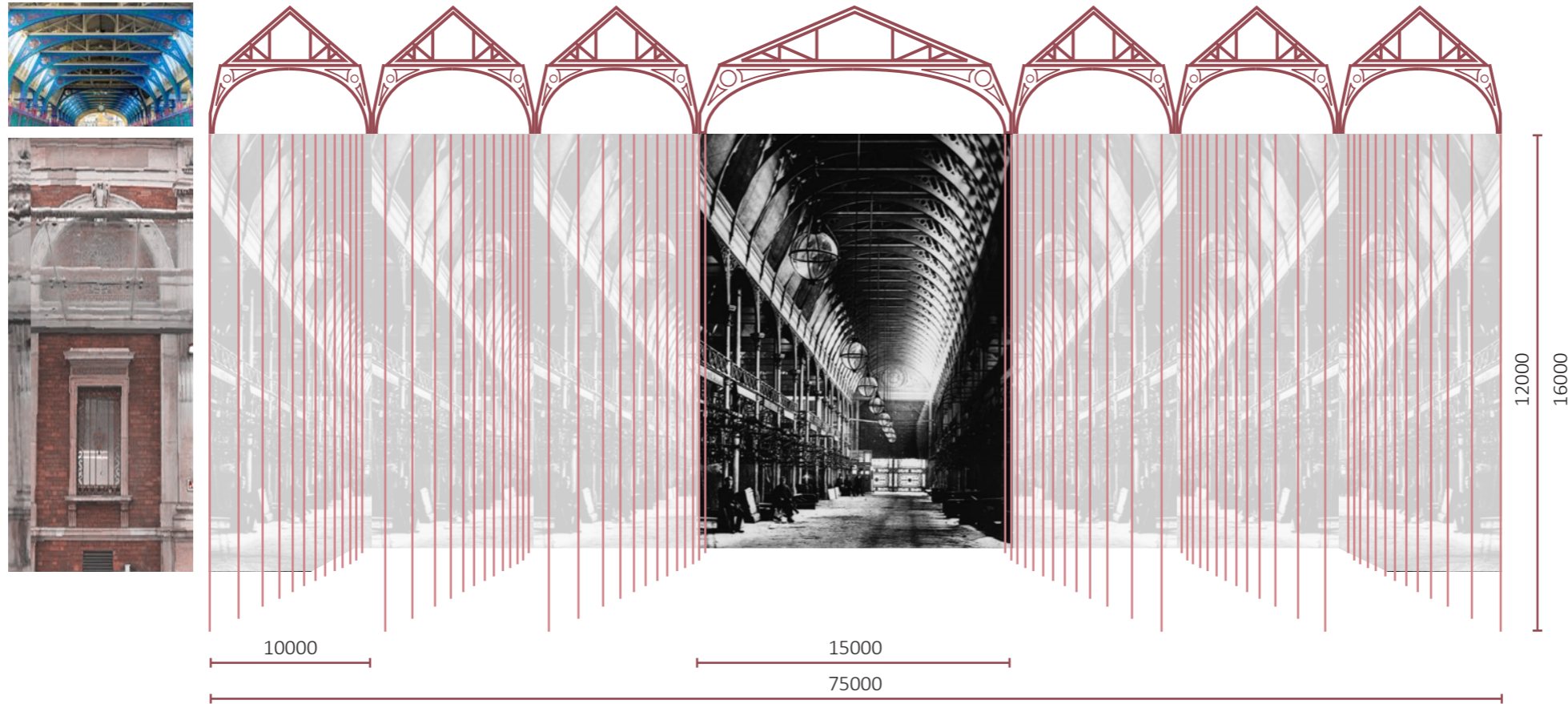


Smithfield Market Nowadays

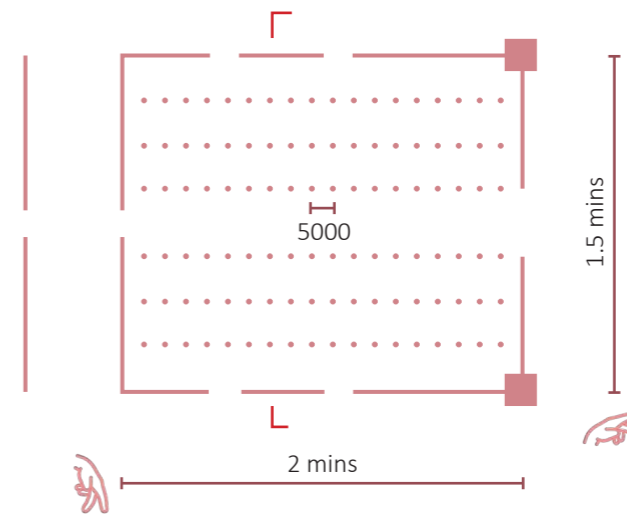


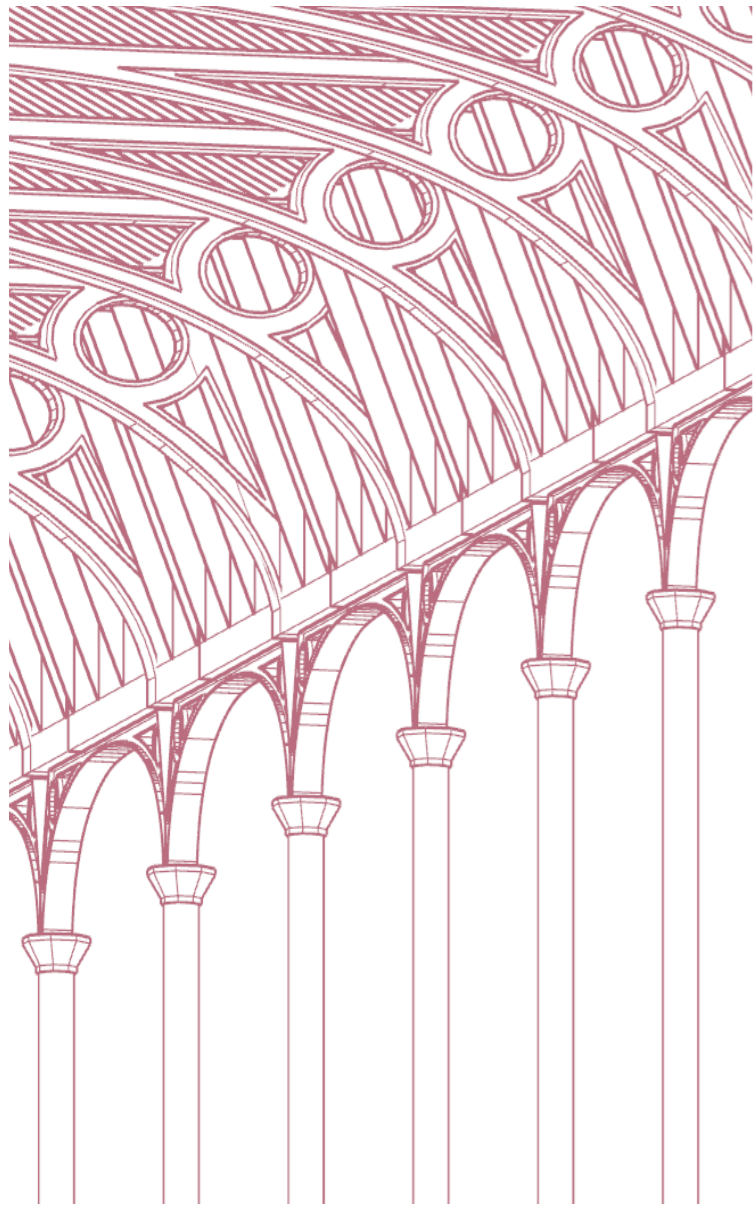
Horses and carts used for transporting goods, outside London's Smithfield Market. ——— 1888

SMITHFIELD MARKET. S. 1082.



95000



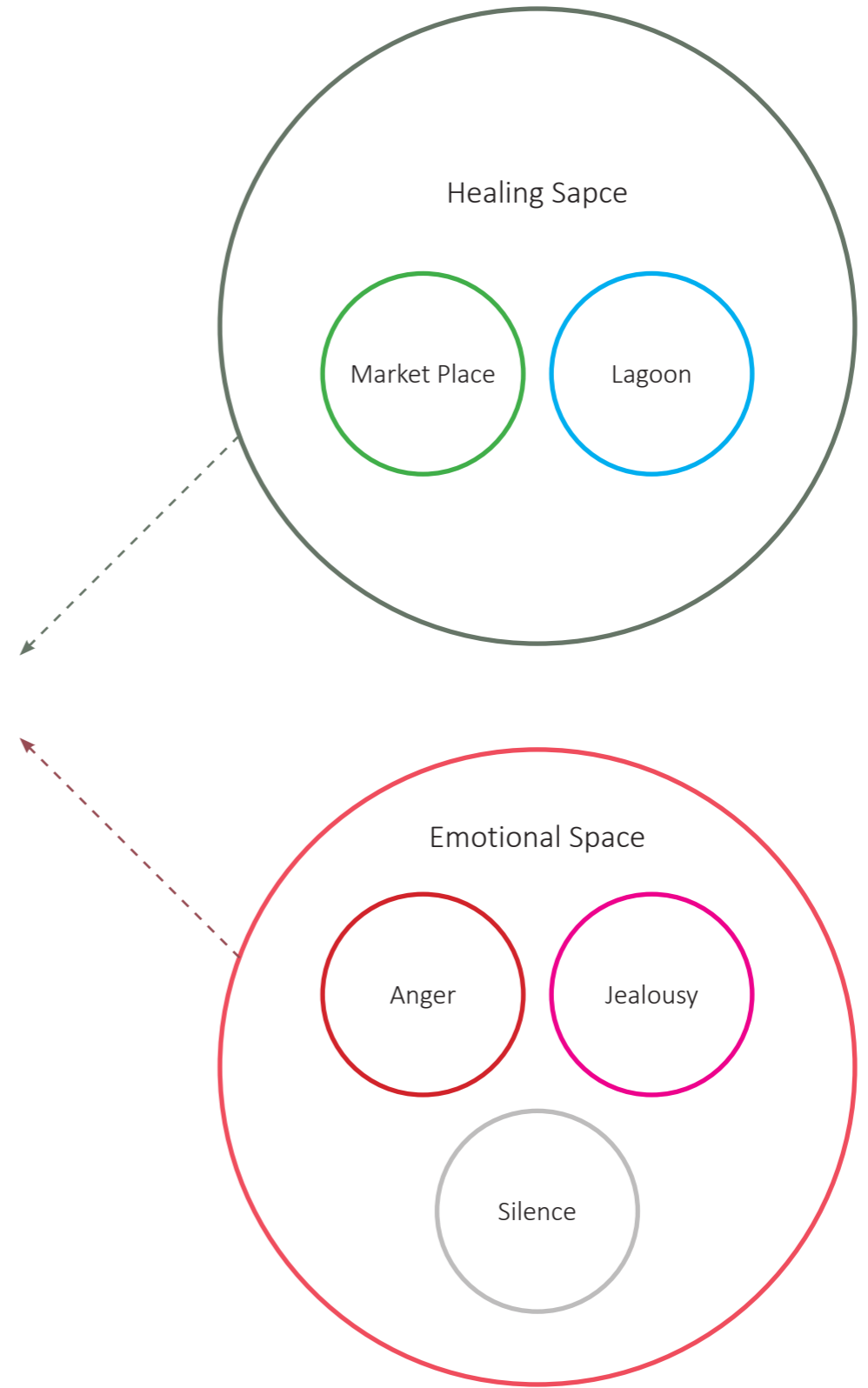
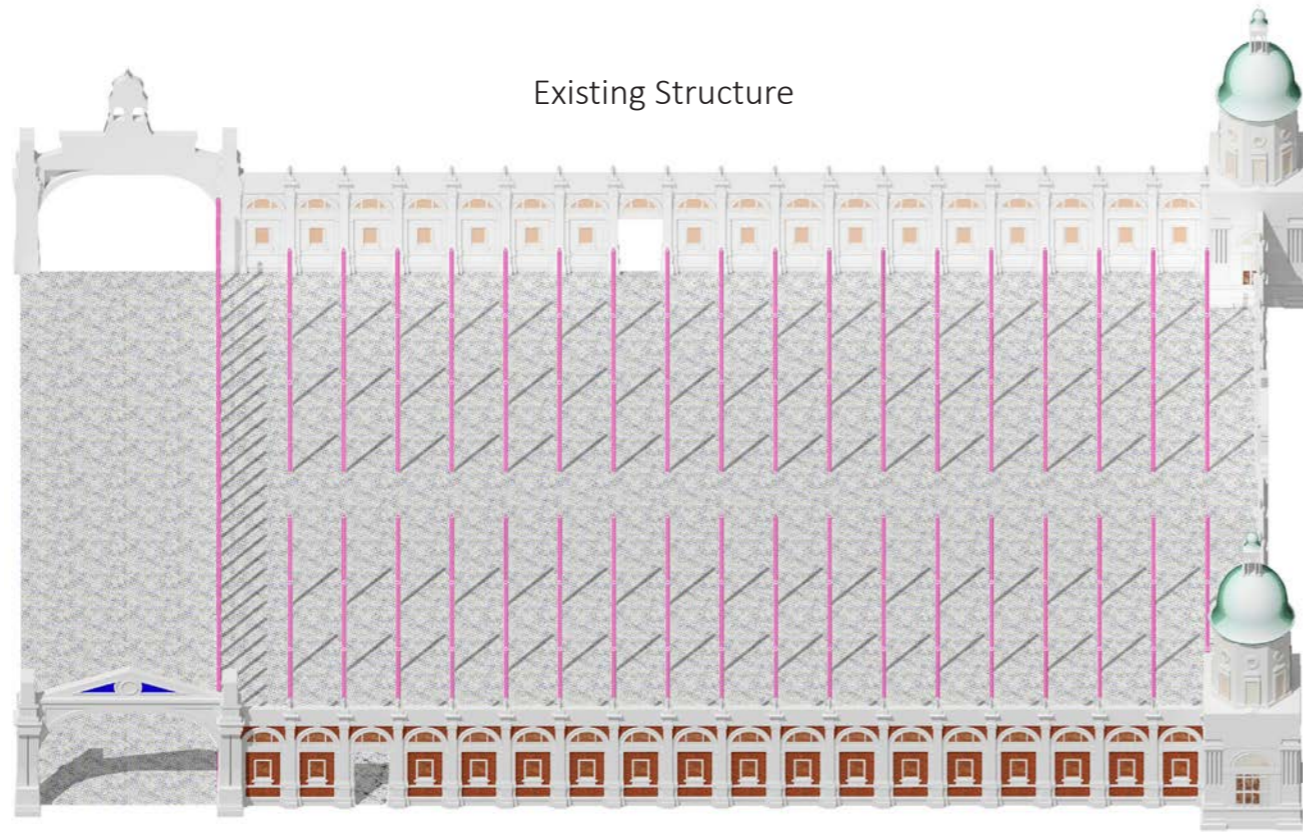


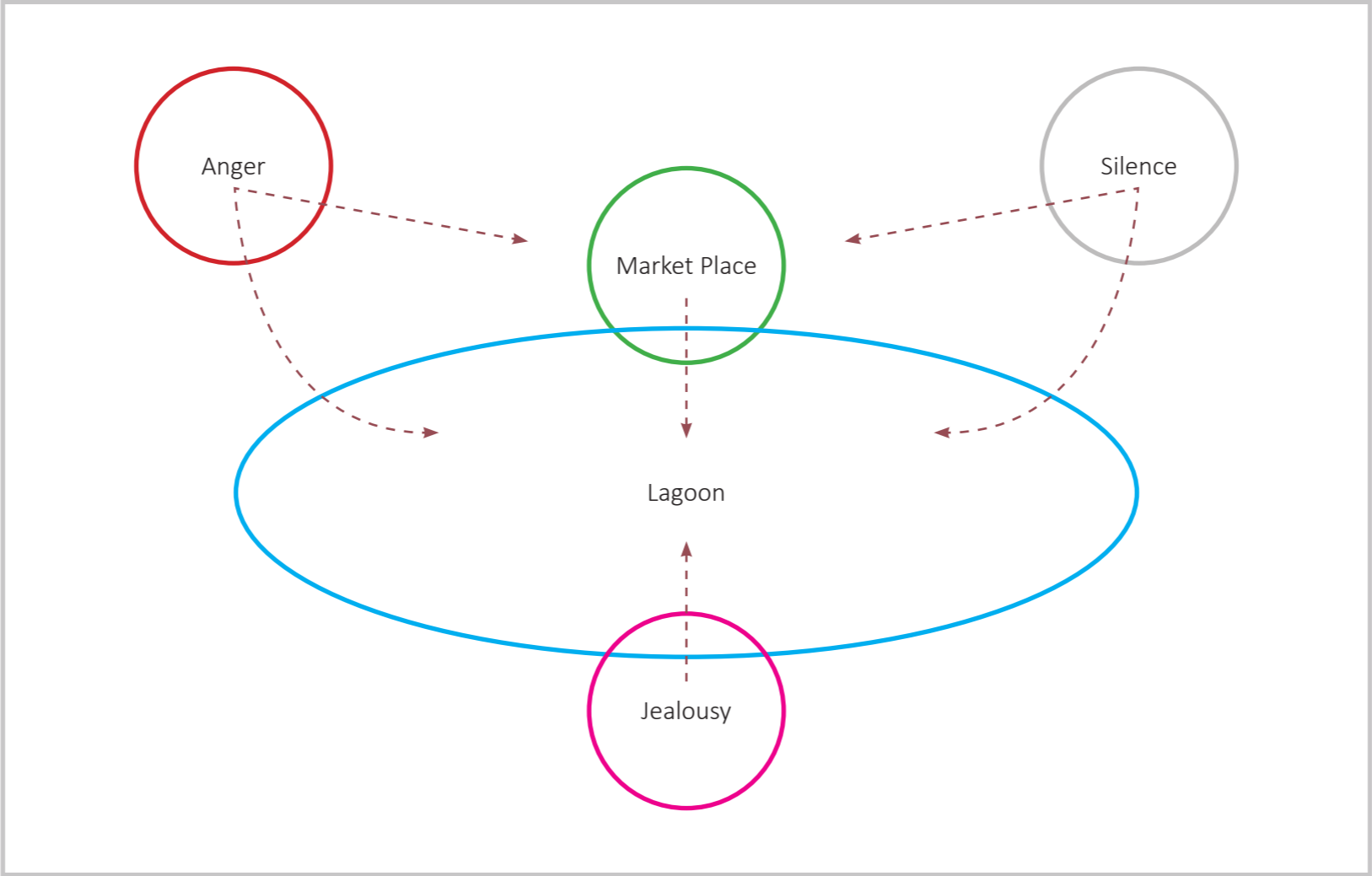
Interior Structure

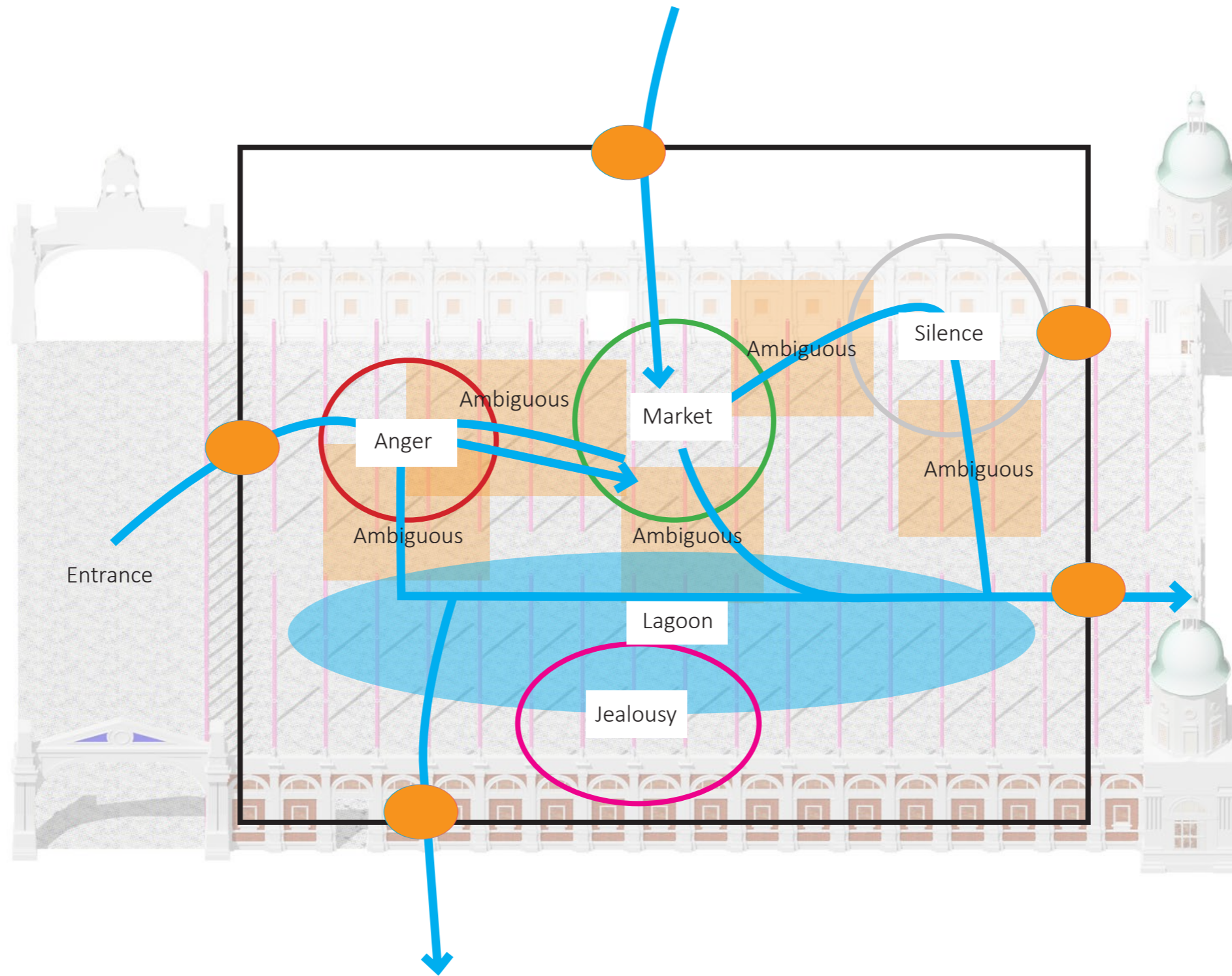


5M X 10M





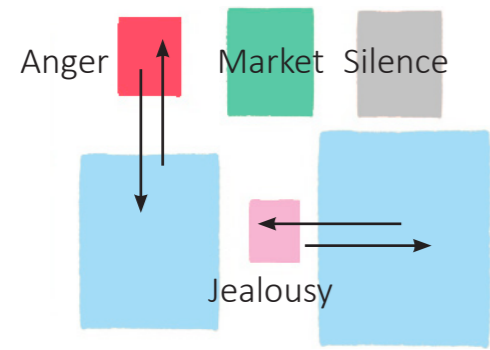




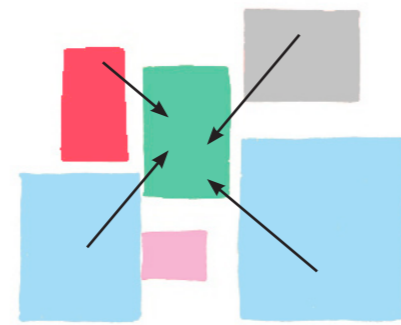
Healing Space
● Market / ● lagoon

Emotional Space
● Anger / ● Silence / ● Jealousy

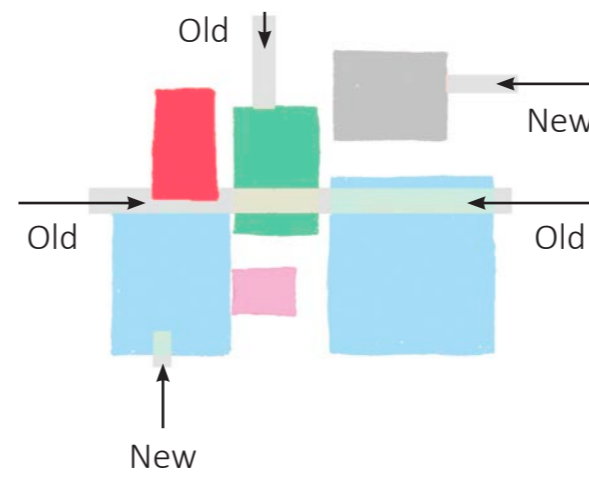
Scaling



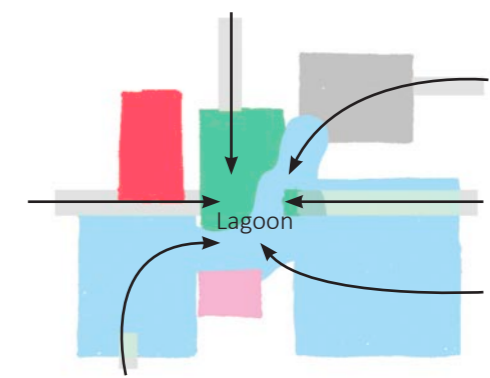
Congregation



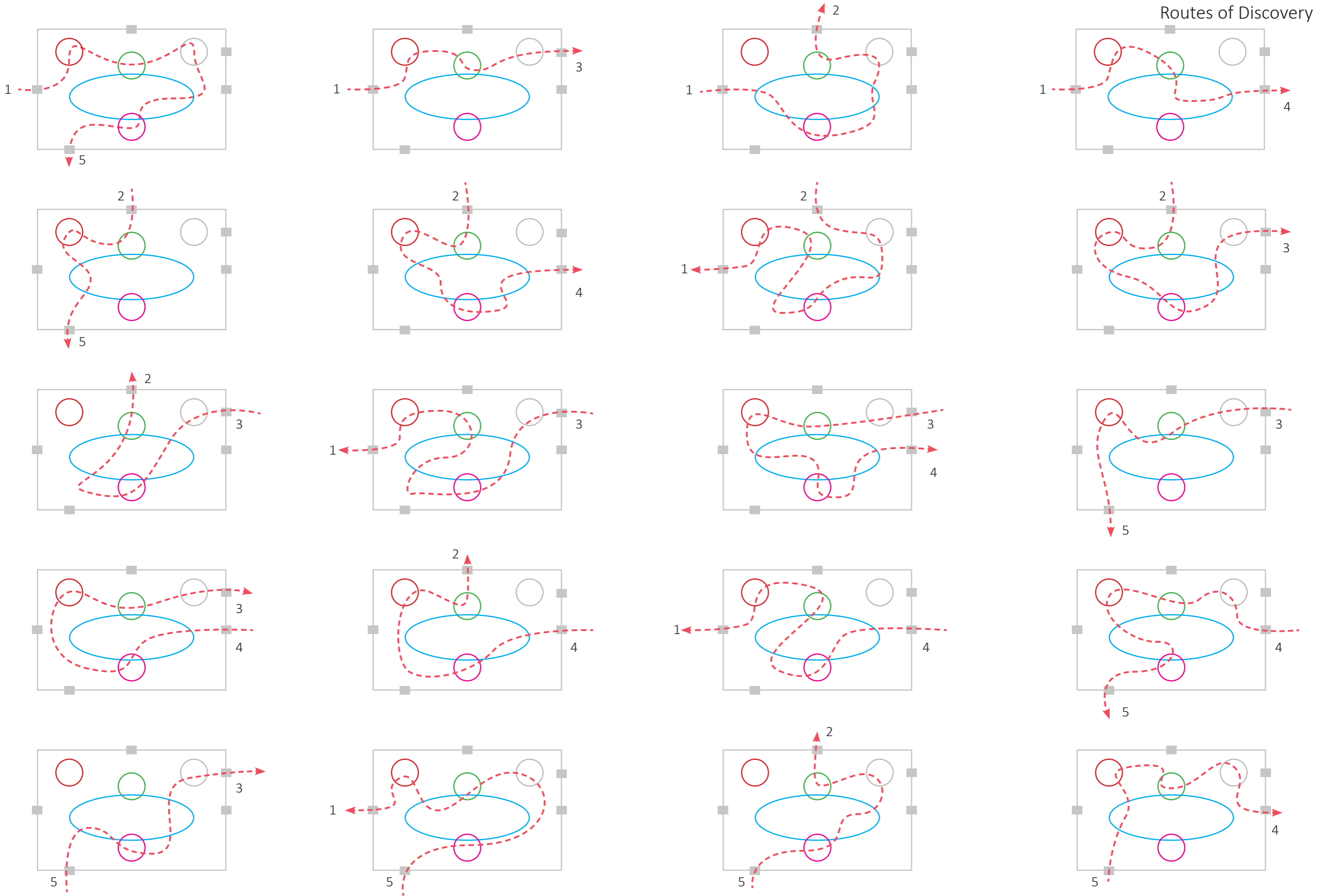
Entrance



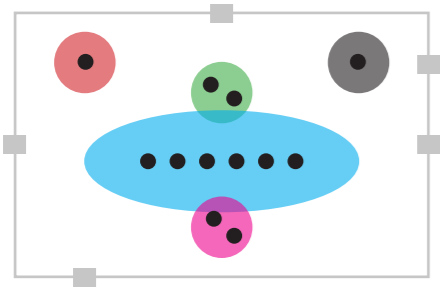
Connection to Water



Routes of Discovery



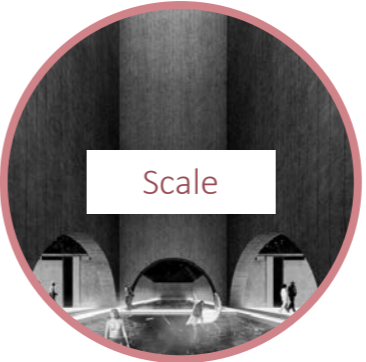
Mood Swings



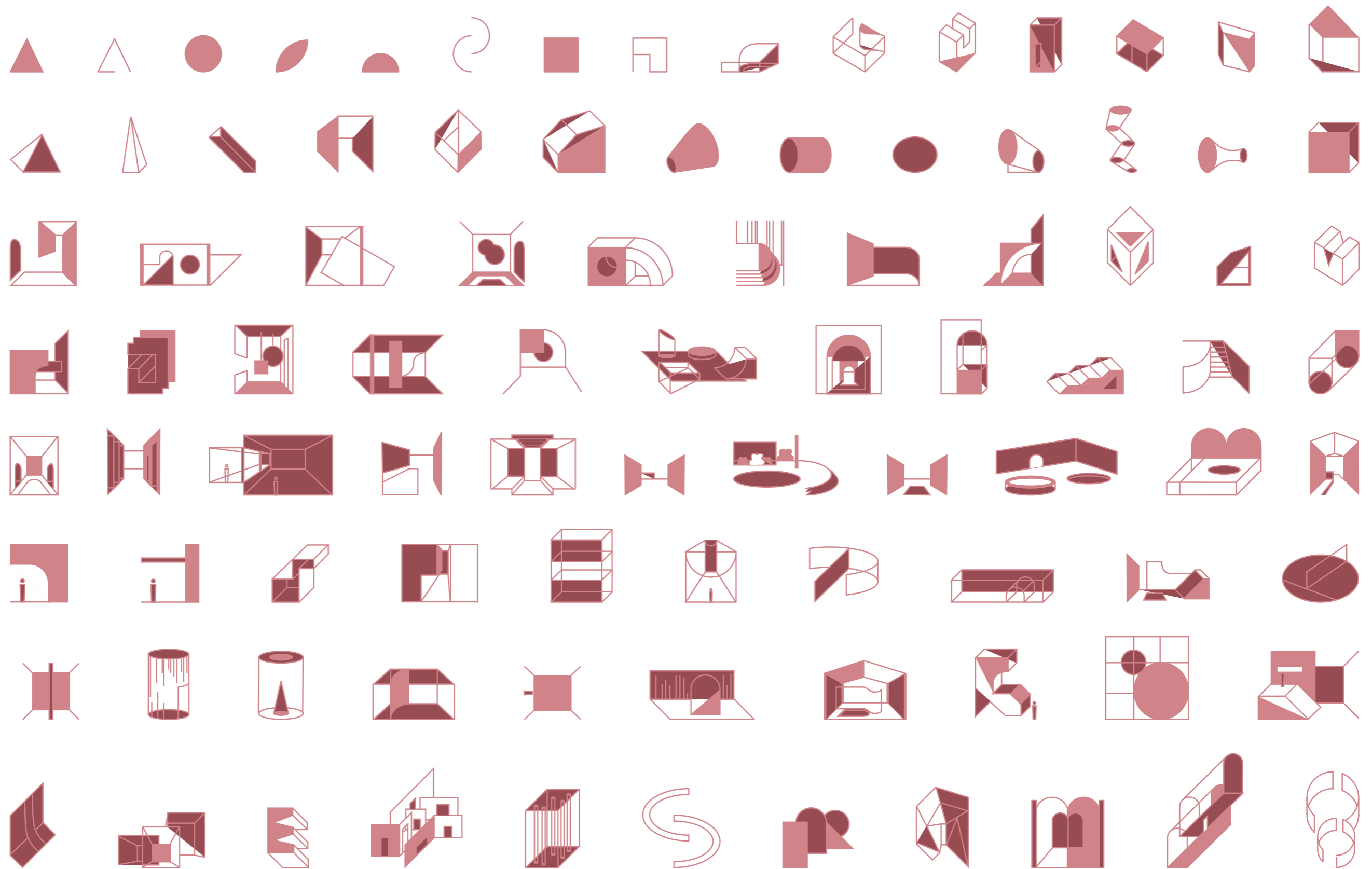
● 1 dot = 10 people
 120 ~ 150 people at a time
 duration 30mins ~ one day



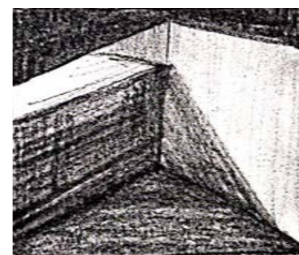
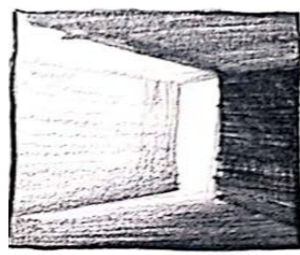
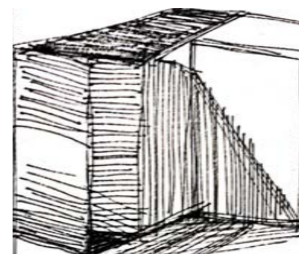
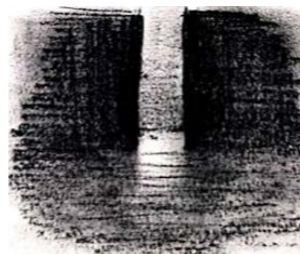
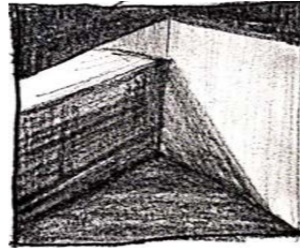
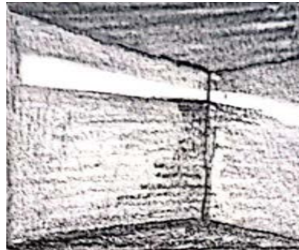
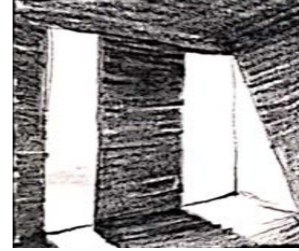
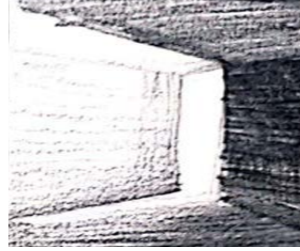
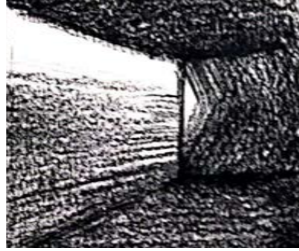
- Lagoon
- Market Place
- Jealousy
- Anger
- Silence

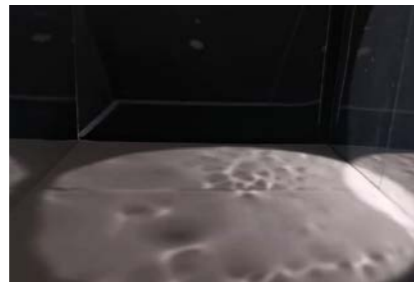
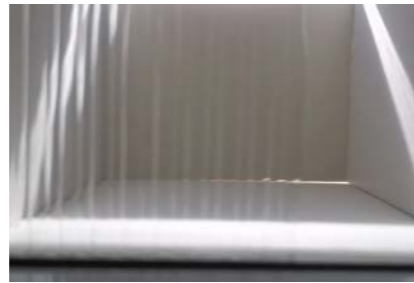


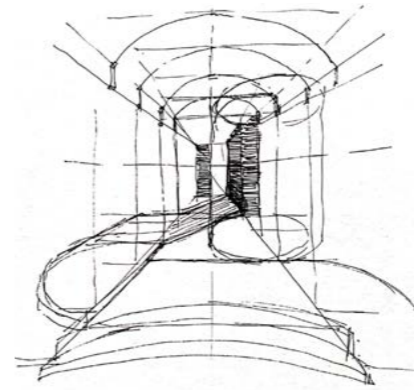
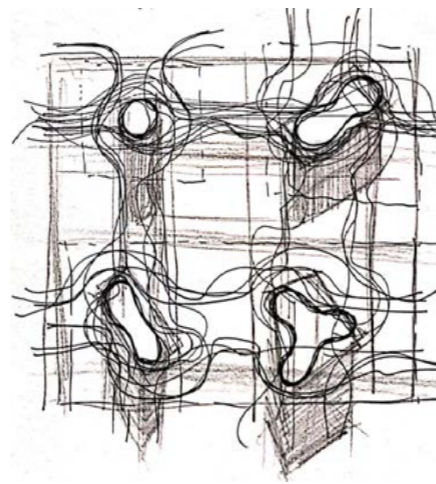
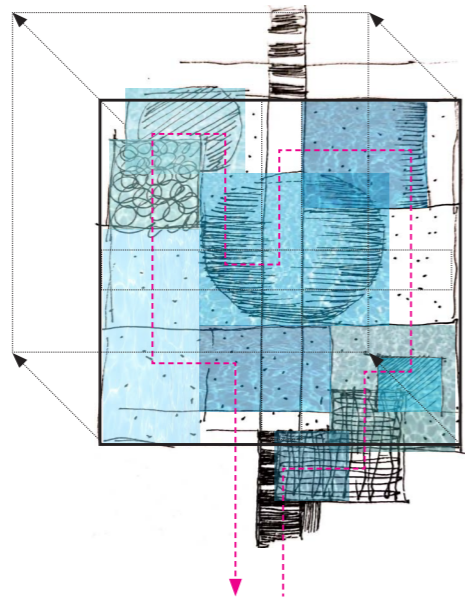




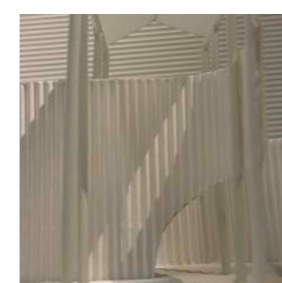
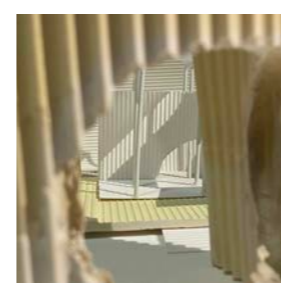
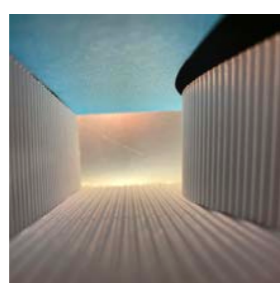
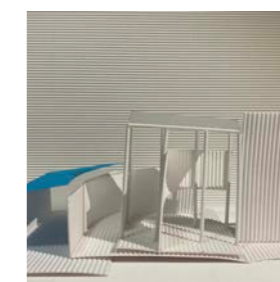
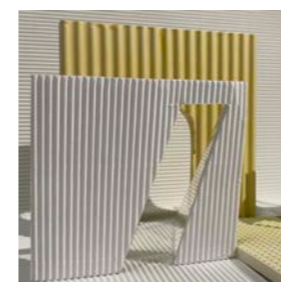
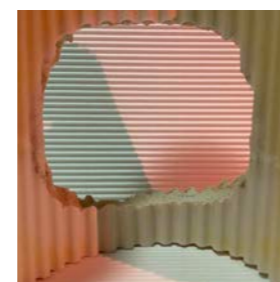
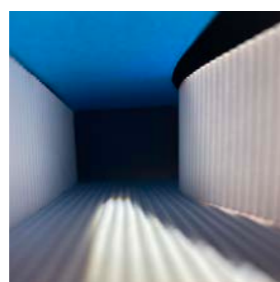
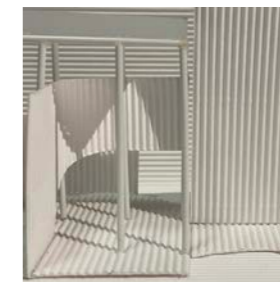
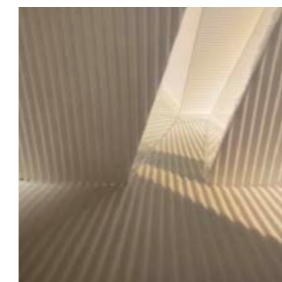
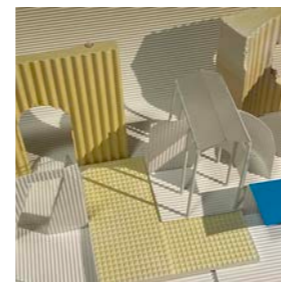
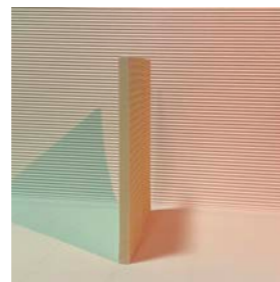
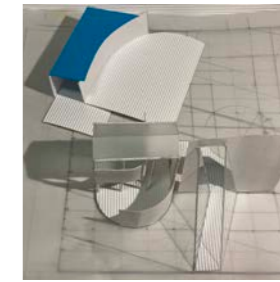
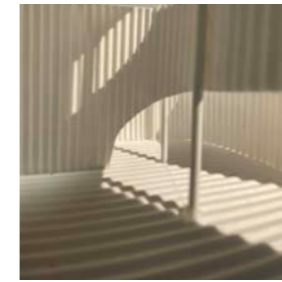
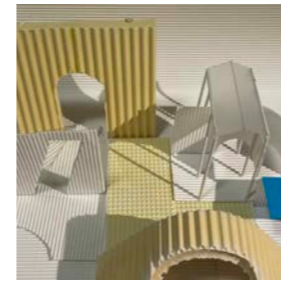
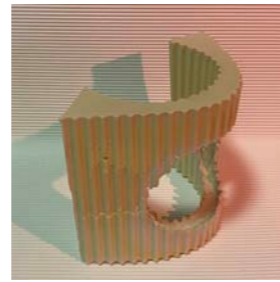


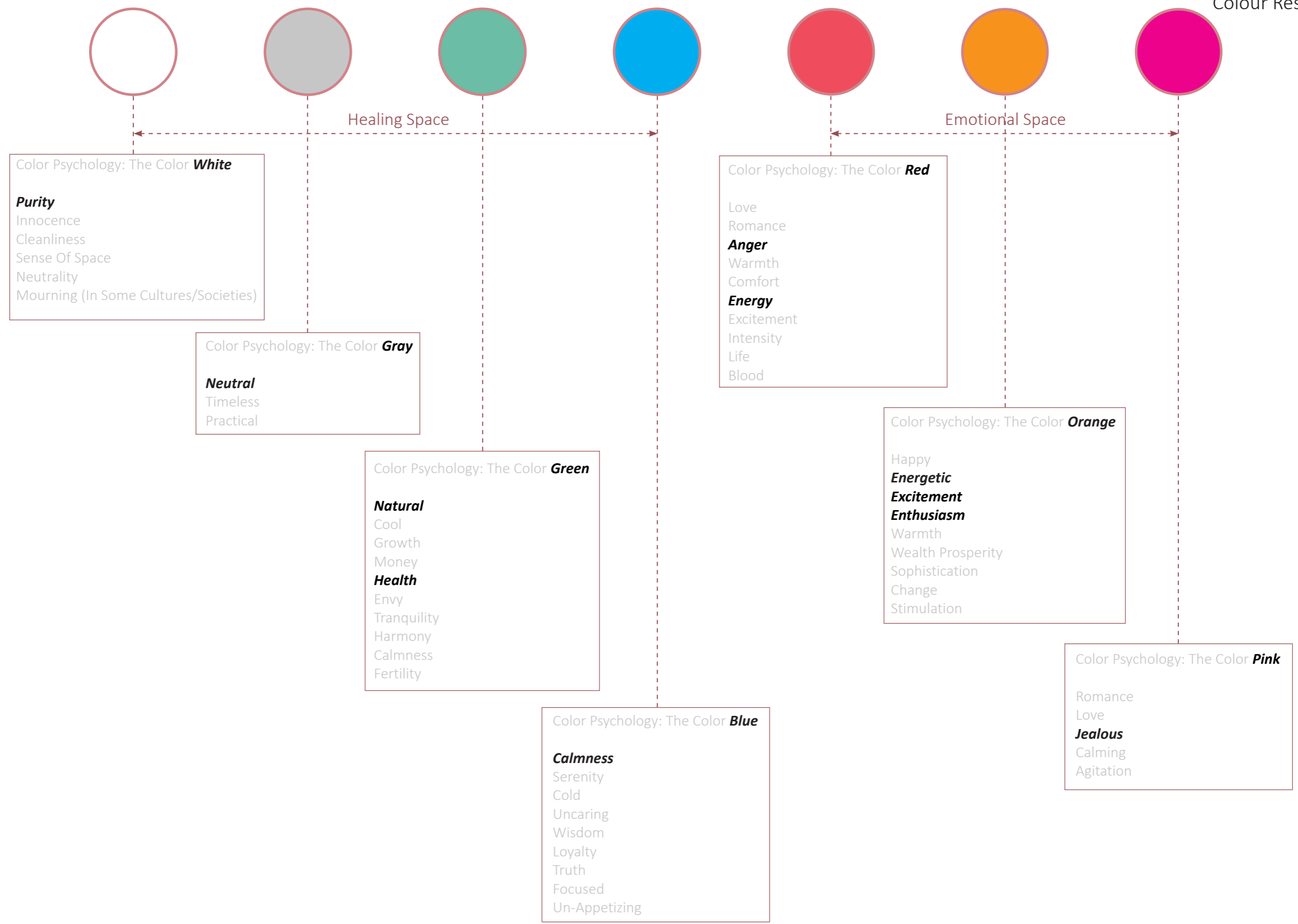




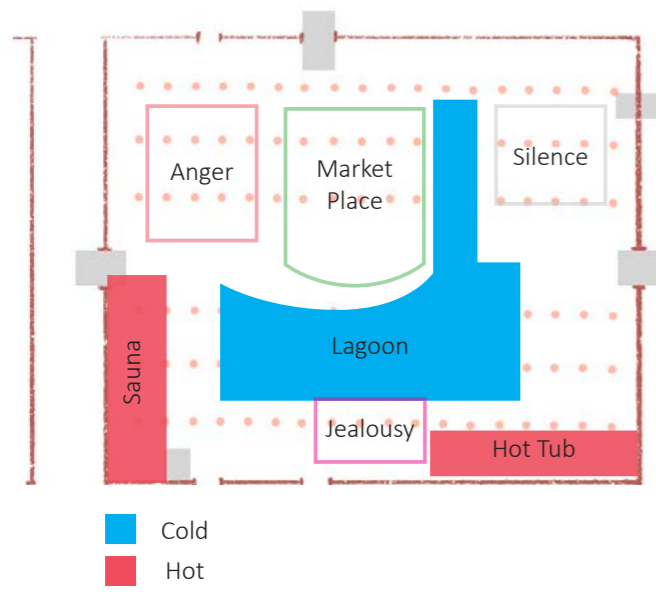


Colour Space Texture

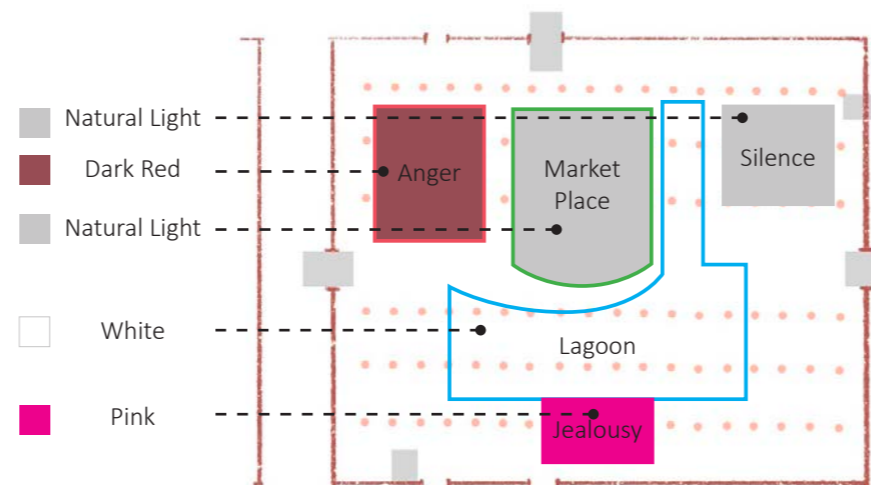




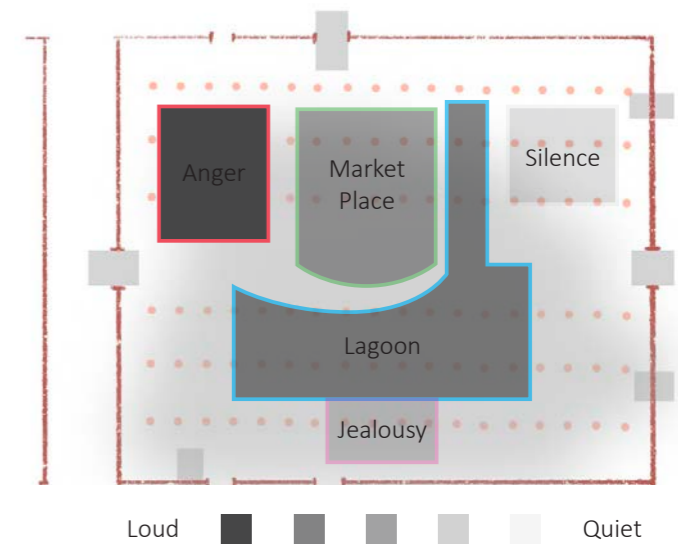
Temperature

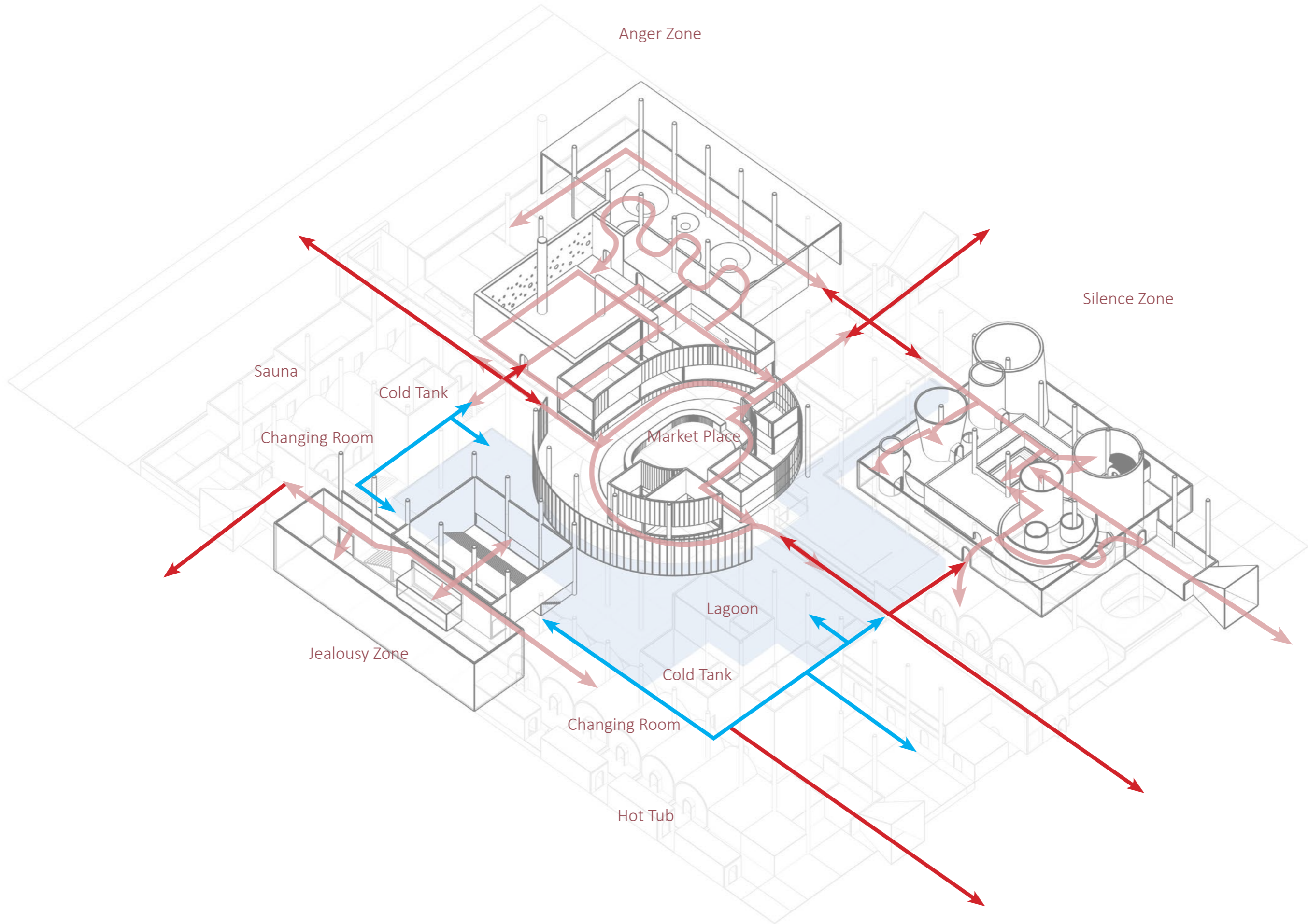


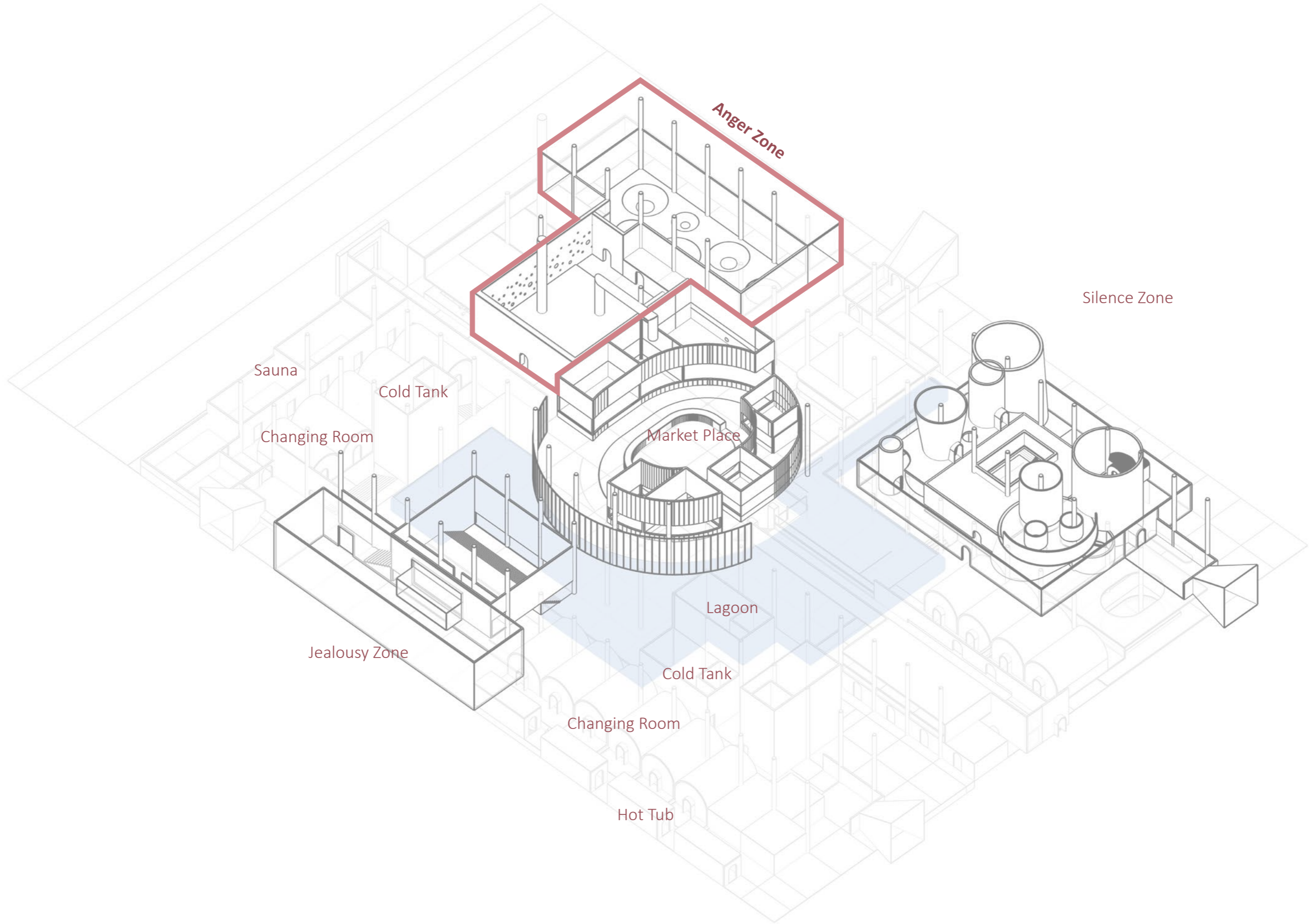
Light



Acoustics







Sauna

Cold Tank

Changing Room

Market Place

Silence Zone

Lagoon

Jealousy Zone

Cold Tank

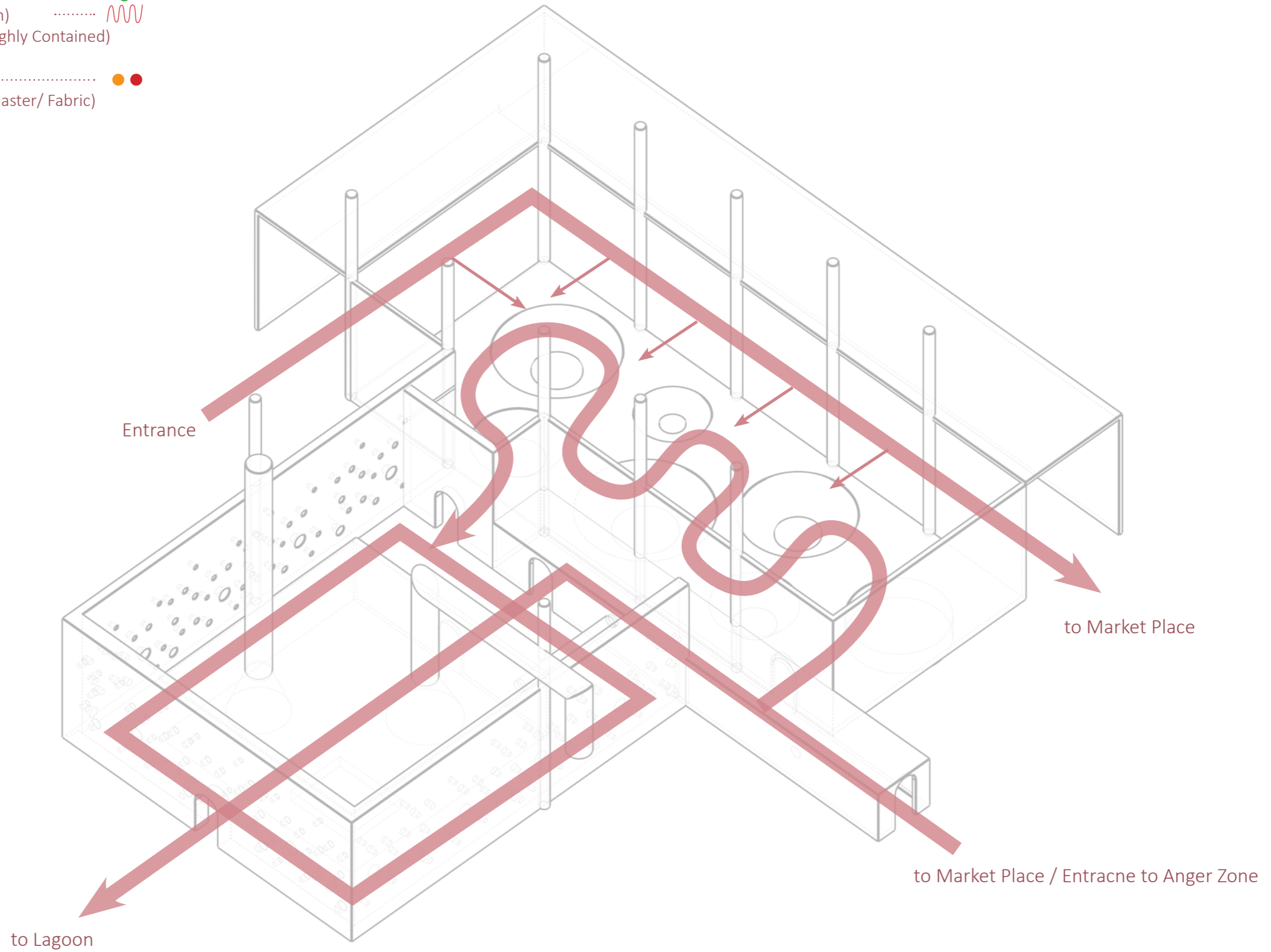
Changing Room

Hot Tub

Anger Zone

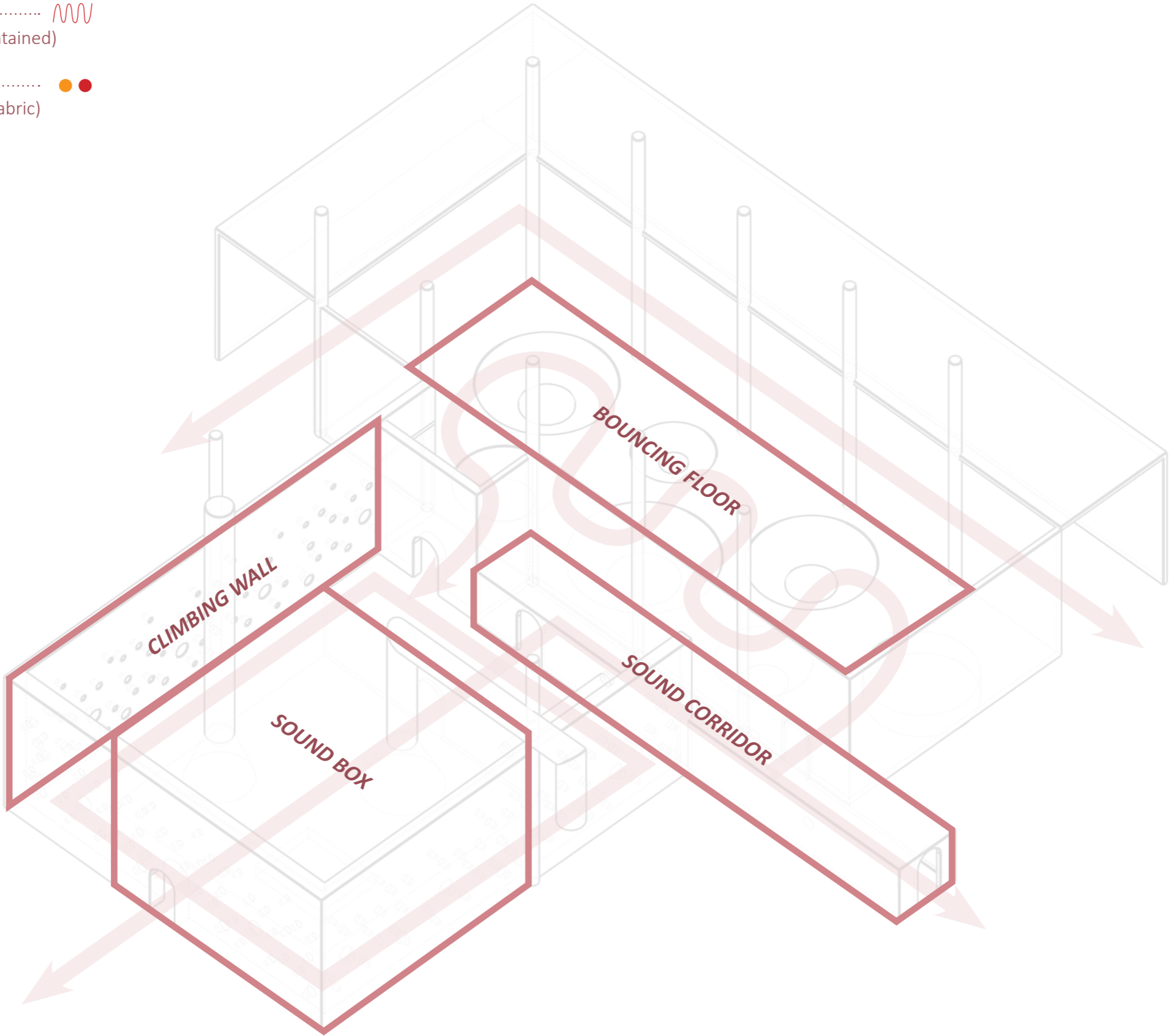
● ● Anger (Expression Without Boundary)

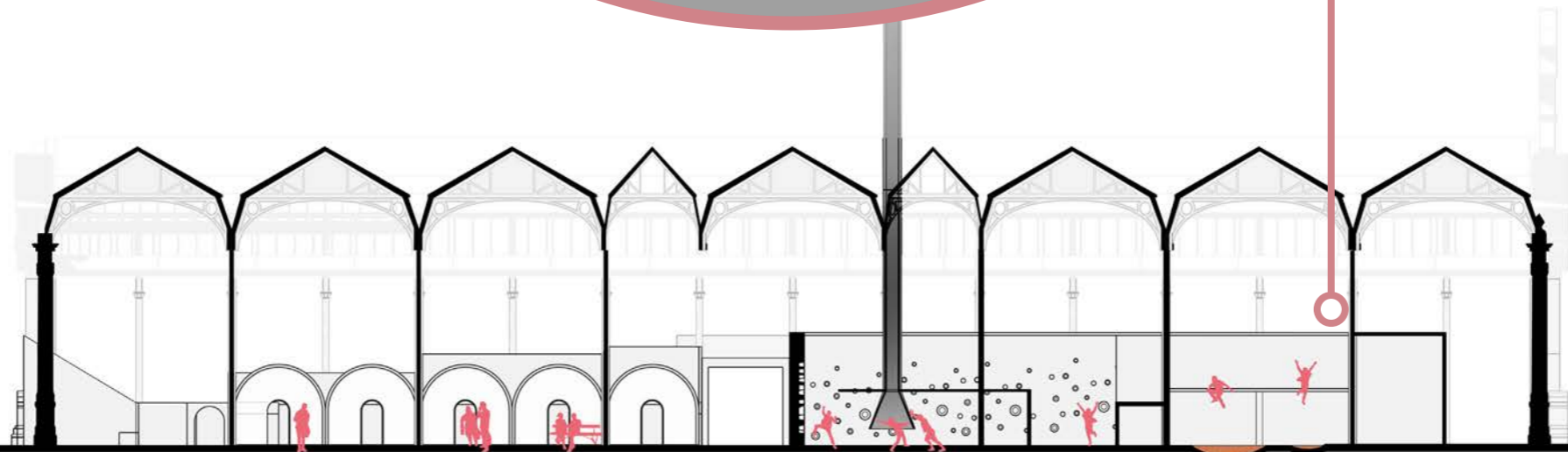
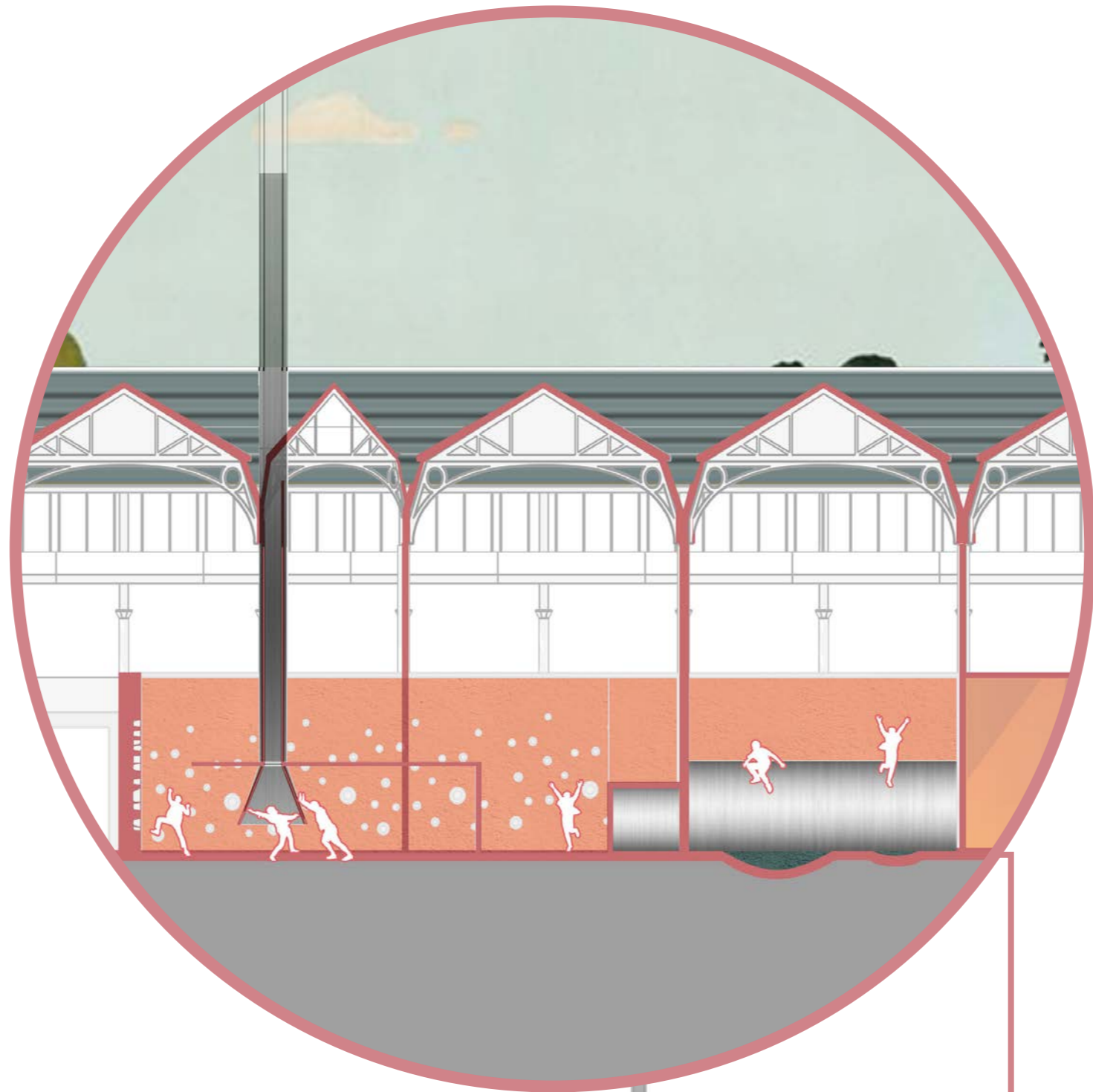
- Temperature (Optimum) 🌡️🌡️🌡️
- Humidity (Dry) ●
- Acoustic Revibration (High) 📶
- Acoustic Containment (Highly Contained)
- Light (Dark)
- Colour (Red/ Orange) ● ●
- Material (Metal/ Rough Plaster/ Fabric)
- Nature (X)



● ● Anger (Expression Without Boundary)

- Temperature (Optimum) 🌡️🌡️🌡️
- Humidity (Dry) ●
- Acoustic Revibration (High) 📶
- Acoustic Containment (Highly Contained)
- Light (Dark)
- Colour (Red/ Orange) ● ●
- Material (Metal/ Rough Plaster/ Fabric)
- Nature (X)

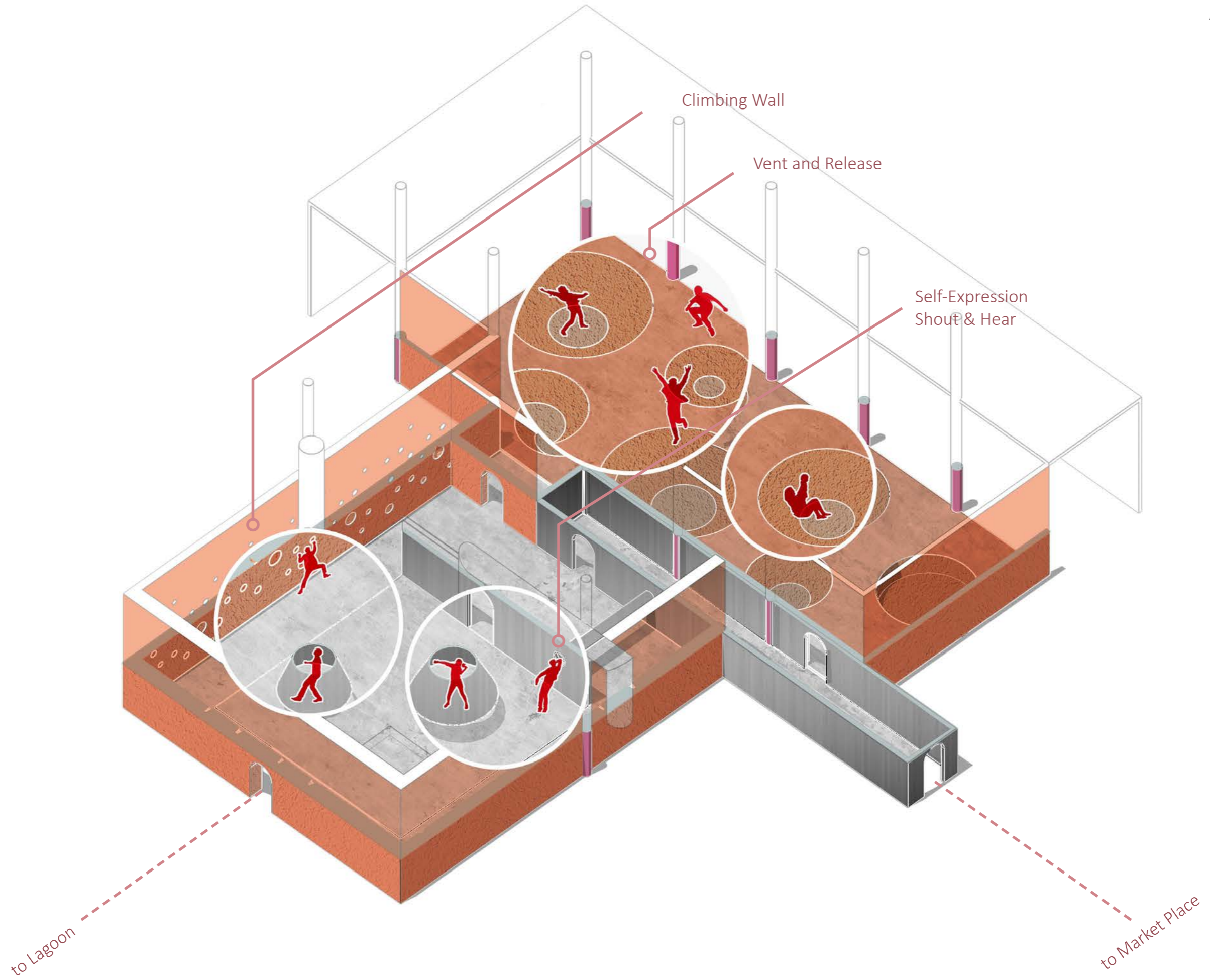




Changing Room

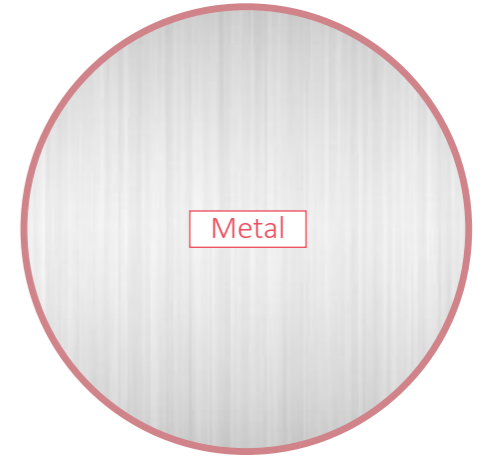
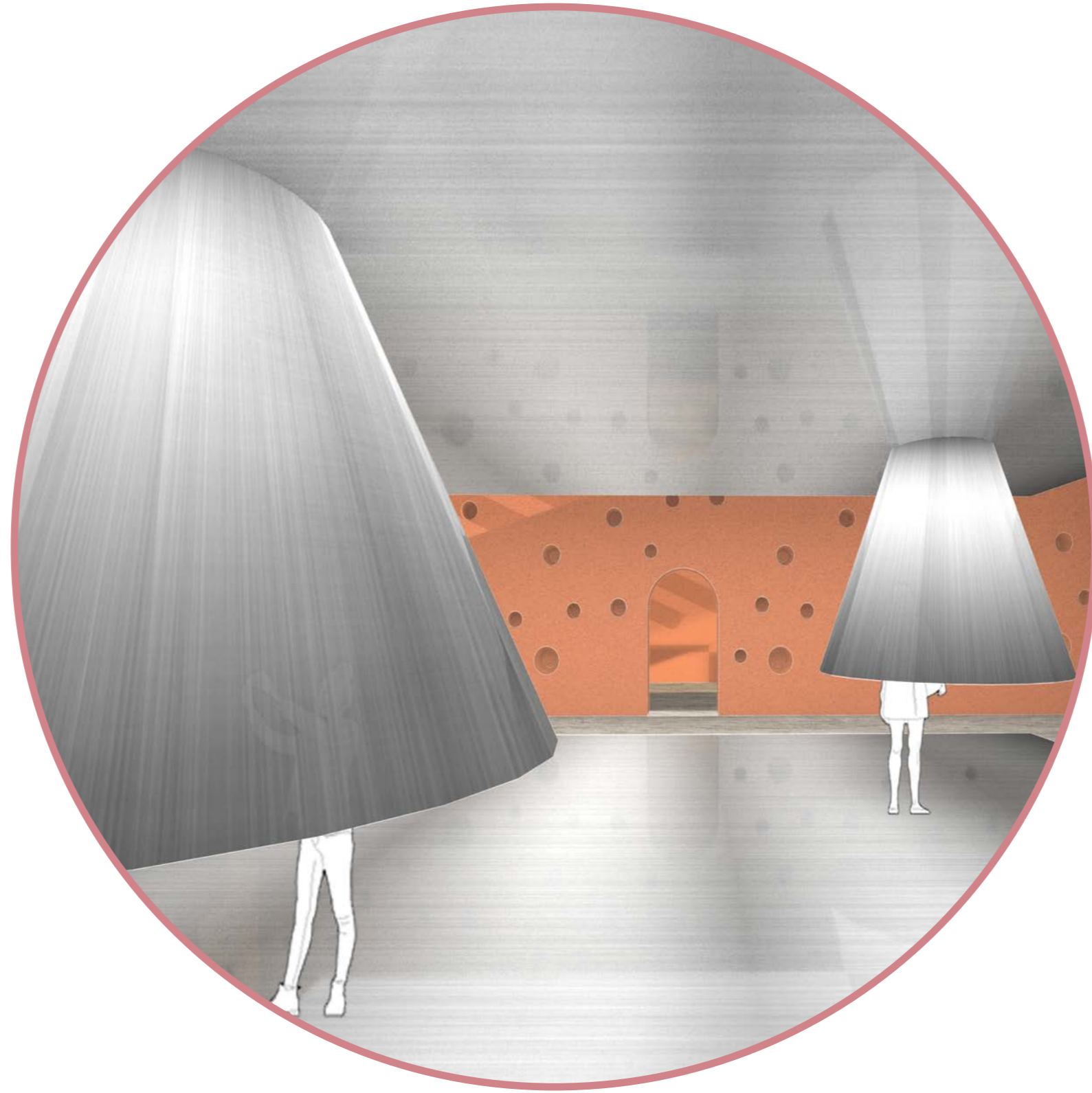
Space for Anger

Anger Zone

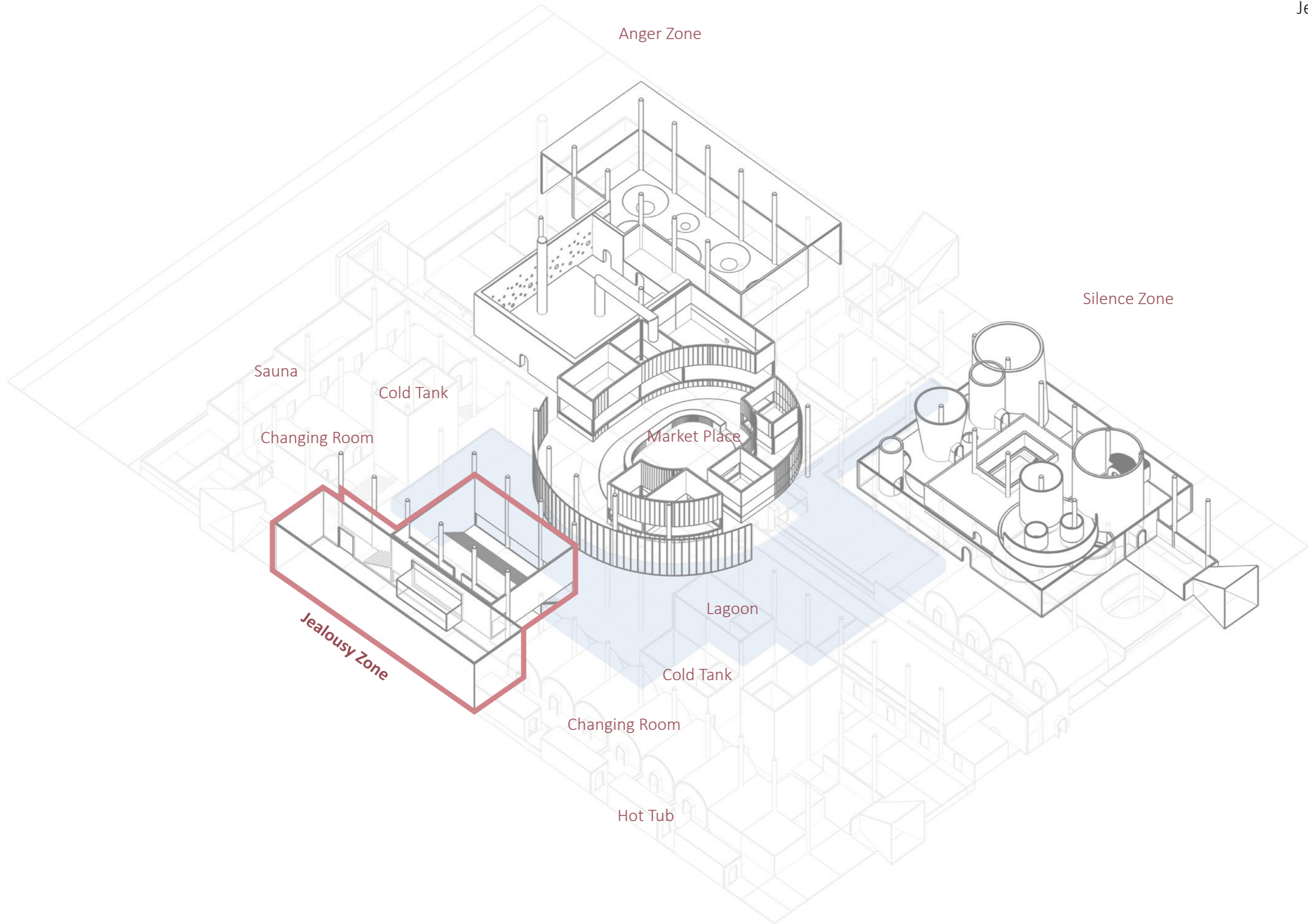




Anger Zone



Jealousy Zone

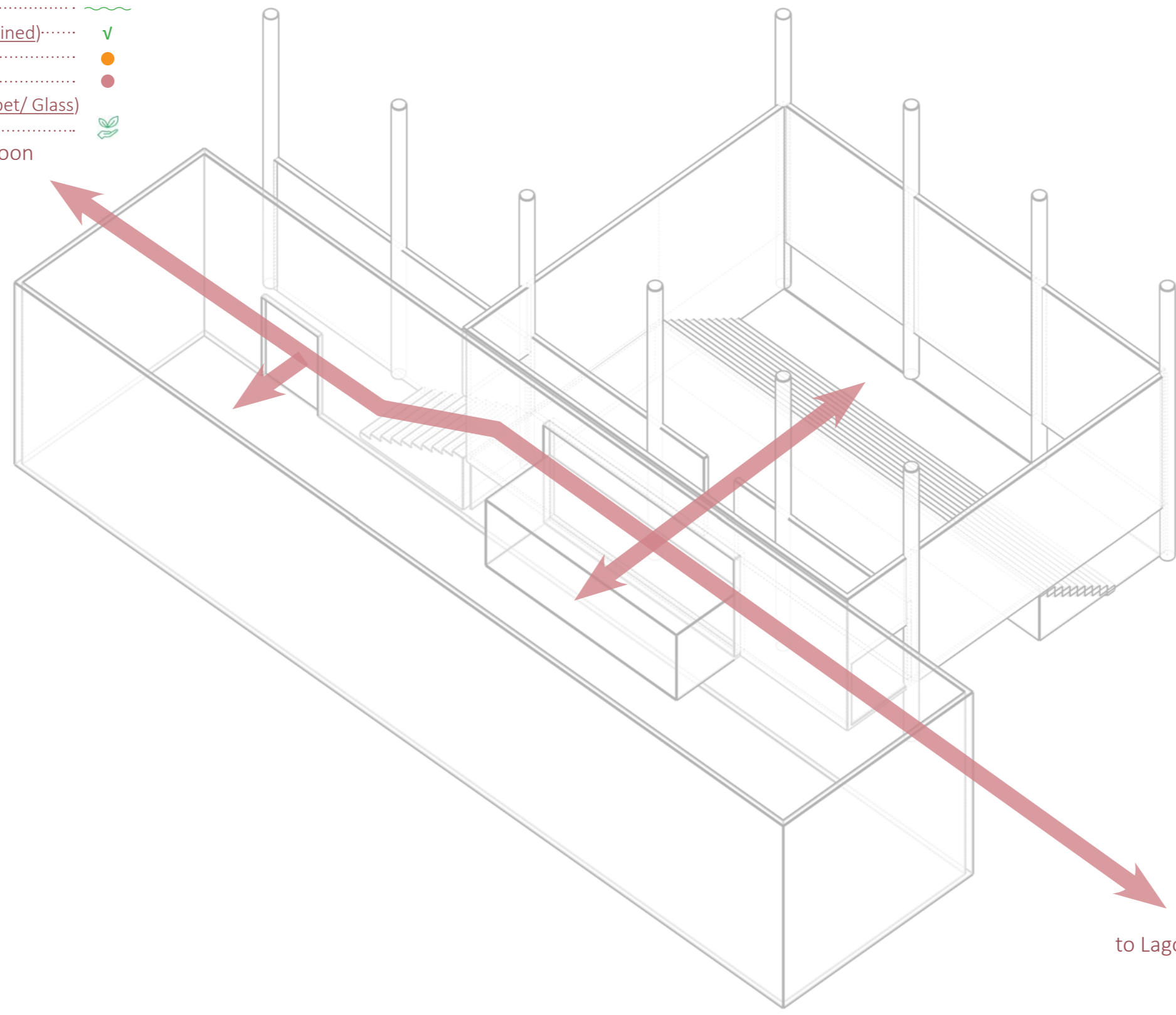


● Jealousy (Confrontation with Expectation)

Jealousy Zone

- Temperature (Optimum) 🌡️ 🌡️ 🌡️
- Humidity (Dry) ●
- Acoustic Revibration (Low) ~~~~~
- Acoustic Containment (Contained) ✓
- Light (Light/ Warm) ●
- Colour (Warm Pink) ●
- Material (Rough Plaster/ Carpet/ Glass) 🌿
- Nature (✓) 🌿

to Lagoon

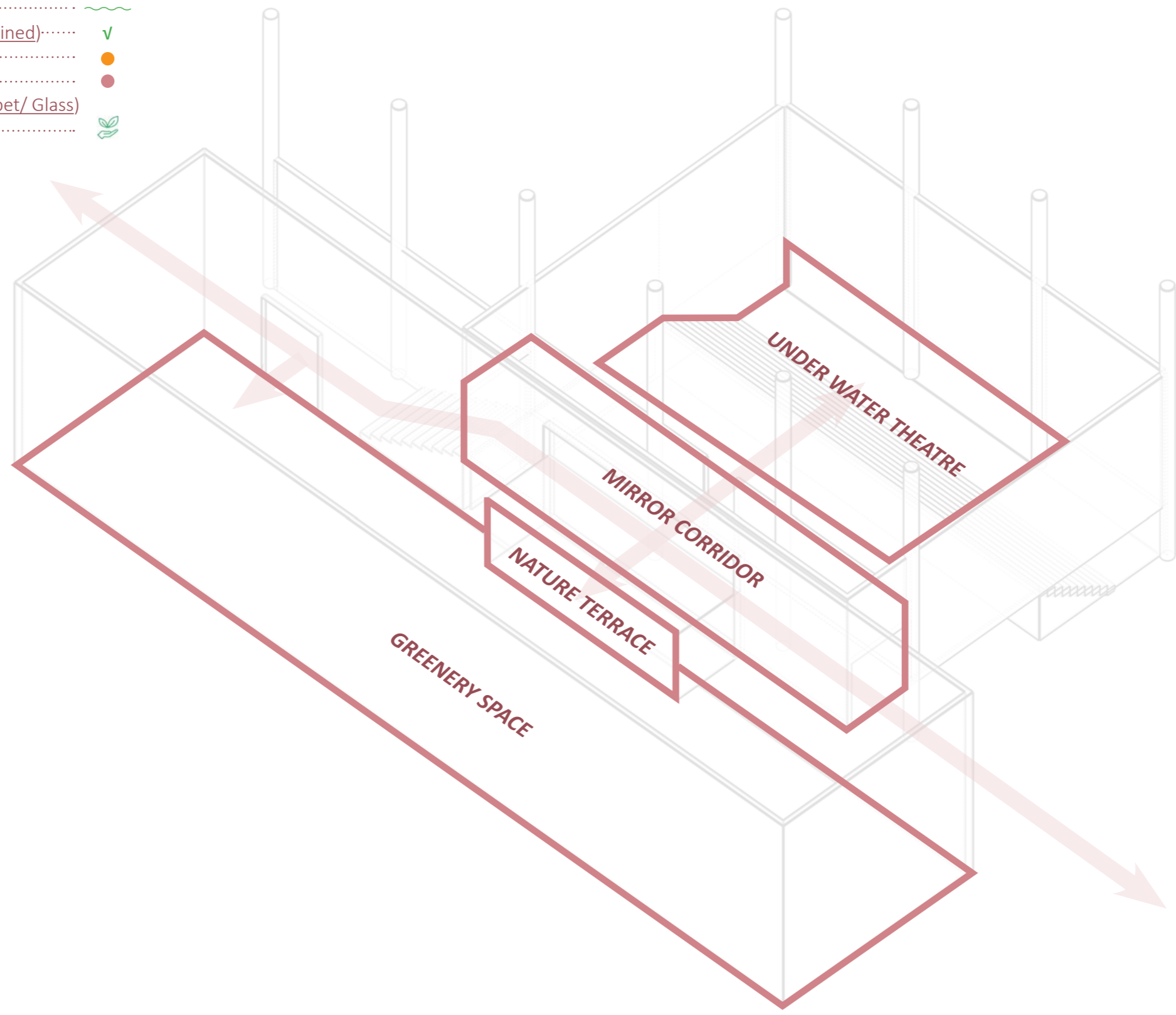


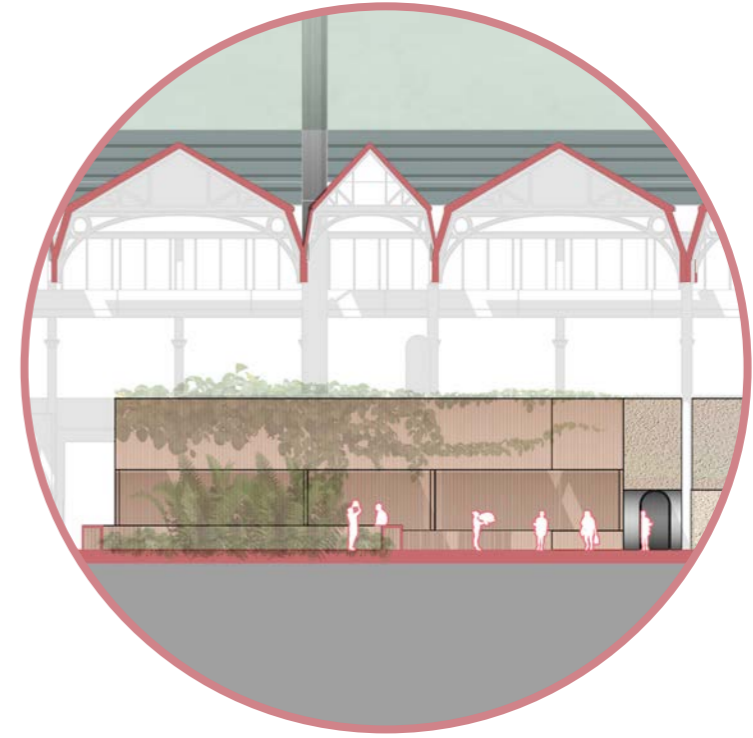
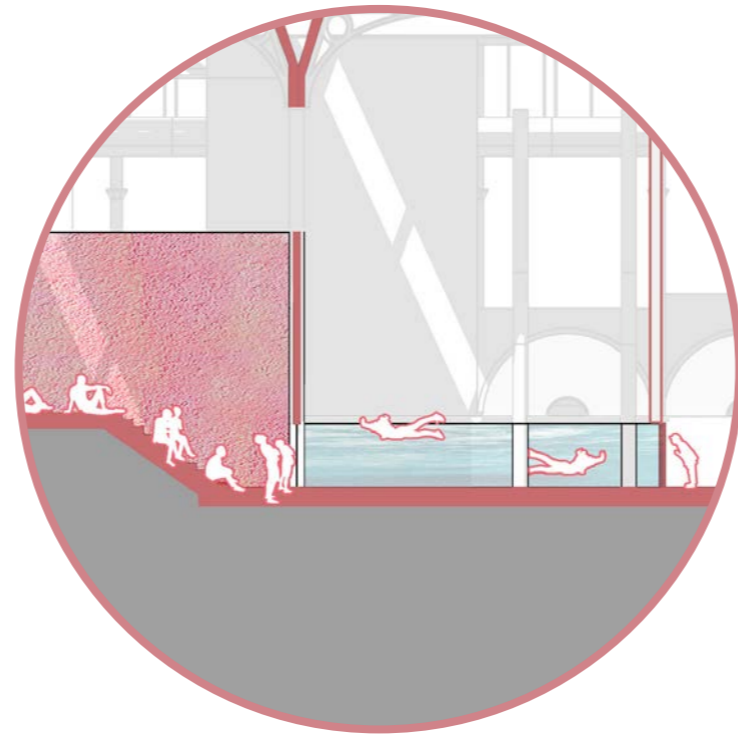
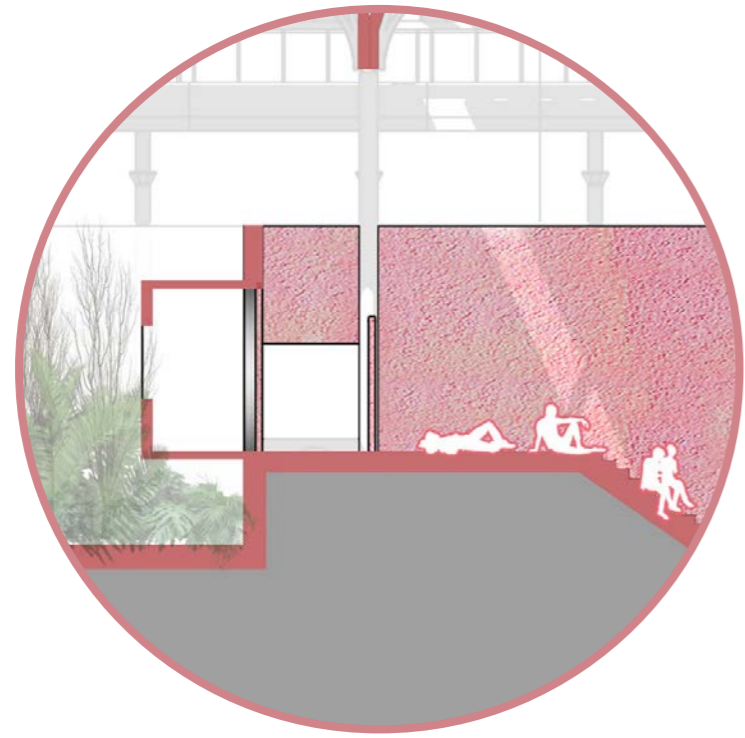
to Lagoon

● Jealousy (Confrontation with Expectation)

Jealousy Zone

- Temperature (Optimum) 🌡️ 🌡️ 🌡️
- Humidity (Dry) ●
- Acoustic Revibration (Low) ~~~~~
- Acoustic Containment (Contained) ✓
- Light (Light/ Warm) ●
- Colour (Warm Pink) ●
- Material (Rough Plaster/ Carpet/ Glass)
- Nature (✓) 🌿

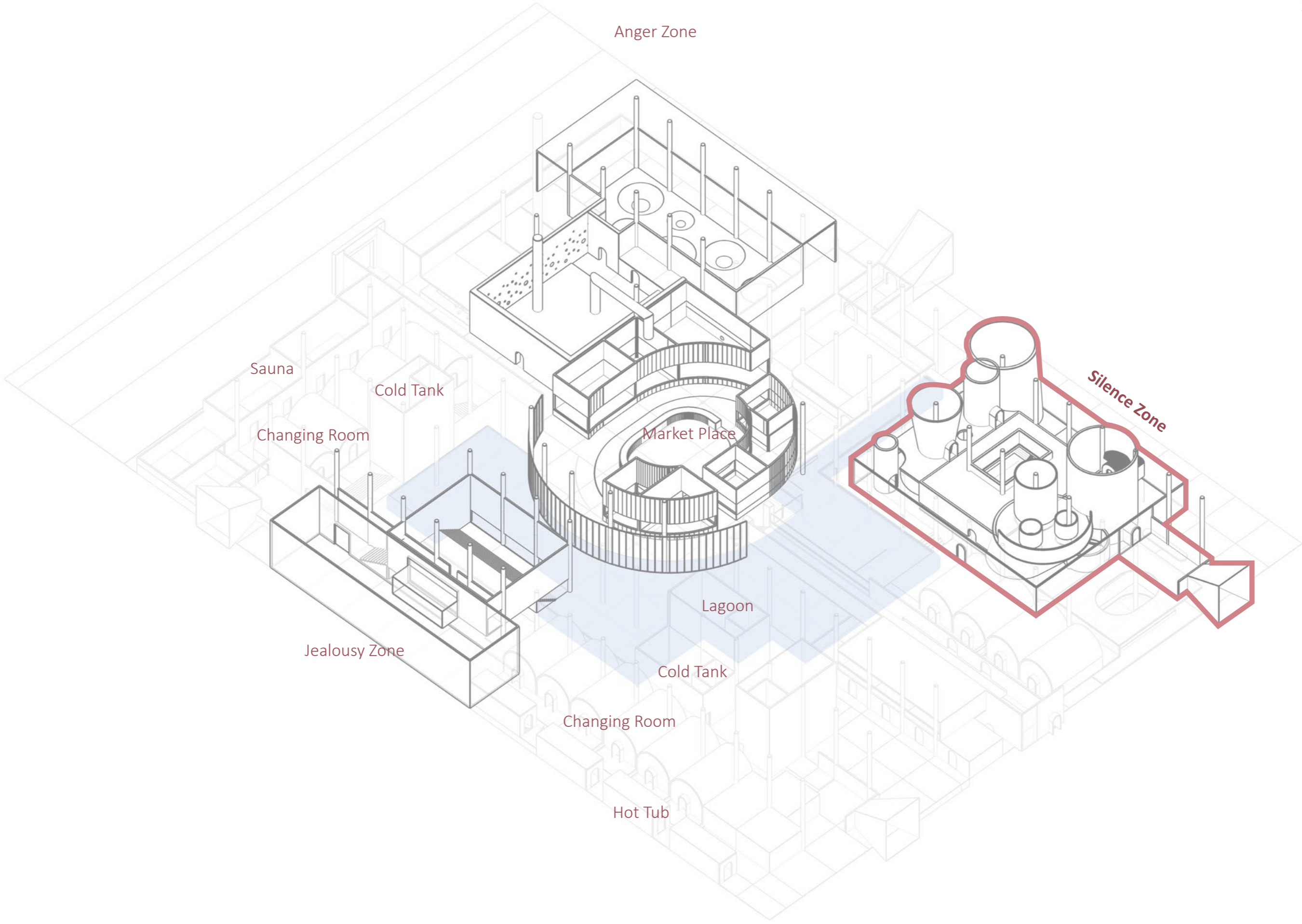








Silence Zone



Anger Zone

Sauna

Cold Tank

Changing Room

Market Place

Silence Zone

Lagoon

Jealousy Zone

Cold Tank

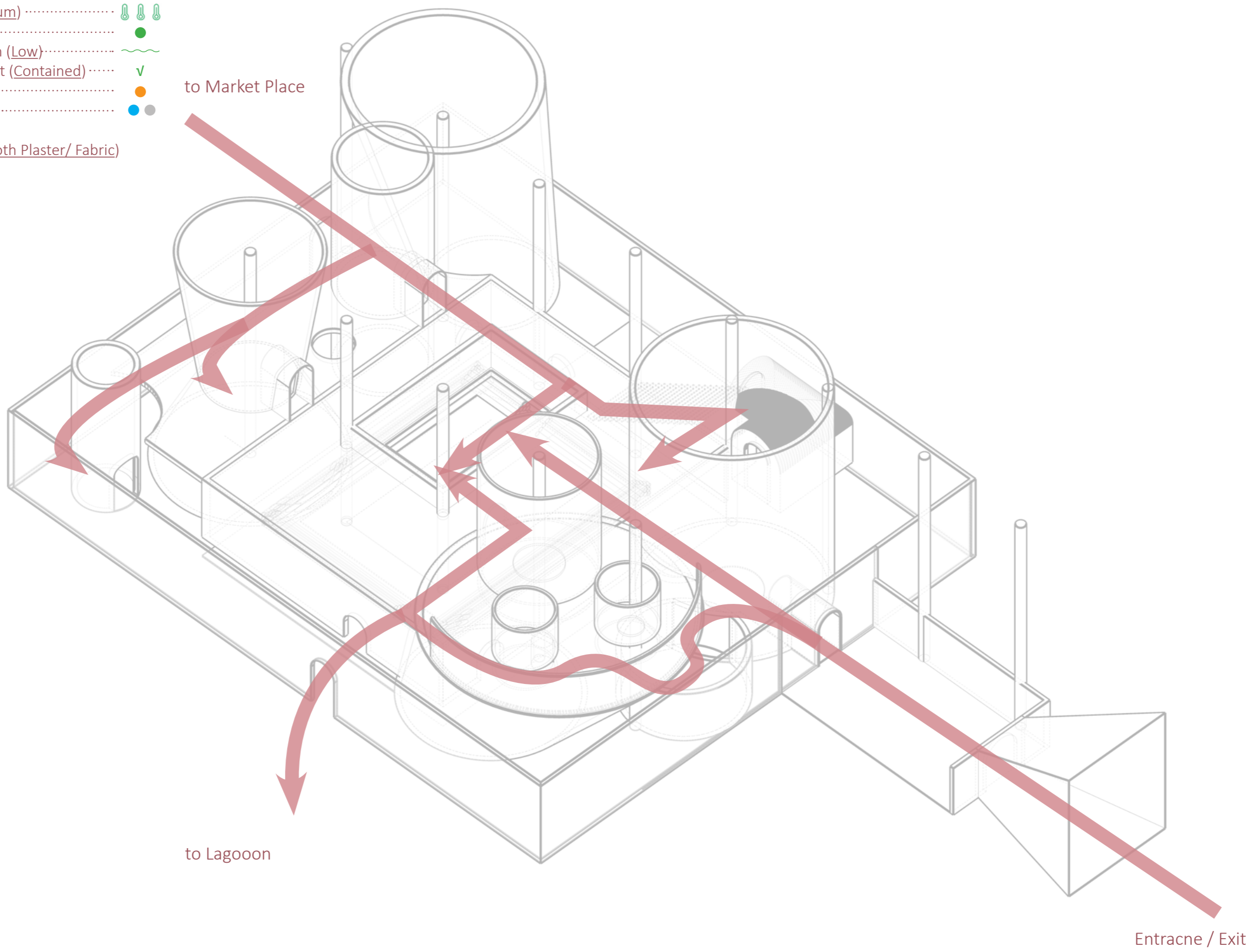
Changing Room

Hot Tub

● ● Silence (Calm/Contemplation)

Silence Zone

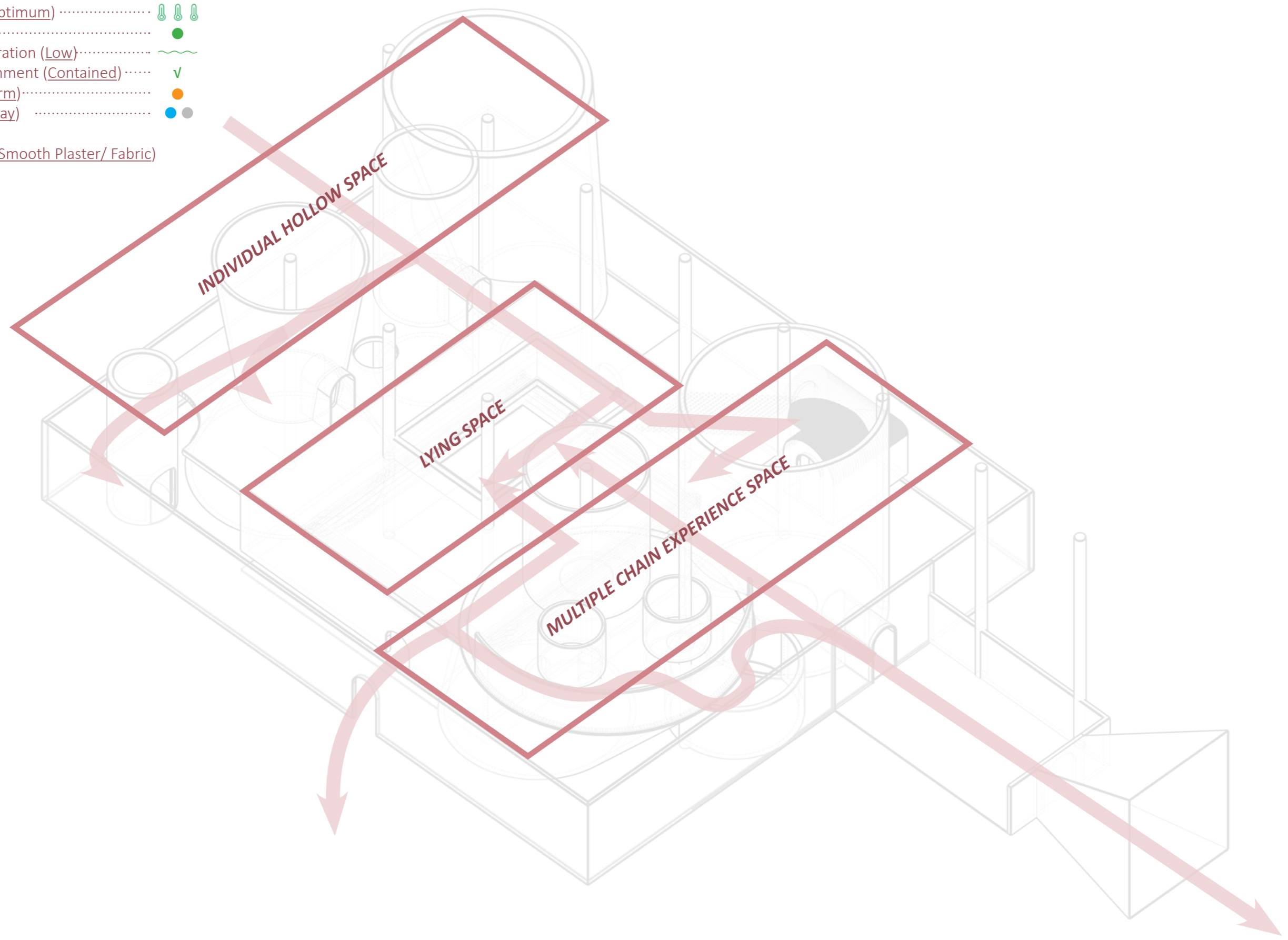
- Temperature (Optimum) 🌡️ 🌡️ 🌡️
- Humidity (Dry) ●
- Acoustic Revibration (Low) ~~~~~
- Acoustic Containment (Contained) ✓
- Light (Light/Warm) ●
- Colour (Blue/ Gray) ● ●
- Material
(Rough Plaster/ Smooth Plaster/ Fabric)
- Nature (X)

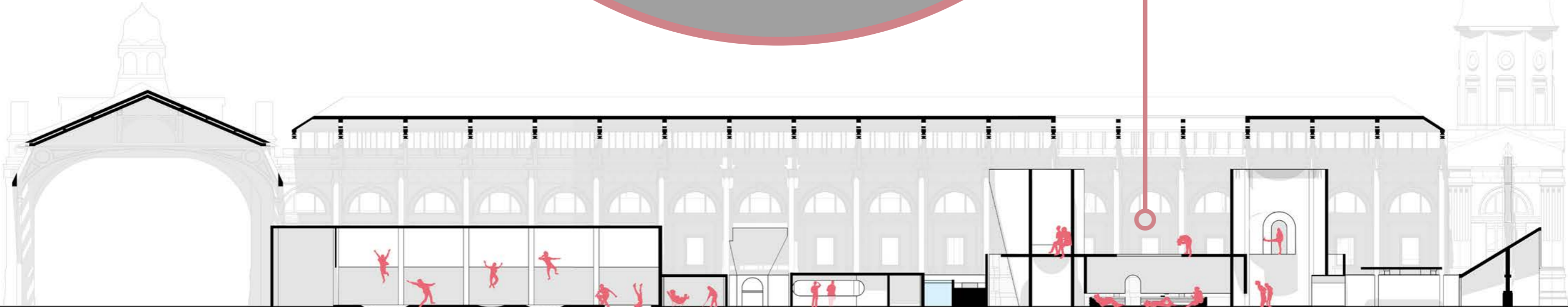
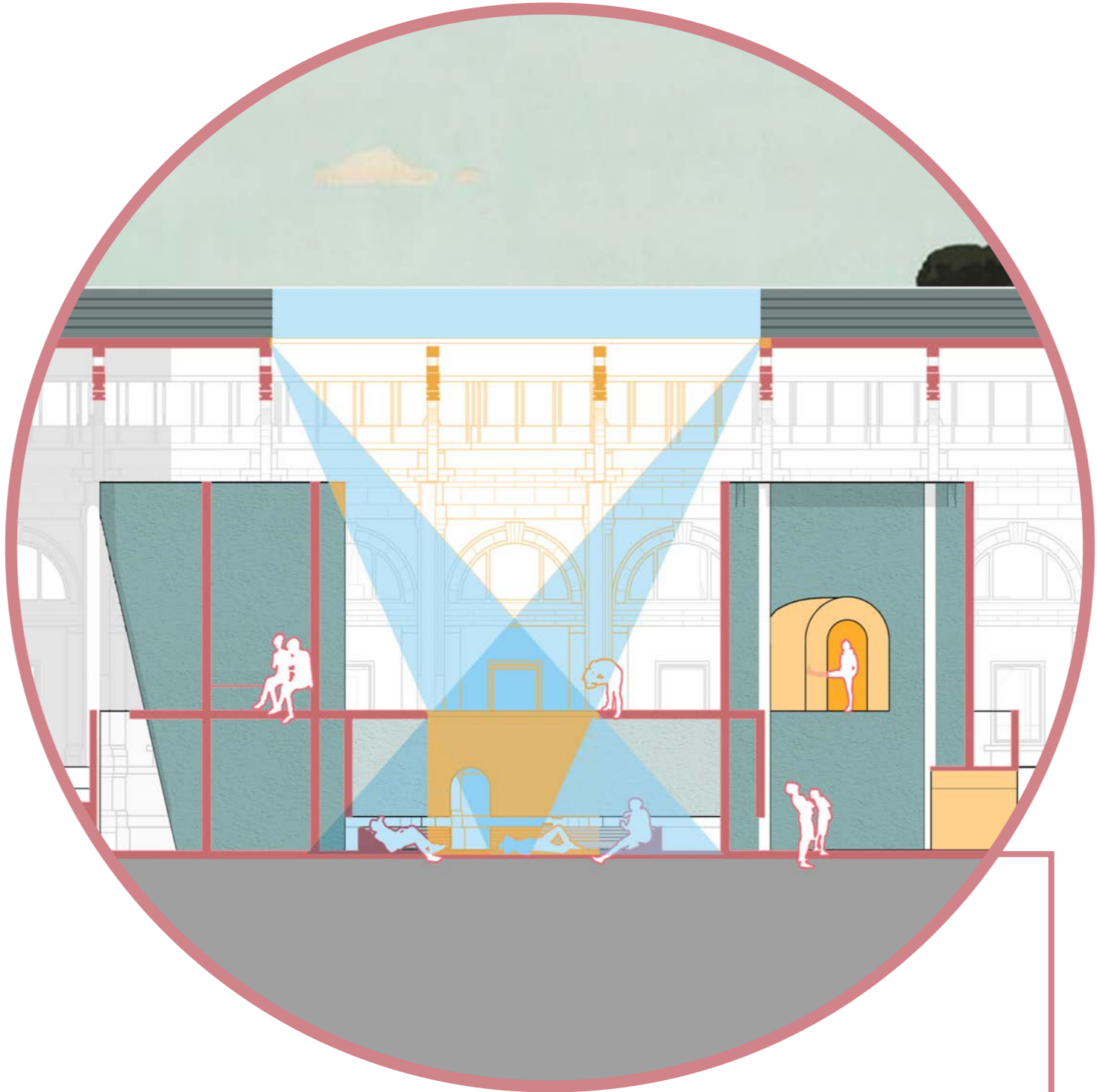


● ● Silence (Calm/Contemplation)

Silence Zone

- Temperature (Optimum) 🌡️ 🌡️ 🌡️
- Humidity (Dry) ●
- Acoustic Revivibration (Low) ~~~~~
- Acoustic Containment (Contained) ✓
- Light (Light/Warm) ●
- Colour (Blue/ Gray) ● ●
- Material
(Rough Plaster/ Smooth Plaster/ Fabric)
- Nature (X)





Space for Anger

Space for Silence

to Anger Zone / Market Place

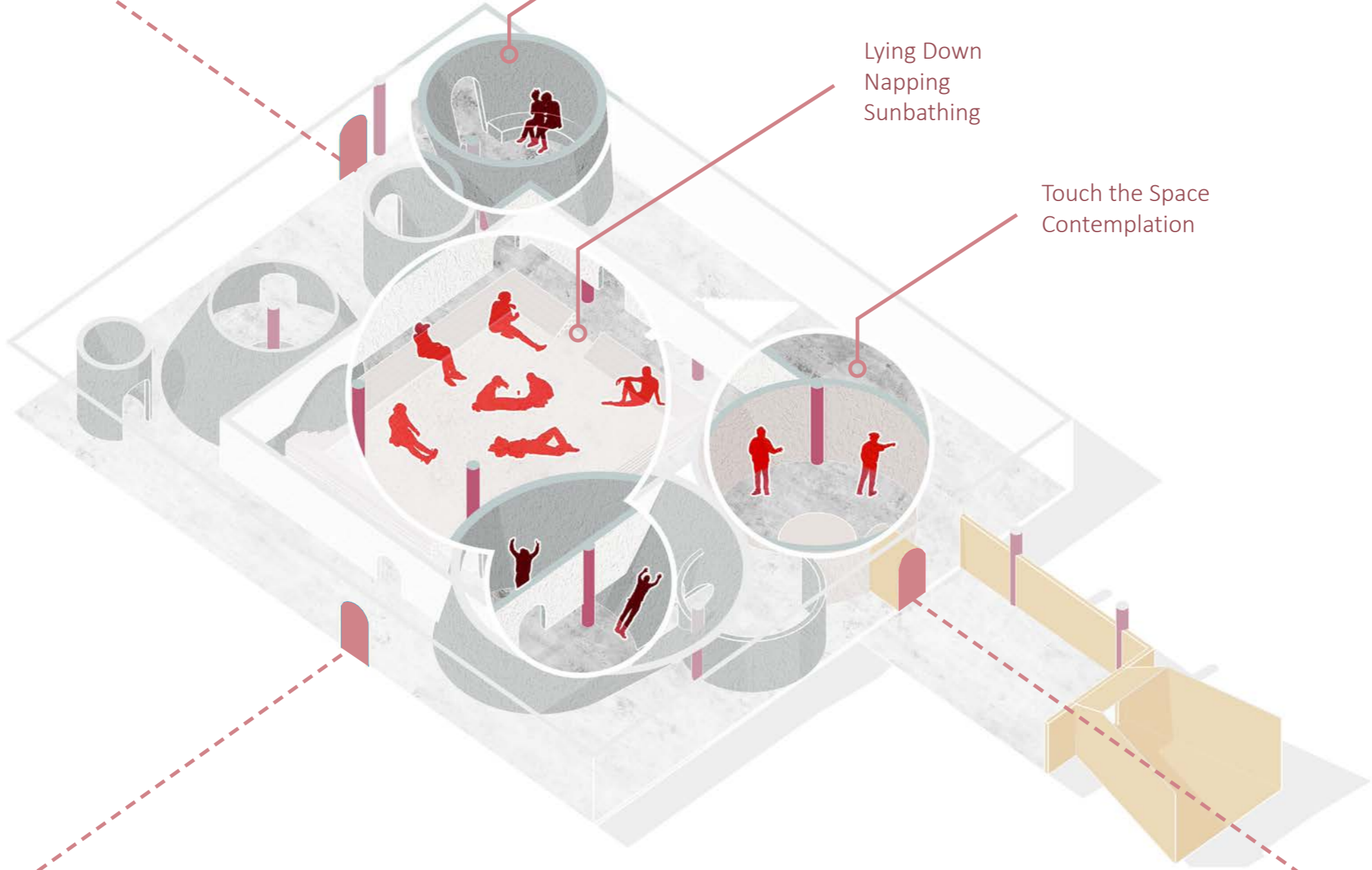
Self-Reflection
Meditation

Lying Down
Napping
Sunbathing

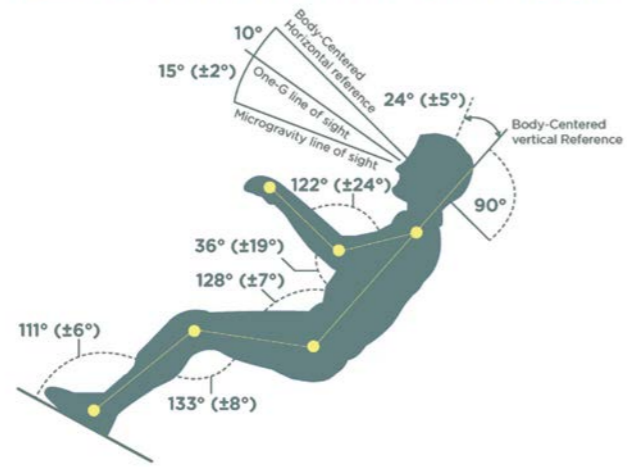
Touch the Space
Contemplation

to Lagoon

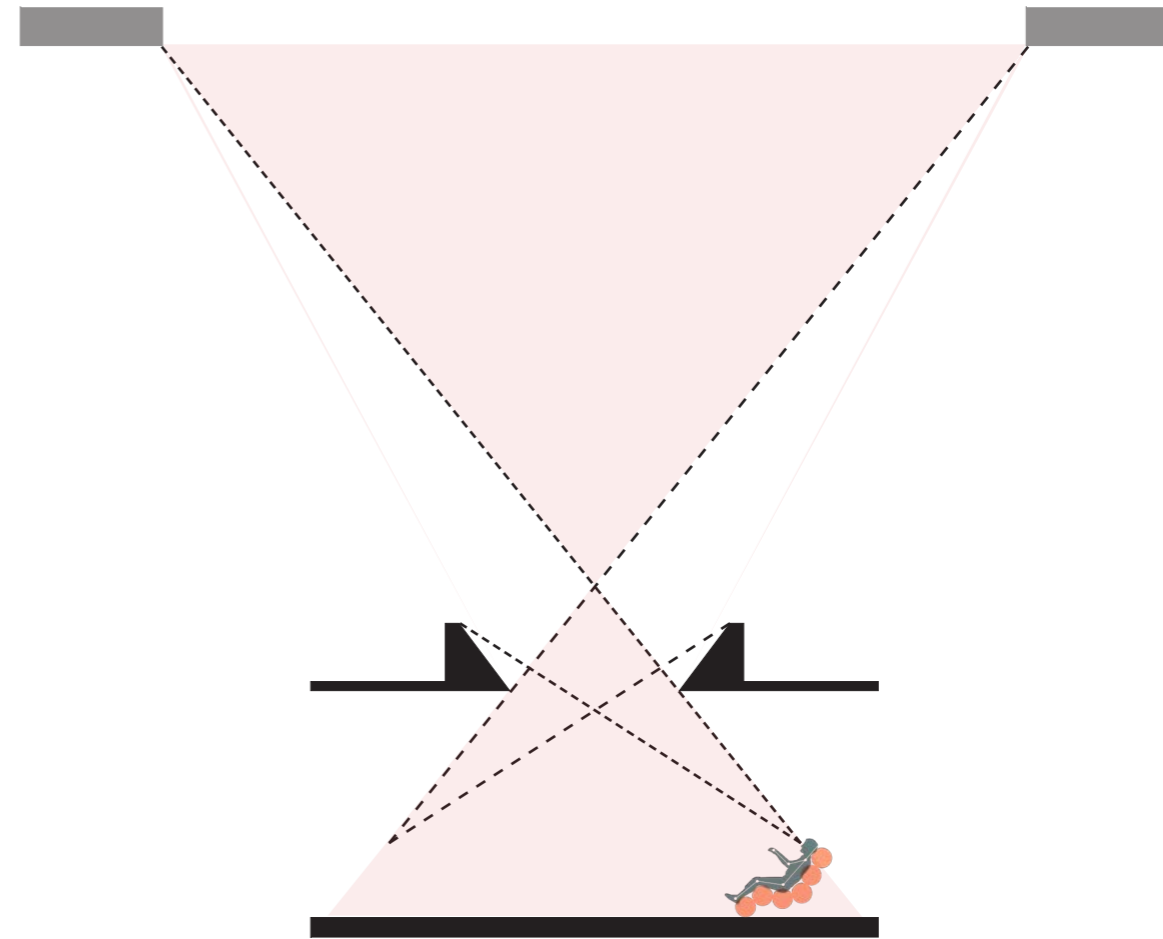
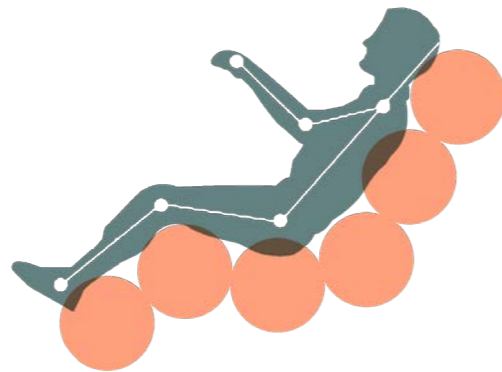
Exit / Entrance



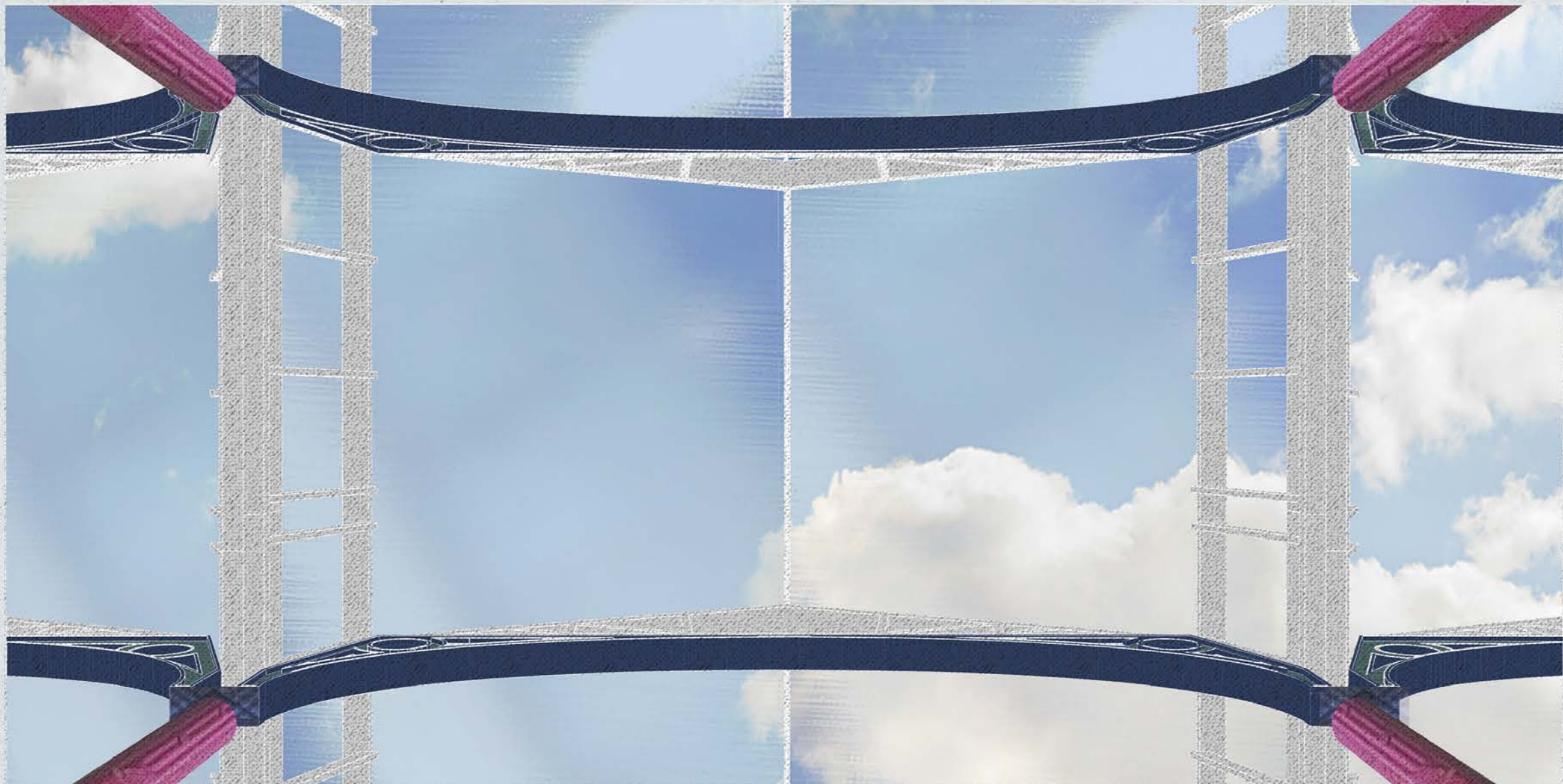
ZERO GRAVITY POSITION

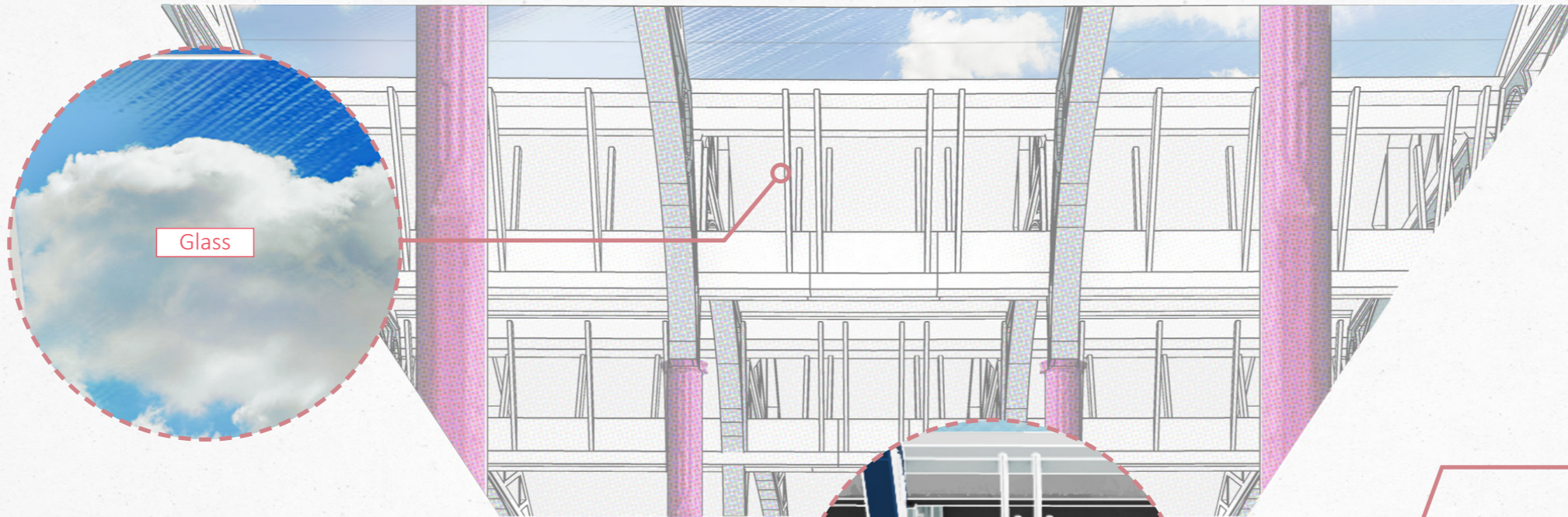


Zero Gravity + Pressure relief = **COMFORT**





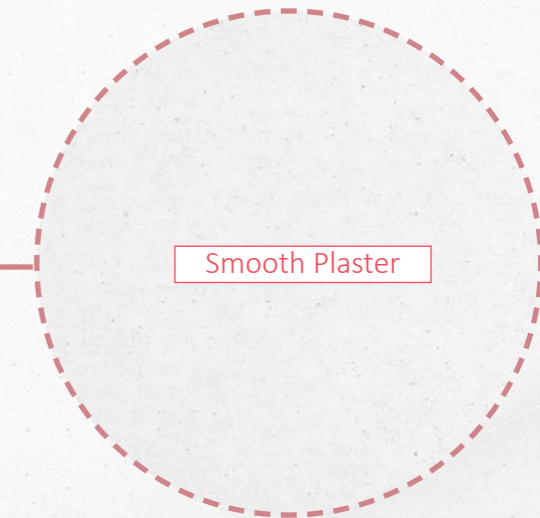




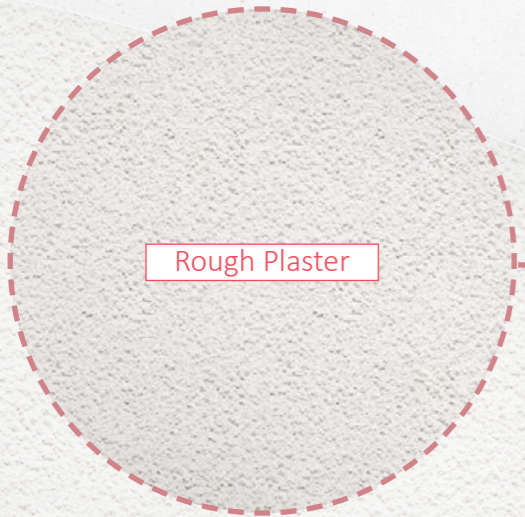
Glass



Existing Roof Structure



Smooth Plaster



Rough Plaster



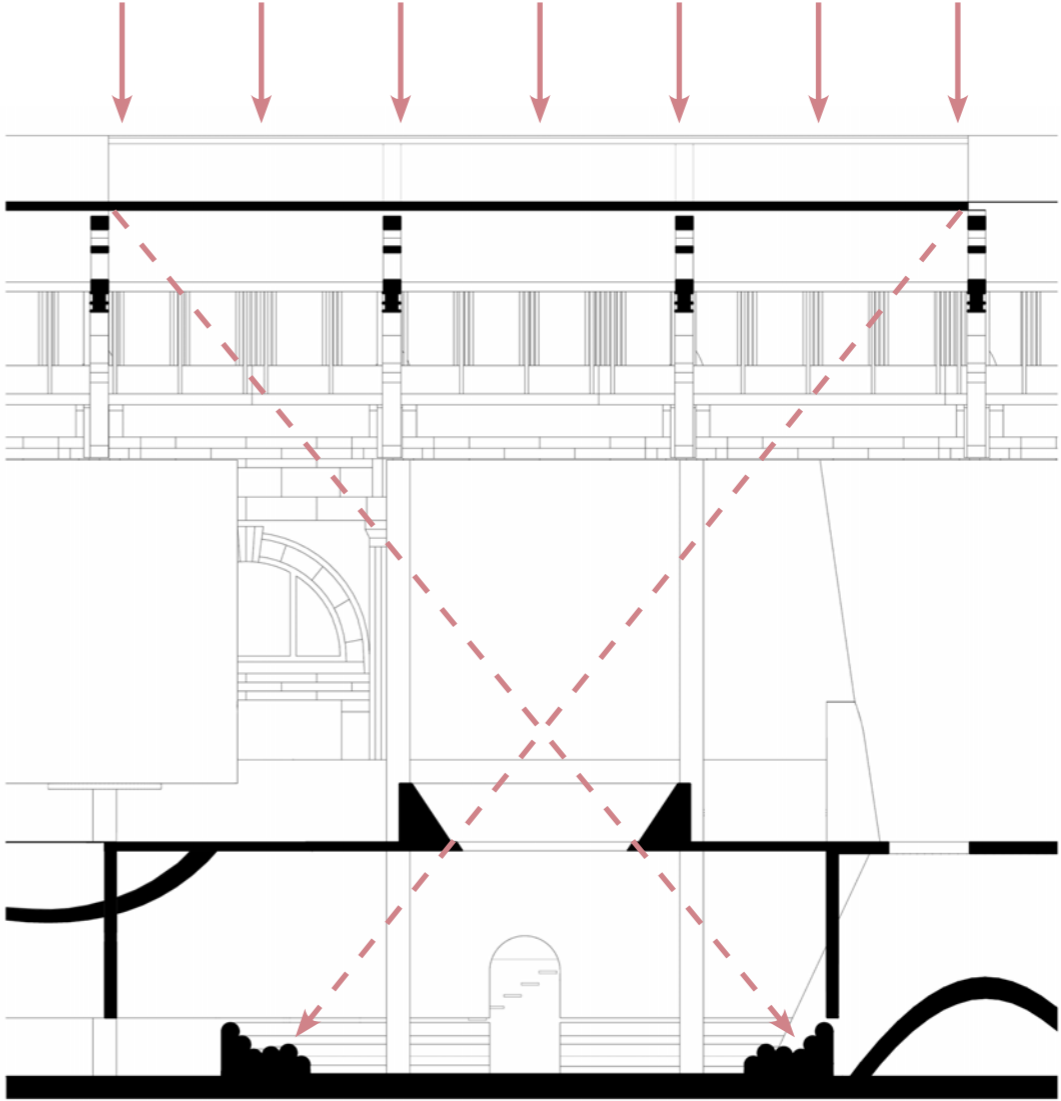
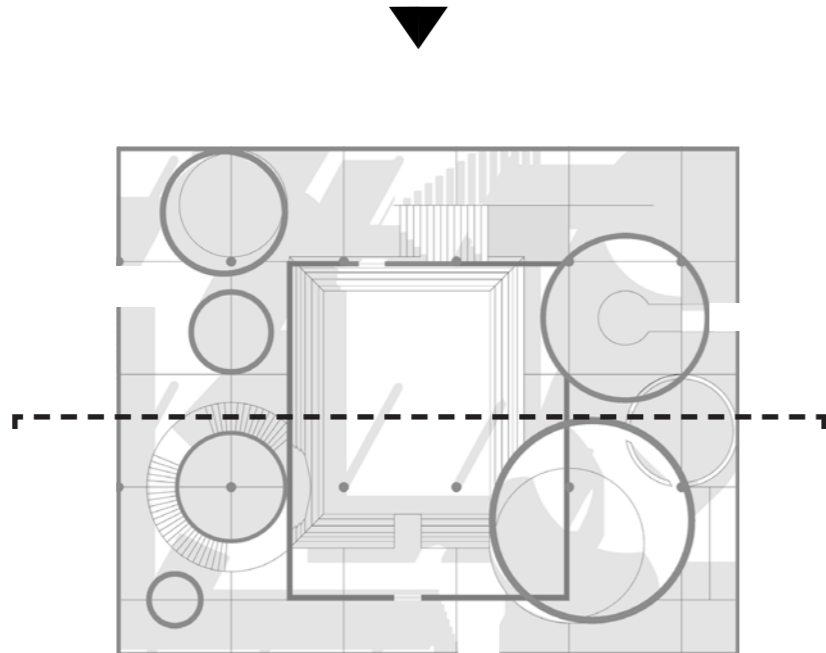
Existing Victorian Column

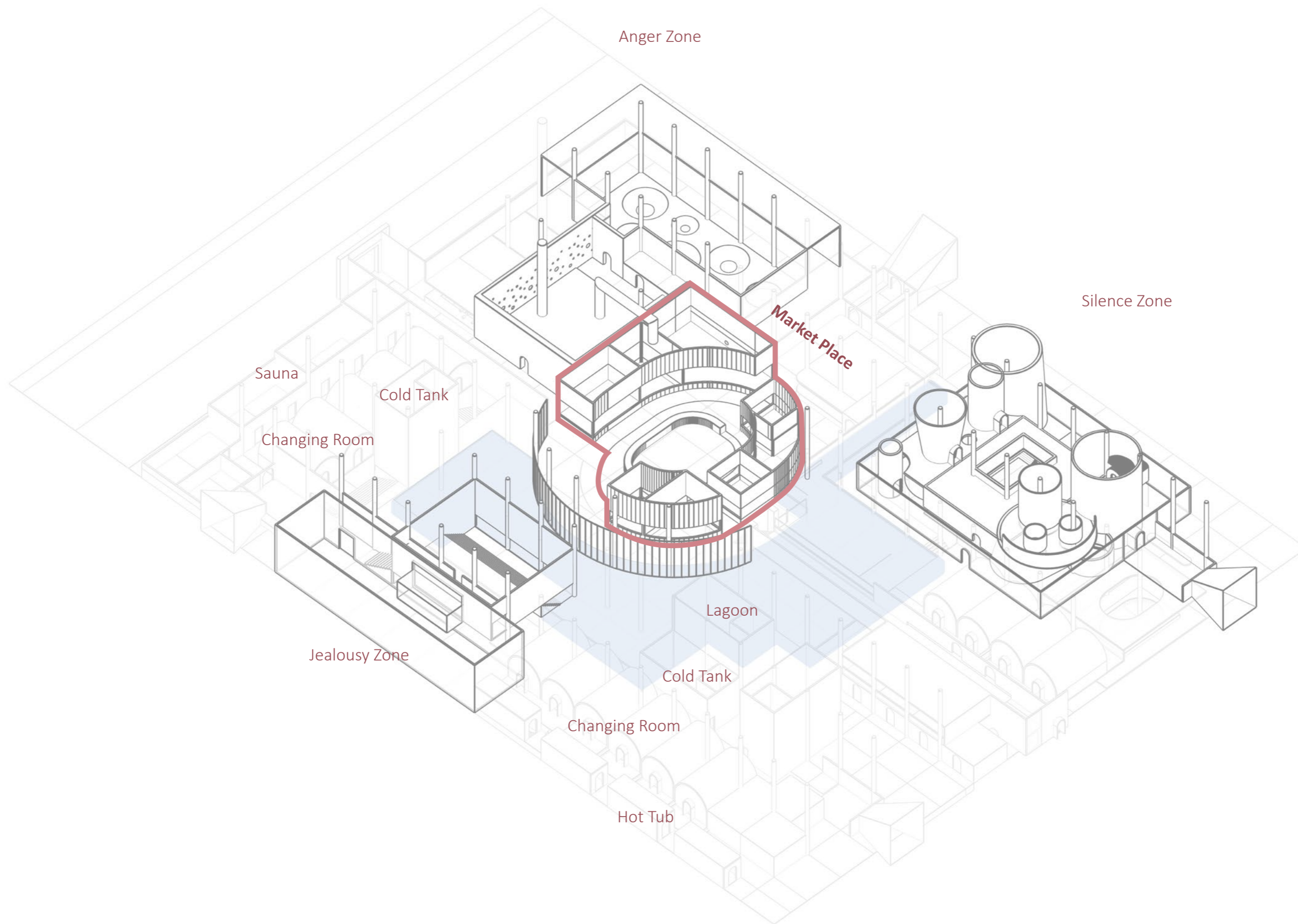


Existing Concret Floor



Plain Fabric





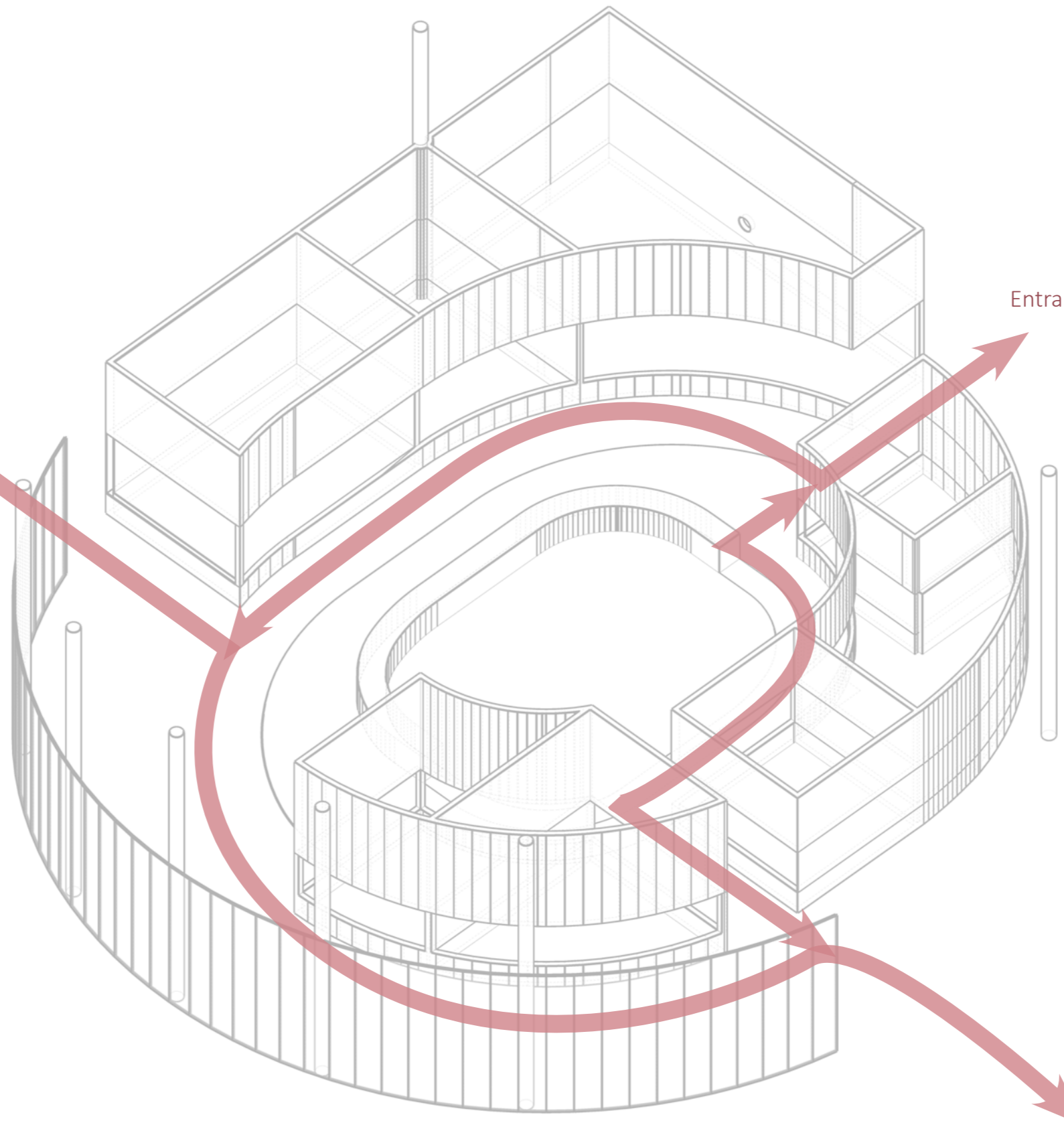
● Market (Get Close to Nature)

- Temperature (Optimum) 🌡️ 🌡️ 🌡️
- Humidity (Optimum) ●
- Acoustic Revibration (Medium) 🌊
- Acoustic Containment (Buzzy) X#%*
- Light (Natural Light) ●
- Colour (Green) ● ● ●
- Material (Wood/ Hemp)
- Nature (v) 🌿

to Anger Zone

Entrance / Exit

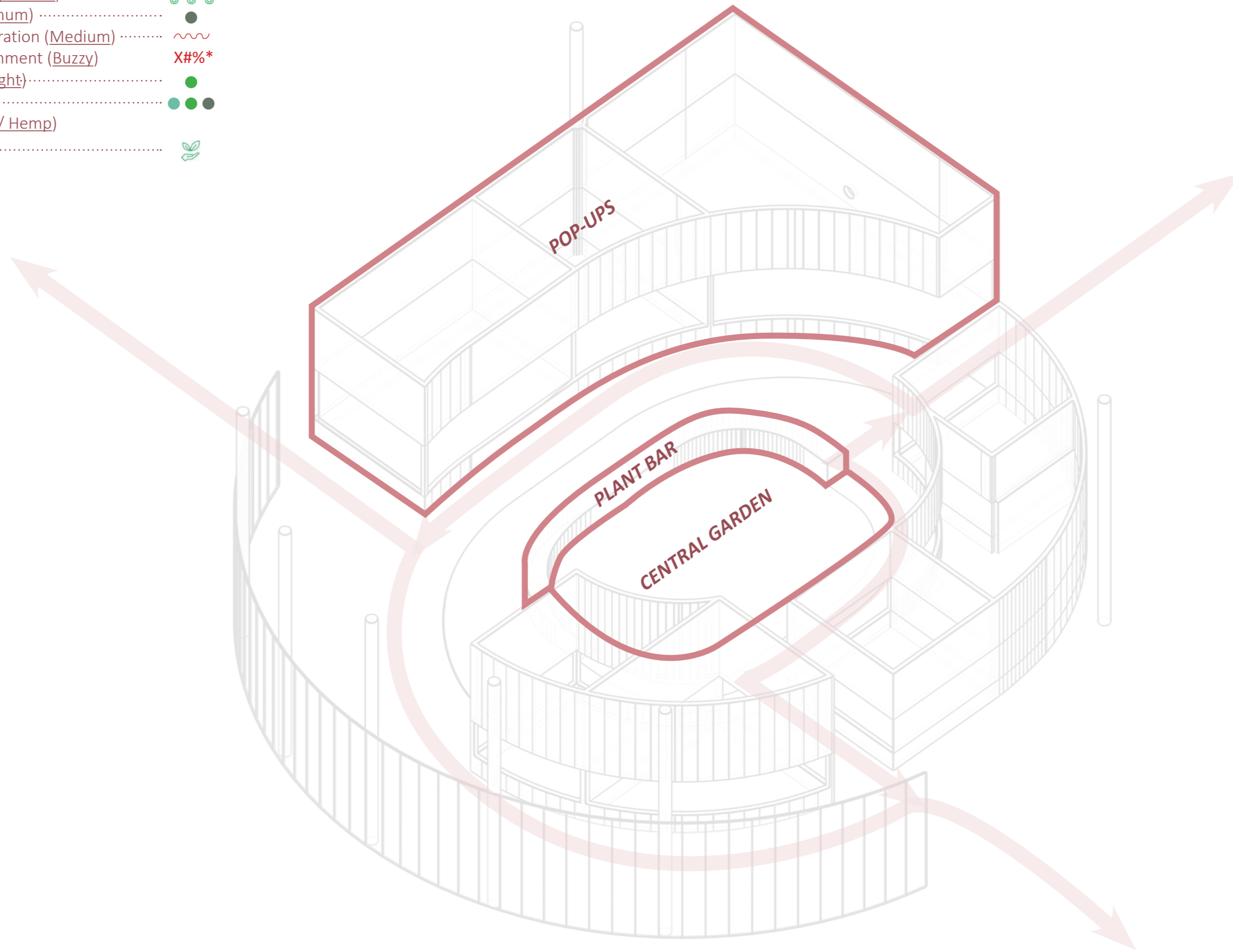
to Lagoon



● Market (Get Close to Nature)

Market Place

- Temperature (Optimum) 🌡️ 🌡️ 🌡️
- Humidity (Optimum) ●
- Acoustic Revivibration (Medium) 🌊
- Acoustic Containment (Buzzy) X#%*
- Light (Natural Light) ●
- Colour (Green) ● ● ●
- Material (Wood/ Hemp)
- Nature (v) 🌿







- ● Lagoon (Calm/ Water Intimacy)
- Temperature (Cold To Hot)..... ̈́ ̈́ ̈́
- Humidity (Wet)..... ●
- Acoustic Revibration (High)..... ~~~~~
- Acoustic Containment (Low Contained) X
- Light (Light/ Warm)..... ●
- Colour (Warm Pink)..... ● ●
- Material
(Rough Plaster/ Tile/ Glass)
- Nature (v) 🌿

